Spring Garden Day

Special Keynote Session

Exploring The Farm To Table Revolution

How are local farms and local foods changing the way we dine out and eat at home? Farmer Justine Denison, food writer Deanna Fox and Chef Ric Orlando will explain their roles and give us their insights on the Capital District’s Farm To Table Revolution!

Saturday, March 3, 2018
9:45 am to 3:30 pm
Tamarac/Brunswick High School

CELEBRATE GARDENING!

- Choose classes from 10 different gardening subjects
- Delicious lunch provided by the Rensselaer County Master Gardeners
- Shop for bargains at the used garden book and plant sale
- Pick-A-Prize Auction, with something for everyone
- Fabulous door prizes!

For more information see our website at ccerensselaer.org or phone (518) 272-4210

The Magic of Innisfree

Featured Speaker Kate Kerin
Welcome To Spring Garden Day 2018

**Full Day Registration**: The fee of $30.00 entitles each participant to choose up to three classes for the day; to participate in the free lunch and door prize drawing; and to hear the keynote speaker. Register by examining the attached class schedule. Indicate your first, second, and third choice of classes on the form for each of the four class periods. Make sure to choose a lunch period, or another class if you do not want lunch. Your class assignments will be available at the registration table on March 3. You will not receive registration confirmation by phone or mail, but you can call us at (518) 272-4210 to make sure we received your registration. The enclosed schedule is final, but last minute changes may be necessary. Although we try to give people their first choice, class sizes are limited, and, regretfully, we may have to place you in another class. Registration will be open until classes are full. Registrations are taken on a first come, first served basis. Refunds must be requested on or before February 23. After that date, no refunds will be made.

**Keynote Session Only Registration**: You can attend the keynote speaker session only for a fee of $10.00. To register, check the appropriate box and mail us the registration form and fee. Registrations will also be accepted at the door for the keynote speaker only option.

**Time**: Registration starts at 9:45 AM. The first sessions start at 10:30 AM. Please do not arrive before 9:45 AM in order to allow us time to set up. Your cooperation is appreciated!

**Lunch**: A delicious lunch consisting of home-made soups, sandwiches, desserts and beverages will be provided for all full day participants, courtesy of the Master Gardeners. Vegetarian items will also be available.

**Pick-A-Prize Auction**: We will hold a Pick-A-Prize Auction of garden-related items. Participants can buy tickets (10 for $5.00) and “bid” on items by placing a ticket or tickets in a paper bag next to the item. Winners will be drawn at the end of the day after the last sessions. You must be present to win. Proceeds will support the Master Gardener Demonstration Garden.

**Sales**: A used book sale and a plant sale will be held in the lobby.

**Door Prizes**: Door prizes will be awarded at the end of the day in the auditorium. YOU MUST BE PRESENT TO WIN!

**In case of snow**: The program will be canceled only in the event of SEVERE weather. Listen to radio station WGY-810 for announcements.

**Directions to Tamarac/Brunswick/Brittonkill High School**: From the west (Albany, Schenectady, Troy): Take Route 7 East over the Collar City Bridge. From the east end of the bridge, proceed east on Route 7 (Hoosick Street) approximately 9 miles to a traffic light at Route 278 (past the Harley-Davidson dealer on right). Turn right onto Route 278 east and proceed for approximately 3 miles until Route 278 ends at a traffic light at Route 2. Turn left onto Route 2; the school is immediately on your left.

From the south (West Sand Lake/Route 43 area): Take Route 351 north, through the village of Poestenkill, until you reach Route 2. Turn left (west) onto Route 2. The school will be very shortly on your right.

**Questions**: Call the Horticulture Program at (518) 272-4210. Individuals with questions or special needs requiring accommodation should contact Cornell Cooperative Extension of Rensselaer County at the phone number above. Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.”
REGISTRATION FORM - SPRING GARDEN DAY - March 3, 2018

Please complete carefully and completely!

1. Please indicate your first, second and third choices for each time period by writing 1, 2, or 3 on the line. Choosing second and third choices for each time period is necessary in case your first choice is filled. Regretfully, not everyone will receive all of their first choices, due to room size restrictions. Make sure you sign up for either the first or second lunch period (if desired). This will establish your tentative schedule.

2. You will receive final confirmation, based on class size and availability, at check-in at Spring Garden Day 2017. You will NOT receive confirmation by mail or phone prior to the program, but you can call us at (518) 272-4210 with questions or to confirm we have received your registration. Registration is open until March 3, 2017 or when classes are filled.

3. Only one name per form, please. You may photocopy this form or call CCE-Rensselaer Co. (518) 272-4210 for extras or visit http://ccerensselaer.org/horticulture

3. Send this completed form with check for $30.00, made payable to Cornell Cooperative Extension, to: Cornell Cooperative Extension, Spring Garden Day, 61 State St., Troy, NY 12180. Thank you!

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<thead>
<tr>
<th>Time Period</th>
<th>Seminar/Workshop</th>
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<tbody>
<tr>
<td>10:30 - 11:30</td>
<td>Innovation at Innisfree – Inspiration from Art and Science</td>
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<td>Pruning Demystified</td>
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<td>Rethinking Perennials</td>
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<td>11:40 - 12:40</td>
<td>LUNCH</td>
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<td>Strategies for Deer-Proofing Your Garden</td>
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<td>12:50 - 1:50</td>
<td>LUNCH</td>
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<td>2:00 - 3:00</td>
<td>Special Keynote Session</td>
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<td>3:15</td>
<td>Exciting DOOR PRIZES:</td>
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<td>Doors Open and Registration Begins</td>
<td>Farmer Justine Denison, Writer Deanna Fox &amp; Chef Ric Orlando</td>
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<td>YOU MUST BE PRESENT TO WIN!!</td>
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<td>9:45 AM</td>
<td>Totally Tomatoes From Seed To Harvest</td>
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<td>Fermenting Vegetables For Health And Fun</td>
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<td>Stunning Succulents</td>
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<td>Exploring The Farm To Table Revolution</td>
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NAME:____________________________________________________________________________________
HOME PHONE:______________________ WORK PHONE:______________________
ADDRESS:_________________________________________________________________________________
CITY & STATE:___________________________Zip:___________________
EMAIL ADDRESS:________________________________________________________________________________________________

Check One: I have enclosed my check for $30.00, payable to Cornell Cooperative Extension, for full day registration:_____
I have enclosed my check for $10.00, payable to Cornell Cooperative Extension, for keynote session only registration:_____

By registering I give my permission to Cornell Cooperative Extension of Rensselaer County to use any photos, slides, films, or sketches taken of myself during this activity for publicity, advertising, and/or promotional purposes.
1. Innovation at Innisfree Garden – Inspiration from Art and Science – Innisfree, in Millbrook, New York, is an iconic, mid-twentieth century landscape – a distinctly American stroll garden. Informed by both art and science, this powerful place evolved through the subtle handling of the site and slow manipulation of its ecology. What few know is that this 185-acre landmark is sustainably maintained by a tiny, largely unskilled staff on a very small budget. Innisfree Landscape Curator, Kate Kerin, will introduce innovative, sustainable landscape design and management ideas that home gardeners and landscape professionals can adopt and adapt to their own sites.

2. Pruning Demystified – When do I clip the hydrangeas and how do I restrain the wisteria? Beth Bechand and Susan Roberts, both Master Gardeners with Cornell Cooperative Extension of Rensselaer County, will explain some of the hows, whys and whens involved with pruning many types of woody garden plants.

3. Totally Tomatoes from Seed to Harvest – Delicious, nutritious tomatoes are the most popular crop for home gardeners, with good reason. Albany County Master Gardener Phyllis Rosenblum, who starts hundreds of tomatoes for home gardeners, with good reason. Albany County Master Gardener Phyllis Rosenblum, who starts hundreds of tomatoes each year, knows tomatoes! Learn how to select the best and most popular annuals and perennials to grow. You will learn about site selection, growing requirements and resources. Presenter Maureen Mooney is a Master Gardener with Cornell Cooperative Extension of Columbia-Greene.

4. Create A Cutting Garden – Have you had fantasies of having huge and colorful flower bouquets in every room of your home? You can create a separate low maintenance garden that will provide you with beautiful blooms from spring to the first frost and beyond. Come and learn about some of the best and most popular annuals and perennials to grow. You will learn about site selection, growing requirements and resources. Presenter Maureen Mooney is a Master Gardener with Cornell Cooperative Extension of Columbia-Greene.

5. Rethinking Perennials – Developments in ecology and environmental science over the last thirty years have revolutionized the way we think of using perennials in gardens and landscapes all over Europe and North America. Whether it’s called “The Dutch Wave”, “The New Perennial Movement”, “The New American Garden” or any number of other names, creative gardeners and designers have reinvigorated the use and appreciation of herbaceous plantings worldwide. This talk will present some historical context, an overview of the major concepts involved and an introduction to a few of the most innovative perennial planting designers working today. Robert Clyde Anderson is a garden designer, consultant and writer who currently works with Pondside Nursery in Hudson, NY.

6. Fermenting Vegetables for Health and Fun - Learn how to make fermented dill pickles and sauerkraut, plus other fermented vegetables through the age old practice of lactic-fermentation. A quick demonstration will show how easy it is, and references for further exploration will be included. Presenter Diane Whitten is the Community Nutrition and Health Educator with Cornell Cooperative Extension of Saratoga County.

7. The Allergy Fighting Garden – If you love your garden but it makes your nose sniffle and sneeze and your eyes water, you probably think there’s not much you can do to remedy the situation. Diane Madden, Master Gardener with Cornell Cooperative Extension of Rensselaer County, will explain how your landscaping may be part of the problem. What you plant, where you plant and the role plant breeders have played in your misery will be discussed.

8. Strategies for Deer-Proofing Your Garden - Drawing upon over 40 years of gardening in deer country, Brad Roeller will impart lessons learned in deterring deer from browsing upon ornamental plants. Learn about environmental and biological factors which influence deer and their choice of food that will assist homeowners and professionals in developing a strategy for “deer-proofing” their landscape. Brad has also evaluated hundreds of popular herbaceous and woody ornamentals which show some inherent resistance to browsing, as well as the plethora of products, gadgets and methods intended to discourage deer from foraging in landscape plantings.

9. Growing A Hummingbird Garden – Welcome the ruby-throated hummingbird by creating a habitat they will love. Learn what flowers, trees, and shrubs to plant to attract these flying jewels. Use of feeders as well as the life habits of hummingbirds will also be discussed. Pat Thorne, Master Gardener with Cornell Cooperative Extension of Rensselaer County, will also share some amazing facts about these incredible little birds.

Special Keynote Session – Exploring The Farm To Table Revolution - We all love to eat, and more delicious produce is available from local farms than ever before. Our panel of experts will highlight the many ways you can eat locally. Justine Denison and her family own Denison Farms, an organic farm and community-supported agriculture (CSA) business in Schaghticoke, NY. Deanna Fox is an Albany-based freelance writer and media personality who focuses on ideas in home cooking, culinary history, food policy and production, and agriculture. Award-winning chef Ric Orlando owns New World Home Cooking Café and New World Catering in Saugerties, NY, is a management consultant to New World Bistro Bar in Albany, and is an author and media personality.