

## Caregiver Support Groups



*Are you caring for someone with Alzheimer's disease?  
You don't have to face it alone. Sharing with others who  
understand can bring relief and help everyone who participates.*

### **Liberty**

6-7:30 p.m. the first  
Tuesday  
of every month  
Achieve Rehabilitation  
& Nursing Facility  
170 Lake St.  
Call 800.272.3900 with  
questions or to RSVP.

### **Liberty**

1 p.m. first Wednesday  
of each month  
Sullivan County Adult  
Care Center  
256 Sunset Lake Road  
Facilitators are Lori Blank-  
Frishman and Bobbi-Ann  
Kanoff. Call Bobbi-Ann at  
845.513.2130 to RSVP.

### **Monticello**

1 p.m. the third  
Thursday of every month  
Action Toward  
Independence  
309 E. Broadway  
RSVP by day before  
Call Bonnie Lewis at  
845.292.6180 ext. 122

### **Telephone Support Group**

9:30-10:30 a.m. the third Tuesday of every month.  
Call 408.638.0968 or 646.558.8656. Enter meeting ID 235.519.5714,  
then press the # sign to join the conversation.  
Contact Bonnie Lewis at 845.292.6180 ext. 122 with questions.