



SAFMAC 3



1K and 5K Fun Runs!



When: Sunday, September 24th, 12:30 and 1:00 pm

Please come out and support SAFMAC and our area food pantries, and challenge yourself and others to be healthy. These are FUN RUNs, and we are not keeping an official time.

1K Fun Run for families--start time 12:30 pm 5K Fun Run--start time 1:00 pm

On the beautiful grounds of the Montezuma Audubon Center, 2295 Rte. 89 in Savannah, NY *Trophies will be awarded to:*

For the 1K--grade level at Clyde-Savannah Elementary with the most student participation
For the 5K—School district with the most participation (staff and students combined)

AND Business with the most employee participation

Round up your people and join the fun!

You pay the admission price to SAFMAC (\$5/person and \$10/family/carload) and bring one non-perishable food item per runner/walker to be donated to one of our Clyde, Savannah, or Galen food pantries.

To register, print and complete the registration and waiver form attached. One entrant per form. Each participant and their legal guardian (if under 18) must sign the waiver at the bottom.

Bring this form and the canned good on the day of the Fun Run, or mail (form only, not cans!) to: Savannah Chamber of Commerce, PO Box 66, Savannah, NY 13146.









For updates and info, check Facebook @SAFMACSavannahNY Remember to "like" and share while you're there!

SAFMAC 3 Fun Run Registration and Waiver

Name:	Age:
Address:	
Email address:	
Parent email (if under 18):	
Affiliation (school district- note student or staff; grade lev	vel if C-S Elementary; business name, etc):
I am participating in the (check one) 1k5	5K
	on Society, Inc. ("Audubon"), Cornell Cooperative Extension, artment of Environmental Conservation ("NYSDEC") Art Festival
Extension's, Audubon's, Savannah Chamber of Commerce a Commerce's and NYSDEC's advertising, publicity, commercia Chamber of Commerce and NYSDEC permission to duplicate	r image, taken at the Program may be used in Cornell Cooperative nd NYSDEC's publications for Audubon's, Savannah Chamber of al or other business purposes. I hereby give Audubon, Savannah and distribute the photographs, or any parts thereof which included edia, including the Internet, whether known now or hereafter d version(s).
	k, and acknowledge that Audubon, Cornell Cooperative Extension, warranty or representation, expressed or implied, regarding the
of Commerce and NYSDEC, and its officers, directors, emplo and causes of action whatsoever for (i) libel, defamation, in Savannah Chamber of Commerce's and NYSDEC's use of my including but not limited to, the distribution, reproduction of damage or injury to person or to property suffered or incurr	
Participant signature	Date:
Parent/Guardian signature:	Date: