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You may [unsubscribe](#) if you no longer wish to receive our emails.

Cornell Cooperative Extension Dutchess County

E - Newsletter

Issue: #38

June/2017

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Cornell University
Cooperative Extension
Dutchess County

Cornell Cooperative Extension Dutchess
County
2715 Route 44, Suite 1
Millbrook, NY 12545
(845) 677-8223
(845) 677-6563 FAX
www.ccedutchess.org

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About Us

CCEDC, a subordinate governmental agency associated with Cornell University and its land-grant mission since 1869, provides research-based resources, tools and education for the residents and officials of Dutchess County. Our four program areas "Help People Help Themselves" through education on:

Agriculture & Horticulture

Environment & Energy

Family & Consumer Education

4-H Youth Development



Hello Friends,

The programs below are just a sample of offerings for this month. Learn more about these and other CCEDC programs by contacting us at (845) 677-8223, visiting our website at www.ccedutchess.org, or checking out our [Facebook](#) and [Twitter](#) pages!

Forum on Fostering Climate Resiliency in Your Community Environment & Energy Program



On Saturday, June 24th, 2017 Cornell Cooperative Extension, in partnership with the NYS DEC Hudson River Estuary Program and the NYS DEC Office of Climate Change hosted a forum for Hudson Valley communities on the Climate Smart Communities (CSC) grants program. Communities learned about new climate

resilience grants and free technical assistance available through the NYS Climate Smart Communities (CSC) program and Clean Energy Communities (CEC) program. The forum featured municipal leaders from the Village of Piermont and Orange County who provided insights into how their community is leveraging state resources to adapt to climate change and extreme weather. Presentations were also given by representatives from the NYSDEC Office of Climate Change and the Hudson River Estuary Program on topics, like the Community Risk and Resiliency Act. The program ended with a panel discussion and question and answer with all of the speakers. For more information, visit blogs.cornell.edu/estuaryresilience or [click here](#).

FCE Update

Family & Consumer Education Program

CCEDC Newsletters

Many of our four program areas have their own specialized newsletters, which are sent out regularly, as well. If you're interested in reading the latest issue of each newsletter, click on the links below:

- [Dutchess Dirt](#)
- [Dutchess County Agriculture...It's a Growing Thing](#)
- [Environment and Energy Newsletter](#)
- [4-H Newsletter](#)

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Hitting a Homerun in the Kitchen: The Food, Family, Fitness and Finance [Cookbook](#)

Todd Hill Farmers' Market

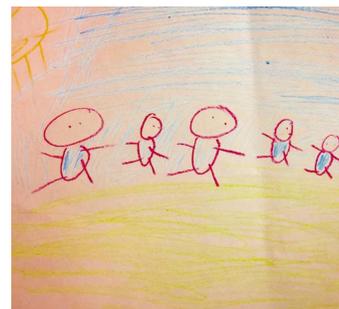
The Taste NY Market on the Taconic Parkway opened its fourth annual Farmers' Market at Todd Hill on Friday, May 26, 2017. The outdoor market is



In May adult RAPP participants (at all three locations) were treated to a session of relaxing yoga by certified yoga instructor Cindy Chen and learned deep breathing techniques to cope with every day stresses.

The Relatives as Parents Program 'Coffee and Conversations' support group received the 'Family is the Most Important Thing' Award from The Adoptive and Foster Family coalition this year at their annual conference for the great work we do with our RAPP families.

Our contest to pick a drawn picture for the cover of our new FCE brochure has ended and we picked a beautiful picture our participant drew of her and her family.



Family and Consumer Education at Cornell Cooperative Extension Dutchess County can now be found on Facebook! Please take a look and give us a 'Like' at www.facebook.com/fcedutchess/ or @fcedutchess.

Taste NY Market at Todd Hill Celebrates 3rd Anniversary! Agriculture & Horticulture Program

On June 9th, the Taste NY Market at Todd Hill celebrated the third anniversary of its opening. A celebration took place at the Market located on the historic Taconic State Parkway. State and local officials, including guest of honor, New York State Commissioner of Agriculture Richard Ball, participated in the festivities. Cupcakes by Todd Hill vendor Babette's Kitchen frosted in Taste NY colors crowned the event.



Taste NY Market at Todd Hill Manager Lachele Coninx-Wiley, Dutchess County Legislature Chairman Dale Borchert, Dutchess County Executive Marcus Molinaro, CCEDC Executive Director Ruth Moore, NYS Commissioner of Agriculture Richard Ball, and President and CEO of Dutchess Tourism Mary Kay Vrba. Photo by Julia Pagones (Dutchess County Executive's Office).

On June 9, 2014, Governor Andrew Cuomo cut the ribbon to open the Taste NY Market at Todd Hill, which has seen exponential growth over the last three years in sales of locally grown and produced food and farm products. **This month, the Market surpassed the \$3 million dollar mark in total sales since its opening.** There are over 2,000 products from over 200 vendors represented in the Market.

State Senator Sue Serino's office presented the Market with a Certificate of Recognition of the third anniversary, celebrating the Market's "commitment to providing local and quality products to the community." For more on the third anniversary celebration, [click here](#).

Dutchess County 4-H'ers Attend Capital Days! 4-H Youth Development Program

Cosette Veeder-Shave, Macey Veeder-Shave, and Rachel Callamari were the selected delegates to represent Dutchess County at the 82nd annual Capital Days event in Albany on May 21-23, 2017. The objectives of this program are to: Achieve a better understanding

open from 2:00 pm - 6:00 pm and features vendors, like: Chatham Brewery, Farmers and Chefs Food Truck, Liberty Orchard, Mad Rose Ranch, RAD Soap Company, and White Pine Community Farm.

The Taste NY Market at Todd Hill is a vibrant marketplace featuring a curated selection of food and artisanal goods grown or processed in New York State. Known by locals and explorers alike, it is an historic destination and an experience that continues to attract new and returning customers. Located in the median of the Taconic State Parkway in Dutchess County, the Taste NY Market at Todd Hill is a project of Cornell Cooperative Extension Dutchess County (CCEDC). Todd Hill is a vehicle to deliver high impact programming to the region's food and agricultural communities.

Website: ccedutchess.org/taste-ny-at-todd-hill

Twitter: twitter.com/TasteNYTaconic



Cosette Veeder-Shave in Didi Barrett's seat!

and Didi Barrett. Our legislators were happy to hear about the 4-H experiences that our delegates shared with them.

of the New York State policy process; Gain a better understanding of state and local government connections; Provide delegates the ability to meet with legislators and tell their 4-H stories; Create an awareness of career opportunities within the New York State Government, and; Meet and exchange experiences with delegates from other counties.

The Delegates visited the Court of Appeals, the Assembly Chamber, the agency or departments of their choice, observed the Senate and went on a Capitol tour. In addition to those planned activities, youth met with local government representatives Sue Serino

Alumni and Friends of 4-H - We Need You

Do you believe in the power of 4-H? Are you interested in the future of 4-H in Dutchess County? Join us on Wednesday June 28th at 7:00 pm at the Farm and Home Center to share the excitement of a community discussion of how to take 4-H forward. The purpose is to bring together everyone who has an interest in seeing 4-H in Dutchess County grow and thrive. Spread the word! RSVP to Jane at jr825@cornell.edu.

This program is funded through a grant with Dutchess County.

The Work of Beatrix Farrand Inspires Green Teen Youth 4-H Youth Development Program

The Green Teen spring season officially wrapped up on June 1st. We finished the season surrounded by the timeless beauty of the Beatrix Farrand Garden in Hyde Park. We have attended three workshops there this spring with their amazing educator Anne Symmes. For our third workshop we studied how plants have sex and reproduce, as well as the role flowers play in that process. We dissected flowers to see their parts first hand and learned how they turn into the fruit and food we eat. Earlier in the season we learned about Beatrix Farrand, one of the first women landscape architects, a pioneer in her field.



A documentary film on Beatrix Farrand is in the making, to be released sometime in 2018, and the Green Teens got to be a part of the filming. The film crew documented one of our workshops on garden design and we will be a featured part of the production. The on-air host for the documentary, Lynden Miller, joined us for the workshop and filming session. She is the garden designer of the Conservatory Garden in Central Park and many other beautiful public gardens in New York City. She has been very much inspired by Farrand throughout her career. The teens left the workshop with blue prints of their dream gardens and the hope of one day creating them. For the teens the filming experience was so surreal. When asked what it felt like to be filmed one of the teens said "it was so crazy, I felt like a movie star. Anywhere I went a guy with a camera was running in front of me." The teens knew ahead of time they would be filmed; however I do not think they realized that it would be a professional film crew. Stay tuned for the film release party sometime in the future at the Beatrix Farrand Garden.

This program is funded through a grant with Dutchess County.

Our Mission:
Through quality educational programs, Cornell Cooperative Extension Dutchess County builds strong, healthy youth, adults, families and communities while enhancing the economic, social, agricultural and natural resources of Dutchess County.

Sincerely,

Cornell Cooperative Extension Dutchess County

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities. The programs provided by this agency are partially funded by monies received from the County of Dutchess. Please contact the CCEDC office if you have any special needs.

Cornell Cooperative Extension Dutchess County,
2715 Route 44, Suite 1, Millbrook, NY 12545

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