**Owego, NY**
Tuesdays & Fridays - 9:00 AM to 1:00 PM  
RiteAid Parking Lot, Main Street & Central Ave  
June 13 to October 31  
John Purdy 607-642-8439  bradenson@msn.com

**Candor, NY**
Thursdays - 3:30 to 6:30 PM  
Candor Town Hall, Route 96  
June 1 to September 14  
Carol Murphree  carol.murphree@gmail.com

**Owego, NY**
Thursdays - 4:00 to 7:00 PM  
Farm to Fork Market on Front Street  
June 15 to October 5  
Teri Bishop 607-972-7553  teri.bishop4@gmail.com

**Spencer, NY**
Saturdays - 9:00 AM to 12:30 PM  
Nicholas Park on Route 34, Spencer  
June 3 to September 30, rain or shine  
Terry Carling 607-589-7367  ttlc56@yahoo.com

**Richford, NY**
Saturdays - 10:00 AM to 1:00 PM  
Town Barn Road, Richford  
June 10 to September 9  
Doris Caskey 607-280-1262  richfordmarket@gmail.com

For more information about Farmers’ Markets, Agriculture, Gardening, and Nutrition contact:  
Cornell Cooperative Extension Tioga County  
607-687-4020  
56 Main Street, Owego, NY 13827  
http://tioga.cce.cornell.edu/

Some markets in Tioga County have vendors who accept SNAP (EBT) benefits and participate in the Farmers’ Market Nutrition Program (FMNP) which provides coupons for WIC recipients and seniors over age sixty.  
Updated March 27, 2017

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**BUY LOCAL**

Taste the Freshness!

When you purchase local foods you enjoy some of the freshest, best-tasting foods available. Plus, when you buy locally you support the local economy and help keep land in agriculture.

Many markets accept FMNP, WIC, senior coupons, and Just Say Yes.

**Shopping Tips:**

- Arrive early for best selection.
- Bring a re-useable shopping bag.
- Bring cash, WIC checks, senior and/or FMNP coupons. Most vendors don’t accept credit cards.
- If you are out for the day, bring a cooler.
- Compare price, quality, and selection before buying.
- Talk to farmers to learn about their farm and their growing practices.
- Tell the vendors what you like and what you are looking for.
- Try different varieties and recipes.

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*No EBT available at these markets*