

This guide lists the locations and hours of Beacon's free food programs and food pantries.

It also lists businesses that accept SNAP and WIC benefits.

**Disclaimer: Please call site before travelling*

Soup Kitchens

- Provide free meals to anyone who needs them, for any reason
- Free meals served throughout the week

Food Pantries

- Provide free groceries to individuals and families (including canned goods, fresh produce, and meat)
- Various locations in Beacon

SNAP and WIC

- SNAP is accepted at Key Foods, Beacon Natural Market, Rite Aid, and Beacon Farmers Market
- WIC is accepted at Key Food, Beacon Farmers Market
- Benefits can be used for SNAP or WIC-eligible foods only
- Eligible benefits can be used at Farmers Markets to get coupons for free extra fruits and vegetables

Kids R Kids Summer Lunch Program (845) 242-1973

- Free lunch for all kids ages 18 and under
- Lunch served Monday-Friday, 12-12:45pm, July-August (except July 4)
- Free activities offered 11am – noon (crafts, games, movement classes)

Common Greens Mobile Farmers Market (845) 831-4287

- Buy produce at half the price of the farmers market
- Open Wednesdays July through September
- SNAP, WIC/FMNP, and Greens for Greens accepted
- Sponsored by Common Ground Farm and Cornell Cooperative Extension Green Teen Community Gardening Program

ADDITIONAL RESOURCES:

Apply for SNAP benefits at the following locations:

Community Action Partnership for DC

10 Eliza Street; (845)831-2620

Catholic Charities Community Services of DC

they will be at the HRHC Beacon WIC office on the first and third Friday of the month to assist with pre-screening and SNAP applications

Department of Family Services

223 Main Street ; (845)838-4800

WIC Office

Beacon Health Center

6 Henry Street ; (845)831-7402

Greens for Greens

Make your \$ grow when you use your benefits at the Mobile Market on Wednesdays. For every \$4 you spend on fruits and vegetables, you'll receive a \$4 coupon to spend on additional fruits and vegetables. For more information and locations visit: www.beaconfarmersmarket.org/benefits

Nutritional Assistance for Seniors

The Dutchess County Office For The Aging offers a wide variety of services to meet the nutritional needs of persons 60 years and older. Office for the Aging; (845)486-2555
www.co.dutchess.ny.us/countygov/departments/aging/agindex.htm



Cornell University
Cooperative Extension
Dutchess County



COMMON GROUND FARM
A Community Farm Project in the Hudson Valley

First Presbyterian
Church of Beacon



Bridging Worlds.
Encountering God.
Healing Lives.



For more information, please call:

Megan Murray (Cornell Cooperative Extension, Eat Smart New York)-
Coordinator of the Beacon Nutrition Advisory Committee (845-677-8223)

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities. The programs provided by this agency are partially funded by monies received from the County of Dutchess. Please contact the CCEDC office if you have any special needs. BNAC is a committee of Dutchess County community and organization representatives brought together with support from Cornell Cooperative Extension Dutchess County, and the County of Dutchess, Kids R Kids Feeding Program, First Presbyterian Church, Common Ground Farm, and the City of Beacon.

Photos on the front of the brochure are courtesy of Common Ground Farm and Green Teen.

21Meals

3 MEALS A DAY X 7 DAYS A WEEK



Everyone deserves to eat fresh, nutritious foods. This brochure explains where you can get the food you need—for free or by using SNAP or WIC benefits.

The 21Meals project was created to give Beacon residents the information they need to put food on their plates.

Date of Issue: March 2017

Soup Kitchens







- 1 First Presbyterian Church of Beacon**
50 Liberty St. (845) 831-5322
Friday and Saturday, 11:00am
- 2 Tabernacle of Christ Church**
483 Main St. (845) 831-4656

Food Pantries

- 3 Salvation Army Beacon**
372 Main St. (845) 831-1253
By appointment only
- 4 St. Andrew's/St. Luke's**
17 South Ave. (845) 831-1369
- 5 New Vision Church of Deliverance**
831 Route 52 (845) 202-7199
- 6 Trinity Episcopal Church**
1200 Main St. Fishkill (845) 896-9884
Fishkill & Beacon residents
- 7 Community Action Partnership for DC**
10 Eliza St. (845) 831-2620
By appointment only

Snap/WIC Benefits Accepted

KEY:  Location That Accepts Snap  Location That Accepts WIC

- 8 Beacon Natural Market**
348 Main Street 
- 9 Key Food Beacon**
268 Main Street  
- 10 Rite Aid**
320 Main Street 
- 11 Beacon Farmers Market**
Veteran's Place  
(next to the Post Office)
Sunday 10am - 3pm

Summer Programs

KIDS R KIDS SUMMER LUNCH PROGRAM

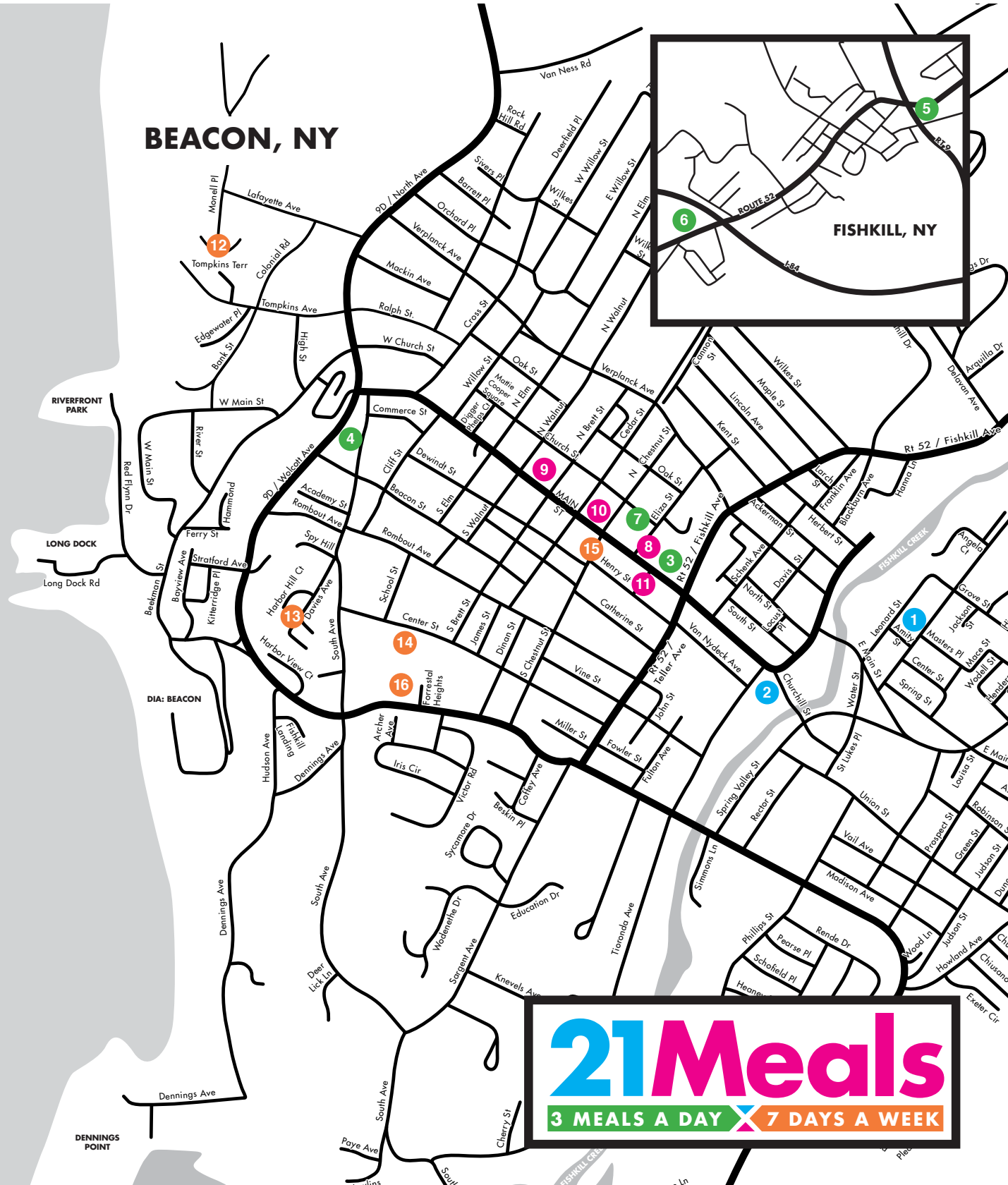
Mon – Fri, July – August
(except July 4)
Activities (11am–noon)
Lunch (noon–12:45pm)

COMMON GREENS MOBILE FARMERS MARKET

Wednesdays, July – September

- 12 Tompkins Terrace**
194 Tompkins Terrace
- 13 Davies South Terrace**
52 Davies Terrace
- 14 Beacon Recreation Center**
23 West Center Street
- 15 Community Health Center Parking Lot**
Corner S. Chestnut & Henry Street
Wed (11am–12:30pm)
- 16 Forrestal Heights Senior Friendship Center, Parking Lot #2**
One Forrestal Heights
Wed (1–2pm)

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