

This guide lists the locations and hours of Beacon's free food programs and food pantries.

It also lists businesses that accept SNAP and WIC benefits.

**Disclaimer: Please call site before travelling*

Soup Kitchens

- Provide free meals to anyone who needs them, for any reason
- Free meals served throughout the week

Food Pantries

- Provide free groceries to individuals and families (including canned goods, fresh produce, and meat)
- Various locations in Beacon

SNAP and WIC

- SNAP is accepted at Key Foods, Beacon Natural Market, Rite Aid, and Beacon Farmers Market
- WIC is accepted at Key Food, Beacon Farmers Market
- Benefits can be used for SNAP or WIC-eligible foods only
- Eligible benefits can be used at Farmers Markets to get coupons for free extra fruits and vegetables

Kids R Kids Summer Lunch Program

(845) 242-1973

- Free lunch for all kids ages 18 and under
- Lunch served Monday-Friday, 12-12:45pm, July-August (except July 4)
- Free activities offered 11am – noon (crafts, games, movement classes)

Common Greens Mobile Farmers Market

(845) 831-4287

- Buy produce at half the price of the farmers market
- Open Wednesdays July through September
- SNAP, WIC/FMNP, and Greens for Greens accepted
- Sponsored by Common Ground Farm and Cornell Cooperative Extension Green Teen Community Gardening Program

ADDITIONAL RESOURCES:

Apply for SNAP benefits at the following locations:

Community Action Partnership for DC

10 Eliza Street; (845)831-2620

Catholic Charities Community Services of DC

they will be at the HRHC Beacon WIC office on the first and third Friday of the month to assist with pre-screening and SNAP applications

Department of Family Services

223 Main Street ; (845)838-4800

WIC Office

Beacon Health Center

6 Henry Street ; (845)831-7402

Greens for Greens

Make your \$ grow when you use your benefits at the Mobile Market on Wednesdays. For every \$4 you spend on fruits and vegetables, you'll receive a \$4 coupon to spend on additional fruits and vegetables. For more information and locations visit: www.beaconfarmersmarket.org/benefits

Nutritional Assistance for Seniors

The Dutchess County Office For The Aging offers a wide variety of services to meet the nutritional needs of persons 60 years and older. Office for the Aging; (845)486-2555

www.co.dutchess.ny.us/countygov/departments/aging/agindex.htm



Cornell University
Cooperative Extension
Dutchess County



COMMON GROUND FARM
A Community Farm Project in the Hudson Valley



Bridging Worlds.
Encountering God.
Healing Lives.



For more information, please call:

Megan Murray (Cornell Cooperative Extension, Eat Smart New York)-Coordinator of the Beacon Nutrition Advisory Committee (845-677-8223)

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Photos on the front of the brochure are courtesy of Common Ground Farm and Green Teen.

21Meals

3 MEALS A DAY  7 DAYS A WEEK



Everyone deserves to eat fresh, nutritious foods. This brochure explains where you can get the food you need—for free or by using SNAP or WIC benefits.

The 21Meals project was created to give Beacon residents the information they need to put food on their plates.

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Soup Kitchens

1 First Presbyterian Church of Beacon
50 Liberty St. (845) 831-5322
Friday and Saturday, 11:00am

2 Tabernacle of Christ Church
483 Main St. (845) 831-4656

Food Pantries

<p>3 Salvation Army Beacon 372 Main St. (845) 831-1253 <i>By appointment only</i></p>	<p>6 Trinity Episcopal Church 1200 Main St. Fishkill (845) 896-9884 <i>Fishkill & Beacon residents</i></p>
<p>4 St. Andrew's/St. Luke's 17 South Ave. (845) 831-1369</p>	<p>7 Community Action Partnership for DC 10 Eliza St. (845) 831-2620 <i>By appointment only</i></p>
<p>5 New Vision Church of Deliverance 831 Route 52 (845) 202-7199</p>	

Snap/WIC Benefits Accepted

KEY: Location That Accepts Snap Location That Accepts WIC

8	Beacon Natural Market 348 Main Street 	10	Rite Aid 320 Main Street 
9	Key Food Beacon 268 Main Street  	11	Beacon Farmers Market Veteran's Place   (next to the Post Office) Sunday 10am - 3pm

Summer Programs

KIDS R KIDS SUMMER LUNCH PROGRAM

Mon – Fri, July – August
(except July 4)
Activities (11am–noon)
Lunch (noon–12:45pm)

COMMON GREENS MOBILE FARMERS MARKET

Wednesdays, July – September

12	Tompkins Terrace 194 Tompkins Terrace	Wed (11am–12:30pm)
13	Davies South Terrace 52 Davies Terrace	16 Forrestal Heights Senior Friendship Center, Parking Lot #2 One Forrestal Heights
14	Beacon Recreation Center 23 West Center Street	Wed (1–2pm)

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