



Cornell University
Cooperative Extension
Sullivan County



alzheimer's 
association®

2017 Caregiver Resource Center Support Groups

Monthly **support groups for all Sullivan County family caregivers**: two groups are geared specifically to help caregivers **caring for a relative with Alzheimer's disease or a dementia**. Meetings share educational materials with open discussions on caregiver worries and concerns. Join any/all of these FREE groups each and every month- you do not need to RSVP.

| Share the Care | Caring for the Caregiver | Caregiver Conversation | Alzheimer's Caregiver Support Group | Alzheimer's Caregiver Support Group |
|--|---|--|--|---|
| <u>1st Wed. /mo.</u> <u>10 a.m.</u> | <u>2nd Tues. /mo.</u> <u>3:30 pm</u> | <u>Last Wed. /mo.</u> <u>6 p.m.</u> | <u>3rd Tues./mo.</u> <u>9:30-10:30 am</u> | <u>3rd Thurs. /mo.</u> <u>1-2 pm</u> |
| Lander's River Cafe County Route 131 Hortonville | Daniel Pierce Library Rt. 55 Grahamsville | Cornell Coop. 64 Ferndale- Loomis Rd, Liberty | MEETINGS are held by PHONE (<i>please contact the CRC to register</i>) | Action Toward Independence 309E. Broadway Suite A, Monticello |
| APRIL 5 | APRIL 11 | APRIL 26 | APRIL 18 | APRIL 20 |
| <u>MAY 3</u> | <u>MAY 9</u> | <u>MAY 31</u> | <u>MAY 16</u> | <u>MAY 11</u> (*date change to <u>2nd Thur. this month only</u>) |
| <u>JUNE 7</u> | <u>JUNE 13</u> | <u>JUNE 21</u> (*NOTE: 1 week early) | <u>JUNE 13</u> (*NOTE: 1 week early) | <u>JUNE 15</u> |
| <u>JULY 5</u> | <u>JULY 11</u> | <u>JULY 26</u> | <u>JULY 18</u> | <u>JULY 20</u> |
| <u>AUG. 2</u> | <u>AUG. 8</u> | <u>AUG. 30</u> | <u>AUG. 15</u> | <u>AUG. 17</u> |
| <u>SEPT. 6</u> | <u>SEPT. 12</u> | <u>SEPT. 27</u> | <u>SEPT. 19</u> | <u>SEPT. 21</u> |
| <u>OCT. 4</u> | <u>OCT. 10</u> | <u>OCT. 25</u> | <u>OCT. 17</u> | <u>OCT. 19</u> |
| <u>NOV. 1</u> | <u>NOV. 14</u> | <u>NOV. 29</u> | <u>NOV. 21</u> | <u>NOV. 16</u> |
| <u>DEC. 6</u> | <u>NO MEETING</u> | <u>NO MEETING</u> (Holiday Week) | <u>DEC. 19</u> | <u>NO MEETING</u> (Holiday Week) |

The Caregiver Resource Center is a co-partnered program of Cornell Cooperative Extension and the Office for the Aging of Sullivan County, supported through funding from the NYS Caregiver Program.