



Knowing how to choose and use your health insurance will make you a smart health insurance consumer. Participate in these webinars to learn more.

SMART USE HEALTH INSURANCE

Smart Actions

April 19 or 25, 2017 (English)

1:00-2:30pm

OR

April 20, 2017 (Spanish)

2:00-3:30pm

Identifies smart actions that will help you become a Smart User of health insurance.

SMART USE HEALTH INSURANCE

Your Health Insurance Benefits

June 13 or 19, 2017 (English)

1:00-2:30pm

Provides strategies for understanding, getting and using your health insurance benefits.

SMART USE HEALTH INSURANCE
Understanding and Estimating Health Care Costs

September 7 or 18, 2017 (English)

1:00-2:30pm

Helps you better understand and estimate your health care expenses so you can plan for future health care costs.

SMART CHOICE HEALTH INSURANCE
Basics

October 29 or November 1, 2017 (English)

1:00-2:30pm

Increases your understanding of health insurance and provides strategies for selecting a health care plan that will meet your health care needs and fit your spending plan.

Webinars are Free

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For more information, please visit <https://extension.umd.edu/insure>.