

4-H project records

Pg 2-4 Citizenship Project Record & Sample

Pg 5 Sewing Project Record

Pg 6-10 4-H Leadership Record & Sample



Sewing Achievements

NAME _____ CLUB _____

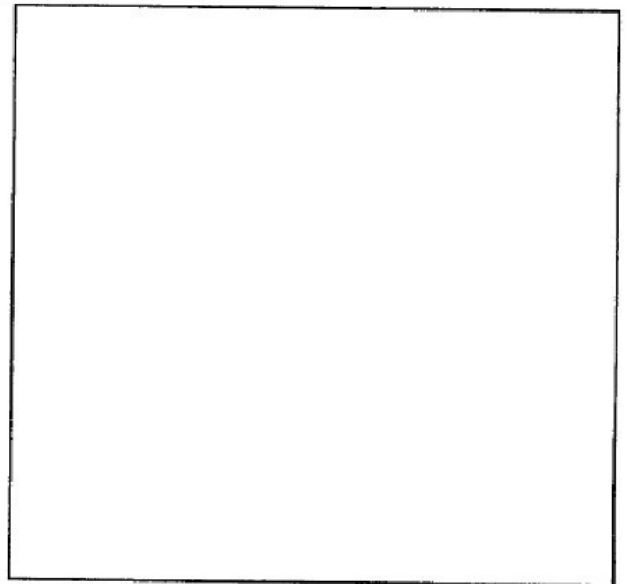
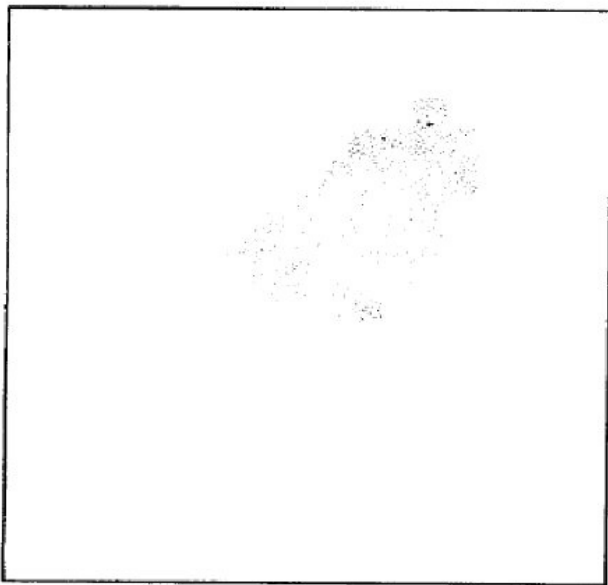
ADDRESS _____ AGE _____

DATE GARMENT COMPLETED _____ YEARS IN 4-H TEX. & CLOTHING _____ COUNTY _____

INFORMATION ABOUT COMPLETED GARMENT:

Picture of garment (snapshot, drawing, or pattern envelope picture)

Sample of fabric



Itemize cost of garment

fabric _____

pattern _____

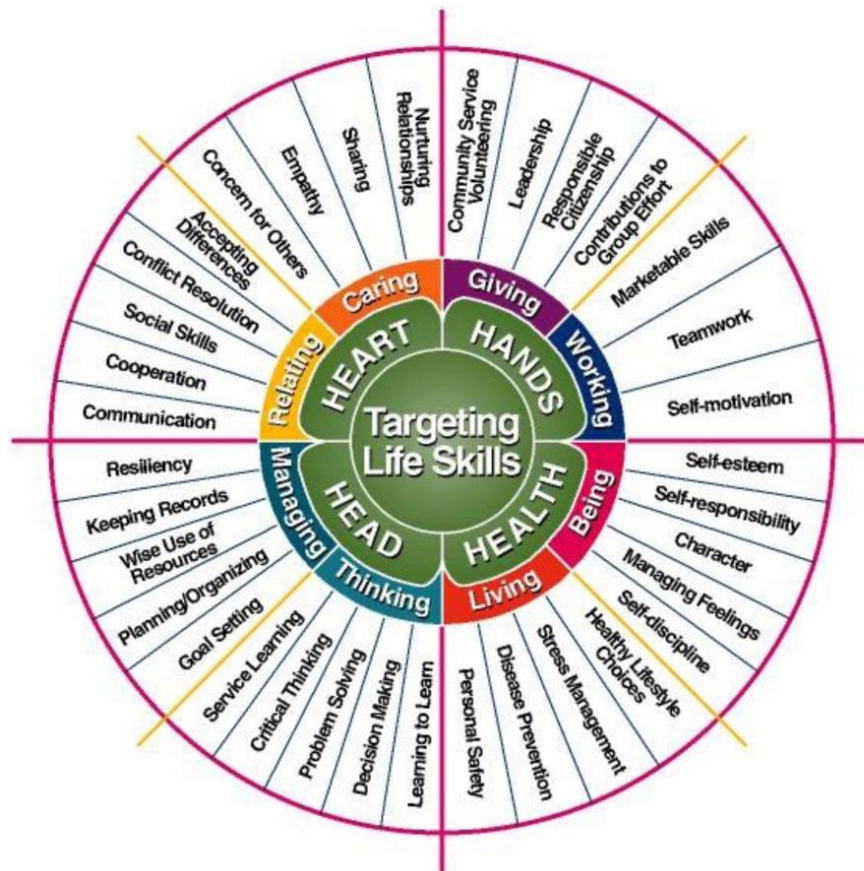
thread _____

trim _____

Name or type of fabric and cost per yard

List fiber content and percentage of each

Write a short story of your textiles and clothing experience during this project year. Include such things as the activities that were the most fun and most difficult. Use back of this page if necessary.



4-H Targeting Life Skills Wheel Questions
To be completed with each 4-H project record

If you are completing more than one project record you cannot use the exact same paragraph(s) for each project record. You need to do write about a different life skill(s) learned.

8-10 year olds - write a short paragraph about 30 words or less using the Targeting Life Skills Wheel to select **1** life skill you learned from this 4-H project and explain how the project taught you this skill.

11-13 year olds – write two short paragraphs about 30 words or less for each paragraph using the Targeting Life Skills Wheel to select **2** life skills you learned from this 4-H project and explain how the project taught you this skill. The 2 life skills must be from a different category on the chart (Head, Heart, Hands Health) for example one from Head and 1 from Heart but Not 2 from Head or Not 2 from Heart.

14-18 year olds – write four short paragraphs about 30 words or less for each paragraph using the Targeting Life Skills Wheel to select **4** life skills you learned from this 4-H project and explain how the project taught you this skill. There must be 1 life skill from each of the 4 categories Head, Heart, Hands Health.