The New Year: Moving Forward while Honoring the Past

On Friday, January 20, our 4-H office held its Annual 4-H Awards Banquet to celebrate our 4-H members accomplishments. Awards were presented to 4-H members to recognize outstanding project work as well as their skills working with others through exhibiting Public Presentations, Horse Communications, community service, and their leadership abilities. It was a night spent honoring and celebrating all the hard work and dedication our 4-H members have demonstrated in the past 4-H year. Our 4-H program contains many talented individuals and we are fortunate to be working with such talented youth.

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February 2017
Internships Available

Junior Veterinary Assistant Positions Available

Get the hands-on training you need for a vet assistant career at Veterinary Medical Center of Central New York. Not sure if this is the right career for you sign-up for a job shadow day. Learn more by emailing Kim at kim@vmccny.com. Must be at least 16 years old to apply.

Help a Horse in Need

Your donation will go directly to a horse who needs help staying warm and safe this winter. Donations can be left at the CCE Office. Suggested donations: new and gently used heated water buckets, horse blankets, feed, tack, grooming supplies, bedding, or wormer. Donations are collected and distributed by The Haven at Skanda. For more information contact Skanda 315-815-5056 or marion@thehavenatskanda.org.

North Central Faces of 4-H Community Service Project

Join us for a little friendly county competition. If you are from Oneida, Madison, Herkimer, Oswego and Onondaga County we encourage you to log your hours into the North Central Faces of 4-H Community Service Project. 4-H members, leaders and parents if you have volunteered in the name of 4-H we want to hear about it! Faces of 4-H will provide your county an opportunity to showcase the great things you are doing in the community. Logging your hours into the system will not only give us a running total of the projects you are working on but it will also give us an opportunity to spotlight your efforts in our newsletters and create displays at the County and the State Fairs. Follow this link to record your community service hours and let’s show the other counties the great things Madison County 4-Hers are doing:

https://reg.cce.cornell.edu/ncfaceof4h_230
The New Year: Moving Forward while Honoring the Past

“Be a lamp, a lifeboat, a ladder. Help someone’s soul heal. Walk out of your house like a shepherd.”
-Rumi

On Wednesday, January 25, the 4-H Office held a leader meeting to reconnect and plan the 2017 4-H year. Our goal for 2017, is to foster stronger relationships to our volunteers and youth. We plan to achieve this by holding quarterly leader meetings, holding programs that bring youth together and being more available to our leaders and volunteers. We would like to express our appreciation for our amazing volunteers because without their dedication, we wouldn’t be where we are today. Thank you to everyone for your ongoing commitment to the Madison County 4-H Program.
The New Year: Moving Forward while Honoring the Past

On Sunday, January 29, the 4-H Office held a joint horse and dairy bowl practice. Madison County 4-H members came together and met new members. We kicked off practice with a jeopardy game that combined both horse and dairy questions. Teams comprised of a mixed group of horse and dairy kids. The quiz bowl contest provides a unique opportunity to assess and develop animal science knowledge. Pairs of four-person or three-person teams compete against teams from surrounding counties responding to questions asked by a contest moderator. Each team is given credit for correct answers. The team with the highest score at the end of the round is declared the winner. Individual points are also tallied and the individual with the highest score at the end of the contest is declared the overall individual winner. The top six place individuals in both the Junior and Senior division go on to the State Competition. Our regional contests will be Saturday, March 4 and Saturday, March 11.

Public Presentations & Horse Communications Contest

Saturday, February 25, 2017
Cornell Cooperative Extension Office
100 Eaton Street
Morrisville, NY 13408

Online registration is now open for Public Presentations & Horse Communications Contest on Saturday, February 25. Please register and select the time you would like to present. Please arrive at least 1/2 hour prior to your starting time so that you may complete the required paperwork. If you need an electric cord, computer equipment, projector, or projector screen make sure you check the box off when filling out your registration. If you have any questions please contact Chelsea Jones at 315-684-3001 ext. 111 or by email cjj44@cornell.edu. Click here to register or log on to: https://req.cce.cornell.edu/_225

Rules, References, and Forms

Public Presentations Rules: http://nys4h.cce.cornell.edu/events/Pages/PublicPresentations.aspx

4-H Awards Banquet Results

Specialty Awards

Outstanding Club Community Service Award:  Clever Clovers 4-H Club

Cheese Contest Winners:  Carley Gordon, Alyssa Walrath & Kiera Walrath
T-Shirt Design Winner:  Grace Young
We Love Our Leaders Award:  Lynn Kelly
Cloverbud Award:  Janet Coleman, Alexander Farwell, Carly Gordon, Bailee Kelsey, Michaela Kessler & Aaron Linck
4-H Awards Banquet Results

4-H Spirit Award: Austin Baker, Caitlyn Smithers, Declan Young & Cady Webb

Project Encouragement Awards -

Arts & Crafts: Caitlyn Smithers
Cooking: Ella Baker
Dairy: Lilly Mills, Logan Mills, Laura Powers & Kiera Walrath
Dog: Makenna Walrath
Mechanical Science: Logan Webb
Horse: Maryellen Coleman, McKenzie Cordell & Grace Young

Public Speaking/Horse Communications: Cady Webb
Portfolio Achievement: Lilly Mills, Logan Mills, Laura Powers & Kiera Walrath

Junior Awards

Project Achievement Awards -

Arts & Crafts: Ethan Baker
Community Service: Will Groetz
Dairy: Tommy McIntosh
Food & Nutrition: Will Groetz
Public Speaking/Horse Communications: Will Groetz & Kav Young
Science & Technology: Ethan Baker
Sewing: Will Groetz
Woodworking: Ethan Baker & Will Groetz

4-H Explorer Award: Will Groetz
Outstanding New Members: Nathan Vivelo
M. G. Adams Award: Tyler Quinn
Junior Leadership: Ethan Baker, Will Groetz, Matthew Eisenhut, Isabel Hilliker & Kav Young
Sue’s Soup Challenge

YOU HAVE BEEN INVITED TO SUE’S SOUP CHALLENGE! I KNOW THAT WE ALL WANT SUE WELL SO WE DO NOT WANT ANY BAKED GOODS AROUND THE HOUSE. INSTEAD WE ARE CHALLENGING YOU ALL TO MAKE COLON HEALTHY SOUP. THE SOUPS WILL BE JUDGED DURING MARCH AND APRIL.

RULES OF THE GAME:

1) THE SOUP NEEDS TO BE PACKED IN A ZIP LOCK BAG, 1-2 SERVINGS ONLY (POINTS WILL BE SUBTRACTED FROM YOUR SCORE IF A ZIP LOCK BAG IS NOT USED)

2) FOODS FOR GOOD COLON HEALTH NEED TO BE USED (NO RED/PROCESSED MEAT, NO SUGAR, NO PEELS ON FRUITS/VEGETABLES, NO WHITE FLOUR, NO HIGH FAT DAIRY); PLEASE SEE THE BELOW WEBSITE LINKS FOR WHAT YOU CAN/CANNOT USE.

3) PLEASE MAKE SURE TO INCLUDE THE EXACT RECIPE THAT YOU USED WITH ALL INGREDIENTS LISTED OUT WHEN SUBMITTING YOUR SOUP TO THE CHALLENGE

4) PLEASE LABEL THE SOUP YOU SUBMIT WITH YOUR NAME AND DATE ON IT SO IT CAN BE JUDGED

5) PRIZES WILL BE AWARDED TO THE WINNER (YES THERE WILL BE WINNERS AND MANY LOSERS IN THIS COMPETITION, YOU KNOW SUE!)

6) EXTRA POINTS WILL BE GIVEN IF THE SOUP IMPROVES BOWEL MOVEMENTS OR ALLOWS SUE TO PASS MORE GAS : )

HERE ARE RESOURCES FOR NUTRITION AND COLON CANCER INFORMATION:


• http://www.cancerresearchuk.org/about-cancer/type/bowel-cancer/living/diet-after-bowel-
4-H Awards Banquet Results

Senior Awards
Laura Janson Sportsmanship Award: Alison Eisenhut
Senior Achievement in Horse Project: Hanna Keppler
Danforth Leadership Award: Hanna Keppler
Millard Thayer Award: Alison Eisenhut
Deacon Doubleday Memorial Award: Jennie McIntosh
Senior Achievement in Horse Communications: Haley Demenezes
Senior Achievement in Dairy Projects: Hope Doney, Alison Eisenhut & Jennie McIntosh
Senior 4 Leaf Clover Award: Hope Doney

Award Trip Winners-
Capital Days: Hanna Keppler & Jennie McIntosh
Career Explorations: Ethan Baker, Will Groetz & Kav Young

Award Winning Portfolio:
Ethan Baker, Hope Doney, Will Groetz & Jennie McIntosh
“Keep some room in your heart for the unimaginable.”
-Mary Oliver

Small Farm & Homestead Fair
Saturday, March 4, 2017
Morrisville State College

The Small Farm & Homestead Fair is a fun-filled event with Expert Speakers, Local Artisans, Hands-On Demonstrations, Entertainment, Vendors and more. No matter if attendees are planning on their first garden or looking to add more livestock to their small farm, there is something here that can help.

Bringing in what is most important to smaller farms, homesteaders and gardeners as well as quality education is what sets us apart from current farm and garden shows. This allows us the ability to draw newcomers to the market along with veteran farmers and business owners.

Working closely with Cornell Cooperative Extension, Madison Agricultural Economic Development, 4-H and Morrisville State College - we have brought together leading experts in fields crucial to our audience’s success. Holding our event at Morrisville College, we are allowing the attendees & vendors to connect at a venue where innovation is around every corner and represents excellence in agriculture. For more information log on to www.smallfarmandhomestead.com.
Expressive Arts Workshop

Monday, February 20, 2017
9:30am-3:30pm
CCE Madison County Office
100 Eaton Street, Morrisville NY 13408

This educational workshop will teach youth ages 5-18 on how to write a book, create a story-line and how to work with an illustrator. This workshop will provide an opportunity for youth to demonstrate their knowledge of creating a story and writing related subject matter.

Kerry Grant and his team will work with youth on using expressive arts to create a story. Each participant will be able to color an illustration and a lucky winner will be featured in the next book Kerry Grant is working on.

Please register at https://reg.cce.cornell.edu/MadisonCountyExpressiveArts_225
For additional information contact Alycia Schick at 315-684-3001 ext. 110 or ans74@cornell.edu
2017 Events

February
- Tuesday, February 7, 4-H Advisory Meeting
- Saturday, February 11, Effective Speaking Workshop
- Monday, February 20, Expressive Arts Workshop
- Saturday, February 25, Public Presentations/Horse Communications
- Monday, February 27, Tractor Safety Begins

March
- Saturday, March 4, Horse Bonanza
- Saturday, March 4, Small Farm and Homestead Expo
- Saturday, March 11, Dairy Bowl
- Friday, March 24 - Saturday, March 25, Dairy Discovery at Cornell University

April
- Saturday, April 1, Scholarship Applications Due
- Saturday, April 8, State Horse Bowl
- Saturday, April 8, District Public Presentations
- Monday, April 10, National Volunteer Week Starts
- Saturday, April 15, State Horse Judging at Morrisville College
- Friday, April 21—Sunday, April 23, STARR
- Wednesday, April 26, District Horse Communications

May
- Saturday, May 6, Animal Crackers at Cornell University
- Saturday, May 13, State Horse Communications
- Friday, May 19 — Saturday, May 20, Equine & Dairy 101
- Sunday, May 21– Tuesday, May 23, Capital Days Trip

Click here for information about State 4-H events!

I pledge my HEAD to clearer thinking,
my HEART to greater loyalty,
my HANDS to larger service,
and my HEALTH to better living,
for my club, my community,
my country, and my world.

Building Strong and Vibrant New York Communities
P.O. Box 1209 - 100 Eaton Street - Morrisville, NY 13408
www.madisoncountyccce.org & www.facebook.com/ccemadison
Phone: 315-684-3001 Fax: 315-684-9290

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