



From left, Roy C. Ketcham's Daniel Veliz and Beacon's Alec Druckenmiller battle

# Ketcham gauntlet

Indians now 5-1 after defeating Beacon

PHIL STRUM  
POUGHKEEPSIE JOURNAL

Five and one is a good record to start the high school boys soccer season. But for Roy C. Ketcham, the gauntlet is just beginning.

The host Indians beat Beacon 3-2 on Tuesday in their final non-league game before league play begins. Nick Laska, Mitchell Kuhner and Mason Sanborn tallied for the Indians, who host Mahopac at 4:15 p.m. Thursday.

Ketcham coach Scott Grimes chalked up his club's strong start to three factors.

"Certainly the fact that the boys work hard," Grimes said. "In the offseason, they play a very high level of club ball, sev-

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Dumais has been selected as a 2016 Orange County Rising Star by the Junior League of Orange County New York and Leadership Orange County. She will be presented her award at a special event on Thursday, Oct. 6 at Anthony's Pier 9 (2975 US-9W New Windsor).



Andrea Dumais

The 2016 Orange County Rising Stars Award recognizes individuals between the ages of 21 and 40 who are up-and-coming leaders in their professional and volunteer lives. Nominees must live, work or volunteer in Orange County.

Dumais received her Juris Doctor degree from Pace University School of Law in 2010 and was admitted to the New York State Bar in 2011. She joined J&G as an associate attorney in 2011 with primary practice areas in criminal law, vehicle and traffic law, matrimonial and family law.

Visit [www.jacobowitz.com](http://www.jacobowitz.com) or call 845-778-2121.

## EVENT

### Forum on home energy planned

The Cornell Cooperative Extension Dutchess County (CCEDC) Environment and Energy Program is hosting a forum for residents about affordable home energy improvements through the New York State Energy Research and Development Authority (NYSERDA)'s Empower and Home Performance with Energy Star Programs. The forum will be on Wednesday, Oct. 6 from 6:30 p.m.-8:30 p.m. at the Mid-Hudson Heritage Center in Poughkeepsie (317 Main St. in Poughkeepsie). Certificates of attendance for municipal training credit will be provided.

Through NYSEERDA's Empower and Home Performance with Energy Star Programs, residents can obtain free energy assessments from contractors and receive discounts on home energy improvements (for low to moderate income residents). The forum will include an overview of these programs by the Rural Ulster Preservation Company (RUPCO), an organization that works with residents, not-for-profits, and small businesses to facilitate their participation in energy efficiency programs.

Additionally, local contractors will discuss how the energy assessment process works and common problems and cost-effective solutions related to air sealing, insulation, and heating/cooling systems.

The forum is free. Register online at: <https://affordable-home-energy-improvements.eventbrite.com>. For more information, contact: Erica Blatt at [eb566@cornell.edu](mailto:eb566@cornell.edu).

Send listings to [biznews@poughkeepsiejournal.com](mailto:biznews@poughkeepsiejournal.com). Fax to 845-437-4921 or mail to P.O. Box 1231, Poughkeepsie, NY 12601.