Calico Aster
*Aster lateriflorus*
(ASS-ter lah-ter-ih-FLOR-us)
Zone 4-8
Blooms: Sept-Oct, 2-3’ tall, 2-3’ wide
Flower color: white with pink rosy centers, located on sides of stems.
Site: full sun, easily in average, well-drained soil.
Attracts butterflies, deer resistant.

New York Aster
*Aster novae-anglia*
(ASS-ter NO-vee-ANG-lee-ah)
Zone 4-8
Blooms: Aug-Sept, 3-6’ tall, 2-3’ wide.
Flower color: deep-blue to purple flowers with orange centers.
Site: full sun, fertile, well drained soil.
Fast growing, excellent cut-flower.
Attracts butterflies, deer resistant.

Rough-stemmed Goldenrod
*Solidago rugosa*
(so-li-DAYgo roo-GO-suh)
Zone 4-8
Blooms: Sept-Oct, 30-36” tall and wide.
Flower color: lacy yellow flowers on cascading branches.
Site: full sun, likes semi-wet to well drained soil.
Attracts butterflies, deer resistant.
**Does NOT cause hay fever!**

New York Ironweed
*Veronica noveboracensis*
(VER-RO-nick NO-vee-bor-ah-SEN-sis)
Zone 4-8
Blooms: July-Sept, 4-7’ tall, 2-4’ wide
Flower color: tiny, brilliant purple flowers
Site: sun, needs constant moisture to thrive, but tolerates some dryness. Good for wet areas. Attracts butterflies.

Sneezeweed
*Helenium autumnale*
(hel-EE-nee-um aw-tum-NAL-ee)
Zone 3-8
Blooms: Aug-Oct, 3-5’ tall, 1-3’ wide
Flower color: yellow, 1.5” across with raised centers
Site: full sun, prefers rich, moist soil.
Attracts butterflies, deer and rabbit resistant.

Golden Fleece Goldenrod
*Solidago sphacelata*
(so-li-DAY-go spass-el-LAH-tuh)
Zone 4-8
Blooms: Aug-Sept, 12-18” tall, 12-18” wide.
Flower color: pink, flowers resemble turtle heads. Reddish stems with green leaves.
Site: full sun to part shade, likes rich, wet soil. Will spread, but not invasive.  
**Does NOT cause hay fever.**

Pink Turtlehead
*Chelone lyonii*
(kel-OH-nee ly-ON-ee-eye)
Zone 3-8
Blooms: July-Sept, 2-3’ tall
Flower color: pink, flowers resemble turtle heads. Reddish stems with green leaves.
Site: full sun to part shade, likes rich, wet soil. Will spread, but not invasive.

White Snakeroot
*Eupatorium rugosum*
(yoo-puh-TOR-ee-um roo-go-sum)
Cultivar: ‘Chocolate’ has burgundy leaves
Zone 3-9;
Blooms: Sept-Oct, 3-5’ tall, 1-3’ wide.
Flower color: white flowers on purplish stems.
Site: full sun to part shade, likes semi-wet to well-drained soil.
Can be invasive, attracts butterflies.
What is a native plant? There are many definitions, however most botanists would probably agree that native means plants growing in North America prior to European settlement. Because a plant is native does not mean it is problem-free! Native plants grown in a non-native environment and lacking competitors/predators may become invasive.

We have identified plants that will grow well, are hardy for zones 3-4 and are low maintenance. As always, remember that careful site selection, planning and care will ensure success and are the key to minimal care and beautiful gardens. The principle of using the Right Plant in the Right Place applies here!

Gardens are ever changing and maturing. Choosing perennials for your garden helps ensure a continuity of color and style. Combining perennials for height, color, and foliage allows the gardener to define his/her space. Adding annuals, shrubs and trees can allow a garden to delight for the four seasons. There are many, many more perennials that can be grown in our area.

For a wonderful addition to your garden, check out perennials! Include some spring and fall perennials, along with annual flowers, for months of a beautiful, flowering garden. Enjoy your perennials, and share them with your friends!

We welcome all of your gardening questions! Please feel free to contact Cornell Cooperative Extension as noted on the back page and ... Happy Gardening!

References

Native Plants of the Northeast by Donald J. Leopold, 2005.


http://www.plants.usda.gov

For more information concerning items in this brochure or other gardening questions, please contact Cornell Cooperative Extension:

Clinton County: 6064 Route 22 #5 Plattsburgh, NY 12901 (518)561-7450

Essex County: 3 Sisco St. Westport, NY 12993 (518)962-4810 ext 408

Visit us online at: http://ecgardening.cce.cornell.edu

This brochure was developed by the Master Gardener Volunteers in Clinton County, NY February 2008, revised March 2012

Cornell Cooperative Extension provides equal program and employment opportunities.

New York Ironweed
Veronica noveboracensis

With special appreciation to Pat Macomber whose guidance, knowledge and love of native plants inspired the creation of this brochure.