

# Clinton County 4-H Awards



Cornell University  
Cooperative Extension  
Clinton County



# Table of Contents

Table of Contents .....	2
Purpose of this Guide .....	3
A Note about 4-H Records .....	4
Recognition at the Club Level.....	4
Achievement .....	4
Leadership .....	4
Most Improved.....	4
Community Service.....	4
Awards at the County Level.....	5
Awards for Clubs .....	5
Club Public Presentation Award .....	5
Club Community Service Award.....	5
Club Marketing Award.....	5
Honor Club.....	5
Star Reporter .....	5
Seal of Achievement.....	5
Awards for Members: Overall 4-H Experience.....	6
Years of Participation .....	6
Club Officer Awards .....	6
Honor President/Vice President .....	6
Honor Secretary.....	6
Honor Treasurer.....	6
Honor News Reporter .....	6
Honor Recreation Leader .....	6
Honor Choose Health Officer.....	6
Honor Photographer .....	6
Honor Club Historian.....	6
Honor Song Leader .....	6
Cloverbud Level 1 .....	6
Cloverbud Level 2 .....	6
Cloverbud Level 3 .....	6
Junior Heart of 4-H .....	7
Junior Making the Best Better .....	7
Junior Above and Beyond .....	7
Senior Heart of 4-H.....	7
Senior Making the Best Better.....	7
Senior Above and Beyond .....	8
Award Trips and Scholarships .....	8
Teen Leadership Award.....	9
Awards for Members: Project Areas.....	10
What is a 4-H Project? .....	10
Project High Point Award.....	10
Project Medal.....	10
Awards for Volunteers.....	11
Years of Service.....	11
4-H Volunteer of the Year Award.....	11
Peer Award .....	11
Awards beyond the County Level .....	12
Appendix: Award Applications.....	12

# Purpose of this Guide

## Purposes of Recognition

- To reinforce the motivation of 4-H members and volunteers to participate, create, and achieve in 4-H; and
- To underscore a sense of belonging and being valued in the 4-H community.

In the broadest sense, 4-H is a human development program designed to foster a sense of confidence, a feeling of accomplishment, and a heightened level of competence. The careful, creative, balanced use of recognition is an element of successful programs.

## Recognition in Clinton County 4-H

In CCE Clinton County 4-H, we strive to balance several different types of recognition throughout all program activities. Some events have ribbons and trophies at their completion. In other activities, working together as a team to solve a complex problem provides an intrinsic reward. Sometimes, a thank you is the desired recognition for a member or leader. Our goal is to providing a balance of different kinds of recognition to motivate our 4-H members and volunteers.

The awards described in this guide are only part of that recognition system. Included here are suggestions for recognition at the club level. There is a description of awards given out at the county Achievement Night and how 4-Hers can earn them. There is also a section about recognition beyond the county level.

## A Note about 4-H Records

A 4-H record is an organized, written account of the progress, personal growth, and accomplishments of the member, gained through participation in 4-H as well as other programs and activities. The process of record keeping teaches youth valuable skills in goal setting, planning and organizing, critical thinking, record keeping and other life and work skill areas. All youth are encouraged to keep records in 4-H.

Record keeping in 4-H is called many things in different counties and states. Some are called portfolios, project records, personal records, record pages, resumes, and more! But no matter the name, they all have the same goal: for the 4-H member to show evidence of learning and reflection on their 4-H experience.

There are two main types of records. One is what NYS calls the 4-H Career Portfolio. This includes all a 4-H member's experience in all projects for their entire 4-H career. The other is what we call project records—these include only the information for a particular project (such as an animal species or aerospace) in the current year. For the overall 4-H Career Portfolio and for animal projects, there are paper outlines of records in the Extension Office that members can use. For projects that we don't have outlines yet, consider using pages from curriculum or project materials as a starting point.

4-H records have a few common sections, regardless of their form. They include the member's identifying information (name, club, etc), a description of goals for the year, projects completed, leadership experience, public presentations given, 4-H events participated in, community service, awards and honors, and a 4-H story. The 4-H story is a narrative overview of the previous year's 4-H experience—goals set, challenges faced, and plans for the future. Project records vary based on the activity involved, but often include a list of materials needed and their cost, care of animals, or other description of the preparation and process of completing the project.

As long as the core sections of recording keeping are present, the form of the record can be as creative as the member would like. Records may be submitted in the form of bound project records (binder, etc), scrapbooks, journals, PowerPoint presentations, photo albums, websites, video portfolios or more.

**You can contact the Extension Office for more information about 4-H record keeping.**

## Recognition at the Club Level

Clubs can design their own recognition program. The following are a few suggested awards that may be given at the club level. These awards will not be given out at the County Achievement Night.

### *Achievement*

This award recognizes active members who demonstrate a desire to help their community, participate in public presentations, show a willingness to help, and are enthusiastic. For outstanding work in all areas of 4-H, building character, leadership, and citizenship.

### *Leadership*

This award recognizes active members who acquire the knowledge, skills, and attitudes needed to be an effective leader through helping younger members, leadership activities, and public presentations.

### *Most Improved*

This award recognizes active members who have grown the most in the previous 4-H year, increasing their skills in a particular area of 4-H or in the overall program.

### *Community Service*

This award recognizes 4-H members who go above and beyond in serving their community. For example, spending many hours in a particular project or practicing generosity in several different service opportunities.

# Awards at the County Level

## Awards for Clubs

*Club leaders are responsible for applying for these awards (except those noted to be awarded by Office records).*

### Club Public Presentation Award

70% of all of a club's members participate in County Public Presentations by giving a presentation or being a teen evaluator as shown by Extension Office records.

### Club Community Service Award

A club provides service that has positive impact on the community demonstrated through:

- At least 50% of the club members participate in each of the club's 4-H community service projects (Honorable Mention Awards will be given to those clubs completing fewer than 35 hours)
- Community service projects total at least 35 hours per club
- Cannot be a donation out of the treasury unless all the members participate in the fundraising event with the intent to donate the proceeds
- Completed Club Community Service Award Application

### Club Marketing Award

A club that increases public awareness of the 4-H program by participating in at least 2 events (such as a parade, National 4-H Week, information booth, newspaper article, etc). Application for this award should include evidence of event participation, including pictures and/or news articles.

### Honor Club

- All re-Enrollment information submitted by November 1.
- Each member of the club participates in at least 1 county event and completes at least 2 projects
- Club completes at least 1 community service project and submits the report by November 1
- Club completes a Club Story for the current 4-H year (see Honor Club Award Nomination Form).

### Star Reporter

Submits 9 out of 12 of their club's monthly secretary and/or news reports, October through September, on time to the Extension Office. Reports must be submitted by the 10th of the following month. Example: April's report is due May 10<sup>th</sup>

### Seal of Achievement

A club that has met these requirements:

- The club has held six or more regular meetings during the year, the secretary keeping the minutes in the club record book and submitting reports of those minutes to the Extension office.
- Every member of the club is enrolled in the Extension office in at least one project.
- The 4-H club has put on an exhibit of its work to parents or others.
- At least six out of ten members of the club (60%) have satisfactorily completed the year.

After these four steps are met, the new club fills out an Application for a Seal of Achievement, located in the front of the 4-H Club Secretary's Handbook or in the appendix of this guide. Clubs earning a Seal of Achievement will get one to put on their club charter. Clubs can apply for a Seal of Achievement every year if they would like.

Member Awards have two categories: those for their overall 4-H experience, and those for specific project areas.

## **Awards for Members: Overall 4-H Experience**

*Individual members are responsible for applying for these awards.*

### **Awards for All Ages**

#### Years of Participation

4-H members will be recognized for their years of participation with a medal. Members will be given a pin at 1, 3, 5, 7, 9 years and a graduation pin for those in the program at age 18.

#### Club Officer Awards

##### Honor President/Vice President

Submit at least 9 Agenda Reports to the Extension Office. Each report is due by the 10<sup>th</sup> of the next month. The President and the Vice President can work together so both can earn this award.

##### Honor Secretary

Submit at least 9 Secretary Reports to the Extension Office. Each report is due by the 10<sup>th</sup> of the next month.

##### Honor Treasurer

Submit at least 9 monthly treasurer reports to the Extension Office. Each report is due by the 10<sup>th</sup> of the next month.

##### Honor News Reporter

Submit at least 9 news reports to the Extension Office. Each report is due by the 10<sup>th</sup> of the next month.

##### Honor Recreation Leader

Submit at least 9 recreation reports to the Extension Office. Each report is due by the 10<sup>th</sup> of the next month.

##### Honor Choose Health Officer

Submit at least 9 Choose Health reports to the Extension Office. Each report is due by the 10<sup>th</sup> of the next month.

##### Honor Photographer

Submit at least 9 photographs to the Extension Office. Each photograph is due by the 10<sup>th</sup> of the next month.

##### Honor Club Historian

Submit your updated club scrapbook to the Extension Office at the end of the 4-H year.

##### Honor Song Leader

Submit at least 9 song reports to the Extension Office. Each report is due by the 10<sup>th</sup> of the next month.

### **Cloverbud Awards (youth age 5-8)**

*Members earn the highest level award they qualify; they will receive only one level of this award.*

#### Cloverbud Level 1

Cloverbuds will receive a Certificate of Participation for completing a 4-H Record Book and an application that show participation in 3-6 Cloverbud learning activities (including community service activities).

#### Cloverbud Level 2

Cloverbuds will receive an I Love 4-H Pin for completing a 4-H Record Book and an application that show participation in 7-12 Cloverbud learning activities (including community service activities).

#### Cloverbud Level 3

Cloverbuds will receive a 4-H Cloverbud gift for completing a 4-H Record Book and an application that show participation in 13 or more Cloverbud learning activities (including community service activities).

## **Junior Awards (youth age 9-13)**

*Members earn the highest level award they qualify; they will receive only one level of this award.*

### Junior Heart of 4-H

Will receive a certificate when they complete/participate in:

- Updated 4-H Career Portfolio
- 1 Project Record, including Project Story (Species specific for animals)
- 5 hours of Community Service
- 1 Educational Events (county-level events)

### Junior Making the Best Better

Will receive a certificate when they complete/participate in:

- Updated 4-H Career Portfolio
- 2 Project Records, including 1 Project Story (Species specific for animals)
- 5 hours of Community Service
- 2 Educational Events (county-level events)

### Junior Above and Beyond

Will receive a certificate and Achievement medal when they complete/participate in:

- Updated 4-H Career Portfolio
- 3 Project Records, including 1 Project Story (Species specific for animals)
- 10 hours of Community Service
- 3 Educational Events (county-level events)
- 1 Public Presentation, Club or County (in addition to 3 Educational Events)

## **Senior Awards (youth age 14-18)**

*Members earn the highest level award they qualify; they will receive only one level of the Heart, Making the Best Better, or Above and Beyond awards.*

### Senior Heart of 4-H

Will receive a certificate when they complete/participate in:

- Updated 4-H Career Portfolio
- 2 Project Records, including 1 Project Story (Species specific for animals)
- 5 hours of Community Service
- 2 Educational Events (county-level events)
- 1 Leadership Activity

### Senior Making the Best Better

Will receive a certificate when they complete/participate in:

- Updated 4-H Career Portfolio
- 3 Project Records, including 1 Project Story (Species specific for animals)
- 10 hours of Community Service
- 2 Educational Events (county-level events)
- 1 Public Presentation, Club or County (in addition to 3 Educational Events)
- 2 Leadership Activities

## Senior Above and Beyond

Will receive a certificate and an Achievement medal when they complete/participate in:

- Updated 4-H Career Portfolio
- 3 Project Records, including 2 Project Stories (Species specific for animals)
- 15 hours of Community Service
- 3 Educational Events (county-level events)
- 1 Public Presentation, Club or County (in addition to 3 Educational Events)
- 3 Leadership Activities (with at least 1 being the primary leader of a club project)
- Promote their 4-H Club within their community (at community events, fairs, festivals, etc.).

## Award Trips and Scholarships

All 4-H youth are eligible to apply for a Trip Scholarship for regional trips. You do not need to win a scholarship to attend a regional trip, with the exception of the Capital Days, Washington DC, and NYC trips (which are award trips). Some trips have age requirements—see trip registration information for details. 4-H volunteers are also eligible to apply for scholarship funds to cover expenses for 4-H volunteer conferences to increase their ability to support and deliver 4-H programs.

A 4-H Trip Scholarship covers most expenses of the trip. Each scholarship winner will be asked to contribute 25% or a minimum of \$35 (nonrefundable) towards the overall cost of the trip (unless there are special family circumstances—please contact the Extension Office).

Each enrolled 4-Her (youth or adult) may apply for only 1 Trip Scholarship per 4-H year (October 1 to September 30).

Scholarship funds may only be used for educational trips/events. They cannot be used for events whose sole purpose is competition.

An application (including a cover letter and resume) must be completed by the interested 4-Her and submitted to the Extension Office. Please fill out the application completely, neatly handwritten or typed.

Scholarships will be awarded based on the content and presentation of this application. Completing an application does not guarantee winning a scholarship or award trip.

Applications are due at least 1 month in advance of the trip registration (early is better). No late or incomplete applications are accepted.

Scholarship winners will be chosen by the Family and Youth Program Committee and will be notified at least one week in advance of the trip.

### **Application**

- Cover Letter
  - Introduce yourself—how are you involved in 4-H?
  - How much scholarship money are you asking for and describe how the money would be used
  - Why do you want to attend this trip?
  - What impact will this trip have on your 4-H career?
  - How will your participation in this event make a difference for the Clinton County 4-H program? What will you bring back?
- Resume
  - Create a functional resume that focuses on your skills and experience
  - Share a minimum of 3 life skills you feel 4-H has helped you strengthen
  - Tell what specific 4-H experiences helped strengthen these skills
  - List applicable 4-H honors
  - Include future goals

## Annual Trips

### Agribusiness Career Conference (SUNY Cobleskill)

This 2-day trip in October is a collaborative effort of Farm Bureau, Cobleskill College and Cornell Cooperative Extension. The Agri-Business Career (ABC) Conference introduces teens to a vast variety of opportunities available in the field of Agriculture. 4-H teens will visit farms, agricultural businesses, and industries in the Cobleskill area. Open to members 14 years old or older.

### New York City

A 4-day trip in December where participants observe some of the unique career opportunities available in New York City as well as experience some of the social and cultural aspects of the city. Open to members 15 years old or older. Offered every other year on even years.

### Wonders of Washington DC

A 4-day trip in February to the National 4-H Center in Chevy Chase, MD. Participants stay at the National 4-H Center, visit the Nation's Capital and its famous historical and cultural landmarks. 4-Hers learn about federal government and their role as a United States citizen and

### Teen Leadership Award

In order to qualify for this award, a teen member must demonstrate accomplishment in three areas: Teaching, Communication & 4-H Service, and Personal Growth and Leadership. **Note:** All 4-H members age 13 or older as of January 1<sup>st</sup> are eligible to apply for this award. Activities and points are allotted as follows:

### Teaching (i.e. county wide program, leaders training, community outreach)

1. Co-teach a 4-H project with an Educator ..... 2 pts. per hour teaching
2. Solo teaching a 4-H project under Educator supervision ..... 4 pts. per hour teaching

### Communication & 4-H Service

1. Write an article that gets printed in the newsletter, a newspaper, or radio spot, etc., (Not a club report.)..... 3 pts. per unit
2. Co-lead a 4-H county, district or regional community service, recreational or educational event (Teams of 2-4 teens are recommended.)3 pts. per unit
3. Recruit a new member to a 4-H countywide program. (Must remain an active member for 3 months) ..... 3 pts. per unit
4. Other 4-H community service - i.e. help Educator with special programs, (county fair, state fair, promotions, etc.) Please describe the type of work and time involved ..... Varies - Points will be assigned by educator

### Personal Growth and Leadership (75% of allowable points must be earned in 4-H programming for this category)

1. Attend leader training in 4-H countywide program..... 2 pts. per hr. training/teaching
2. Attend 4-H personal growth training. (i.e. Communication, leadership, Cornell Career Exploration) ..... 2 pts. per meeting
3. Attend issues and/or peer counseling training. (i.e. Substance abuse prevention, financial management program offered in or out of school. Maximum points allowed not to exceed 25% of total for Personal Growth and Development.)..... 2 pts. per mtg.
4. Assist Educator in new project development..... 6 pts. per completed project

### Total Requirements

Certificate minimum points required in each component:

A. Teaching .....	5
B. Communication/Service .....	5
C. Personal Growth .....	6
TOTAL NEEDED TO QUALIFY .....	16

meet their Congressman. Open to members 15 years old or older. Offered every other year on odd years.

### Capital Days (Albany, New York)

A 2-day visit in March to the state capital to tour and learn about history and state government. Participants will also have an opportunity to meet with their state representatives. Open to youth 14 years and older.

### STARR (Syracuse, New York)

This 3-day event in April provides an opportunity for teens to develop leadership and other skills to be the 'resource of choice' for help addressing issues at local and state levels, and learn to work in partnership with groups of adults to make ideas and vision become reality. Open to youth 13 years and older.

### Career Explorations (Cornell University)

A 3-day trip in June for participants to visit and work on Cornell's campus, learning about various college programs and resources, exploring career opportunities, and interacting with campus faculty and 4-Hers across the state. Open to youth 13 years and older.

Honor Level (medal) minimum points required in each component:

A. Teaching .....	10
B. Communication/Service .....	10
C. Personal Growth .....	10
TOTAL NEEDED TO QUALIFY .....	30

## Awards for Members: Project Areas

*Individual members are responsible for applying for these awards.*

What is a 4-H Project?

A project is a planned series of learning activities and experiences that engage youth in the use of their heads and hands in ways that result in enhanced competencies, open hearts and better health. An example of a learning activity could be growing tomatoes, which is part of the gardening project. A project will not always result in a tangible product but may lead solely to an intangible result (for example, learning a CPR technique).

4-H projects give youth opportunities to:

- gain new knowledge and develop the critical thinking skills that lead to independence of thought and action;
- experience a sense of belonging through cooperative learning activities;
- develop a spirit of generosity by sharing knowledge and using skills to help others;
- achieve a feeling of mastery as the cumulative result of project work.

Project High Point Award

- Given to 4-Her who earns the most points in their project area for current year's project work
- One award for each age category (Jr/Sr) and project area

Project Medal

- Recognition for exemplary work in one 4-H project (each 4-Her can earn more than one project medal and Extension will distribute one project medal to all 4-Hers who earn necessary points)
- Given to each 4-Her who earns 80% of available points in their project area for this year and last year's project experiences. Cloverbuds must earn 185 points and Juniors and Seniors 240 points **in their project area** for this year **and last year's project experiences**
- Member must have participated in the subject area for a minimum of 2 years
  - This includes all 4-H career, Cloverbud through Senior
  - For example, a Junior who just became a Junior this year but has participated in a project for 2 years would include the current year (his/her 1st Junior year) and last year (his/her last Cloverbud year).
- All ages eligible.
- In order to incorporate an evaluation of the quality of the 4-Her's project experience in addition to how many events participated, we will use the Clinton County 4-H Record Book Evaluation form to evaluate 4-Hers records and give them additional bonus points
  - Family and Youth Program Committee Members will be evaluators
  - Points awarded will be an overall bonus for record quality

## **Awards for Volunteers**

### *Years of Service*

4-H volunteers will be recognized for their years of service at five year milestones (first year, five years, ten years, etc).

### *4-H Volunteer of the Year Award*

The 4-H Volunteer of the Year Award recognizes 4-H volunteers who demonstrate exemplary service to 4-H, while promoting service through volunteerism as both an opportunity and a privilege. 4-H members can nominate their club leader or another adult 4-H volunteer who has made a difference in their lives and/or the 4-H program. More than one volunteer can win this recognition. To nominate a 4-H volunteer, a member needs to write a letter that talks about how their leader is Volunteer of the Year for one of the following reasons:

- Positive impact the adult has had on 4-H, and on 4-H youth
- Adult's ability to work with young people to encourage decision making, problem solving, meeting challenges, mastery and youth/adult partnerships
- Volunteer's creative way to interact with all kinds of youth
- Volunteer is a great example of a "mentor-learner" relationship with participants
- Adult supports a safe and inclusive environment
- Adult models character and professional behavior
- Increased funding/resources created by nominee
- Encouraged more adults to be 4-H volunteers
- Personal growth from being a 4-H volunteer (that you've seen)

### *Peer Award*

The Peer Award recognizes 4-H volunteers who demonstrate commendable service to 4-H. Fellow volunteers nominate another adult who they think goes above and beyond in their 4-H role. More than one volunteer can win this recognition. To nominate a 4-H volunteer, a volunteer needs to write a letter that talks about how their nominee is an exemplary volunteer.

## Awards beyond the County Level

Several 4-H events and competitions have regional, state, and event national levels. Each event has its own award system such as ribbons, scholarships, or prizes. 4-H members who qualify for these levels will also be recognized at Achievement Night.

## Appendix: Award Applications

Applications for awards in this guide are all due **November 1** except for the award trip applications which are due **one month before trip registration is due.**

Also included in the Appendix are the Individual 4-H Member Awards Checklist and Teen Leadership Award Evaluation Sheet. These will be used to evaluate records. They are included for your reference only—they do not need to be turned in to the Extension Office.





# Club Marketing Award Application

*Please return this application by November 1*

Club Name: \_\_\_\_\_

Marketing Activity Name/Description	# Members Participating

Please use additional pages as necessary.

Attach evidence of event participation, including pictures, news articles, etc.







# Application for a 4-H Club Seal of Achievement

Having met the all the requirements for a standard 4-H club for the year beginning \_\_\_\_\_ (date) and ending \_\_\_\_\_ (date), the

---

(Name of club - please print)

Respectfully requests that a 4-H club seal of achievement be awarded, to be placed on its club charter.

Signed \_\_\_\_\_ Sec.  
(Name)

Signed \_\_\_\_\_  
(Local Leader) \_\_\_\_\_  
(Address)

\_\_\_\_\_  
(Address) Signed \_\_\_\_\_ Pres.  
(Name)

\_\_\_\_\_  
(Address)

Approved \_\_\_\_\_ County \_\_\_\_\_  
(Cornell Cooperative Extension Educator, 4-H Youth Development)



# Individual 4-H Member Award Application

*Please return this Nomination Form by November 1*

**4-Her Name:** \_\_\_\_\_ **Club Name:** \_\_\_\_\_

**Age:** \_\_\_\_\_ *circle one:*      Cloverbud      Junior      Senior

Please consider me for the following awards (check those that apply):

**Cloverbuds**

- Cloverbud Level 1
- Cloverbud Level 2
- Cloverbud Level 3

**Juniors**

- Junior Heart of 4-H
- Junior Making the Best Better
- Junior Above and Beyond

**Seniors**

- Senior Heart of 4-H
- Senior Making the Best Better
- Senior Above and Beyond
- Teen Leadership Award

**Project Medals** (*Juniors and Seniors*)

<p><i>Plants &amp; Animals</i></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Agriculture</li> <li><input type="checkbox"/> Aquaculture</li> <li><input type="checkbox"/> Beef</li> <li><input type="checkbox"/> Poultry</li> <li><input type="checkbox"/> Cats</li> <li><input type="checkbox"/> Dogs</li> <li><input type="checkbox"/> Dairy</li> <li><input type="checkbox"/> Goats</li> <li><input type="checkbox"/> Horse</li> <li><input type="checkbox"/> Rabbits</li> <li><input type="checkbox"/> Sheep</li> <li><input type="checkbox"/> Pets</li> <li><input type="checkbox"/> Swine</li> <li><input type="checkbox"/> Gardening &amp; Horticulture</li> </ul>	<p><i>Activities</i></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Community Service</li> <li><input type="checkbox"/> Demonstration</li> <li><input type="checkbox"/> Fashion Revue</li> <li><input type="checkbox"/> Judging</li> </ul> <p><i>Science and Technology</i></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Biological Sciences</li> <li><input type="checkbox"/> Entomology &amp; Bees</li> <li><input type="checkbox"/> Plant Science</li> <li><input type="checkbox"/> Veterinary Science</li> <li><input type="checkbox"/> Technology &amp; Engineering</li> <li><input type="checkbox"/> Aerospace</li> <li><input type="checkbox"/> Computer Technology</li> <li><input type="checkbox"/> Electricity</li> <li><input type="checkbox"/> Engines, Tractors &amp; Field Equipment</li> <li><input type="checkbox"/> Wood Science</li> <li><input type="checkbox"/> Industrial Arts</li> <li><input type="checkbox"/> Physical Science</li> </ul> <p><i>Heathy Lifestyles</i></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Food and Nutrition</li> <li><input type="checkbox"/> Healthy Lifestyles</li> <li><input type="checkbox"/> Safety</li> <li><input type="checkbox"/> Bicycle</li> </ul>	<p><i>Personal Development</i></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Hobbies &amp; Collections</li> <li><input type="checkbox"/> Leadership</li> <li><input type="checkbox"/> Personal Development</li> <li><input type="checkbox"/> Achievement</li> <li><input type="checkbox"/> Lamp of Knowledge</li> </ul> <p><i>Environmental Stewardship</i></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Environmental Stewardship</li> <li><input type="checkbox"/> Forestry</li> <li><input type="checkbox"/> Wildlife &amp; Fisheries</li> <li><input type="checkbox"/> Outdoor Education &amp; Recreation</li> <li><input type="checkbox"/> Shooting Sports</li> </ul> <p><i>Consumer and Family Sciences</i></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Consumer and Family Sciences</li> <li><input type="checkbox"/> Child Care and Development</li> <li><input type="checkbox"/> Clothing and Textiles</li> <li><input type="checkbox"/> Consumer Education</li> <li><input type="checkbox"/> Home Environment</li> <li><input type="checkbox"/> Family Life</li> </ul>
<p><i>Communication Arts</i></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Public Speaking</li> <li><input type="checkbox"/> Reporting Media</li> <li><input type="checkbox"/> Performing Arts</li> <li><input type="checkbox"/> Visual Arts</li> <li><input type="checkbox"/> Photography &amp; Video</li> </ul> <p><i>Citizenship</i></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Citizenship and Civic Education</li> </ul>		

Awards will be chosen based on your records and the criteria outlined in the award guide. Your records should show evidence of the activities and learning the awards recognize.

**Members may submit one set of records to be considered for multiple awards.**



# Individual 4-H Member Awards Checklist

**4-Her Name:** \_\_\_\_\_

**Level:**      Junior      Senior

- Updated 4-H Portfolio

Comments:

For Reference Only

- Project Records, including Project Story (Species specific for animals)

Project Name(s)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Project Story

- 
- 
- 

- Community Service

Number of hours of Service: \_\_\_\_\_

- Educational Events

Number of Educational Events: \_\_\_\_\_

- Public Presentation, Club or County (in addition to 3 Educational Events)

Presentation Title

\_\_\_\_\_

Level  
Club or County

- Leadership Activities

Activity Name(s)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Primary Leader

- 
- 
- 

- Promote their 4-H Club within their community (at community events, fairs, festivals, etc.).

*Junior Heart of 4-H*

- Updated 4-H Portfolio
- 1 Project Record, including Project Story (Species specific for animals)
- 5 hours of Community Service
- 2 Educational Events

*Senior Heart of 4-H*

- Updated 4-H Portfolio
- 2 Project Records, including 1 Project Story (Species specific for animals)
- 5 hours of Community Service
- 3 Educational Events
- 1 Leadership Activity

*Junior Making the Best Better*

- Updated 4-H Portfolio
- 2 Project Records, including 1 Project Story (Species specific for animals)
- 5 hours of Community Service
- 3 Educational Events

*Senior Making the Best Better*

- Updated 4-H Portfolio
- 3 Project Records, including 1 Project Story (Species specific for animals)
- 10 hours of Community Service
- 3 Educational Events
- 1 Public Presentation, Club or County (in addition to 3 Educational Events)
- 2 Leadership Activities

*Junior Above and Beyond*

- Updated 4-H Portfolio
- 3 Project Records, including 1 Project Story (Species specific for animals)
- 10 hours of Community Service
- 3 Educational Events
- 1 Public Presentation, Club or County (in addition to 3 Educational Events)

*Senior Above and Beyond*

- Updated 4-H Portfolio
- 3 Project Records, including 2 Project Stories (Species specific for animals)
- 15 hours of Community Service
- 3 Educational Events
- 1 Public Presentation, Club or County (in addition to 3 Educational Events)
- 3 Leadership Activities (with at least 1 being the primary leader of a club project)
- Promote their 4-H Club within their community (at community events, fairs, festivals, etc.).

Award earned: \_\_\_\_\_



# Teen Leadership Award Evaluation Sheet

4-H Member Name: \_\_\_\_\_ Age: \_\_\_\_\_ Years in 4-H: \_\_\_\_\_

<i>Criteria</i>	<i>Points Available</i>	<i>Points Awarded</i>	<i>Total</i>
<b>Teaching</b>			
Co-teach a 4-H project with an Educator	2 per hour teaching		
Solo teaching a 4-H project under Educator supervision	4 per hour teaching		
<b>Teaching Total</b>			

## Communication and 4-H Service

Write an article that gets printed in the newsletter, a newspaper, or radio spot, etc., (Not a club report.)	3 per unit		
Co-lead a 4-H county, district or regional community service, recreational or educational event (Teams of 2-4 teens are recommended.)	3 per unit		
Recruit a new member to a 4-H countywide program. (Must remain an active member for 3 months)	3 per unit		
Other 4-H community service - i.e. help Educator with special programs, (county fair, state fair, promotions, etc.) Please describe the type of work and time involved	Varies - Points will be assigned by educator		
<b>Communication and 4-H Service Total</b>			

## Personal Growth and Leadership

(75% of allowable points must be earned in 4-H for this category)

Attend leader training in 4-H countywide program	2 per hr. training/teaching		
Attend 4-H personal growth training. (i.e. Communication, leadership, Cornell Career Exploration)	2 per meeting		
Attend issues and/or peer counseling training. (i.e. Substance abuse prevention, financial management program offered in or out of school. Maximum points allowed not to exceed 25% of total for Personal Growth and Development.)	2 per meeting		
Assist Educator in new project development	6 per completed project		
<b>Personal Growth and Leadership Total</b>			

**AWARD TOTAL**  

### Total Requirements

Certificate minimum points required in each component:

- A. Teaching .....5
- B. Communication/Service .....5
- C. Personal Growth .....6
- TOTAL NEEDED TO QUALIFY .....16

Honor Level (medal) minimum points required in each component:

- A. Teaching ..... 10
- B. Communication/Service ..... 10
- C. Personal Growth ..... 10
- TOTAL NEEDED TO QUALIFY ..... 30

**Award Earned:** Certificate      Medal



# 4-H Project Awards Directions

(a short version of the form to guide you)

**4-H Member Name:** \_\_\_\_\_ **4-H Year:** \_\_\_\_\_  
**Age Category** (check one):  Cloverbud (grade K-2)  Junior (age 8-13)  Senior (age 14 and older)

**I am applying for:**  **Project Medal** Given to each 4-Her who completes a project area for this year. Cloverbuds must earn 15 points. Member must have a minimum of 2 years. All ages eligible.  
 **Project High Point Award** Given to the 4-Her who earns the most points in their project area for the current year's project work. One award for each age category: Juniors and Seniors

You can use to apply for both a Project Medal and the High Point Award if you like.

**Years of Participation in this project:** \_\_\_\_\_ **Hours of Participation in this project this year:** \_\_\_\_\_

**Project Area** (check one):

**Plants & Animals**

- Agriculture
- Aquaculture
- Beef
- Poultry
- Cats
- Dogs
- Dairy
- Goats
- Horse
- Rabbits
- Sheep
- Pets
- Swine
- Gardening & Horticulture

**Science and Technology**

- Biological Sciences
- Entomology & Bees
- Horticulture
- Visual Arts
- Physical Science

**Communication Arts**

- Public Speaking
- Reporting Media
- Performing Arts
- Visual Arts
- Photography & Video

**Environmental Stewardship**

- Environmental Stewardship
- Forestry
- Wildlife & Fisheries
- Outdoor Education & Recreation
- Shooting Sports

**Consumer & Family Sciences**

- Consumer and Family Sciences
- Child Care and Development
- Clothing and Textiles
- Consumer Education
- Home Environment
- Family Life

Make sure you choose the **ONE** project area you are applying for an award in on this form. Use a separate form for different projects.

**Personal Development**

- Personal Development
- Cloverbud

Please complete one form per project.

*Participation Description*

**Educational Events**

Pointed Events (5 points for each)

Event Description: \_\_\_\_\_  
 Event Description: \_\_\_\_\_  
 Event Description: \_\_\_\_\_  
 Event Description: \_\_\_\_\_

Other Project-related Educational Events (5 points for each)

Event Description: \_\_\_\_\_

Possible Points	Current Year Pts earned	Last Year Pts earned
30		
5		
5		
5		
5		
5		
5		
25		

If you're only applying for the High Point Award, only worry about filling out this shaded column.

If you're applying for a Project Medal, be sure to fill out both columns. Use your 4-H Records to help fill these in.

Shaded rows include activities that are for Juniors and Seniors only.

**(Cloverbuds: 15)**

- Activities for Juniors and Seniors Only:*
- Selected for State Fair/Awesome Award with your project (2 points/department):  
 Exhibit/Animal Department: \_\_\_\_\_
  - Selected for State Fair/given an Awesome Award with other projects
  - Participated in \_\_\_\_\_
  - Participated in \_\_\_\_\_

High Point Awards will be given to the 4-Her who earns the most points for this year in this project area. There will be one Junior and one Senior Award per project.

If you're applying for a Project Medal, add up your points from this year and last year and write the total here. All Cloverbuds who earn 185 points and Juniors/Senior who earn 240 points will earn a project medal.

	Possible Points last 2 years	Total Points Earned last 2 years	Current Year Pts earned	Last Year Pts earned
<b>Cloverbuds</b>	222			
<b>Juniors and Seniors</b>	300			
<b>TOTAL</b>				



# 4-H Project Achievement Awards

Application

Return to the Extension Office by November 1

**4-H Member Name:** \_\_\_\_\_ **4-H Year:** \_\_\_\_\_  
**Age Category** (check one):     Cloverbud (grade K-2)     Junior (age 8-13)     Senior (age 14 and older)

**I am applying for:**     **Project Medal**     **Project High Point Award**  
 (check all that apply)  
 Given to each 4-Her who earns 80% of available points in their project area for this year and last year's project experiences. Cloverbuds must earn 185 points and Juniors and Seniors 240 points. Member must have participated in the subject area for a minimum of 2 years. All ages eligible.  
 Given to the 4-Her who earns the most points in their project area for the current year's project work. One award for each age category: Juniors and Seniors

**Years of Participation in this project:** \_\_\_\_\_ **Hours of Participation in this project this year:** \_\_\_\_\_

**Project Area** (check one):

**Plants & Animals**

- Agriculture
- Aquaculture
- Beef
- Poultry
- Cats
- Dogs
- Dairy
- Goats
- Horse
- Rabbits
- Sheep
- Pets
- Swine
- Gardening & Horticulture

**Science and Technology**

- Biological Sciences
- Entomology & Bees
- Plant Science
- Veterinary Science
- Technology & Engineering
- Aerospace
- Computer Technology
- Electricity
- Engines, Tractors & Field Equipment
- Wood Science
- Industrial Arts
- Physical Science

**Citizenship**

- Citizenship and Civic Education
- Community Service

**Communication Arts**

- Public Speaking
- Reporting Media
- Performing Arts
- Visual Arts
- Photography & Video

**Healthy Lifestyles**

- Food and Nutrition
- Healthy Lifestyles
- Safety
- Bicycle

**Personal Development**

- Personal Development
- Cloverbud

**Environmental Stewardship**

- Environmental Stewardship
- Forestry
- Wildlife & Fisheries
- Outdoor Education & Recreation
- Shooting Sports

**Consumer & Family Sciences**

- Consumer and Family Sciences
- Child Care and Development
- Clothing and Textiles
- Consumer Education
- Home Environment
- Family Life

**Please complete one form per project.**

*Participation Description*

	Possible Points	Current Year Pts earned	Last Year Pts earned
<b>Educational Events</b>	<b>30</b>		
Pointed Events (5 points for each)			
Event Description: _____	5		
Event Description: _____	5		
Event Description: _____	5		
Event Description: _____	5		
Other Project-related Educational Events (5 points for each)			
Event Description: _____	5		
Event Description: _____	5		
<b>Communications (Cloverbuds: 39)</b>	<b>45</b>		
Submitted Project Record Book	5		
Record Book Bonus	25		
Gave a County Public Presentations (topic about your project)	5		
Public Presentations (topic about your project) at County Fair	2		
Participation in Promotional Event, not Fair (ex: National 4-H Week display, etc)	2		
Exhibit Name/Location: _____			
<i>Activities for Juniors and Seniors Only:</i>			
Selected for District Public Presentations (topic about your project)	2		
Participation in District Public Presentations (topic about your project)	2		
Selected for State Public Presentations (topic about your project)	1		
Participation in State Public Presentations (topic about your project)	1		

Participation Description		Possible Points	Current Year Pts earned	Last Year Pts earned
<b>Community Service</b>		<b>30</b>		
Community Service in your Project (5 points per project, maximum of 25 points)				
Service Description:	_____	5		
Service Description:	_____	5		
Service Description:	_____	5		
Service Description:	_____	5		
Service Description:	_____	5		
Community Service in another Project		5		
<b>Leadership (Cloverbuds: 2)</b>		<b>20</b>		
Participation in Clinton County 4-H Fundraiser (1 point each, maximum of 2 points)				
(Cheese or Cookbook Sale, etc):	_____	1		
(Cheese or Cookbook Sale, etc):	_____	1		
<i>Activities for Juniors and Seniors Only:</i>				
Leadership Activity in your Project (5 point per project, maximum of 15 points)				
Leadership Description:	_____	5		
Leadership Description:	_____	5		
Leadership Description:	_____	5		
Active Club Officer		1		
Leadership/volunteer role for project exhibit at County Fair		2		
<b>Fair Participation (Cloverbuds: 15)</b>		<b>25</b>		
Set up and/or cleaned up project exhibit at County Fair		1		
Worked a shift in the Dairy Bar		1		
Worked in 4-H Building at County Fair (outside of Dairy Bar and your project exhibit)		1		
Participated in a club display and/or group action booth at County Fair		1		
Exhibited project at County Fair (3 points per exhibit department)				
Exhibit/Animal Department:	_____	3		
Exhibit/Animal Department:	_____	3		
Exhibit/Animal Department:	_____	3		
Any project other than your project exhibited at County Fair		2		
<i>Activities for Juniors and Seniors Only:</i>				
Selected for State Fair/Awesome Award with your project (2 points/department)				
Exhibit/Animal Department:	_____	2		
Exhibit/Animal Department:	_____	2		
Exhibit/Animal Department:	_____	2		
Selected for State Fair/given an Awesome Award with other projects		1		
Participated in State Fair with your project		2		
Participated in State Fair with other projects		1		
		<i>Possible Points last 2 years</i>	<i>Total Points Earned last 2 years</i>	<i>Current Year Pts earned</i>
		<b>232</b>		
<b>TOTAL</b>	<b>Cloverbuds</b>	<b>232</b>		
	<b>Juniors and Seniors</b>	<b>300</b>		



# National 4-H Recognition Model

Recognition in 4-H is the inspiration and support for learning. It is one strategy for meeting youth's need to develop mastery and become more capable and competent.



There is no one way to inspire young people. The National 4-H Recognition Model includes five types of recognition. In all aspects of the model, recognition should be based on the youth's involvement and effort.

## **Participation**

This type of recognition program emphasizes the importance of acknowledging young people who have been involved in 4-H educational experiences. For some youth, participation in a 4-H learning experience is an accomplishment.

## **Progress toward Self-Set Goals**

Parents and other adults can help youth set realistic goals. Recognition for progress toward self-set goals, no matter how small, is an integral part of this type of recognition.

## **Cooperation**

Learning and working together promotes high achievement. Cooperation may take advantage of all the skills represented in the group, as well as the process by which the group approaches the learning task/goal. Everyone is rewarded.

## **Achievement of Standards of Excellence**

Standards of excellence are established by experts in a given area. By measuring personal progress against standards of excellence, youth can gain insight into their own efforts and abilities.

## **Peer Competition**

Peer competition is a part of the model for recognition. This type of recognition subjectively identifies, in a concrete time and place, the best team or individual. It is a strong motivator for some youth but is inappropriate for youth under age eight.