



## 4-H Progress Summary Sheet



4-H Year October 1, \_\_\_\_\_ through September 30, \_\_\_\_\_

Name: \_\_\_\_\_

Club(s) \_\_\_\_\_

Years in 4-H: \_\_\_\_\_

Age: (as of Jan. 1): \_\_\_\_\_

Grade: \_\_\_\_\_

Number of meetings attended: \_\_\_\_\_

Office held: \_\_\_\_\_

**County/District/State:** Check those you participated in this year. Include the number of clinics attended. In the other section, include 4-H summer camp, district workshops/weekends, 4-H National Science Day, 4-H related competitions/learning events, Cooperative Extension Trainings, Cornell events and any other 4-H events you attend. In comments, you *may choose* to list any awards for your record keeping purposes.

	Country	District	State	Comments
Community Service				
Public Presentations				
County Fund-raiser (cheese/paper clover)				
Horse Clinics (number attended)				
Dairy Clinics (number attended)				
Livestock Clinics (number attended/species)				
Small Animal Clinics (number/species)				
Animal or Project Camp (species/project area)				
Fair				
Trips				
4-H County Clinics (number)				
Other:				

**4-H Project Summary:** Identify those projects you have completed this year. You need to have completed **6 hours in a project** to list it. Indicate what you learned during the project. If you have completed two years in the project (at least six hours each year), indicate if you would like to earn the medal for that project area. (Add an additional sheets as necessary.)

Project	What did you learn from your project work?	Medal (yes/no)
Example: Rocketry	<i>I learned that by adding a 4th fin to my rocket that it was better balanced which enables it to fly straighter.</i>	no

### Home & Family:

**School Activities:**

**Community Activities:**

**4-H Story:** Write a “brief” highlight of your 4-H experience this year.

Signatures:

4-H Member \_\_\_\_\_

Parent/Guardian \_\_\_\_\_

Organizational Leader \_\_\_\_\_