

Hi, just a reminder that you're receiving this email because you have expressed an interest in Cornell Cooperative Extension Dutchess County. Don't forget to add dutchess@cornell.edu to your address book so we'll be sure to land in your inbox! If you are only interested in receiving information from certain program areas, please click on the "Update Profile/Email Address" link at the very bottom of the newsletter to change your preferences.

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Cornell Cooperative Extension Dutchess County

E - Newsletter

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About Us

CCEDC, a subordinate governmental agency associated with Cornell University and its land-grant mission since 1869, provides research-based resources, tools and education for the residents and officials of Dutchess County. Our four program areas "Help People Help Themselves" through education on:

Agriculture & Horticulture

Environment & Energy

Family & Consumer Education

4-H Youth Development



The programs below are just a sample of offerings for this month. Learn more about these and other CCEDC programs by contacting us at (845) 677-8223, visiting our website at www.ccedutchess.org, or checking out our [Facebook](#) and [Twitter](#) pages!

Annual CAC/EMC Roundtable Forum!

Environment & Energy Program

The Conservation Advisory Council (CAC) and Environment Management Council (EMC) Roundtable will be held on **Wednesday, February 24th, 2016 from 7:00 - 9:00 p.m.** (snow date Wednesday, March 2, 2016) at the Farm and Home Center (2715 Rt.44, Millbrook). During the Roundtable, CCEDC staff will provide an overview of CAC and EMC responsibilities, and resources available through CCEDC. The Roundtable also provides an opportunity for each CAC and the EMC to share experiences on 2015 accomplishments and goals for 2016. For more information, visit our website. If you plan to attend, please RSVP to Angela Sullivan at acs26@cornell.edu.

Nutrition Advisory Committee of Dutchess County (NAC)

Family & Consumer Education Program

The Nutrition Advisory Committee of Dutchess County (NAC) is a forum for developing strategies for more effective delivery of food, nutrition education, and wellness services by each of the represented organizations. Through NAC, community stakeholders come together to discuss food, nutrition, and wellness related weaknesses throughout the County. NAC is represented in the Beacon area with our BNAC group where we concentrate on food access and nutrition issues in southern Dutchess. NAC topics include:

CCEDC is on Social Media!


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THE FAMILY AND CONSUMER EDUCATION PROGRAM PRESENTS:


Hitting a Homerun in the Kitchen - The Food, Family, Fitness, and Finance Cookbook



Cookbook \$19.95
Cookbook CD \$13.95
E-Cookbook* \$9.95
*Available by contacting dutchess@cornell.edu

The proceeds from the sale of this book are to support Cornell Cooperative Extension Dutchess County Family and Consumer Education Programs in the topic areas of food, family, finance and fitness. For more information visit www.cceadutchess.edu.

"Helping First Knowledge to Work"

 Cornell University
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Hitting a Homerun in the Kitchen: The Food, Family, Fitness and Finance [Cookbook](#)



- Food security issues,
- School wellness and school lunch nutrition efforts,
- Changes in food and nutrition environment, and
- Farming, feeding and emergency food programs

If you or your organization is interested in participating in

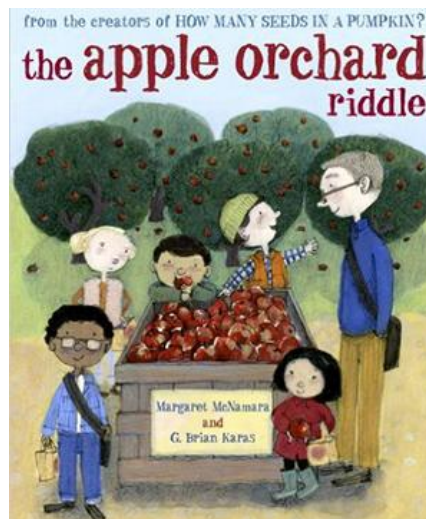
our forum, please contact: Ivana Powers at ip74@cornell.edu or (845) 677-8223 ext. 122.

Getting Ready for the Master Gardener Plant Sale! Agriculture & Horticulture Program

Even though the Master Gardener Spring Plant Sale is still three months away (May 13th and 14th), the Master Gardeners have been busy getting ready for their annual fundraiser. Seed packets have been ordered and received (see photo), and will start to be planted soon! To find out more about 2016 annuals, herbs and vegetables that will be for sale in May, click [here](#).



Agriculture Literacy Week!



cmm473@cornell.edu.

4-H Youth Development Program

New York Agriculture in the Classroom is coordinating the eleventh annual New York Agricultural Literacy Week to be held from March 14-18, 2016. Over 1,000 community members around the state will be volunteering to read [The Apple Orchard Riddle](#) by Margaret McNamara. This fun and exciting story shares the journey of Mr. Tiffin's class on a field trip to an apple orchard. Last year, over 2,800 students in Dutchess County were reached! If you are interested in participating in this program with a group of youth from Pre-K to third grade or reading as a volunteer, please contact Cassie Messina at

Our Mission:

Through quality educational programs, Cornell Cooperative Extension Dutchess County builds strong, healthy youth, adults, families and communities while enhancing the economic, social, agricultural and natural resources of Dutchess County.

Sincerely,

Cornell Cooperative Extension Dutchess County

Cornell Cooperative Extension is an employer and educator recognized for valuing AAVEEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities. The programs provided by this agency are partially funded by monies received from the County of Dutchess. Please contact the CCEDC office if you have any special needs.

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