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# Cornell Cooperative Extension Dutchess County

## E - Newsletter

Issue: #22

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### About Us

CCEDC, a subordinate governmental agency associated with Cornell University and its land-grant mission since 1869, provides research-based resources, tools and education for the residents and officials of Dutchess County. Our four program areas "Help People Help Themselves" through education on:

Agriculture & Horticulture

Environment & Energy

Family & Consumer Education

4-H Youth Development



Hello Friends,  
Happy New Year!

With the new year comes new programming and events. See what we have on the horizon for 2016!

The programs below are just a sample of offerings for this month. Learn more about these and other CCEDC programs by contacting us at (845) 677-8223, visiting our website at [www.ccedutchess.org](http://www.ccedutchess.org), or checking out our [Facebook](#) and [Twitter](#) pages!

### Save the Date! Annual CAC/EMC Roundtable Forum!

#### Environment & Energy Program

Mark your calendars! The Conservation Advisory Council (CAC) and Environment Management Council (EMC) Roundtable will be held on **Wednesday, February 24th, 2016** (snow date Wednesday, March 2, 2016) at the Farm and Home Center. During the Roundtable, CCEDC staff will provide an overview of CAC and EMC responsibilities, and resources available through CCEDC. The Roundtable also provides an opportunity for each CAC and the EMC to share experiences on 2015 accomplishments and goals for 2016.

#### Financial Literacy for Youth (FLY)

##### Family & Consumer Education Program

The Financial Literacy for Youth Program (FLY) was developed by the Family and Consumer Education Program in collaboration with the United Way of Dutchess County. The FLY program has been designed to provide financial literacy education to youth, ages 13-18, as a means to enhance their financial well-being into adulthood. Each youth is given a FLY tool kit to use throughout the series. At the end of the program, students receive a graduation certificate and are able to keep their FLY tool kits for future use.

## CCEDC is on Social Media!


Like us on Facebook 

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THE FAMILY AND CONSUMER EDUCATION PROGRAM PRESENTS:


**Hitting a Homerun in the Kitchen - The Food, Family, Fitness, and Finance Cookbook**



Cookbook \$19.95  
Cookbook CD \$13.95  
E-Cookbook\* \$9.95  
\*Available by contacting [dutchess@cornell.edu](mailto:dutchess@cornell.edu)

The proceeds from the sale of this book are to support Cornell Cooperative Extension Dutchess County Family and Consumer Education Programs in the topic areas of food, family, finance and fitness. For more information visit [www.ccedutchess.edu](http://www.ccedutchess.edu).

"Helping Put Knowledge to Work"

 Cornell University  
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\*Small Copywrite to Barbara Calkins 7/2012 and to the Cornell Cooperative Extension and CCEDC. The program is run by the Cornell University Family and Consumer Education Program.

Hitting a Homerun in the Kitchen: The Food, Family, Fitness and Finance [Cookbook](#)



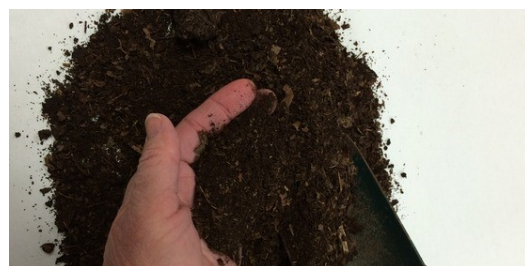
FLY topics include:

- Identifying needs vs wants
- Tracking spending habits
- Exploring checking and savings accounts
- Creating a budget and savings plan
- Exploring the true cost of credit
- Critically thinking about media and advertising in marketing and financial promotions

If your school or youth group is interested in having this program delivered, contact Ivana Powers at [ip74@cornell.edu](mailto:ip74@cornell.edu) or (845) 677-8223 x 122.

## Home Composting Class! Agriculture & Horticulture Program

Join us on **Saturday, February 27, 2016: 1:00 - 3:00 pm** OR **Tuesday, March 1, 2016: 3:00 - 5:00 pm** for a CCEDC Home Composting class taught by CCEDC staff and Master Gardener volunteers. This is the same class, offered two times for your convenience.



Come learn:

- How to create quality compost from garden, lawn, and kitchen waste
- How to handle invasive species and manage diseased plants
- How compost works in the soil
- How to avoid and manage rodents and structural pests
- Choosing compost systems and understanding their pros and cons
- Compost uses
- Troubleshooting

Please register by contacting Nancy at (845) 677-8223 x 115 or [nh26@cornell.edu](mailto:nh26@cornell.edu) no later than February 17th.

## Green Teen Had a Great 2015! 4-H Youth Development Program



The Green Teen Program has been gearing up for our winter volunteer program at Sprout Creek Farm, daydreaming over seed catalogues, and looking at photo highlights from 2015. It was a great year - thank you to everyone who worked with us, supported us, and cheered us on. Here is a great shot to remember 2015 by!

## Find Out What 4-H is up to This Year! 4-H Youth Development Program

Now that the new year has rolled in, 4-H'ers are preparing for a busy

Spring! The next few months hold many 4-H events, including:



- 3 more County level public presentation events in which youth will speak on a topic of their choice spread between January and February
- Our Tractor Safety Program gears up in February
- On February 13th, The Painted Ponies will host the Model Horse Show, where youth will display their favorite model horses
- 4-H'ers will have the opportunity to compete in County and Regional level Horse Bowl and Hippology, as well as Dairy Bowl
- In early March, Agricultural Literacy Week, sponsored by the Dutchess County Dairy Committee and the Dutchess-Putnam-Westchester Farm Bureau, will reach close to 3,000 students as the book, *The Apple Orchard Riddle* by Margaret McNamara and G. Brian Karas brings the story of apple production into classrooms across the County

***Our Mission:***

***Through quality educational programs, Cornell Cooperative Extension Dutchess County builds strong, healthy youth, adults, families and communities while enhancing the economic, social, agricultural and natural resources of Dutchess County.***

Sincerely,

*Cornell Cooperative Extension Dutchess County*

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*Try it FREE today.*

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