

Hi, just a reminder that you're receiving this email because you have expressed an interest in Cornell Cooperative Extension Dutchess County. Don't forget to add dutchess@cornell.edu to your address book so we'll be sure to land in your inbox! If you are only interested in receiving information from certain program areas, please click on the "Update Profile/Email Address" link at the very bottom of the newsletter to change your preferences.

You may [unsubscribe](#) if you no longer wish to receive our emails.

Cornell Cooperative Extension Dutchess County

E - Newsletter

Issue: #21

December/2015

In This Issue

[New Environment and Energy Educator](#)
[Dutchess County Food Pantries and Soup Kitchens](#)
[Gift Baskets at the Taste NY Todd Hill Market](#)
[Practicing the 4 "H's" Through Community Service](#)



Cornell University
Cooperative Extension
Dutchess County

Cornell Cooperative Extension
Dutchess County
2715 Route 44, Suite 1
Millbrook, NY 12545
(845) 677-8223
(845) 677-6563 FAX
www.ccedutchess.org

Click [here](#) to become a Friend of Extension

About Us

CCEDC, a subordinate governmental agency associated with Cornell University and its land-grant mission since 1869, provides research-based resources, tools and education for the residents and officials of Dutchess County. Our four program areas "Help People Help Themselves" through education on:

Agriculture & Horticulture

Environment & Energy

Family & Consumer Education



Hello Friends,
This is our last newsletter for the 2015 year. Thank you all for your continued support and interest in our programs.

Wishing you all ***Happy Holidays and a Happy New Year!***

The programs below are just a sample of offerings for this month. Learn more about these and other CCEDC programs by contacting us at (845) 677-8223, visiting our website at www.ccedutchess.org, or checking out our [Facebook](#) and [Twitter](#) pages!

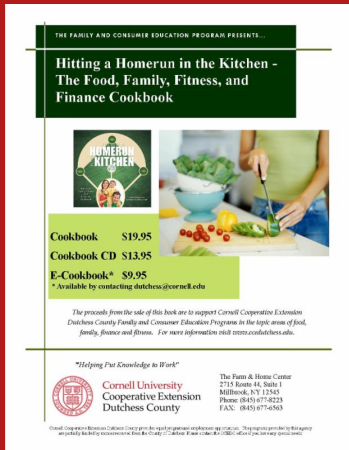
New Environment & Energy Resource Educator!

CCEDC is on Social Media!

Like us on Facebook 

Follow us on  twitter

[Donate](#)



Hitting a Homerun in the Kitchen: The Food, Family, Fitness and Finance Cookbook

Environment & Energy Program

Environment & Energy happily has a new staff member, Erica Blatt! Erica has a PhD in Curriculum Instruction and Teacher Education with a focus on Environmental and Science Education. She has grant-writing experience, and has worked with several community groups in the area. Not to mention, she and her husband built their own eco-friendly house! Erica is a fantastic addition to our team, so please stop by and say "hello and welcome"!

Dutchess County Food Pantries and Soup Kitchens



Family & Consumer Education Program

Many of the families we serve throughout our programs are experiencing food insecurity right now. Please consider donating to a local food pantry or soup kitchen this holiday season. Check out our updated list of food pantries and soup kitchens in Dutchess County. You can find the list on our website at www.ccedutchess.org or by clicking [here](#). Please consider the following when you choose to donate:

- Avoid donating home canned food, outdated food, and food without labels.
- Organize or attend a local food donation or meal-packaging event. Have a direct impact on ending hunger by putting together nonperishable and ready-to-prepare meals.
- Cans of tuna, chicken and beans are consistently needed, as are jarred peanut and almond butter, all of which are great sources of protein.
- Even when people qualify for food stamps, they don't normally cover necessities, like toilet paper, toothpaste and soap. For that reason, personal hygiene products are especially hard to come by and are very much appreciated by food bank clients.

Gift Baskets Available at the Taste NY Todd Hill Market

Agriculture & Horticulture Program

Still shopping for gifts for this holiday season? Why not buy local? The Taste NY Market at Todd Hill has gift baskets for sale filled with New York made food, beverage and other products. Each of the holiday gift baskets' wooden gift items were made by PKBrown Woodworking located in Tivoli, NY. Different gift baskets available for purchase, include:



- Gift, Mug & Tea Tin

- Gift, Mug & Pound of Locally Roasted Coffee
- Pancake Basket
- Salt & Pepper Set
- Nut Cracker
- Pepper Mill Duo
- Tea Time Basket

Practicing the 4 "H's" Through Community Service

4-H Youth Development Program

The Fall season is an active season within the club programs. All of the groups start a fresh new year on October 1st - and with that comes the planning of a year full of education and community service. Throughout the year our members strive to be active in their community, and particularly at this time of year can be seen in the community doing many community service projects. Here is a taste of some of the work being done in November and December:



- The General Interest Club, Crazy Kids Crew, will be bringing soaps that they made in their club to the Lutheran Care Center on Route 44 in Poughkeepsie on December 28th.
- Here Comes the Beef will be donating 10% of their bake sale sales in the month of December to the Wounded Warrior Project.
- Top Dogs 4-H Club will be collecting items and donations to send to the United States War Dog Association Inc.
- Hoof Printz 4-H Club will be working in a local food pantry to help distribute goods that they collected while Trick-or-Treating for Canned Goods at Halloween.
- The Dutchess County Teen Ambassadors made a \$150.00 donation to Meals on Wheels.

Our Mission:

Through quality educational programs, Cornell Cooperative Extension Dutchess County builds strong, healthy youth, adults, families and communities while enhancing the economic, social, agricultural and natural resources of Dutchess County.

Sincerely,

Cornell Cooperative Extension Dutchess County

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities. The programs provided by this agency are partially funded by monies received from the County of Dutchess. Please contact the CCEDC office if you have any special needs.



This email was sent to ctm78@cornell.edu by dutchess@cornell.edu | [Update Profile/Email Address](#) | Rapid removal with [SafeUnsubscribe™](#) | [About our service provider.](#)



Cornell Cooperative Extension Dutchess County | 2715 Route 44, Suite 1 | Millbrook | NY | 12545