

# Cornell University Cooperative Extension Jefferson County



# 2015 Annual Report

# 2015 Educational Programs

## Agriculture and Natural Resources:

Agricultural Outreach  
Agronomy  
Dairy and Livestock  
Farm Business Management  
Horticulture

## Community Development:

College Financial Education  
Energy Conservation Programs  
Local Foods/Farmers' Markets  
Recycling and Solid Waste

## Military Programs:

4-H Military Partnership  
Army Emergency Relief  
Army Volunteer Corps  
Employment Readiness  
Family Advocacy  
Family Readiness Center  
Financial Readiness  
Military Youth Camps  
Mobilization & Deployment  
Outreach Services  
Relocation

## Nutrition and Health:

Adopting Healthy Habits  
Breastfeeding Education  
Community Environment and Health  
Nutrition Education  
SNAP-Ed

## Youth and Family Development:

4-H Animal Science  
4-H Camp Wabasso  
4-H Club Support  
Belleville-Henderson Extended School Day Program  
Carthage High School STEM Program  
Indian River School District Family Liaisons  
Lyme Extended School Day Program  
Parenting Education  
Watertown Wiley Afterschool Programs

# 2015 Program Advisory Committees

Program Advisory Committee members are appointed to support the board of directors and staff in planning, developing, and evaluating educational programs that meet the needs of the citizens of Jefferson County. Thank you to the following community members who served in this capacity in 2015.

## 4-H Camp Wabasso

Donna Bibbins	Susan Morgan
Dave Clement	Judy Munoz
Mackenzie Dickinson	Mike Richardson
Jim Fitzpatrick	Melissa Ringer-Hardy
Erich Leonard	Ammbrose Souza
Carl McLaughlin	Sherry Wilson

## Agriculture and Natural Resources

Gary Babcock	Michael Kiechle
Nicole Caldwell	Dana Markley
Jay Canzonier	Jay Matteson
Kathryn Canzonier	Emily Rudd
Alissa Donnell	Joan Treadwell-Woods
Rick Hafemann	Ed Walldroff
Delta Keeney	Alan Wood

## Nutrition and Health

Lara Abreu	Melissa Snyder
Mia Barnes	Stacey Upton
Anita Ciulo	Pope Vickers
Dori-Ann Froelich	Patti Waldner
Ian Grant	Katie Youngs
Faith Lustik	

## Youth, Family, and Community Development

Marie Ambrose	Steve Jennings
Darrell Aubertine	Jan Oatman
Hartley Bonisteel	Anita Seefried-Brown
Kathy Connor	Elizabeth Walker
Brigitte Gates	Carol West
Jane Gendron	Don Whitney
Linda Hall-Elcsisin	

# 2015 Board of Directors

## Officers:

- Dave Zembiec, *President*
- Bilkey Moore, *Vice President*
- Linda Garrett, *Secretary*
- Nick Surdo, *Treasurer*

- Mark Murray
- Steve Todd
- Don Whitney
- Sherry Wilson

## Directors:

- Mia Barnes
- Rick Hafemann
- Judy Munoz

- Sharon Chaple, *Liaison, Fort Drum*
- Carolyn Fitzpatrick, *Representative, Jefferson County Board of Legislators*

# 2015 in Review

## Thoughts from the President...

My experience with Cornell Cooperative Extension began as a young 4-H'er in Lewis County and continued all the way through high school. Several things I didn't understand then I have since come to appreciate, not only about 4-H, but Extension in general.



*Board President  
David J. Zembiec*

First among those was the role that my 4-H experience played in my personal development. What I did not realize at the time was how those activities and the simple act of running a club together with my friends under the guidance of our club leader was developing leadership and teamwork skills that we would carry into adulthood. I enjoyed the excitement of participating in the county fair, demonstration days, Capital Days in Albany, and a National 4-H Conference in Washington. What I can see now is how those activities developed self-confidence and opened my eyes to the community and world around me.

I've also come to appreciate the full breadth of Extension's contribution to our economy and quality of life—often behind the scenes. Throughout my career in community and economic development, I've had the opportunity to work with Extension staff at the local, regional, and state level. In all cases, they've been a great partner and resource.

As a board member for Cornell Cooperative Extension of Jefferson County, I have the benefit of an insider's view and a greater appreciation for the adaptability, professionalism, and dedication of our local staff and volunteers in serving the five mission areas of agriculture, community, environment, nutrition, and youth and families. Financially, we have had to do more with less. However, Extension has effectively leveraged that support to obtain the outside grant funding necessary to maintain our programs.

Thank you to our staff, our volunteers, my fellow board members, our local officials, and partner organizations. It is through your collective efforts that we are able to better serve the larger community.

## A Message from the Executive Director...

Looking back at many of the past year's Extension activities is really a look into the future. What do I mean by that? To begin with, Cooperative Extension rolled out a new team of eight regional agriculture and food specialists to support critical areas including production agriculture, value-added processing, and market expansion. This enhanced form of technical assistance and business development is made possible through a collaboration among six Cooperative Extensions, Cornell University, and the State of New York.



*Executive Director  
Kevin J. Jordan*

In addition, we helped coordinate the Agriculture and Energy Work Group for this year's North Country Regional Economic Development Plan. This plan outlines priorities for investment of state funds in key agricultural sectors to boost private sector investment and initiate transformational change in the region. The year was also highlighted by the announcement of \$1 million in funding by State Senator Patty Ritchie to Cornell Cooperative Extension of Jefferson County to develop a Food Hub system in Jefferson, St Lawrence, Lewis, and Oswego Counties.

Teaching life skills to our youth enhances their academic achievement through experiential learning and prepares them for adulthood. That sounds like a mouth full, but that's what 4-H activities do, all while kids are having fun. We deliver that through clubs, afterschool programs, and at 4-H Camp Wabasso. Programming will be enhanced this next year through a grant from the US Environmental Protection Agency. Kids will learn about sustainable and ecofriendly activities in an outdoor setting. Give them the right tools and classroom setting and watch our kids thrive. All these are examples of critical investments in our future.

### ***Mission Statement:***

*Cornell Cooperative Extension Association of Jefferson County educates youth, families, farmers, and communities using research-based knowledge for practical application and lifelong learning.*

# 2015 Program Participation

<b>Educational Programs October 1, 2014 through September 30, 2015</b>	<b>Number of Participants</b>
<b><i>Total Number of People Served</i></b>	<b>124,524</b>
<b><u>Agriculture and Natural Resources</u></b>	<b>11,588</b>
Dairy/Livestock/Field Crops/Farm Business Management Programs	2,314
Horticulture Programs	722
Local Foods/Farmers' Markets	726
Phone calls/emails/texts/farm calls/office visits	6,068
Master Gardener Program	1,758
<b><u>Community Development</u></b>	<b>384</b>
Energy Conservation and Recycling/Composting Programs	384
<b><u>Fort Drum</u></b>	<b>83,545</b>
Army Emergency Relief	21,681
Army Volunteer Corps	2,755
Employment Readiness	9,037
Family Development	14,344
Financial Readiness	8,432
Mobilization and Deployment	8,107
Outreach	3,518
Relocation Readiness	15,671
<b><u>Nutrition and Health</u></b>	<b>8,281</b>
Community Collaborations for Environmental Change	228
Direct Nutrition Education to Residents	7,119
Health Fairs/Presentations	934
<b><u>Youth and Family Development</u></b>	<b>20,726</b>
4-H Camp Wabasso	1,456
4-H Military Statewide Programs	966
4-H Programs	3,327
Afterschool/Supplemental School Programs	12,443
Parenting	2,534

# 2015 Program Highlights

*"Extension has so often led the way to identify health and human service needs in our communities, and invest in evidence-based practices to improve them. It was my pleasure to serve as an Advisor for this much needed credential in our community, and I am ever grateful to be a partner with Extension to achieve advancements for families."*

*~ Community Partner*

## Expanding Agriculture and Local Foods



*New business development, marketing, and value added processing expertise announced in the Extension system for Northern New York*



*Provided support for Farm-to-School activities at the Watertown City Schools*

## Promoting Career and Skill Development



*Partnered with Cornell University and Fort Drum to link up transitioning soldiers with agribusinesses*



*Teaching our youth life skills and STEM activities at the Makers Camp*

## Supporting Families and Businesses



*Third Annual Outdoor Adventure Day attended by over 700 family members*



*Enhanced support for our farms and farm families with the formation of a new Regional Agriculture Team in Northern New York.*

# Agriculture and Natural Resources



***"I love Extension; I have learned so much about food and agriculture. My [farming] business would not be where it is today without Extension."***

~ Local Farming Entrepreneur

Extension's agriculture team provided significant support for on-farm research projects this year that will help the entire industry position itself for the future through higher efficiencies, new technologies, and improved profitability.



The field crops program was highlighted by several research projects that will help increase crop yields and reduce expenses for our farmers.

Staff have been working with farmers on milk's most basic ingredient: high quality water. Also with a growing interest in the meat industry, we have worked with farmers to improve the quality and profitability of beef and other meat animals.

This past year we promoted the use of native plant species and the preservation of native pollinators. We also focused on the prevention and control of invasive species that threaten our region.

Grow Local Buy Local continues to connect producers and end users along the food chain. The goal is to increase market share for farmers and product availability and variety to consumers, including institutions. We're bringing stakeholders together through Grow to Meat the Market in order to expand opportunities for locally grown and produced meat and meat products.

In addition, we continued our focus on assisting with market expansion and promoting the industry to a new generation of farmers. Military veterans or active duty soldiers transitioning into civilian life began taking advantage of a new program to begin careers in the agricultural field. Working with Cornell's Small Farm Program, Extension is teaching veterans about agriculture and transitioning soldiers into careers in agriculture.



## Impacts:

- Educational training was provided to over 3,000 participants.
- Over 100 livestock producers benefitted from education on improved pasture, quality production practices.
- NNY Dairy Institute helped local dairy producers improve profitability, reduce the incidence of mastitis, improve milk quality, and maximize quality milk premiums.
- Our Master Gardener volunteers provided countless hours in community service as well as provided horticulture education to over 1,500 community members.



# Community Development

***“Cornell Cooperative Extension provided excellent information to our students in the classroom setting. Seniors appreciated hearing an experienced professional in the classroom this year to discuss financial aid and college readiness.”***

***~ High School Guidance Counselor***

***“The Farm to School program has provided a very unique opportunity for many children that they would not have had otherwise. Seeing the actual product, real life, is a very powerful learning tool. I am looking forward to the students’ reaction when they see the vegetables that have come from the plants that they were involved in growing.”***

***~ Elementary School Principal***

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Expanding opportunities for agribusiness and careers for our young adults are key parts of advancing community development activities in the county. Our staff is helping to make key connections between growers, and consumers as well as kids and careers.

Farm to School and Farm to Institution activities have continued to be a priority. Staff worked closely with the Watertown City School District to help administer a comprehensive planning grant by looking at ways to bring more local foods into the school. Growers will sell more product, students and staff will have a better understanding of local food systems, and the economic multiplier will positively benefit the entire community.

Three new Harvest New York positions, focused on business expansion in Northern New York, will provide targeted, high level, technical assistance in business development, value-added processing, and market development for the emerging agriculture sectors, thanks to assistance from Senator Patty Ritchie.

Helping to increase the potential for more first generation college students from seven rural school systems is what the Rural Initiative for STEM



Excellence (RISE) is all about. Our Association is helping students improve academic achievement, and families to increase their understanding of financial aid and financial literacy. Providing these types of programs is an investment in our next generation workforce.

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## Impacts:

- Over 800 community members participated in the Community Energy Symposium held at Jefferson Community College.
- Fifty thousand copies of the Jefferson County Local Food Guide were distributed providing direct marketing opportunities for 110 farmers and agribusinesses.

# Military Programs



*"It was an amazing experience to help keep my mind off my Dad's upcoming deployment to Afghanistan."*  
~ Winter Outdoor Survival Camp participant

*"I would like to say that I used many of the services provided by the Employment Readiness Program. Without utilization of these services, I think it would have been very difficult on the job search because of the scarcity of jobs in the area. These tools provided by ACS are highly invaluable and greatly appreciated."*

~ Fort Drum participant

In partnership with Fort Drum's Army Community Service we help military families find gainful employment and volunteer opportunities, strengthen their family relationships, navigate the military system, and make the North Country their home.

4-H Military Clubs programs connect military youth in order to achieve a sense of community support and enhance their overall wellbeing. This is accomplished through a range of educational, recreational, social, and emotional activities.



## Impacts:

- About 450 military youth are enrolled in 4-H Clubs on the three military installations in New York State (Fort Drum, West Point, and Fort Hamilton).
- A week-long Military Youth Making History day camp was provided to 46 military youth.
- Winter Outdoor Survival Camps were attended by 60 military youth, who learned new skills and made new friendships.
- Over 8,800 military family members received parenting education.
- Financial education was provided to nearly 8,500 military individuals.
- Over 8,000 military families learned to deal with deployment and reintegration.
- Over 15,000 soldiers and family members were integrated into the Fort Drum community through the Relocation Readiness program.
- Our Fort Drum staff provided education and training to over 1,242 volunteers.



# Nutrition and Health



*"I learned how to create a grocery list and am being more mindful about the food we eat. I was so surprised at how much fat, sugar, and sodium is in the foods I usually buy."*

*~ Parenting and Nutrition class participant*

*"The Adopting Healthy Habits Community Coalition has given me a greater understanding of steps to influence environmental change and a platform to participate in such initiatives that make health-minded choices easier for all."*

*~ Community Coalition participant*

We are working to make the North Country a healthier place to live, work, and play. Community nutrition programming provides hands-on cooking experiences, help with healthy food shopping on a budget, information on nutrition, food safety, weight control, and physical activity. We work with community businesses and organizations on worksite wellness, policy development, and creating environments that make healthy choices the easy choice.

The Adopting Healthy Habits (AHH) Breastfeeding Coalition promotes practice, policy, and

environmental changes supporting breastfeeding. Research shows it is healthier for our babies and easier on home budgets. Partnering with Samaritan Health Center and members of the Coalition, we brought a Certified Lactation Counselor (CLC) training to Jefferson County. Thirty-three people from nearly twenty organizations participated.

The AHH Community Coalition's Healthy Hosting initiative encourages organizations to promote physical activity and healthy eating in the workplace.



## Impacts:

- Coordinated/offered taste test events at local school buildings, reaching every elementary student in WCSD.
- Coordinated hands-on Common Core Standards aligning nutrition education for each grade level in WCSD.
- Collaborated with grade 7-12 teachers to provide education on topics such as food systems, food justice, and careers in agriculture.
- Assisted in the coordination, planting, and harvesting of school gardens.
- Through a partnership with United Way, we provided breastfeeding support and education to 45 families; 90% of the problems the women were having were resolved.
- Fifteen businesses and organizations have placed "Park Farther, Walk More" signs in their parking lots as a way to encourage healthy habits in the community.



# 4-H Camp Wabasso

*"Emma and her friend Abbey are flying to NY tomorrow and will be coming to camp Sunday! Emma is so excited!!!! Reminds me of my excitement to go to Wabasso 30 years ago."*

*"My boys had a great time! It was their first time going to camp. Thanks for making it a great week for them!!!"*

This past year 481 youth attended summer camp at 4-H Camp Wabasso.

We saw tremendous success with the addition of our Cloverbud "Plus" program. Seventy-five youth between the ages of 6 and 8 opted to attend this three

day/two night camp, doubling the length of stay over the Cloverbud camp.

We hosted an entirely military youth population enjoying a maker's space based curriculum to include hands-on science/engineering projects that each camper got to take home.



## Impacts:

- Over \$16,000 in scholarship funds were raised to send over 60 youth to camp.
- Ten youth participated in our CIT(Counselor in Training) program learning leadership skills and getting a chance to put them into practice.
- A capital campaign was undertaken to add a covered deck on the lake side of Hiawatha Hall and put on a new roof. Over \$33,000 dollars has been raised to date for this effort.
- 4-H Camp Wabasso partnered with Fort Drum to hold a Dad's Day at 4-H Camp Wabasso on June 20. Over 80 people attended and participated in activities like swimming, archery, boating, fishing, arts and crafts, and high ropes.



# Youth and Family Development

*"4-H is about learning to be the best version of yourself. It provides a safe and supportive environment to explore the things that interest you and allows you to make mistakes and most importantly – learn from them. Being in 4-H has taught me how to be a leader, and given me the skills to help myself, and help others."*

*~ 4-H member*

*"I wish I had all of these opportunities while I was at school. Hands-on science is a great experience. I love science but when I was a student it was boring because all I did was read and watch videos. 4-H Science and STEM are great for my children, they love science too."*

*~ Evans Mills Primary Parent*



Cornell Cooperative Extension of Jefferson County has strong collaborations with schools, community organizations, families, youth, and volunteers that extend our ability to reach out and deliver the research-based 4-H curriculum.

Jefferson County 4-H includes 22 clubs and four afterschool programs serving 1,142 youth with curriculum focused on science, technology, engineering, and math (STEM); animal science; healthy lifestyles; and civic engagement.



Afterschool programs at Lyme, Belleville, Henderson, Carthage, Watertown, and Indian River schools serve as a community hub to deliver academic support, build life skills, and provide 4-H experiential learning experiences.



Our parenting education programs offer professional development, life skills development, and many opportunities for parents to have positive interactions with their children. Combined, families can work to meet their family needs and be the best parents they can be.

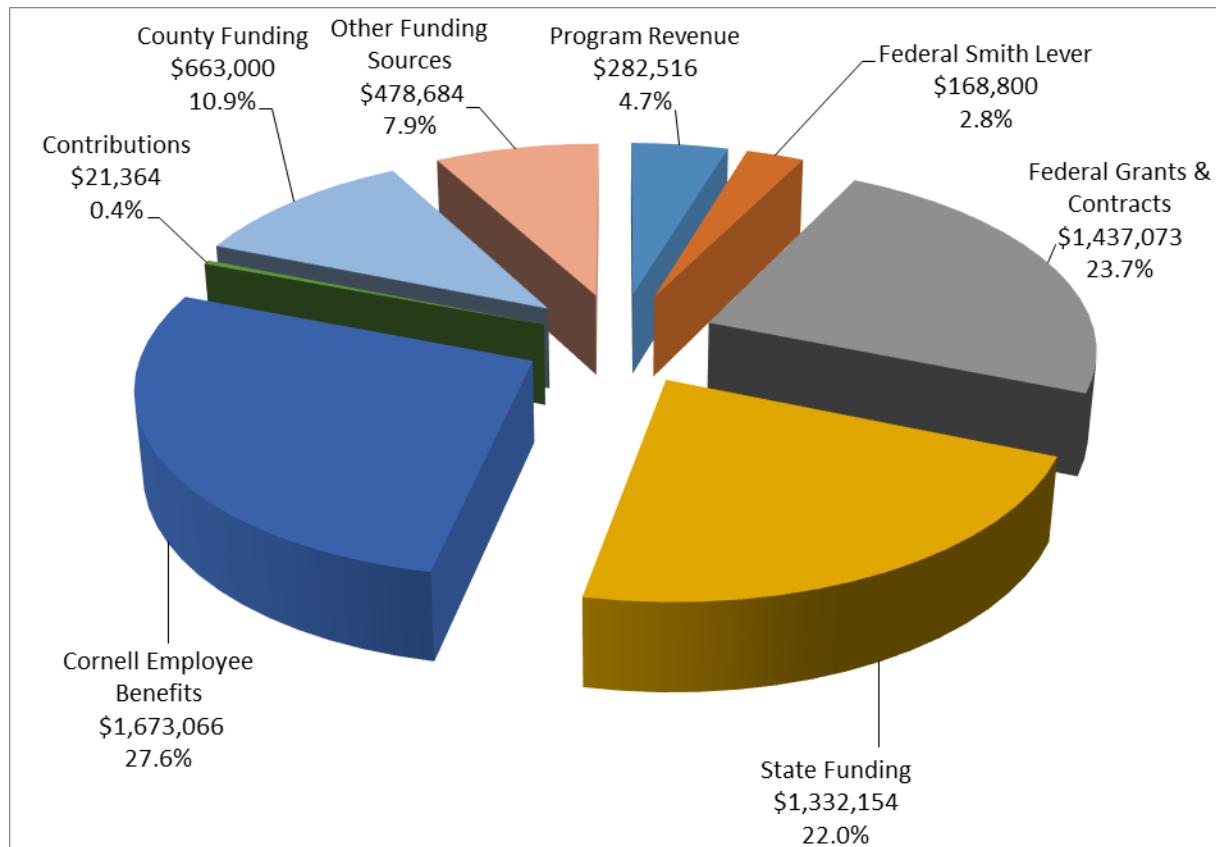
## Impacts:

- Over 800 community members attended the 3<sup>rd</sup> Annual Outdoor Adventure Day.
- Over 30 agencies signed up to participate in a "Summer Fun Vendor Fair" to share opportunities they had for families to keep their children learning and active all summer long.
- Fifty youth participated in the new 4-H Veterinary Science program this year.
- Over 2,500 parents learned new skills to help them better care for their families.

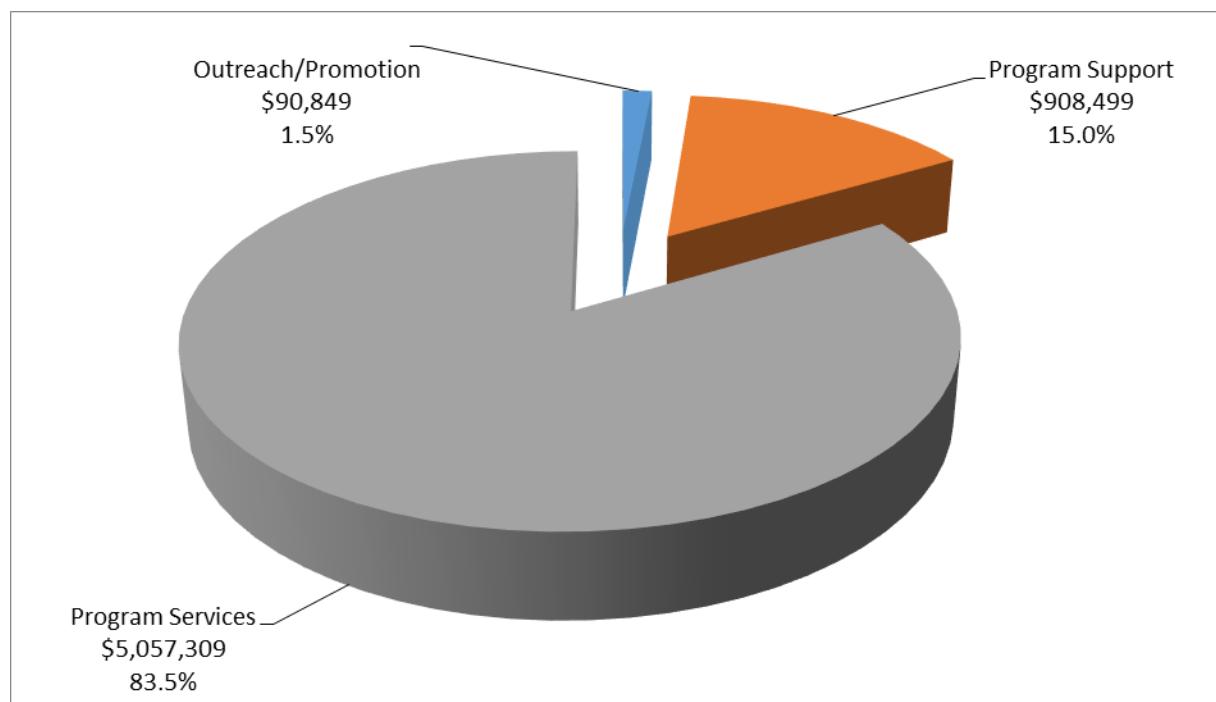
# 2015 Funding Sources

The total budget for Cornell Cooperative Extension Association of Jefferson County for 2015 was \$6,056,657. The sources of income and distribution of expenses are shown below.

**2015 Budgeted Funding Sources**



**2015 Budgeted Expenditure Profile**



# Publications and Media Spotlights

## Newsletters

Ag and Natural Resources/Classifieds Newsletter .....	12 issues sent to 939 homes/businesses
Horticulture Newsletter.....	6 issues sent to 594 homes/businesses
Green Ink, 4-H Youth Development Newsletter .....	9 issues sent to 826 homes

## Printed Media

Press releases/articles/ads reaching up to 52,000 homes/businesses .....	284
Monthly Calendar of Events in the Watertown Daily Times reaching 19,335 homes/businesses.....	12

## Radio/Television

Television interviews reaching up to 110,000 homes/businesses .....	41
Radio interviews reaching over 10,000 homes/businesses.....	10
Television advertisements for Adopting Healthy Habits Breastfeeding to potentially reach 92,590 households .....	55

## Internet

Cornell Cooperative Extension of Jefferson County website page views .....	77,465
Cornell Cooperative Extension of Jefferson County Facebook post views .....	51,306
Fort Drum Army Community Service Programs Facebook visits.....	225,319
Agriculture and Natural Resources Tweets.....	25



*The Board of Directors would like to express their appreciation to all our media outlets for the support we have received in helping Cornell Cooperative Extension educate the residents of Jefferson County and beyond.*

# Supporters of Extension

**We would like to thank the following individuals, families, businesses, and organizations for their contributions to our fundraising events, annual support campaign, and programming in 2015.**

4-H Camp Wabasso Alumni	Car-Freshner Corporation	Fort Drum Regional Health Planning Organization
AAMCO Transmissions	Cargill Animal Nutrition	Dori-Ann Froelich
Lara Abreu	Rebecca Carnegie	Fuccillo's Auto Mall, Adams
ACE Hardware, Sackets Harbor	Kathleen Carr	Anne Garno
Adirondack Beef Company	Carthage Central School	Linda Garrett
Jennie M. Adsit	Cazenovia Equipment Company	Brigitte Gates
Agway, LaFargeville	Grant Chamberlain	Jane Gendron
Judy Aldrich	Sharon Chaple	Senator Kirsten Gillibrand
Marie Ambrose	Cheney Tire	Randolph & Constance Goodwin, Sr.
American Legion 588, Brownville	Children's Home of Jefferson County	Allison Gorham
American Legion 789, Carthage	City of Watertown	Robert Gorman
American Legion 821, Clayton	Anita Ciulo	Karen Gracey
American Legion 916, Antwerp	Constance Clark	Walter & Stephanie Graf
American Legion 1788, LaFargeville	David Clement	Ian Grant
American Legion Auxiliary 588, Brownville	Anthony G. Collins, Ph.D.	Scott A. Gray
American Legion Auxiliary 789, Carthage	Community Action Planning Council	Great Lakes Cheese, Adams
American Legion Auxiliary 821, Clayton	Kathy Connor	Greater Watertown-North Country Chamber of Commerce
American Legion Auxiliary 1757, Sackets Harbor	Haley Cook	Christine Greene
American Legion Sons 61, Watertown	Copenhagen Central School	Dwight & Barbara Greene
American Legion Sons 586, Adams	Rachel Correia	Rick Hafemann
American Legion Sons 588, Brownville	Rachel Countryman	Bob Hagemann III
AmeriCU Credit Union	Brenda Cudney	Laura Hall
John & Kirsten Anderson, Lake Effect Hoof Trimming	Dairy Princess Rebecca Hanson & Court	Linda Hall-Elcsisin
Applebee's, Watertown	Heather and Mark Dayton	Hallett's Florist & Greenhouse, Adams
Lori Arreola	DeLaval Dairy Services-NY	Alison Halverson, Ellisburg
Darrel Aubertine	Development Authority of the North Country	Kelly Hamilton
Gary Babcock, DVM	Mackenzie Dickinson	Hannaford Supermarket, Watertown
Susan Backus	Eileen Ditch	Margaret Harryman
Desiree Baisley	Mary Ann Dobmeier	Bruce & Marilyn Hazen
Dani Baker & Dave Belding	Michael Docteur	David & Barbara Heasley
Rita Barker	Verna Docteur	Don & Jean Henry
Mia Barnes	Doctor's Landscaping, Dexter	Larry Herr
Eric Barr	Anthony Doldo	Leslie Heverns
Anne Beevers	Jamie Dollahite	Jonathan Hirshey
Belleville-Henderson Central School	Karen Donahue	Nichole Hirt
Donna Bibbins	Alissa Donnell	Don Holman
Assemblyman Ken Blankenbush	Laura Dorr	Rachel Holmes
Joan Bola	Allen Drake	Elizabeth Hornbarger
Hartley Bonisteel Schweitzer	Elks Lodge #496, Watertown	Sharon Horning
Harold Boomhower	Katrina Ellis	Constance Hudson
Melody Brabant	Excellus BlueCross BlueShield	Karen Humphrey
Jordan Brandt	Debbie Fargo	Heather Hyman
Burrville Saw Mill	Farm Credit East	Indian River School District
Nicole Caldwell	Farm Family Insurance, Adams	Patrick Jareo
Dick Campany	Richard & Valerie Farr	Jefferson County Ag Promotion Board
Jay & Kathryn Canzonier	Jane Feldman	Jefferson County Agricultural Development Council
Michelle Capone	Robert Ferris	Jefferson County Community Services
	FFA Advisors	Jefferson County Farm Bureau
	Kathy Finnerty	
	Jim & Carolyn Fitzpatrick	
	Five Corners Greenhouse, Calcium	
	Fort Drum Army Community Services	

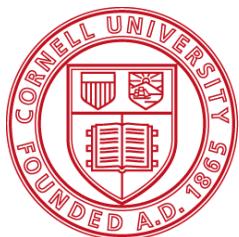
Jefferson County Public Health	North Country Insurance Company	Stewart's Shops Holiday Match
Jefferson County Sheriff's Office	North Country Spouses Club	Program
Jefferson County Social Services	Northern Credit Union	Stone Mills Agricultural Museum
Jefferson County Soil & Water Conservation District	Northern New York Community Foundation	Stonewall Tack, Sackets Harbor
Jefferson County Youth Bureau	Jan Oatman	Stratton Hardware, Watertown
Jefferson/Lewis BOCES	Barbara O'Toole	Kathy Sturr
Jefferson-Lewis Teacher Center	Frank Pace	Nick Surdo
Steve Jennings	Lavern Parker Family	Sweet Grass Foundation
Bob and Marilyn Kammer	Paul Passino	Nancy Tackley
Delta Keeney	Richelle Patchen	Roselyn Taylor
Michael Kiechle	John Peck	The Garden Center, Watertown
Kinney Drugs, Watertown	Petals n Pots, Millens Bay	The Pratt-Northam Foundation
Greg Knapp	Tami Petrus	Robert J. Thomas
Patricia LaBarr	Melvin Phelps	Cecelia Thompson
LaFargeville Central School	Billie Pickert	Julia Tolinchi
Christopher & Carol Lall	Deanna Piiparinen	Tractor Supply, Watertown
Erich & Diane Leonard	Tom Plastino	Sara R. Treadwell
Sharon Littlefield	Lisa Porter	Joan Treadwell-Woods
Steve Littwiler	Harry Potter	United Healthcare Community Plan
Faith Lustik	Andrea Reed	United Way of Northern New York
Lyme Central School	Pam Reed	Stacey Upton
Made in America Store Home Parties	Philip N. Reed	USDA Farm Service Agency
Maggie's on the River, Watertown	Rebecca Reed	USDA Rural Development
Eugene Mancini	Renzi Foodservice	VFW Post 1400, Watertown
Donald & Mildred Mang	Dorothy Reynolds	VFW Post 7227, Carthage
Dana Markley	Gerald Reynolds	Pope Vickers
Diane Martin	Rhode's Greenhouse, Henderson	W.B. Mason
Greg, Todd, & Paul Mason, River Haven Farm LLC	Andrew Rice	Wal-Mart
Suzanne Matuszczak	Michele Rice	Patti Waldner
Jay Matteson	Mike Richardson	Elizabeth Walker
Jeremiah Maxon	Betsy Ring	Edward Waldroff
McAdam / Cabot Cheese	Melissa Ringer-Hardy	Carol Wardwell
Daniel McBride	Senator Patty Ritchie	Avril Warner
Carl McLaughlin	Donald Roberts	Watertown City School District
Michael Montigelli	Bruce & Lori Robinson	Watertown Daily Times
Bilkey Moore	Emily Rudd	Watertown International Airport
Raymond & Jenna Moore, Adams	Rudds Town and Country, Watertown	Watertown Noon Rotary
Rick Moore	Assemblywoman Addie Russell	Watertown Police Department
Scott & Suzanne Morgan	Sam's Club, Watertown	Watertown Savings Bank
Judy Munoz	Kylie Schell	Watertown Urban Mission
Mark Murray	Senator Charles Schumer	Andrew Weaber
James A. Nabywaniec	Jana Schwendy, Honey Do Lane Stable	Janet Wells
New York Air Brake	Anita Seefried-Brown	Carol West
New York State Department of Environmental Conservation	Catherine Sforza	Shannon Whitney
New York State Energy Research and Development Authority	Cassandra Shambo	Alison Widrick
New York State Fair	Mary Sheldon	Sherry Wilson
New York State Police	Doug Shelmidine	Alan Wood
New York State Tug Hill Commission	Ron Shoemaker	WTNY-790
New York State Zoo at Thompson Park	Dean Simmons	WWNY-TV7
Diane Nier	Bob Simpson	Katie Youngs
Wendy Nix-Morris	Slack Chemical, Inc.	Susan Zabriskie
Noble ACE Hardware, Watertown	Melissa Snyder	Bess Zafran
North Country Council of Social Agencies	South Jefferson Lions Club	Mary Margaret Zehr
North Country Family Health Center	Ammbrose Souza	David Zembiec
	Howard Splete	
	SRCTec, Inc.	
	Station WBVS, Inc.	
	Congresswoman Elise Stefanik	
	Michelle Stephens	
	Stewart's Foundation	

*Cornell Cooperative Extension provides equal program and employment opportunities. NYS College of Agriculture and Life Sciences, NYS College of Human Ecology, and NYS College of Veterinary Medicine at Cornell University, Cooperative Extension Associations, county governing bodies, and U.S. Department of Agriculture, cooperating.*

### **The Americans With Disabilities Act**

If you are a person with a disability and require any auxiliary aids, services, or other accommodations for Extension program offerings, please contact Cornell Cooperative Extension Association of Jefferson County at 315-788-8450 and we will discuss what accommodations are necessary.

Please contact Cornell Cooperative Extension Association of Jefferson County if you have special needs.



**Cornell University  
Cooperative Extension  
Jefferson County**

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[www.facebook.com/ccejefferson](http://www.facebook.com/ccejefferson)

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.

***Building Strong and Vibrant New York Communities***

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