

# Cornell University Cooperative Extension Jefferson County



## 2015 Annual Report

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## 2015 Educational Programs

### **Agriculture and Natural Resources:**

Agricultural Outreach  
Agronomy  
Dairy and Livestock  
Farm Business Management  
Horticulture

### **Community Development:**

College Financial Education  
Energy Conservation Programs  
Local Foods/Farmers' Markets  
Recycling and Solid Waste

### **Military Programs:**

4-H Military Partnership  
Army Emergency Relief  
Army Volunteer Corps  
Employment Readiness  
Family Advocacy  
Family Readiness Center  
Financial Readiness  
Military Youth Camps  
Mobilization & Deployment  
Outreach Services  
Relocation

### **Nutrition and Health:**

Adopting Healthy Habits  
Breastfeeding Education  
Community Environment and Health  
Nutrition Education  
SNAP-Ed

### **Youth and Family Development:**

4-H Animal Science  
4-H Camp Wabasso  
4-H Club Support  
Belleville-Henderson Extended School Day Program  
Carthage High School STEM Program  
Indian River School District Family Liaisons  
Lyme Extended School Day Program  
Parenting Education  
Watertown Wiley Afterschool Programs

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## 2015 Program Advisory Committees

**Program Advisory Committee members are appointed to support the board of directors and staff in planning, developing, and evaluating educational programs that meet the needs of the citizens of Jefferson County. Thank you to the following community members who served in this capacity in 2015.**

### **4-H Camp Wabasso**

Donna Bibbins	Susan Morgan
Dave Clement	Judy Munoz
Mackenzie Dickinson	Mike Richardson
Jim Fitzpatrick	Melissa Ringer-Hardy
Erich Leonard	Ammrose Souza
Carl McLaughlin	Sherry Wilson

### **Agriculture and Natural Resources**

Gary Babcock	Michael Kiechle
Nicole Caldwell	Dana Markley
Jay Canzonier	Jay Matteson
Kathryn Canzonier	Emily Rudd
Alissa Donnell	Joan Treadwell-Woods
Rick Hafemann	Ed Walldroff
Delta Keeney	Alan Wood

### **Nutrition and Health**

Lara Abreu	Melissa Snyder
Mia Barnes	Stacey Upton
Anita Ciulo	Pope Vickers
Dori-Ann Froelich	Patti Waldner
Ian Grant	Katie Youngs
Faith Lustik	

### **Youth, Family, and Community Development**

Marie Ambrose	Steve Jennings
Darrell Aubertine	Jan Oatman
Hartley Bonisteel	Anita Seefried-Brown
Kathy Connor	Elizabeth Walker
Brigitte Gates	Carol West
Jane Gendron	Don Whitney
Linda Hall-Elcsisin	

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## 2015 Board of Directors

### **Officers:**

- Dave Zembiec, *President*
- Bilkey Moore, *Vice President*
- Linda Garrett, *Secretary*
- Nick Surdo, *Treasurer*

### **Directors:**

- Mia Barnes
- Rick Hafemann
- Judy Munoz

- Mark Murray
- Steve Todd
- Don Whitney
- Sherry Wilson
- Sharon Chaple, *Liaison, Fort Drum*
- Carolyn Fitzpatrick, *Representative, Jefferson County Board of Legislators*



# 2015 in Review

## Thoughts from the President...

My experience with Cornell Cooperative Extension began as a young 4-H'er in Lewis County and continued all the way through high school. Several things I didn't understand then I have since come to appreciate, not only about 4-H, but Extension in general.



*Board President  
David J. Zembiec*

First among those was the role that my 4-H experience played in my personal development. What I did not realize at the time was how those activities and the simple act of running a club together with my friends under the guidance of our club leader was developing leadership and teamwork skills that we would carry into adulthood. I enjoyed the excitement of participating in the county fair, demonstration days, Capital Days in Albany, and a National 4-H Conference in Washington. What I can see now is how those activities developed self-confidence and opened my eyes to the community and world around me.

I've also come to appreciate the full breadth of Extension's contribution to our economy and quality of life—often behind the scenes. Throughout my career in community and economic development, I've had the opportunity to work with Extension staff at the local, regional, and state level. In all cases, they've been a great partner and resource.

As a board member for Cornell Cooperative Extension of Jefferson County, I have the benefit of an insider's view and a greater appreciation for the adaptability, professionalism, and dedication of our local staff and volunteers in serving the five mission areas of agriculture, community, environment, nutrition, and youth and families. Financially, we have had to do more with less. However, Extension has effectively leveraged that support to obtain the outside grant funding necessary to maintain our programs.

Thank you to our staff, our volunteers, my fellow board members, our local officials, and partner organizations. It is through your collective efforts that we are able to better serve the larger community.

## A Message from the Executive Director...

Looking back at many of the past year's Extension activities is really a look into the future. What do I mean by that? To begin with, Cooperative Extension rolled out a new team of eight regional agriculture and food specialists to support critical areas including production agriculture, value-added processing, and market expansion. This enhanced form of technical assistance and business development is made possible through a collaboration among six Cooperative Extensions, Cornell University, and the State of New York.



*Executive Director  
Kevin J. Jordan*

In addition, we helped coordinate the Agriculture and Energy Work Group for this year's North Country Regional Economic Development Plan. This plan outlines priorities for investment of state funds in key agricultural sectors to boost private sector investment and initiate transformational change in the region. The year was also highlighted by the announcement of \$1 million in funding by State Senator Patty Ritchie to Cornell Cooperative Extension of Jefferson County to develop a Food Hub system in Jefferson, St Lawrence, Lewis, and Oswego Counties.

Teaching life skills to our youth enhances their academic achievement through experiential learning and prepares them for adulthood. That sounds like a mouth full, but that's what 4-H activities do, all while kids are having fun. We deliver that through clubs, afterschool programs, and at 4-H Camp Wabasso. Programming will be enhanced this next year through a grant from the US Environmental Protection Agency. Kids will learn about sustainable and ecofriendly activities in an outdoor setting. Give them the right tools and classroom setting and watch our kids thrive. All these are examples of critical investments in our future.

### ***Mission Statement:***

*Cornell Cooperative Extension Association of Jefferson County educates youth, families, farmers, and communities using research-based knowledge for practical application and lifelong learning.*

# 2015 Program Participation

<b>Educational Programs October 1, 2014 through September 30, 2015</b>	<b>Number of Participants</b>
<i><b>Total Number of People Served</b></i>	<b>124,524</b>
<b><u>Agriculture and Natural Resources</u></b>	<b>11,588</b>
Dairy/Livestock/Field Crops/Farm Business Management Programs	2,314
Horticulture Programs	722
Local Foods/Farmers' Markets	726
Phone calls/emails/texts/farm calls/office visits	6,068
Master Gardener Program	1,758
<b><u>Community Development</u></b>	<b>384</b>
Energy Conservation and Recycling/Composting Programs	384
<b><u>Fort Drum</u></b>	<b>83,545</b>
Army Emergency Relief	21,681
Army Volunteer Corps	2,755
Employment Readiness	9,037
Family Development	14,344
Financial Readiness	8,432
Mobilization and Deployment	8,107
Outreach	3,518
Relocation Readiness	15,671
<b><u>Nutrition and Health</u></b>	<b>8,281</b>
Community Collaborations for Environmental Change	228
Direct Nutrition Education to Residents	7,119
Health Fairs/Presentations	934
<b><u>Youth and Family Development</u></b>	<b>20,726</b>
4-H Camp Wabasso	1,456
4-H Military Statewide Programs	966
4-H Programs	3,327
Afterschool/Supplemental School Programs	12,443
Parenting	2,534



# 2015 Program Highlights

*"Extension has so often led the way to identify health and human service needs in our communities, and invest in evidence-based practices to improve them. It was my pleasure to serve as an Advisor for this much needed credential in our community, and I am ever grateful to be a partner with Extension to achieve advancements for families."*

*~ Community Partner*

## Expanding Agriculture and Local Foods



*New business development, marketing, and value added processing expertise announced in the Extension system for Northern New York*

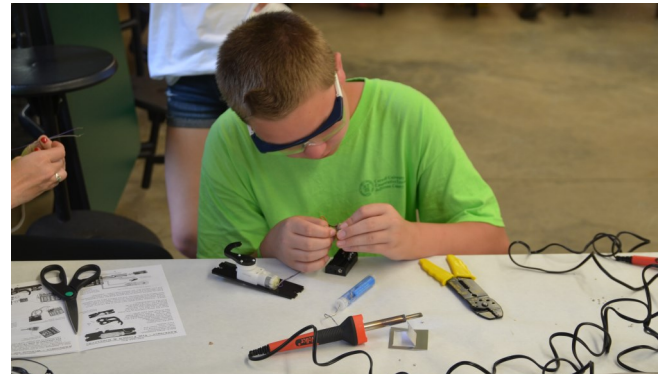


*Provided support for Farm-to-School activities at the Watertown City Schools*

## Promoting Career and Skill Development



*Partnered with Cornell University and Fort Drum to link up transitioning soldiers with agribusinesses*



*Teaching our youth life skills and STEM activities at the Makers Camp*

## Supporting Families and Businesses



*Third Annual Outdoor Adventure Day attended by over 700 family members*



*Enhanced support for our farms and farm families with the formation of a new Regional Agriculture Team in Northern New York.*



# Agriculture and Natural Resources

***"I love Extension; I have learned so much about food and agriculture. My [farming] business would not be where it is today without Extension."***

***~ Local Farming Entrepreneur***

Extension's agriculture team provided significant support for on-farm research projects this year that will help the entire industry position itself for the future through higher efficiencies, new technologies, and improved profitability.



The field crops program was highlighted by several research projects that will help increase crop yields and reduce expenses for our farmers.

Staff have been working with farmers on milk's most basic ingredient: high quality water. Also with a growing interest in the meat industry, we have worked with farmers to improve the quality and profitability of beef and other meat animals.

This past year we promoted the use of native plant species and the preservation of native pollinators. We also focused on the prevention and control of invasive species that threaten our region.

Grow Local Buy Local continues to connect producers and end users along the food chain. The goal is to increase market share for farmers and product availability and variety to consumers, including institutions. We're bringing stakeholders together through Grow to Meat the Market in order to expand opportunities for locally grown and produced meat and meat products.

In addition, we continued our focus on assisting with market expansion and promoting the industry to a new generation of farmers. Military veterans or active duty soldiers transitioning into civilian life began taking advantage of a new program to begin careers in the agricultural field. Working with Cornell's Small Farm Program, Extension is teaching veterans about agriculture and transitioning soldiers into careers in agriculture.



## **Impacts:**

- Educational training was provided to over 3,000 participants.
- Over 100 livestock producers benefitted from education on improved pasture, quality production practices.
- NNY Dairy Institute helped local dairy producers improve profitability, reduce the incidence of mastitis, improve milk quality, and maximize quality milk premiums.
- Our Master Gardener volunteers provided countless hours in community service as well as provided horticulture education to over 1,500 community members.



***“Cornell Cooperative Extension provided excellent information to our students in the classroom setting. Seniors appreciated hearing an experienced professional in the classroom this year to discuss financial aid and college readiness.”***

***~ High School Guidance Counselor***

***“The Farm to School program has provided a very unique opportunity for many children that they would not have had otherwise. Seeing the actual product, real life, is a very powerful learning tool. I am looking forward to the students’ reaction when they see the vegetables that have come from the plants that they were involved in growing.”***

***~ Elementary School Principal***

Expanding opportunities for agribusiness and careers for our young adults are key parts of advancing community development activities in the county. Our staff is helping to make key connections between growers, and consumers as well as kids and careers.

Farm to School and Farm to Institution activities have continued to be a priority. Staff worked closely with the Watertown City School District to help administer a comprehensive planning grant by looking at ways to bring more local foods into the school. Growers will sell more product, students and staff will have a better understanding of local food systems, and the economic multiplier will positively benefit the entire community.

Three new Harvest New York positions, focused on business expansion in Northern New York, will provide targeted, high level, technical assistance in business development, value-added processing, and market development for the emerging agriculture sectors, thanks to assistance from Senator Patty Ritchie.

Helping to increase the potential for more first generation college students from seven rural school systems is what the Rural Initiative for STEM



Excellence (RISE) is all about. Our Association is helping students improve academic achievement, and families to increase their understanding of financial aid and financial literacy. Providing these types of programs is an investment in our next generation workforce.

#### **Impacts:**

- Over 800 community members participated in the Community Energy Symposium held at Jefferson Community College.
- Fifty thousand copies of the Jefferson County Local Food Guide were distributed providing direct marketing opportunities for 110 farmers and agribusinesses.



# Military Programs



***"It was an amazing experience to help keep my mind off my Dad's upcoming deployment to Afghanistan."***  
***~ Winter Outdoor Survival Camp participant***

***"I would like to say that I used many of the services provided by the Employment Readiness Program. Without utilization of these services, I think it would have been very difficult on the job search because of the scarcity of jobs in the area. These tools provided by ACS are highly invaluable and greatly appreciated."***  
***~ Fort Drum participant***

In partnership with Fort Drum's Army Community Service we help military families find gainful employment and volunteer opportunities, strengthen their family relationships, navigate the military system, and make the North Country their home.

4-H Military Clubs programs connect military youth in order to achieve a sense of community support and enhance their overall wellbeing. This is accomplished through a range of educational, recreational, social, and emotional activities.



## Impacts:

- About 450 military youth are enrolled in 4-H Clubs on the three military installations in New York State (Fort Drum, West Point, and Fort Hamilton).
- A week-long Military Youth Making History day camp was provided to 46 military youth.



- Winter Outdoor Survival Camps were attended by 60 military youth, who learned new skills and made new friendships.
- Over 8,800 military family members received parenting education.
- Financial education was provided to nearly 8,500 military individuals.
- Over 8,000 military families learned to deal with deployment and reintegration.
- Over 15,000 soldiers and family members were integrated into the Fort Drum community through the Relocation Readiness program.
- Our Fort Drum staff provided education and training to over 1,242 volunteers.







# Nutrition and Health

***"I learned how to create a grocery list and am being more mindful about the food we eat. I was so surprised at how much fat, sugar, and sodium is in the foods I usually buy."***

***~ Parenting and Nutrition class participant***

***"The Adopting Healthy Habits Community Coalition has given me a greater understanding of steps to influence environmental change and a platform to participate in such initiatives that make health-minded choices easier for all."***

***~ Community Coalition participant***

We are working to make the North Country a healthier place to live, work, and play. Community nutrition programming provides hands-on cooking experiences, help with healthy food shopping on a budget, information on nutrition, food safety, weight control, and physical activity. We work with community businesses and organizations on worksite wellness, policy development, and creating environments that make healthy choices the easy choice.

The Adopting Healthy Habits (AHH) Breastfeeding Coalition promotes practice, policy, and

environmental changes supporting breastfeeding. Research shows it is healthier for our babies and easier on home budgets. Partnering with Samaritan Health Center and members of the Coalition, we brought a Certified Lactation Counselor (CLC) training to Jefferson County. Thirty-three people from nearly twenty organizations participated.

The AHH Community Coalition's Healthy Hosting initiative encourages organizations to promote physical activity and healthy eating in the workplace.



## Impacts:

- Coordinated/offered taste test events at local school buildings, reaching every elementary student in WCSD.
- Coordinated hands-on Common Core Standards aligning nutrition education for each grade level in WCSD.
- Collaborated with grade 7-12 teachers to provide education on topics such as food systems, food justice, and careers in agriculture.
- Assisted in the coordination, planting, and harvesting of school gardens.
- Through a partnership with United Way, we provided breastfeeding support and education to 45 families; 90% of the problems the women were having were resolved.
- Fifteen businesses and organizations have placed "Park Farther, Walk More" signs in their parking lots as a way to encourage healthy habits in the community.





***“Emma and her friend Abbey are flying to NY tomorrow and will be coming to camp Sunday! Emma is so excited!!!! Reminds me of my excitement to go to Wabasso 30 years ago.”***

***“My boys had a great time! It was their first time going to camp. Thanks for making it a great week for them!!!”***  
***~ 4-H Camp Wabasso parents***

This past year 481 youth attended summer camp at 4-H Camp Wabasso.

We saw tremendous success with the addition of our Cloverbud “Plus” program. Seventy-five youth between the ages of 6 and 8 opted to attend this three

day/two night camp, doubling the length of stay over the Cloverbud camp.

We hosted an entirely military youth population enjoying a maker’s space based curriculum to include hands-on science/engineering projects that each camper got to take home.



#### **Impacts:**

- Over \$16,000 in scholarship funds were raised to send over 60 youth to camp.
- Ten youth participated in our CIT(Counselor in Training) program learning leadership skills and getting a chance to put them into practice.
- A capital campaign was undertaken to add a covered deck on the lake side of Hiawatha Hall and put on a new roof. Over \$33,000 dollars has been raised to date for this effort.
- 4-H Camp Wabasso partnered with Fort Drum to hold a Dad’s Day at 4-H Camp Wabasso on June 20. Over 80 people attended and participated in activities like swimming, archery, boating, fishing, arts and crafts, and high ropes.





# Youth and Family Development

***"4-H is about learning to be the best version of yourself. It provides a safe and supportive environment to explore the things that interest you and allows you to make mistakes and most importantly – learn from them. Being in 4-H has taught me how to be a leader, and given me the skills to help myself, and help others."***  
~ 4-H member

***"I wish I had all of these opportunities while I was at school. Hands-on science is a great experience. I love science but when I was a student it was boring because all I did was read and watch videos. 4-H Science and STEM are great for my children, they love science too."***  
~ Evans Mills Primary Parent



Cornell Cooperative Extension of Jefferson County has strong collaborations with schools, community organizations, families, youth, and volunteers that extend our ability to reach out and deliver the research-based 4-H curriculum.

Jefferson County 4-H includes 22 clubs and four afterschool programs serving 1,142 youth with curriculum focused on science, technology, engineering, and math (STEM); animal science; healthy lifestyles; and civic engagement.



Afterschool programs at Lyme, Belleville Henderson, Carthage, Watertown, and Indian River schools serve as a community hub to deliver academic support, build life skills, and provide 4-H experiential learning experiences.



Our parenting education programs offer professional development, life skills development, and many opportunities for parents to have positive interactions with their children. Combined, families can work to meet their family needs and be the best parents they can be.

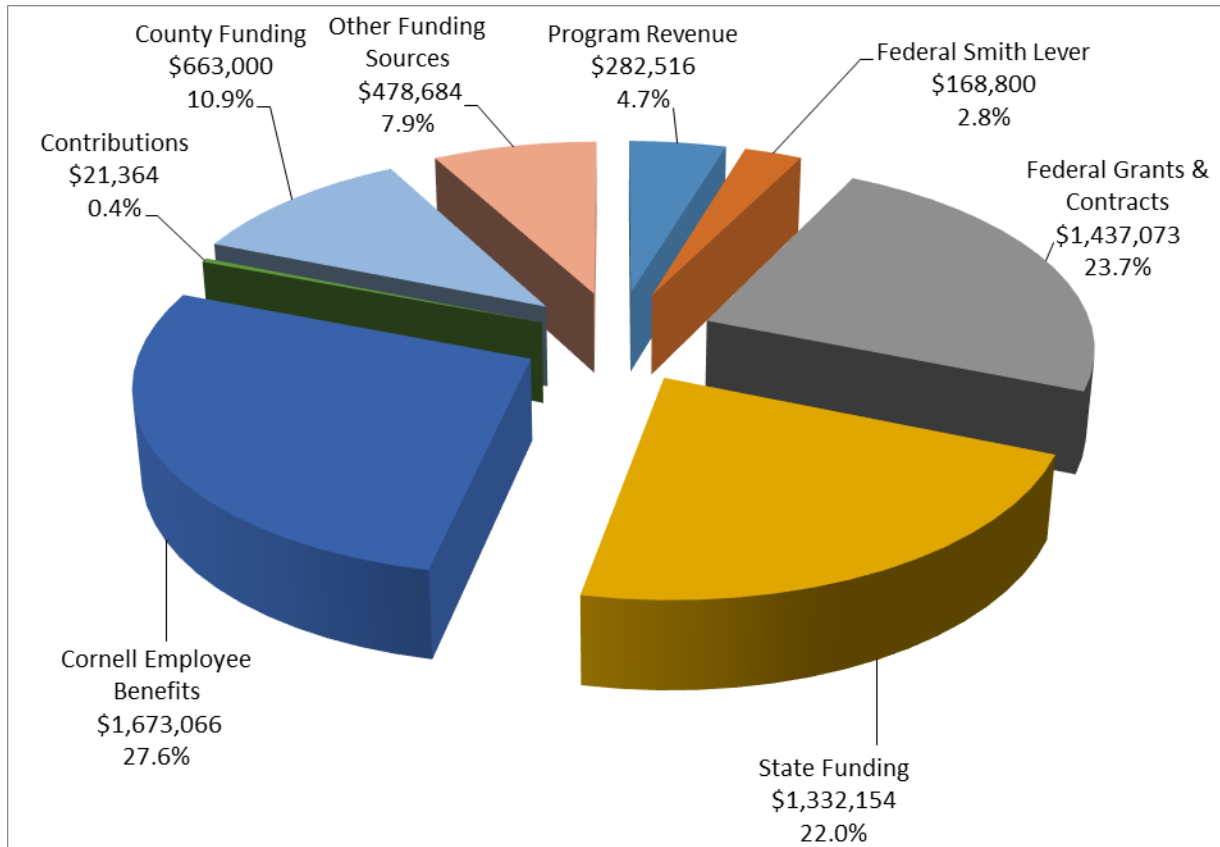
## Impacts:

- Over 800 community members attended the 3<sup>rd</sup> Annual Outdoor Adventure Day.
- Over 30 agencies signed up to participate in a "Summer Fun Vendor Fair" to share opportunities they had for families to keep their children learning and active all summer long.
- Fifty youth participated in the new 4-H Veterinary Science program this year.
- Over 2,500 parents learned new skills to help them better care for their families.

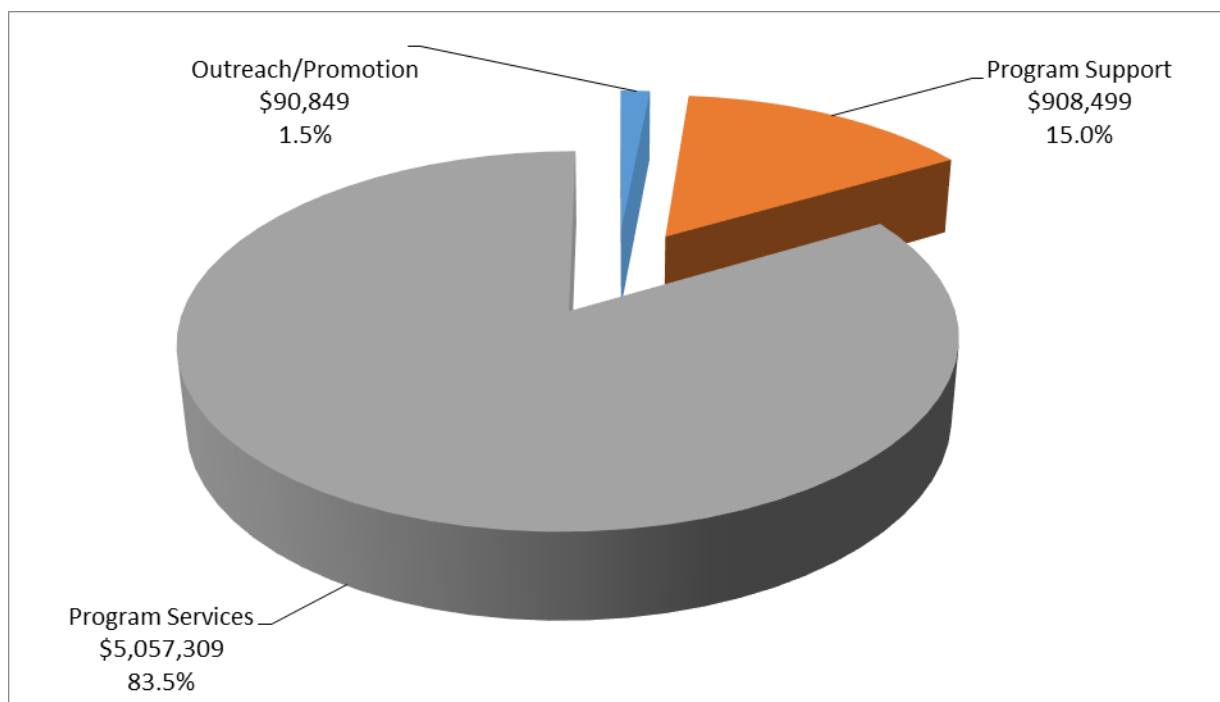
# 2015 Funding Sources

The total budget for Cornell Cooperative Extension Association of Jefferson County for 2015 was \$6,056,657. The sources of income and distribution of expenses are shown below.

## 2015 Budgeted Funding Sources



## 2015 Budgeted Expenditure Profile



# Publications and Media Spotlights

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## Newsletters

Ag and Natural Resources/Classifieds Newsletter..... 12 issues sent to 939 homes/businesses  
Horticulture Newsletter..... 6 issues sent to 594 homes/businesses  
Green Ink, 4-H Youth Development Newsletter ..... 9 issues sent to 826 homes

## Printed Media

Press releases/articles/ads reaching up to 52,000 homes/businesses ..... 284  
Monthly Calendar of Events in the Watertown Daily Times reaching 19,335 homes/businesses..... 12

## Radio/Television

Television interviews reaching up to 110,000 homes/businesses ..... 41  
Radio interviews reaching over 10,000 homes/businesses..... 10  
Television advertisements for Adopting Healthy Habits Breastfeeding to potentially reach 92,590 households ..... 55

## Internet

Cornell Cooperative Extension of Jefferson County website page views ..... 77,465  
Cornell Cooperative Extension of Jefferson County Facebook post views ..... 51,306  
Fort Drum Army Community Service Programs Facebook visits..... 225,319  
Agriculture and Natural Resources Tweets..... 25



***The Board of Directors would like to express their appreciation to all our media outlets  
for the support we have received in helping Cornell Cooperative Extension  
educate the residents of Jefferson County and beyond.***



# Supporters of Extension

**We would like to thank the following individuals, families, businesses, and organizations for their contributions to our fundraising events, annual support campaign, and programming in 2015.**

4-H Camp Wabasso Alumni	Car-Freshner Corporation	Fort Drum Regional Health
AAMCO Transmissions	Cargill Animal Nutrition	Planning Organization
Lara Abreu	Rebecca Carnegie	Dori-Ann Froelich
ACE Hardware, Sackets Harbor	Kathleen Carr	Fuccillo's Auto Mall, Adams
Adirondack Beef Company	Carthage Central School	Anne Garno
Jennie M. Adsit	Cazenovia Equipment Company	Linda Garrett
Agway, LaFargeville	Grant Chamberlain	Brigitte Gates
Judy Aldrich	Sharon Chaple	Jane Gendron
Marie Ambrose	Cheney Tire	Senator Kirsten Gillibrand
American Legion 588, Brownville	Children's Home of Jefferson County	Randolph & Constance Goodwin, Sr.
American Legion 789, Carthage	City of Watertown	Allison Gorham
American Legion 821, Clayton	Anita Ciulo	Robert Gorman
American Legion 916, Antwerp	Constance Clark	Karen Gracey
American Legion 1788, LaFargeville	David Clement	Walter & Stephanie Graf
American Legion Auxiliary 588, Brownville	Anthony G. Collins, Ph.D.	Ian Grant
American Legion Auxiliary 789, Carthage	Community Action Planning Council	Scott A. Gray
American Legion Auxiliary 821, Clayton	Kathy Connor	Great Lakes Cheese, Adams
American Legion Auxiliary 1757, Sackets Harbor	Haley Cook	Greater Watertown-North Country Chamber of Commerce
American Legion Sons 61, Watertown	Copenhagen Central School	Christine Greene
American Legion Sons 586, Adams	Rachel Correia	Dwight & Barbara Greene
American Legion Sons 588, Brownville	Rachel Countryman	Rick Hafemann
AmeriCU Credit Union	Brenda Cudney	Bob Hagemann III
John & Kirsten Anderson, Lake Effect Hoof Trimming	Dairy Princess Rebecca Hanson & Court	Laura Hall
Applebee's, Watertown	Heather and Mark Dayton	Linda Hall-Elcsisin
Lori Arreola	DeLaval Dairy Services-NY	Halletts' Florist & Greenhouse, Adams
Darrel Aubertine	Development Authority of the North Country	Alison Halverson, Ellisburg
Gary Babcock, DVM	Mackenzie Dickinson	Kelly Hamilton
Susan Backus	Eileen Ditch	Hannaford Supermarket, Watertown
Desiree Baisley	Mary Ann Dobmeier	Margaret Harryman
Dani Baker & Dave Belding	Michael Docteur	Bruce & Marilyn Hazen
Rita Barker	Verna Docteur	David & Barbara Heasley
Mia Barnes	Doctor's Landscaping, Dexter	Don & Jean Henry
Eric Barr	Anthony Doldo	Larry Herr
Anne Beevers	Jamie Dollahite	Leslie Heverns
Belleville-Henderson Central School	Karen Donahue	Jonathan Hirschey
Donna Bibbins	Alissa Donnell	Nichole Hirt
Assemblyman Ken Blankenbush	Laura Dorr	Don Holman
Joan Bola	Allen Drake	Rachel Holmes
Hartley Bonisteel Schweitzer	Elks Lodge #496, Watertown	Elizabeth Hornbarger
Harold Boomhower	Katrina Ellis	Sharon Horning
Melody Brabant	Excellus BlueCross BlueShield	Constance Hudson
Jordan Brandt	Debbie Fargo	Karen Humphrey
Burrville Saw Mill	Farm Credit East	Heather Hyman
Nicole Caldwell	Farm Family Insurance, Adams	Indian River School District
Dick Campany	Richard & Valerie Farr	Patrick Jareo
Jay & Kathryn Canzonier	Jane Feldman	Jefferson County Ag Promotion Board
Michelle Capone	Robert Ferris	Jefferson County Agricultural Development Council
	FFA Advisors	Jefferson County Community Services
	Kathy Finnerty	Jefferson County Farm Bureau
	Jim & Carolyn Fitzpatrick	
	Five Corners Greenhouse, Calcium	
	Fort Drum Army Community Services	

Jefferson County Public Health  
 Jefferson County Sheriff's Office  
 Jefferson County Social Services  
 Jefferson County Soil & Water  
     Conservation District  
 Jefferson County Youth Bureau  
 Jefferson/Lewis BOCES  
 Jefferson-Lewis Teacher Center  
 Steve Jennings  
 Bob and Marilyn Kammer  
 Delta Keeney  
 Michael Kiechle  
 Kinney Drugs, Watertown  
 Greg Knapp  
 Patricia LaBarr  
 LaFargeville Central School  
 Christopher & Carol Lall  
 Erich & Diane Leonard  
 Sharon Littlefield  
 Steve Littwiler  
 Faith Lustik  
 Lyme Central School  
 Made in America Store Home Parties  
 Maggie's on the River, Watertown  
 Eugene Mancini  
 Donald & Mildred Mang  
 Dana Markley  
 Diane Martin  
 Greg, Todd, & Paul Mason,  
     River Haven Farm LLC  
 Suzanne Matuszczak  
 Jay Matteson  
 Jeremiah Maxon  
 McAdam / Cabot Cheese  
 Daniel McBride  
 Carl McLaughlin  
 Michael Montigelli  
 Bilkey Moore  
 Raymond & Jenna Moore, Adams  
 Rick Moore  
 Scott & Suzanne Morgan  
 Judy Munoz  
 Mark Murray  
 James A. Nabywaniec  
 New York Air Brake  
 New York State Department of  
     Environmental Conservation  
 New York State Energy Research and  
     Development Authority  
 New York State Fair  
 New York State Police  
 New York State Tug Hill  
     Commission  
 New York State Zoo at Thompson  
     Park  
 Diane Nier  
 Wendy Nix-Morris  
 Noble ACE Hardware, Watertown  
 North Country Council of Social  
     Agencies  
 North Country Family Health Center

North Country Insurance Company  
 North Country Spouses Club  
 Northern Credit Union  
 Northern New York Community  
     Foundation  
 Jan Oatman  
 Barbara O'Toole  
 Frank Pace  
 Lavern Parker Family  
 Paul Passino  
 Richelle Patchen  
 John Peck  
 Petals n Pots, Millens Bay  
 Tami Petrus  
 Melvin Phelps  
 Billie Pickert  
 Deanna Piiparinen  
 Tom Plastino  
 Lisa Porter  
 Harry Potter  
 Andrea Reed  
 Pam Reed  
 Philip N. Reed  
 Rebecca Reed  
 Renzi Foodservice  
 Dorothy Reynolds  
 Gerald Reynolds  
 Rhode's Greenhouse, Henderson  
 Andrew Rice  
 Michele Rice  
 Mike Richardson  
 Betsy Ring  
 Melissa Ringer-Hardy  
 Senator Patty Ritchie  
 Donald Roberts  
 Bruce & Lori Robinson  
 Emily Rudd  
 Rudds Town and Country, Watertown  
 Assemblywoman Addie Russell  
 Sam's Club, Watertown  
 Kylie Schell  
 Senator Charles Schumer  
 Jana Schwendy, Honey Do Lane Stable  
 Anita Seefried-Brown  
 Catherine Sforza  
 Cassandra Shambo  
 Mary Sheldon  
 Doug Shelmidine  
 Ron Shoemaker  
 Dean Simmons  
 Bob Simpson  
 Slack Chemical, Inc.  
 Melissa Snyder  
 South Jefferson Lions Club  
 Ammbrose Souza  
 Howard Splete  
 SRCTec, Inc.  
 Station WBVS, Inc.  
 Congresswoman Elise Stefanik  
 Michelle Stephens  
 Stewart's Foundation

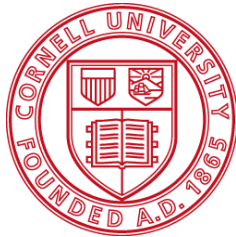
Stewart's Shops Holiday Match  
     Program  
 Stone Mills Agricultural Museum  
 Stonewall Tack, Sackets Harbor  
 Stratton Hardware, Watertown  
 Kathy Sturr  
 Nick Surdo  
 Sweet Grass Foundation  
 Nancy Tackley  
 Roselyn Taylor  
 The Garden Center, Watertown  
 The Pratt-Northam Foundation  
 Robert J. Thomas  
 Cecelia Thompson  
 Julia Tollinchi  
 Tractor Supply, Watertown  
 Sara R. Treadwell  
 Joan Treadwell-Woods  
 United Healthcare Community Plan  
 United Way of Northern New York  
 Stacey Upton  
 USDA Farm Service Agency  
 USDA Rural Development  
 VFW Post 1400, Watertown  
 VFW Post 7227, Carthage  
 Pope Vickers  
 W.B. Mason  
 Wal-Mart  
 Patti Waldner  
 Elizabeth Walker  
 Edward Walldroff  
 Carol Wardwell  
 Avril Warner  
 Watertown City School District  
 Watertown Daily Times  
 Watertown International Airport  
 Watertown Noon Rotary  
 Watertown Police Department  
 Watertown Savings Bank  
 Watertown Urban Mission  
 Andrew Weaber  
 Janet Wells  
 Carol West  
 Shannon Whitney  
 Alison Widrick  
 Sherry Wilson  
 Alan Wood  
 WTNy-790  
 WWNY-TV7  
 Katie Youngs  
 Susan Zabriskie  
 Bess Zafran  
 Mary Margaret Zehr  
 David Zembiec

*Cornell Cooperative Extension provides equal program and employment opportunities. NYS College of Agriculture and Life Sciences, NYS College of Human Ecology, and NYS College of Veterinary Medicine at Cornell University, Cooperative Extension Associations, county governing bodies, and U.S. Department of Agriculture, cooperating.*

### **The Americans With Disabilities Act**

If you are a person with a disability and require any auxiliary aids, services, or other accommodations for Extension program offerings, please contact Cornell Cooperative Extension Association of Jefferson County at 315-788-8450 and we will discuss what accommodations are necessary.

Please contact Cornell Cooperative Extension Association of Jefferson County if you have special needs.



## **Cornell University** **Cooperative Extension** **Jefferson County**

203 North Hamilton Street  
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