



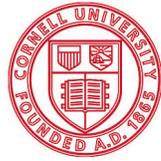
The mission of Leadership Rockland Inc. is to identify, inform and inspire leaders to better serve our community by increasing their awareness of the many facets of Rockland County. Their goal is to attract and nurture exceptional leaders and to provide opportunities and structure for a continuum of professional development activities which will enhance their knowledge of Rockland County.

### Leadership Rockland Alumni

The Leadership Rockland Alumni is a group of nearly 600 community members who have participated in Leadership Rockland. The group includes women and men from the arts, business, industry, labor, law, medicine, education, government, finance, social and civic agencies and many other walks of life. Their goal is to promote the development of leadership among current and emerging decision makers and community-minded people in Rockland. Leadership Rockland is a sponsor of Teen Leadership Rockland as an extension of their program.



The aim of Dominican College is to promote education excellence, leadership, and service in an environment characterized by respect for the individual and concern for the community. The College is an independent institution of higher learning, Catholic in origin and heritage. Committed to building its programs upon a strong liberal arts foundation, the College maintains a student-centered climate and offers an array of degree opportunities in Liberal Arts and Sciences, Business, and other professions on the graduate and undergraduate levels. Dominican College is dedicated to the principle that its educational programs and services must be both challenging and supportive, distinguished both by high stands and by attention to the needs and potential of the individual student.



**Cornell University**  
Cooperative Extension  
Rockland County  
10 Patriot Hills Drive  
Stony Point, NY 10980  
(845)429-7085  
www.rocklandcce.org

### Cornell Cooperative Extension Mission

Cornell Cooperative Extension puts knowledge to work in pursuit of economic vitality, ecological sustainability and social well-being. We bring local experience and research based solutions together, helping New York State families and communities thrive in our rapidly changing world.

### Cornell Cooperative Extension Vision

Cornell Cooperative Extension is a national leader in creating positive change on behalf of families and communities through rigorously-tested extension programs. We create measurable change in priority areas by aligning local needs with the resources and priorities of the land grant system and its state and federal partners.

### For Registration Information Contact:

Betsy Rodman  
Youth Development Educator  
[Ebr67@cornell.edu](mailto:Ebr67@cornell.edu)  
Phone: 845-429-7085 ext. 103

### For Program Information Contact:

Dr. AnnMarie DiSiena, Dominican College  
[annmarie.disiena@dc.edu](mailto:annmarie.disiena@dc.edu)  
Phone: 845-848-4038  
*Email is preferred method of contact*

*Junior and Senior Level  
High School Students  
are invited to participate in*

# Public Speaking Academy



**2015-2016**

Sponsored By

**Leadership Rockland, Inc.  
Leadership Rockland Alumni  
Dominican College  
Cornell Cooperative Extension  
Of Rockland County**

## Who may participate?

Public Speaking Academy is open to all junior and senior level high school students. These workshops are designed to help you improve your presentation skills and feel comfortable speaking in front of other people.

## What will you learn?

Through interactive workshops that utilize the latest technology, you will learn:

- Who's listening: knowing your audience
- Organizational skills: arranging information
- Reducing fear of public speaking and controlling nervousness
- How the body and eyes communicate: engaging the audience
- Power of the voice
- Helpful links for effective speaking
- Developing visual aids to support topics
- Crafting and presenting informative and persuasive speeches
- Participating in a class debate

## What is expected of students?

Attendance at all six sessions is required in order to receive a certificate of completion.

## Who is the instructor?

Dr. AnnMarie DiSiena,  
Assistant Professor of Communication  
Coordinator of Communication Studies Program  
Director of Academics for Alternative Undergraduate Sessions  
Director of Special Sessions  
(Winter, Summer, and Online Sessions)  
Dominican College

## Where is the program located?

All sessions are held at Dominican College,  
470 Western Hwy S., Orangeburg, NY.

## What is the program schedule?

Workshops are held Mondays 4:30-6:30 pm.

**February 8, 2016**

**February 22, 2016**

**February 29, 2016**

**March 7, 2016**

**March 14, 2016**

**March 21, 2016**

**(Snow Date: April 4, 2016)**

Students must provide their own transportation.

## What is the cost?

The program fee is \$100.00\* due with registration. Financial assistance is available for families with demonstrated need.

***\*Refund requests will not be accepted after the program has started***

## Registration Information:

Students interested in participating in this program should complete the registration form and return it to Cornell Cooperative Extension by **February 1, 2016**. Registrations are accepted on a first-come, first-served basis.

*Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.*

# Public Speaking Academy

## Registration Form

### Registration Deadline:

**February 1, 2016**

Confirmation letters and directions will be sent to registered students prior to the first program.

**Please print**

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*Student's Name* *Grade*

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*Address*

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*City* *State* *Zip Code*

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*Telephone Number*

---

*Cell Phone Number*

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*E-mail Address*

**Complete the registration form and mail it to:**

Cornell Cooperative Extension Rockland County

10 Patriot Hills Dr.

Stony Point, NY 10980

Please enclose a check or money order for \$100.00\*  
made payable to **Leadership Rockland.**

***\*Refund requests will not be accepted after the program has started***