

# Roy Cloud Middle School Color Run

## Permission and Payment Form



Friday, May 18, 2018 from 2:10 – 2:40

The Roy Cloud Middle School Color Run is back! The run/walk course starts on the blacktop and winds around campus, passing through the color zone on the field, dousing grades 6-8 students in festive colors! Volunteers throw the non-toxic colored powder at students, aiming away from faces. However, because wind and other factors can cause the powder to get on the face, students will be provided with sunglasses to help prevent colored powder from getting in the eyes. *The color zone can be bypassed completely if a student does not wish to go through it.*

The color powder is non-toxic and will likely wash out of clothing. However we recommend that students wear light colored clothing that they don't mind being "colored" and bring a change of clothes and a towel for the car ride home. More information is on the back of this flyer.

### How to Participate:

1. Parent/guardian permission is required. Please complete this form and bring it to the front office. **AND**
2. A *minimum* \$25 donation or pledges are required for all Color Run participants. You may submit payment via the web (<http://roycloudpto.dojiggy.com>) or send in payment via cash or check. Checks should be made out to "Roy Cloud Parents Club."

Student's Name: \_\_\_\_\_

Homeroom Teacher: \_\_\_\_\_ Circle Grade: 6 7 8

I, \_\_\_\_\_, parent/guardian of \_\_\_\_\_, hereby give permission for my student to participate in the Roy Cloud School Color Run. I acknowledge that my student will be passing through a color zone where non-toxic colored powder will be thrown. I also acknowledge I have been warned of the effects involved with the colorant and the advice that my student wear eye protection at all times.

Check one:

I am submitting *minimum* \$25 donation/pledges with this form (please staple a check or envelope to it)

I have paid the *minimum* \$25 donation/pledges at <http://roycloudpto.dojiggy.com> (pledge your student's homeroom teacher and include your student's name in the "message" box).

Parent's Signature: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Emergency Contact Number: \_\_\_\_\_

*Please email [roycloudjogathon@gmail.com](mailto:roycloudjogathon@gmail.com) if you need a scholarship for your student to participate.*

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## Advice for Students

### Before the Color Run:

- Buy a white Color Run t-shirt, designed by a Roy Cloud School student, at <http://roycloudpto.dojiggy.com>. Ordering online now is the best way to guarantee the size you want. T-shirts will also be for sale after school in May.
- Collect *minimum* \$25 in pledges from friends, family and neighbors, or make a direct donation in support of your school!

### Day of the Color Run:

- Wear your white Roy Cloud Color Run t-shirt!
- Oiling your hair well on the race morning will make it easier to wash out the color later. Coconut oil, olive oil or leave-in conditioner will work, especially for runners with light colored or highlighted hair.
- Some runners wear a thick scarf or bandana to cover their hair or their mouths as they run through the color zones or to help wash off after.
- Wear good sunscreen and/or lip balm.
- Wear the sunglasses supplied by the school to avoid getting powder in your eyes.
- Color will eventually wash out, but please wear clothes you will not mind getting “colored.”

### After the Color Run:

- Take a few minutes to clean up or color might end up all over your classroom and home! You may want to bring a washcloth or small towel to school to help you clean up.
- Dust off as much as you can before you apply any water. Most of the color should come right out.
- Cleaning your hair: Dust any loose powder out of your hair. Rinse out the oil/conditioner you wisely applied before the race with water. Then, wash your hair as you normally would. It is not uncommon for hints of some of the color (pink, and purple in particular) to stick around for a few washes.
- The color is probably not coming all the way out of your white cotton shirt. But just about everything else should be fine. Again, remove all excess powder before adding water.
- Wash your Color Run gear separately, with COLD water. Oxiclean or a similar product, works wonders.

*This form needs to be signed and returned to the front office for your student to participate in the Color Run (in addition to a minimum \$25 donation/pledges). Please scan or take a picture of this information or find a copy online at <http://roycloudpto.dojiggy.com>.*



