

ORGANIZATION OF THE DEPARTMENT OF HEALTH

HISTORY OF PUBLIC HEALTH ORGANIZATION IN THE UNITED STATES

In the United States, public health work began in the towns long before it was undertaken by the states. The usual reason for official sanitary activity was the presence of some serious epidemic. Under such conditions it was natural that a committee of prominent citizens should be appointed to take charge of affairs. Usually these committees would be discharged from their duties as soon as the emergency had passed. Later on, it was seen that much could be done to improve the public health at all times and hence permanent committees were appointed. This was the origin of the board of health as distinguished from the single sanitary executive whom we now call the health officer. In the absence of men trained in public health work a committee of citizens, who could consult together, was the only logical means of carrying on sanitary work. It is probably largely for the reason that trained men have not been available that the board of health has persisted, though doubtless its continuance has also been largely the result of custom.

Apparently there was a state board of health established in Louisiana in 1855, but it had to do solely with quarantine. The report of the Massachusetts Sanitary Commission, headed by Lemuel Shattuk, in 1850 strongly urged the establishment of a state board of health, but it took a long time to develop public sentiment and it was not until 1869 that such a board was established, the first state board to be organized for the general purpose of promoting the public health. The example of Massachusetts has been followed until, at the present time, every state is provided with a central sanitary organization, which in all but Oklahoma, consists in part at least of a board of health, and in this state, although it is not provided for in the statute, the commissioner of health has formed an advisory board of four persons. Kansas also has an advisory board besides the regular board.

It is now generally recognized that, whether in civil government, business enterprise, or social activity, it is very difficult to get good team work from boards, or committees. One or two men do most of the work. Public health work at the present time requires men who have been especially trained and who have a wide knowledge, which can only be secured by years of study or experience. It is impossible to have a state or municipal board of health composed of such men, hence has come about the evolution of the health officer who devotes his whole time to public health work and is trained for it. Even before there was any training for public health, boards of health usually selected one of their own number, or some one from outside, who had paid more or less attention to these matters and who could, and would, devote considerable time to, and who ultimately performed, most of the work of the board.

Most state boards of health have such an executive officer, often called the secretary, who is really the head of the public health work of the state. There have been some exceptions to this, notably in Massachusetts, where, owing to the exceptional character and ability of the members of that board and the time which they were able to give to the work, the plan for many years yielded most excellent results. The

Massachusetts State Board of Health itself has almost always taken the initiative and immediately directed its employees. The almost unique success of the Massachusetts board can rarely be hoped for under usual conditions and, in fact, successful team work has been attained in few if in any other states. On the other hand, the desire of boards of health to control the policies and details of administration, have, in some states, resulted disastrously. Thus the New Jersey board of health before its recent reorganization met every week and naturally had much to say about the detailed work of the department. This is believed by many thoughtful people in New Jersey to be a hindrance to the best work and has led to the introduction of a bill to substitute a single commissioner as the executive of the department. This failed of passage, but the department was reorganized with a full time executive.

The fact that the state boards of health generally do not do much executive work and that success in state sanitation has been, in most instances, due to the efforts of the secretary, state health officer, or whatever he may be called, has led many to advocate the abolition of the board and the substitution of a single state commissioner of health. This is in accord with the ideas of students of government who believe, not only that efficiency is thus secured, but that efficiency is thus secured. Although this has been strongly urged, Oklahoma is, as was stated above, the only state in which a board of health is not provided for by law. Texas formerly had merely a state health officer, but a board was established in 1907. Probably the reason why the idea of a single executive has not gained ground is that the legislatures realize the great powers which are usually conferred on the health department and hesitate to trust them to one man. A real objection to a single executive is that he would have to be appointed by the governor and experience teaches that it is more difficult under such conditions to keep the office out of politics than when the executive is elected by a board of health.

INFLUENCE OF POLITICS IN PUBLIC HEALTH WORK

Politics is the greatest hindrance to efficient health work in the United States, both in states and municipalities. It is impossible to get good service unless the best men are secured and there are altogether too few good men. A man must remain in office for some time to do the best work. The theory of the politicians that to the victors belong the spoils absolutely prevents good public health work. No first-class man is likely to take a position from which he would be removed at the first change in administration. We are likely to find this political theory put in practice in any part of the country, but conditions seem to be rather worse west of the Mississippi. In the mountain states, in the Dakotas, in Nebraska, Oklahoma, Texas and Louisiana the officials of the health department expect to go with a change in administration, at times handing in their resignations as a matter of course, and at times waiting to have them asked for. Since writing the above, the expected has happened in Oklahoma and Texas. Occasionally, too, personal as well as partisan politics, brings about the removal of efficient men. Politics has had its influence on the Pacific coast but these states seem to be improving. Often the health officials deprecate these conditions and try to stem the tide, but often, they too, are believers in the pernicious doctrine, and, owing their position to the principle that office is a reward for party work are little inclined to reform. In one state where the executive officer has done his best to keep free from political entanglements, his assistant criticized this position and

said that he "ought to get into the game and then he could get something done." It is certain that all executive officers should keep absolutely free from all political activity. When the offices in the health department are used to pay off political debts there is an end of efficient work. If we are to have progress in state sanitation it is necessary to have a single executive who is reasonably secure in his position and who has full executive power and cannot be dictated to from the outside. Let us consider how such an executive may be obtained.

METHODS OF SELECTING STATE HEALTH OFFICERS

Two methods are in vogue, one is appointment by the governor and the other is election by the state board of health. The first is followed in Arizona, Louisiana, Massachusetts, under the new law, Michigan (is recommended by state board of health), Nevada, New York, under the new law, North Dakota, Oklahoma, Pennsylvania, South Carolina (is recommended by the executive committee of the state board of health), South Dakota, Texas, Virginia, West Virginia and Wyoming (when there is only one physician on the board he is to be the secretary and is appointed by the governor. When all the members are physicians, as at present, they must of necessity choose the secretary). Although the present gubernatorial appointments made in New York and Massachusetts, necessary in the full light of publicity, are exceptionally good, there is little in the history of health conditions in the states named to encourage a belief that improvement in the character of the state's sanitary executive can best be secured by appointment by the governor. On the other hand the freedom from pernicious politics for long years, and the success of such state health departments as those of Indiana, Kansas, Maryland, Massachusetts, Minnesota, New Jersey, North Carolina, Ohio, Rhode Island and Vermont in which the board of health chooses the executive, or did so during a long period of usefulness, suggest that this method is the safer one and for the present is likely to yield better results.

This method of selecting an executive, by election by the board of health, is the oldest method and, as has been stated, was a natural evolution from the original plan which conceived the board itself as doing most of the executive work. In thirty-three states, viz., Alabama, Arkansas, California, Colorado, Connecticut, Delaware, Florida, Georgia, Idaho, Illinois, Indiana, Iowa, Kansas, Kentucky, Maine, Maryland, Minnesota, Mississippi, Missouri, Montana, Nebraska, New Hampshire, New Jersey, New Mexico, North Carolina, Ohio, Oregon, Rhode Island, Tennessee, Utah, Vermont, Washington and Wisconsin the executive officer is elected by the board.

The only reason that is advanced in favor of appointment by the governor is the somewhat theoretical one that all executive power should be lodged in the chief executive so as to fix responsibility. To offset this we have the fact that the governor is a partisan and often too much at home in the pernicious methods of practical politics. The board of health is, as a matter of fact, very frequently, though unfortunately not always, free from political entanglements and often unfamiliar with the political spirit and methods. Furthermore the selection of a public health executive is no easy task and scarcely any one would claim that the governor is as well qualified to select a competent health officer as are the members of the board of health who are usually far more familiar with the needs of such an office than is the governor. When the Utopian day arrives in which the governor, in his appointments, will ignore all claims to office, except fitness, it may be

well to transfer to him all executive appointments, but until then the states in which the state health officer is selected by the board of health had better cling to this method. It is unfortunate when it is felt necessary to change the method simply as a means of getting rid of an undesirable official. The general organization of the state health departments is shown in Table 2.

THE BOARD OF HEALTH

There are probably very few who would do away entirely with the board of health and even these must admit that in many states its abolition is highly improbable. Those who would have the board shorn of all executive power would still retain it as a legislative body, and those who believe that it affords the means for choosing a public health executive, would, of course, retain it. It is therefore worth while to consider how to obtain the best board possible. In this connection certain matters are much more important than others. Among the former are:

1. Appointment –The oldest and most common method is appointment by the governor. It is followed in twenty-seven states, viz., California, Colorado, Delaware, Florida, Georgia, Illinois, Kansas, Louisiana, Massachusetts, Minnesota, Mississippi, (five of the thirteen members appointed on recommendation State Medical Society) Nevada, New Jersey, New Mexico, New York, North Carolina (four of the nine members are elected by the medical society), South Dakota, Texas, Utah, Vermont, Virginia, West Virginia, Wisconsin and Wyoming. In nine, Arkansas, Connecticut, Kentucky, Maine, Michigan, Oregon, Idaho, Mainland, Montana and in addition to the members appointed by the governor, elected by the board. In eleven, Arizona, Idaho, Maryland, Montana, Nebraska, New Hampshire, North Dakota, Ohio, South Carolina (seven members recommended by State Medical Association), Tennessee and the governor appoints a part of the members and some are members exofficio. Among the officials so serving are the governor who is a member in several states, Arizona, Iowa, Nebraska, New Hampshire, North Dakota, Ohio, Tennessee and Washington; the attorney general in quite a number, Arizona, Idaho, Iowa, Maryland, Montana, Nebraska, New Hampshire and South Carolina, the state veterinarian in one, Montana; the commissioner of agriculture in one, Tennessee; the superintendent of public instruction in one, Nebraska; while in Maryland the commissioner of health of Baltimore is one of the exofficio members of the board. Generally exofficio members are not of much value as they are not inclined to take much time from their principal duties to devote to the department of health. There are exceptions, however, and occasionally services of such members are highly appreciated. In the South, the medical profession seems to hold a relatively more important position than in other portions of the country and its influence is less impaired by sects and various forms of medical delusion and organized quackery. Perhaps, as a consequence, we find that in several southern states the state medical society has much to do with state public health work. In Alabama and South Carolina the state medical society is the State of Health. In Alabama the board of censors acts as a committee on public health. In South Carolina the society recommends seven members to the governor who is to appoint them to act with the attorney general and comptroller general as an executive committee. In North Carolina four of the nine members are elected by the medical society. In Mississippi five of the thirteen members are nominated by the medical society. Kentucky is one of the few states in which different "schools" of medicine are recognized in the composition of the board. In this state each one of the three "schools" which is represented is to present a list of three names to the governor from which he is to make his selection. While it is of the utmost importance that the medical profession should take a most active interest in public health work, it does not seem to be wise to attempt to secure it by transferring to an

organization entirely outside of the state government a most important department of executive work. This method does not, in the states mentioned, seem to have produced results so much better than those attained under the more common form of organization, as to warrant such a dangerous delegation of power. It is especially dangerous at the present time for osteopaths, eclectic, Christian Scientists, and similar sects, are pressing for, and obtaining, legislative recognition and it would be sad indeed for the future of public health work if it should be delegated to persons entirely untrained in, and even actually hostile, to science. Indiana, Iowa, and Nebraska have methods of their own for the selection of a state board of health. In Indiana the board is elected by an exofficio commission consisting of the governor, the secretary of state and the state auditor. In Nebraska the State Board of Health consists of the governor, the attorney general and the superintendent of public instruction, but they meet rarely, and delegate most of the work to a "board of secretaries," four in number, appointed by a "board of appointment" consisting of the governor, the secretary of state and the auditor of state.

2. Terms — It is highly desirable that the board of health should not have a change of its entire membership, or even of a majority, at any one time. To guard against this most states have provided for long terms, two to seven years, mostly four years, and that only a part of the membership can be changed in the same year. The only objection to this is that it is a slow process to remove an inefficient board, but it is of the utmost importance that the board be kept out of politics and the above method of appointment renders it more difficult for the politician to use the board for political purposes. A few states, however, make the terms of members expire at the same time, namely, Arizona, Arkansas, California, Florida, Mississippi, Nevada, New Hampshire, North Carolina, North Dakota, Pennsylvania, South Carolina, Texas and Wyoming.

3. Salaries — It is important that the board of health should be an unpaid board. If salaries are paid the office is sure to attract politicians and can be used to pay political debts. The only states in which a salary is paid are, Iowa, where it is \$900 for each member per annum, and in New York \$1,000, and Wyoming \$200. In nearly all the states the members receive mileage and other traveling expenses. In Colorado, Nebraska and South Carolina the members receive compensation as examiners. In most states they have from \$3 to \$20 per day while attending meetings, or performing other duties. Although the various activities of the board and the department will be further discussed, the main lines will be mentioned here.

4. Duties — (a) The principal business of the department of health is to execute the laws. This executive power can be better exercised by one than by many, hence it should be conferred on the executive of the board rather than on the board itself. The executive officer should appoint all his subordinates and the board should have nothing to do with the appointments. Its only appointments should be that of the executive officer. (b) The board alone should have legislative power. (c) The legislature sometimes considers it necessary to confer quasi-judicial power on the board of health concerning nuisances, offensive trades, river pollution, food adulteration and the like, giving it authority to hold hearings and summon witnesses.

MINOR QUESTIONS OF ORGANIZATION

Among minor matters of organization may be mentioned:

1. Number — The number of members of the board of health varies from three to thirteen, in a large proportion of states it is seven. If too large it is difficult to get the board together and meeting are expensive. On the other hand, it is well, sometimes, to have representatives of the board well scattered over the state and, with a large board, a sudden change of policy is less likely. Seven members with terms of seven years, one to

be appointed each year is a good number.

2. Appointment – The desirability of having different parts of the state represented has been referred to. This is sometimes provided for by law. Thus there must be one member from each congressional district in Mississippi, Virginia and West Virginia, one from each county in Delaware and Rhode Island, and one from each "grand division of the state" in Tennessee.

3. Qualifications – In former times, when the board of health was supposed to administer all the affairs of the department, it was thought desirable that its members should have special qualifications, should be men with a knowledge of sanitary affairs. Hence it was often specified that the members should be physicians or engineers. Various exofficio members have been referred to on a preceding page and a similar idea doubtless led to their selection. Besides these, Connecticut requires a lawyer, and Iowa, Maryland, New Hampshire, New Jersey, New York, North Carolina, Pennsylvania and Utah require an engineer. In fourteen states the members must all be physicians, in fourteen, a majority, and in six others one or more members must be physicians. The question as to the representation of physicians and engineers on the state board of health has aroused a good deal of discussion, which at times, has been quite lively. This arises from a misapprehension as to the true functions of the board. These are no longer administrative, so that technical knowledge is no longer required. The board is to advise with the executive and help to keep him in touch with the community. What is wanted is men of sound judgment and with an interest in public health work. They do not need to have technical knowledge, in fact it is much better that they should not have it. The health commissioner is to have that and there should be no friction. Physicians are very desirable, because they help to keep the department in touch with the medical profession, which is most necessary, but they should not be men who are professional sanitarians, or there is likely to be trouble at once. So too engineers, practicing along sanitary lines, are not desirable for a similar reason. Another objection to a sanitary engineer is that the department will try to get advice from him for nothing when an engineer ought to be employed for that purpose. Some health officials state that they have found a legal member of the board of great assistance, but if they use an unpaid member to do work which should be done by the attorney general they are not doing the right thing. If the governor is to appoint the state board of health and assume full responsibility therefore, it would seem only right to give free rein and not hamper him by any restrictions as to qualifications.

4. The Executive Officer as a Member. – In some thirty of the states as shown in Table 3, the executive officer of the board is by virtue of his office a member of the board. In Iowa, Indiana, Kansas, North Carolina, Ohio, Pennsylvania, Rhode Island, South Carolina, Tennessee and Virginia it is specified that he is not to be a member. In Alabama, Delaware, Florida, Illinois, Minnesota, New Hampshire, Vermont and Washington it is not specified whether the executive officer shall be a member of the board. If elected from its membership he retains his membership, if elected from outside he does not become a member.

At the present time he is not a member in Florida, Illinois, Minnesota, South Carolina and Vermont. It seems not to be a matter of any very great importance whether the executive officer is, or is not, a member of the board.

THE EXECUTIVE OFFICER

The executive officer of the department is commonly the secretary of the board of health, more rarely its president. In a few states he is called the state health officer, in three, the superintendent of health, in one, director of health, and in six, the commissioner of health. Various data relating to him as his appointment, salary, term, etc., are shown in Table 3.

1. Mode of Election.—This has already been referred to. The best way to keep the office out of politics seems to be to have the board of health elect the executive and this is important enough to demand a board of health, even if the latter fulfilled no other purpose.

2. Qualifications.—It is of importance that provision be made by statute that the executive officer be not elected from the membership of the board. Experience has shown that in the absence of such provision there is at times scrambling among the members for the position and then follows antagonism between the executive and the defeated coterie of the board. Of course this decidedly makes for inefficiency. Moreover it often happens that no member of the board is well qualified, for they usually are not selected, and should not be selected, for their technical knowledge of sanitation. It is most essential, that the executive should have this technical knowledge. No man should be elected to the important position of state health officer who has not had good training in sanitation, not necessarily university training, but certainly training in some subordinate position in the department, or in municipal work. The man should be thoroughly interested in both the art and the science of sanitation. It goes without saying that he should be a good administrator, but above all he must have the scientific discernment to select the most efficient means for promoting the public health. It is worse to waste the state's money in fruitless lines of endeavor than it is to dissipate it by poor administration. Gorgas succeeded in Havana and Panama because he had the discernment to devote his attention wholly to work that bore fruit, even more than to the fact that he was a good administrator. It is not a qualification for holding such an office that a man is a party worker or can manipulate his medical society, or poll a majority of the state board of health. One of the most ridiculous, antiquated and mischievous of provisions is one found in the statutes, or even constitutions, of some states, that the incumbents of public office must be residents of the state and even voters, for it frequently happens that the most suitable person for a position like this, cannot be found within the confines of the state.

3. Term.—The term of office of the executive as provided by law varies from one to six years, the average being four years, and only six states making it six years. In Alabama, California, Connecticut, Delaware, Idaho, Illinois, Kansas, Maine, Maryland, Minnesota, New Hampshire, Ohio, Oregon, Rhode Island, South Carolina, Utah, Vermont and Wisconsin the term is during good behavior, with, of course, power of removal. This would seem to be the best arrangement.

4. Full Time.—The state health officer should in every instance be a full time man. There is no state so small that this is not necessary. The best results can almost never be attained by a part time man with divided interests. **5. Salary.**—The salary of the state health officer varies from \$200 in Wyoming to \$10,000 in Pennsylvania. Salaries naturally vary in different parts of the country. They are rather higher in the far West and

lower in the South than they are in the East or Middle West. The average state of this latter region should in the future expect to pay not less than \$5,000 or \$6,000 to retain permanently the services of the best man.

POWERS

POWERS OF THE DEPARTMENT OF HEALTH

Except in some of the southern states, when the administration of quarantine was an important feature, state boards of health were originally intended to be chiefly investigative and advisory bodies. Their duties have, however, rapidly increased so that now, in many states, there is scarcely a branch of the state government with functions so numerous and varied. The three great lines of activity of civil government, as they are commonly grouped, are judicial, legislative and executive. All three are represented in state health work.

QUASI-JUDICIAL FUNCTIONS

It is often necessary for the health department to act in a sort of judicial capacity. In the case of certain nuisances, especially offensive trades, the state board of health may be authorized, or directed, to hold hearings and to listen to the evidence presented by opposing parties and to render a decision. Similar action may have to be taken in regard to the pollution of streams, in regard to food adulteration, or in regard to violations and medical practice act. Of course, it is perfectly legitimate for boards of health, without any statutory authority, to hold such hearings and doubtless they at times do so, but in a number of states such hearings are provided for. They are provided for in connection with food control in Colorado, Idaho, Kansas, New Hampshire and Oklahoma; in connection with water control in California, Connecticut, Idaho, Indiana, Massachusetts, Minnesota, New York, Ohio, Texas and Vermont; in connection with the medical practice act in Illinois and Montana. Other states in which judicial hearings are provided for are Kentucky, Maryland, Nebraska, Pennsylvania, South Carolina and Wisconsin. It is not unlikely that they may be in others still, for the laws have not been systematically searched and the executive himself may not be aware of the existence of a provision of the law only rarely made use of. In Connecticut, Nebraska, New York, Pennsylvania and Texas, authority is granted to summon witnesses and make them testify.

LEGISLATIVE POWER

Most state boards of health are, by the statutes, given authority to make health regulations. Sometimes this power is very broad and sometimes it is quite restricted. A very broad grant, such as to make "rules for the protection of the public health" is virtually conferring on the board of health great legislative power, and a power which may profoundly affect the lives and property of the citizens. While there seems to be no doubt that the legislature is competent to confer this broad rule making power on municipalities, either on the elective council, or on an appointive board like a local board of health, it has been held by some courts that such legislative power cannot, by the state

legislature, be delegated to a state appointive board like the state board of health. Decisions affirming this doctrine have been handed down by the courts in Wisconsin (State v. Burdge, 95 Wis., 390), and Illinois (Potts v. Bran, 167 HL, 67), and perhaps in other states. In Texas, the attorney general considered such a grant of power unconstitutional and the section of the act which conferred it on the State Board of Health was repealed. In other states, too, various attorney generals have expressed similar views though they have not in all cases been accepted by the state board of health. On the other hand, some recent decisions (State v. Snyder, No. 19, 418, Sup. Ct. La., 1912, and Pierce v. Doolittle, 130 Ia., 333) affirm the authority of the state board of health to exercise what is virtually legislative power. It is to be feared that the statutes granting to state boards of health rule-making power, have usually been enacted without giving this matter any thought, but it was far otherwise with the recent public health law in New York. The constitutionality of the provision conferring extensive legislative authority on the public health council in New York was carefully considered by the lawyers who were interested in drawing the bill and while it was recognized that there was a possibility of this provision not being sustained by the courts it was felt that this was not sufficiently probable to warrant abandoning this feature of the measure. In framing any new legislation concerning the powers of the state department of health this matter should receive careful consideration.

While a broad grant of legislative power to a state board may not be considered constitutional in some states, there seems to be no objection to the board making administrative for the purpose of defining and carrying out the details of measures authorized by the legislature. Thus it is probably always permissible to authorize a state health department to declare what diseases are to be considered communicable and how they shall be reported, to determine the manner and period of isolation, to prescribe exactly methods of disinfection, to make rules to prevent water supplies from receiving pollution, to make regulations for the cleanliness of hotels, bakeries and slaughter houses, to fix chemical and bacterial standards for milk and other foods and to prescribe a great number of similar details of public health administration which the legislature cannot conveniently or properly consider and the rules of which, moreover, oftentimes, need to be flexible enough to be easily changed.

The state health department of every state except Connecticut, at one time or another, has adopted rules relating to some phase of public health work, though in Texas they have been repealed and reenacted by the legislature as a statute. In Colorado, too, the "code" has been declared a dead letter by the law department of the state. Colorado, Connecticut and Texas, then, are the only states in which the health department exercises no legislative function.

In Arkansas, Delaware, Florida, Georgia, Illinois, Iowa, Louisiana, Minnesota, Mississippi, Montana, Nebraska, New Mexico, New Jersey, New York, Oregon, Pennsylvania, South Dakota, Vermont, Washington and West Virginia, the grant of legislative authority is couched in the most general terms. It is scarcely possible, however, to find exactly the same terms in any two states. In Iowa, the expression reads "for the preservation and the improvement of the public health."

The violation of a rule made under this provision, and requiring the reporting of scarlet fever, gave rise to a case which was, carried to the supreme court and resulted in establishing the validity of the act and the rule.

The most recent enactment of this kind was in New York, where much care was given to the wording of the clause which reads as follows: "The sanitary code may deal with any matters affecting the security of life and health or the preservation and improvement of public health. ..."

In some of the states which have a broad and general grant of legislative power, special subjects of legislation are also named. Among such are Arkansas, Delaware, Florida, Georgia, Louisiana, Minnesota, New Mexico, New York and Utah.

In the remaining states there is no general provision, but one or more subjects are specified, concerning which the state health department is to make regulations. Naturally the most common of these is communicable disease. This is named in Arizona, California, Delaware, Idaho, Kansas, Kentucky, Maine, Maryland, Michigan, Missouri, Nevada, North Dakota, Ohio, Oklahoma, Rhode Island, South Carolina, Tennessee, Utah, Virginia, West Virginia, Wisconsin and Wyoming. It is the only subject named in Kentucky, Maine, Missouri, Nevada, Rhode Island and Wyoming. Unfortunately, in some states, the authority is granted only for use in time of threatened invasion, as in Idaho, Maryland and West Virginia. In Delaware, Indiana, and Oregon, "quarantine" is mentioned as a subject for regulation but what is intended by the term is doubtful. Probably it means the prevention of the introduction of a disease into a community. This was formerly its exclusive meaning, but of late years it has been applied to the seclusion of infected persons within a dwelling. Isolation, the term which was formerly used for this procedure, is now often restricted to the isolation of a person within the house from other members of the family. Years ago, while this change in the use of the word quarantine was slowly coming about, the writer called attention to the legal confusion which would surely result.

Among other subjects for legislation mentioned, are water, ice, sewage, midwives, garbage, nuisances, public buildings, baths, cold storage, food, vital statistics and the disposal or transportation of dead bodies. The latter is referred to in at least a dozen states and reflects popular ideas of a few years ago when great importance was attached to this really negligible source of infection. In several states, the state board of health has authority to make rules in regard to the adulteration or sanitation of foods, and in other states this power is granted the board or commissioner having control of foods, but the food laws have not been especially examined for this.

There are quite a number of states in which no broad grant of legislative power has been given the state department of health but in which the legislature has nevertheless conferred the right to make rules on quite a variety of subjects. Among such states are California, Indiana, Maryland, Massachusetts, New Jersey (previous to 1915), South Carolina, and Virginia. Apparently, in these states, the legislature has thought it unwise, or perhaps unconstitutional, to confer broad legislative power, but has determined that there are a good many matters which need regulation, but the details of the regulation the legislature has been unwilling to consider, recognizing that the preparation of administrative rules requires much technical knowledge. This has been particularly true in Massachusetts and New Jersey. In the former state, the state board of health is authorized to make rules in regard to water, ice, cold storage, egg-breaking, oysters slaughtering, cremation, jails and lodging houses, while in New Jersey the subjects specified were, food, canneries, slaughter-houses, cold storage, egg-breaking, oysters, tuberculous persons and dead bodies. It is perhaps worthy of note that in Massachusetts,

while the new law confers on the Public Health Council authority to "make and promulgate rules and regulations" there is no penalty. In the original bill the phrase was "rules and regulations under the public health laws, the enforcement of which devolves on the state department of health," and a penalty was provided for. The legislature was evidently chary about giving a free hand in legislation.

In Maine the regulations of the board must be approved by the governor and council and in Minnesota, South Dakota and West Virginia by the attorney general, though in Minnesota one attorney general has held that it was not constitutional for him to do so.

In Connecticut the State Board of Health must approve the sanitary rules adopted by the townships before they can become effective.

In New Hampshire the peculiar provision is found that the State Board of Health may make additions to local regulations. This has been done, but the curious condition exists that if a township has no sanitary rules, the state board can do nothing to improve matters, as there are no rules to be added to.

In Minnesota and South Dakota, if the regulations made by the state board of health conflict with the charter or ordinances of cities of the first class, the latter have the precedence. In New York the "code" adopted by the public health council does not apply to the City of New York.

Regulations without penalties which can be enforced are of little value. Of course, in most states a penalty is provided, but there appear to be none in Alabama, Massachusetts (for rules made under general grant of authority), Michigan (for communicable diseases), New Jersey (for some rules) and Utah (for rules made under general grant of authority). In Delaware and Georgia the validity of the penalty clause is doubtful. In Kentucky there is a penalty for common carriers, but for no others, for the violation of quarantine rules, the only kind the State Board of Health is especially authorized to make.

With the exception of a few of the more conservative, almost all state health officials believe that the state department of health should have as broad legislative power as possible. They feel that it is only in this way that important matters relating to the public health can adequately be dealt with. Most of the regulations dealing with communicable disease, disinfection, the purity of milk and foods, the protection of water, the construction of buildings, the disposal of refuse, and similar matters, require a large technical knowledge on the part of the framers. Their framing, also, requires much careful thought. The legislature can furnish neither the technical knowledge nor the time, so it is claimed. This view was very strongly held by the men who framed the recent public health law in New York and the broad grant of legislative power to the public health council was considered one of the most important features of the plan. It must be confessed, however, that some of the "codes" and regulations adopted by the various state health departments have not come up to the high standards which one would expect from experts. Indeed, they often are not the work of experts. Political appointees, with little or no training, or scientific knowledge, do not even know where to go for expert advice, and still less how to draft public health regulations. Much of this rule making is of a very crude character and does not show any improvement over statute law. One trouble with these codes is that the attempt is made to cover at one time, by regulation, almost every conceivable sanitary subject. This is an unwise plan. Better results are obtained when

subjects are considered one at a time and carefully. Some of the best examples of rule making are to be found in the new sanitary code of New York. During the first year of the public health council the subjects legislated on were communicable disease, milk, midwives and labor camps. The regulations are unusually well thought out, and what is especially unusual, are closely in accord with the best scientific knowledge of the time.

CENTRAL CONTROL OF LOCAL AFFAIRS

While, at first, it was not intended that the state board of health should take charge of local sanitary work except, perhaps, in some states, in quarantine, there has been an increasing tendency to place more and more of this duty on the state health department, until many have come to think this the ideal place. At the present time, in most states, the central sanitary authority has more or less executive control of local affairs. Sometimes this control is not very extensive, and sometimes it is complete.

As one would naturally expect, it is in connection with the communicable diseases that the state department of health (unreadable text) authority. As is shown in Table 4, the control of quarantine, using the word in its older sense as a restriction of intercourse between communities, is, in all states, vested in the health department except in Connecticut, Nevada and North Carolina. Other lines of local communicable disease work in which the state health department takes a share, are referred to on another page, but it is here sufficient to note that the only states in which the department has no such authority are Alabama, Connecticut, New Hampshire, New York, Rhode Island and Wyoming.

In Arkansas, Maryland, Missouri, Nevada and Texas the authority is doubtful, or very limited. In Colorado, Delaware, Michigan, Nebraska, New Jersey, North Carolina and Tennessee executive control of communicable diseases in the local government can only be exercised when the local governments fail to appoint sanitary officials, or when these do not act and neglect to enforce the law. In Massachusetts, New Jersey and Ohio the state department of health has certain executive authority over nuisances. As will be seen when considering engineering, in a number of states, the health department is given executive authority in regard to the control of water and sewerage. In other directions, too, it will be found that in one state or another special executive duties are imposed.

Besides the more or less limited executive powers in local matters, which have been referred to, as conferred on state health departments, what appears to be complete executive authority is granted in twenty-five states, namely, Arizona, California, Florida, Idaho, Indiana, Iowa, Kansas, Kentucky, Louisiana, Minnesota, Mississippi, Montana, New Mexico, North Dakota, Oklahoma, Oregon, Pennsylvania, South Carolina, South Dakota, Utah, Vermont, Virginia, Washington, West Virginia and Wisconsin. It perhaps ought not to be affirmed positively that they all have this power, for it is not always clear from the laws, and they have rarely been tested in the courts. It was apparently, however, the intention in these states that these important powers should be thus delegated. Executive officers themselves do not feel sure what their powers really are. Many state health officials do not believe that the state ought to take charge in local affairs and they make no effort to do so, or to determine whether they have the authority. Others are deterred from taking action because of lack of funds, for it is only in a few states, and under special circumstances, where the cost of the executive work by the state can be charged to the local community. Such action as a temporary measure is reported to have been occasionally taken in Delaware, Illinois, Indiana, Kansas., Maryland, Massachusetts,

Mississippi, Oregon and Wisconsin. In Maryland the department was once enjoined, but the case was not fought out.

This matter of the state health department taking entire charge of local affairs, thereby displacing local officials, is one of the greatest importance, concerning which there are wide differences of opinion. Many officials believe that it is entirely wrong in principle. While it is admitted, perhaps by the majority, that the present status of sanitary administration in the country, especially in the smaller communities, is so poor that a change to state control would in many states result in an immediate improvement, it is believed by the opponents of this plan that ultimately the best results cannot be obtained in this way. They point out the difficulty of selecting, from a central office, the best men for all parts of the state, and the difficulty of selecting, from a central office, and the difficulty of directing the details of their work from a distance. With a large organization red tape is necessary, and red tape deadens energy, initiative, personal responsibility, enthusiasm and ambition. The whole mechanism tends to become inflexible and scientific progress is hindered. Above all the greatest danger is, that, in the present state of morals and intelligence, the department, enlarged by many scattered representatives in all parts of the state, in constant touch with many people, will become a political machine. Even if the head of the department is utterly opposed to this, and many are not thus fortified, pressure will be brought to bear, and if the surrender is made, failure is certain. Most students of a political science agree that the principle of home rule is one to be fostered. It encourages the interest of the individual citizen in his local government and his feeling of responsibility for it. Everything, they say, is bad which tends to take away this responsibility from him and place it on state officials. It is admitted that the progress of the town or the county, in public health work will be slow, but sanitation will in the end be on a surer foundation than if control is transferred to the state. It is the part of wisdom to assist and encourage the local health official, and much more of this should be done in the future than in the past, but it should not be the policy of the state to take over this work. It is believed that much of the advantage gained by central administration can be secured by this sort of state supervision, not using supervision in the sense of control, but in the sense of teaching, advising and assisting. However poor sanitary administration has been in small places, it will probably be admitted that much better in our larger cities. Most of the real improvements that have been made in the control of communicable diseases, in the prevention of nuisances, in school inspection and in the reduction of infant mortality have been made by municipal, not state health officials. It is not surprising that it should be so, for the former has had the direct responsibility and what is more important has been brought into direct contact with the people and knows practical difficulties of public health work. To supplant the municipal health officer by state appointed officials would be under present conditions a grave mistake, and in many cities a decided backward step. To exempt such cities from direct state control would seem to be wise, and has been done, but the city taxpayer would soon resent, it is feared, being taxed for the benefit of rural sanitation while still called upon to pay for the sanitary administration of his own city.

A very practical obstacle to the plan of complete state control is the attitude of the local communities. In many sections of the country the great body of the citizens are opposed to the state usurping any more of the functions of their town or their county. It would be difficult in these states, where home rule is a fetish, to displace the local health official by the state health official. Of course, in many other states the feeling for home government is not especially strong and the change would be easier.

Those who advocate central control, show that, thus far, local communities have been extremely slow to take advantage of the progress of sanitary science. They claim that the central government can introduce sanitary reform over the whole state at once, that under state supervision, uniform conditions can be secured over the whole state, and that far greater efficiency will result than now obtains. Every part of the state will have its due share of the funds, while under existing conditions many communities, which need it most, will, for a long time, have to get along with little, or nothing. It is claimed that a strong central health department, with an efficient corps of field workers, can accomplish more in actual life saving in two or three years, than the present haphazard ways of local health administration can in twenty. It is claimed, also, that the aggregate cost of state work will be less than for local work of the same quality.

Turning now from the theoretical, it may be said that many of the state health departments have been taking on, occasionally, during recent years, one executive function after another, and that there has been a growing sentiment in favor of the state taking exclusive control. A considerable number of health officials desire to see their state appoint local health officers, and through them do all the executive work and let the state bear the burden of the cost. Yet thus far there has not been much progress in this direction. Appointment of local health officers by the state cannot be relied on to accomplish much of itself. If the salary comes from the home community, the allegiance of the official is divided. If the salary is inadequate, no amount of control by the state will get more work out of the man than he is paid for. The appointment of local officials by the state will later be referred to. Real control of local health officers' appointments obtains only in Arkansas, Florida, Mississippi, Oklahoma, Pennsylvania, South Dakota, Vermont and Wyoming. In Mississippi the county fixes and pays the salary of the county health officer, but there are only two full time officers in the state. In Oklahoma, South Dakota, and Vermont the fees or salaries of the health officers are fixed by law and there is not a full time officer in any one of the three states. It would appear that the state appointment of local health officers in Mississippi and Vermont has resulted in a better condition of affairs than is found in neighboring states, where this condition does not prevail. The work through the state is more uniform, much more seems to be done and work of a more effective character. It may be, too, that state appointments are giving good results in Oklahoma and South Dakota, but in those states frequent changes in the state health department, insufficient funds and poor organization as well as political considerations make it impossible to draw any satisfactory conclusions.

It is possible for a state health department to do a great deal of local executive work, even if it does not appoint local officers and does not take formal charge. By means of state inspectors much can be accomplished, doubtless, even when the state health department has no authority at all to intervene in local affairs. Inspectors and field workers, with tact and judgment, can gain the good will of the local officials and do a great deal without any authority. If they have a right to intervene, as they have in a very considerable number of states, their position is still more secure. Not many state health departments have attempted much along these lines. Minnesota is rapidly developing central control of communicable diseases by means of field workers and a supervision of cases from the office. In Louisiana the state inspectors have done much in improving the sanitation of public buildings and places where food is handled. The hookworm work in the South is an example of how much may be accomplished without formal control. It is also an illustration of the value of central supervision and organized effort.

In various parts of this report reference is made to different lines of work such as food sanitation, dairy inspection, schoolhouse supervision, plumbing inspection, river inspection, etc., carried on by inspectors working under the state health department, entirely independent of the local officials. It may well be that a large amount of state control will be developed, gradually, in this way, without formally taking over the appointment and payment of local health officers. It is not unlikely that the "supervisors," appointed in some states, may develop into true executive officers.

There are really only two states in which formal provision has been made for carrying on all sanitary work by the state health department and where sufficient funds have been provided to do this. These are Florida and Pennsylvania.

In Florida the state health department has complete executive power in all parts of the state. There is little local health work done outside of Jacksonville. The department has an appropriation amounting to about \$100,000 per annum. Nevertheless, the state maintains a force totally inadequate, according to views of those most conversant with health conditions in the South, to cope with prevailing diseases. It is impossible to show by figures the health conditions of the state as there are no mortality statistics and no morbidity statistics. No systematic epidemiologic work is done. With the exception of the hookworm work which has been mostly abandoned, and tuberculosis work which is just beginning, no intensive campaigns have been conducted against disease. That such are needed, and would be successful, is indicated by the example of Jacksonville, where well directed efforts of an efficient department reduced to a minimum a typhoid death rate, very excessive but probably not greater than prevails in the rest of the state. Nevertheless the state's health appropriation is by no means all expended. The department has accomplished much in some directions, particularly with its diagnostic laboratories, but the general sanitary condition of Florida, to say the least, is not markedly superior to that of other states without strong central control and with small appropriations. State administration of itself does not necessarily ensure the best results.

In Pennsylvania, too, the State Department of Health is authorized to take full control of sanitary work in every community. Although the cost may, in some, be made a charge on the local government, this is not done, and where the state does exercise its executive power, it pays the bills. The commissioner states that it is the policy of the department to encourage communities to administer their own sanitary affairs and that, if this is well done, the state does exercise its executive power, it pays the bills. Nevertheless, owing to the general failure of local sanitary work in the country and in the smaller towns the State Health Department does, at its own cost, and with its own officials, carry on general public health work in the rural districts and small towns all over the state. For this purpose the department employs, outside of its special work in tuberculosis, school inspection and the like, a medical inspector in each county except Philadelphia, and 670 local health officers. These look after the sanitary needs of nearly 2,500,000 people. The cost of this general executive work, as distinct from school inspection, and some other activities, is not separated in the reports, but appears to be between \$300,000 and \$400,000 annually. The results of this system of state control have been briefly considered in another part of the report dealing specifically with health conditions in that state. It is certainly true that these conditions have vastly improved since the state took up this work, but whether, on the whole, the results justify the cost and the methods, could not be determined except by a careful and detailed study and the ultimate results might not be apparent until after the lapse of years and after changes in the administration.

SPECIFIC ADMINISTRATIVE FUNCTIONS

The remainder of the report will be occupied with a consideration of the various duties which are now performed by the state health departments of the country. The old conception of a state board of health as a body of estimable medical gentlemen with some special interest in communicable diseases, who, without pay, would consent to advise the legislature on public health matters and write voluminous reports dealing in glittering generalities, has generally become obsolete, though it is to be feared that it may still persist in some unprogressive localities. In most states the protection of the public health is considered a serious matter. Sanitation, which formerly consisted of empirical attempts at nuisance prevention, quarantine and disinfection, has now developed into a real science, though still with many lamentable limitations. Much definite knowledge has accumulated as to what the state can do to save lives and prevent sickness and we seem on the eve of learning much more. "Public health is purchasable," we are told. It is the business of the state health department to see that the people get their money's worth.

LOCAL HEALTH ADMINISTRATION AND THE STATE

In England and the United States, the sanitary administration of the larger cities has been fully up to that of the state government, in the adoption of progressive methods, in the amount of work done and in the results accomplished. The cities have often set the example which the state has followed and recently our largest state has selected an executive of its largest city to carry out a comprehensive state plan of sanitary reform. While the sanitation of our larger cities is far from perfect, it is far superior to what is found in the smaller municipalities where public health is usually sadly neglected. In the rural portions of the country, conditions are still more unsatisfactory. While the death rate was reduced 212 per cent in the cities of the registration states from 1900 to 1912, in the rural sections of those states it was reduced only 8.6 per cent. Yet in 1910 over half the population of the United States lived in the country, or in towns of less than 2,500 and the sanitary administration of most towns of 2,500 is wretched. While experience has shown that the larger cities can for the most part be left to care for their health themselves, have with rare exceptions, done little or nothing. It is now the general and well-founded belief that the sanitary progress of these communities must be stimulated, directed and perhaps controlled by the state. Although for the most part quite ineffective, yet a nominal local sanitary organization is provided for in practically the whole of our country's area, rural as well as urban. There are four classes of communities which at present serve as local health units which differ much in character and conditions, though the first class merges gradually into the second. These classes are:

LOCAL HEALTH ORGANIZATION

1. The larger cities, with 50,000 inhabitants or over.
 2. The smaller cities, towns and villages.
 3. Townships.
 4. Counties.
1. The larger cities can, and often do, have an efficient local health department. Every city of 50,000 ought to have a full time health officer, and well defined lines of sanitary. Many

cities much smaller are cared for efficiently, sometimes remarkably so by, part time men. Many more could do it if properly directed and stimulated. The organization of cities is provided for by general laws, or charters, and varies a good deal. These are two general types of health service in cities, the board of health and the single commissioner, or health officer, responsible either to the council or the mayor, this latter type popular. It is not, as a rule, in this class of communities that state supervision and control are needed, though in many of the smaller ones it is.

2. The smaller cities, towns and villages, including those ranging in size down to 150 inhabitants. While in New England urban communities— with 25,000 inhabitants or more, still retaining their township form of government, are not unknown, in other parts of the country it is the custom to incorporate exceedingly small collections of people, and cities of 150 persons are not rare on the Pacific coast. Sanitation in these communities is usually as bad as it is in purely rural regions and the need for it is greater. It is practically impossible for them to secure it by their own independent action. While the statutes provide for the appointment of village and town boards of health and health officers, the communities are too small to furnish enough pay, or enough work, to secure the services of a capable man or keep him interested if they could.

3. Townships. While townships are found in a large number of states, this political division varies greatly in meaning and in importance in different parts of the country. In New England, the townships form the primary political units which make up the state. The counties often are of comparatively little importance. In Rhode Island, there is no county government at all. In a number of other states, particularly those settled directly from New England, the township, while not holding the same place in the affections of the inhabitants as in New England, is still the real unit of government, though its importance is less in some states than in others. Where it is of importance, the township has to be reckoned with in any scheme of state control, for the township is loathe to give up its powers and its rights, one of which is to have its own board of health or health officer. Township boards of health are found in Illinois, Iowa, Maine, New Hampshire, New Jersey, New York, North Dakota, Ohio, Oklahoma, Pennsylvania, Rhode Island, South Dakota and Wisconsin, and township health officers in Connecticut and Vermont. In the Dakotas and Oklahoma, the township boards do not appear to be of any importance. While the tendency of the day is towards single officiate instead of boards, the conservatism of those states in which the township is important, has preserved the board. Some persons, as the state health executive of New Hampshire, and one of the state inspectors in Massachusetts, consider a board the better type, the former because there are then three chances to one (in a board of three) that a good man will be secured, and the latter because by appointing men from different parts of the township, these parts can be more easily and quickly served, In many of the above named states in addition to the board of health is customary. The township, in the older and more populous states, serves as an excellent primary sanitary district, its size, population and the ideas of the people all favoring this. The standard township of many states in the Middle West is, however, only six miles square, and if it is chiefly agricultural it has rather too small a population for this purpose.

4. In most of the states the county is the political unit, and in every one of these, except Delaware and South Carolina we find some sort of county health officials. County boards of health are provided for in Alabama, Arizona, Colorado, Idaho, Illinois, Kansas, Kentucky, Louisiana (parish), Maryland, Minnesota, Missouri, Montana, Nebraska, Nevada, North Carolina, North Dakota, Oregon, South Dakota, Tennessee, Virginia, Washington and West

Virginia. Minnesota, North Dakota, Oklahoma and South Dakota have both county and township boards of health. In Minnesota, the former are of little importance, as they only have jurisdiction over the unincorporated territory, and most of the counties are organized into townships, there being over 2,000 township boards of health. In the other three states, the township board is of little consequence. In a few states there are no county boards of health, but county health officers. These are Arkansas, California, Connecticut, Indiana, Mississippi, New Mexico, Oklahoma, Texas and Wyoming. In Florida, the state health officer formerly appointed an agent in many of the counties who was practically a county health officer. Now, however, the state is divided into seven sanitary districts with an assistant state health officer in each. In Pennsylvania, the medical inspector appointed in each county by the state commissioner of health, actually performs the duties of county health officer.

Some of the men who have been actively engaged in intensive local health work in the South, notably Dr. Ferrell and Dr. Freeman, believe that the county is too large a unit for effective health administration in the portion of the country. In the absence of strong township government artificial divisions are suggested. In 1913 an act (Ch. 154) was passed in North Carolina providing for such districts. The county commissioners are authorized to establish such, on petition of a majority of the freeholders residing in the proposed district. A special district tax for sanitary purposes is provided for. The district is to have a health committee appointed by the county commissioners. This committee is virtually a board of health and is authorized to make rules and elect a health officer.

Many of the details of local sanitary organization are interesting and important and can be learned elsewhere (Municipal Sanitation, in the U. S., Chapin, Providence, 1901; U. S. Public Health Service, Bull. 54, 1912), but there is no need of considering them here, as our only interest in local health organization is to learn if possible, to what extent it has been, or can be made use of by the state health department in promoting of the people. It would be difficult to find any one who would claim that existing agencies outside of the larger cities, if left to themselves, are capable of accomplishing very much. They have been tried and have failed. The health officer in the small community at the best abates a few nuisances, placards some cases of contagious disease and fumigates after their recovery. If he is left to himself there will be no tracing of typhoid fever cases, no campaign against malaria, no attempt to control hookworm, no hospital for the poor consumptive no cutting no cutting down of infant mortality and no inspection of schoolchildren. How to get effective service from the officials who come directly in touch with the people in the rural districts and smaller municipalities is now recognized by every one as the foremost practical public health problem of the day.

It is often said that all public health problems lead back to just one thing, and that is money. We can generally, "within natural limitations," get what we want to pay for in health as in commodities. If communities were willing to pay for efficient health service they could get it. That they do not at present want to do this is shown by facts from many places. In Louisiana, out of 195 municipalities, seventy-three pay no salary to the health officer. The average is \$191. Omitting the three or four larger cities, the average total expenditure for health purposes is \$310. In Vermont the average fees received by the health officers in place of salary is about \$100. In New Hampshire many of the health officers receive only \$10 to \$25 a year. In North Carolina the salaries of county health officers average from \$250 to \$300, in Mississippi about \$200. In 1910 one city of 10,000 in Iowa paid its health officer \$100, another of 5,000, nothing. In California the county health officer receive \$60 to \$600; in Oklahoma, \$300 to \$700. In Tennessee, some of the county health officers receive only \$50 and do jail work besides. In

some of the mountain states, they are somewhat higher, as in Montana, where they average about \$1,000, varying from \$240 to \$3,000. Very many county health officers, however, have to do jail or poor-house work as well as public health work.

Attempts have been made to fix the compensation of local health officers by statute, but this has not been very successful. Legislatures have not appreciated the importance of public health work and have been slow to fix a decent compensation. The poorer communities, in such legislative attempts, usually make their views felt by their representatives. Thus, in Indiana and Oregon, the compensation for county health officers of local health officers is fixed at cents per capita, which in counties of would yield a salary of only \$300. In Indiana, city health officers are to receive 2 cents and in Oregon 1 1/2 cents per capita. 2 cents per capita in counties under 10,000 inhabitants, and less in larger counties, and in Maryland, it is \$150 per annum in counties of less than 15,000 inhabitants. In New Jersey, the township boards of health are authorized to expend a maximum of 5 cents per capita for all health purposes. Ridiculously low minima are fixed for salaries in some states, as \$10 in Indiana. The legislatures seem more fearful that health officers shall be overpaid and a maximum is more often fixed, as \$300 for county health officers in Arizona, and \$1,500 in Indiana and Oklahoma. It is evident that, in these states, great difficulty will be experienced in improving the service under the statutes.

STATE CONTROL OF LOCAL AFFAIRS

It has long been felt that the state health department might bring about improvement by means of some control over the local health officials. Various attempts have been made, from time to time, and in various places, to secure such control. Most of these attempts have been made without any very careful forethought and most of them have accomplished very little.

1. Control by Direct Authority. – In a number of states provision is made by the statutes for the supervision or direction of local boards of health or health officers. In most cases the provision is of a general nature, and so worded that it would be uncertain how far the state could go in this supervision unless the meaning of the law is more clearly defined by court decisions. Such expressions as "supervisory control," "general supervision," "subsidiary to," "to superintend," "subordinate to" are found in Alabama, Arizona, Louisiana, Minnesota, Montana, Missouri, Nevada, New York, North Dakota, Oklahoma, South Carolina, South Dakota and Wyoming.

In Colorado the local health officer must act in cooperation with and under the advice of the state board of health.

In some states control by the state health department is more clearly expressed in the statutes. Thus, in Oregon the county boards of health are to protect the public health "as directed or approved by the state board of health," and are to "perform such other duties as may from time to time be required of them by the state local board of health." In Iowa, "local boards of health shall obey and enforce the rules and regulations of the state board of health." In Kansas, the county health officer is "to perform such other duties as ... the state board of health may require of him." In Texas, "In all matters in which the state board of health may be clothed with authority, said county health officer shall at all times be under its direction." Refusal to obey reasonable commands shall subject the health officer to removal. In New Jersey, the state board of health can require the local board to take any action deemed necessary in regard to contagious disease and can apply to the court for a mandamus.

Another way in which the state department of health can control local health officials is

by means of the legislative or rule making power, which is often conferred on the former, and the scope and nature of which has been previously considered. Thus, by means of such rules the state department of health may prescribe what shall be done by the local health officials in controlling infectious diseases, in disinfecting, in inspecting schools, or dairy farms, or abating nuisances, or in enforcing fly screening, or in all similar matters. The state in this way, exercises very great power in controlling and compelling actions of local health officials, and this, too, when no specific mention is made in the statute of the use of the regulations for any such purpose. This is possible whenever broad legislative power is conferred on the state health department, as is very often the case, and provided also a penalty is affixed.

Sometimes, the statutes specifically prescribe that the state department of health is to control local boards through its rules. Thus, in Wisconsin "The board (state) shall have power to adopt and enforce rules and regulations governing the duties of all health officers and health boards and any violations of said rules shall be punished by a fine of not less than ten, nor more than one hundred dollars for each offense." In Texas, the county and city health officer is to perform such duties as may "be prescribed for him under the rules and regulations and requirements of the Texas state board of health," though in this state the attorney general has considered this grant of legislative power as unconstitutional. Among other states in which control over local affairs by means of rules of the state health department are prescribed by statute are Indiana and Tennessee.

2. Control by Taking Temporary Change of Local Affairs. — An important means of control of local boards of health is the provision found in a number of states that the state health department may, when it deems that local sanitary affairs are not being properly managed, take matters into its own hands, execute the laws and take such other action as may be necessary to preserve the public health. Such a means of control is far more effective, if it is also provided, that the expense incurred shall be a charge on the local community. Most townships, municipalities and counties seriously object to having state health officers thus usurp local functions and run up bills which the local authorities have to pay. Such a provision is found in the laws of California, Colorado, Delaware, Idaho, Indiana, Iowa, Kansas, Michigan, Minnesota, Mississippi, Nebraska, New Jersey, Oregon, Pennsylvania (for certain boroughs and townships), South Carolina, South Dakota, Tennessee, Virginia, Washington and Wisconsin. This action is occasionally, though rarely taken by the state. More often it is threatened and this usually brings the negligent officials to time. There seems to be little doubt that a knowledge that the state can and will thus take charge of local affairs encourages local health officers to do their duty and makes them ready to take the advice or follow the directions of the state department.

In other states it is provided that the state may take charge of local affairs but no provision is made for the payment of expenses by the local government, so that if the state steps in, the state will have to bear the expense. This is true in Georgia, Florida, Louisiana, Montana, New Mexico, North Dakota, Oklahoma and Pennsylvania (in certain places), and in West Virginia, so far as communicable diseases are concerned. This does not have the compelling effect on local health officers that the provision previously referred to, has, indeed it sometimes has the opposite effect, as is said to be the case in some Pennsylvania communities, but on the whole, most communities believe strongly enough in home rule to prefer to manage their own affairs in their own way rather than have the state step in. In Massachusetts and Utah practically the same relation exists by virtue of a provision of the law which gives the state and local officials coordinate powers.

3. Control by Prescribing Qualifications of Local Officials. — While some of the methods of control just referred to certainly accomplish something, it is believed by many that the chief reason for the failure of local sanitation is the failure of local authorities to elect or appoint capable men to public health positions. This is due partly to the dominance of that great American evil, the spoils system, and partly to the fact that town councils, county boards and mayors do not know the proper qualifications of a health officer. Hence it is proposed that the state in some way control local appointments. One plan is that adopted in New Jersey, where health officials and inspectors must be selected from those who have passed an examination set by the state board of health. The results of this law have not equaled the anticipation. The compensation of health officers is low, and there is no opportunity for the education of health officers in the state, so that there is little encouragement for men to prepare themselves properly. Nevertheless, it is said that a considerable number present themselves for examination and the character applicants is improving. A somewhat different provision of the new New York law is that the Public Health Council shall have the power to prescribe the qualifications of local health officers.

4. Control by Appointment and Removal. — It is doubtless the belief of the great majority of state health officials that one of the most important means of improving local health administration is for the state department to appoint the local health officers. This of course is contrary to the principle of local self government which is so dear to the hearts of Americans, but much public health work is police work, and all police power is vested in the state, and only delegated by the state, when deemed best, to the local units of government. Moreover, in the more ordinary lines of police work, the state in numerous instances sees fit to exercise this power itself, and hence we find state police and state constabulary. In certain kinds of sanitary work, as in collecting vital statistics, receiving and forwarding reports of disease, the local health officer acts really as the agent of the state department of health and hence there is some argument for his appointment by the state. There seems to be no theoretical reason why the state should not appoint local health officers, though there are some practical ones. However, a number of states have seen fit to provide for this form of appointment.

In a number of states, while the local health officials are not usually appointed by the state, they may be under certain circumstances, namely, on failure of the local government to appoint. It is often provided that in such cases the appointments shall be made by the state department of health. Such a provision is found in Arkansas, California, Maine, Minnesota, Montana, Nebraska, North Carolina, Ohio, South Carolina, and Wisconsin. It does not appear that this is often done, for in communities which take too little interest to elect a health officer the mere appointment of one by outside authority would usually amount to little.

Many states go further than this and provide for the appointment of local officials by the central health department as a fixed policy. In Kentucky three of five members of the county boards of health are appointed by the state department, in South Dakota two of three, in Virginia three of four, and in West Virginia one of three. In Arkansas, Mississippi, Oklahoma and Wyoming the county health officer is so appointed, and in New Hampshire the township health officer.

In Vermont township health officials (including health officials in cities) are appointed by the State Board of Health. In Arkansas, however, the appointment is to be with the approval of the county judge, and the attorney general has ruled that his approval must be secured first, which results in the virtual appointment by the judge. In West Virginia, too, the member appointed by the State Board of Health is first chosen by the county commissioner and, in one

case, where this man was not appointed by the State Board of Health, the county refused to make another choice. In New Hampshire, he is to be recommended by the selectmen.

In South Dakota one of the appointees of the State Board of Health, though a member of the County Board of Health, is the county superintendent of health, that is, county health officer.

In Connecticut the township health officers are appointed by the county health officer who in turn is appointed by the county health officer who in turn is appointed by the judges of the superior court.

In South Carolina the State Board of Health appoints boards of health for unincorporated places.

In Ohio the appointment of health officials in villages must be approved by the state board of health.

The appointment of local health officials by the state, where they are paid by the local communities, is naturally likely to raise local opposition, which is still more accentuated, if the compensation is fixed by the state. These conditions have given rise to much opposition in South Dakota and Vermont, and in the latter state, it is said it would now be impossible to secure the passage of the law vesting appointment in the state and attempts are at times made to secure its repeal. In Wyoming, however, the state health officer says that there has been little objection to this arrangement. In Virginia, in all but eleven charter cities, the State Board of Health appoints three of the four members of municipal boards of health.

Power of removal should go with power of appointment and doubtless does in the states just named. In others the state department of health has power to remove incompetent officials, though their appointment is not the general policy. This is so in Idaho, Indiana, Kansas, Maryland, Nevada, New York, North Dakota, Oregon, Washington and Wisconsin. In Iowa the removal is to be made by the Attorney General. In a number of these states such removals are made. In Texas and Utah the state health department may file complaints for the removal of local officers.

The public health organization in Alabama is unique and dates back nearly half a century. It is said to be the result of an effort to unify sanitary practice throughout the state and to take it out of politics, though it was perhaps forgotten that politics can be as rampant in a medical society as elsewhere. The state medical association is the State Board of Health. The association elects from its "councilors," 100 in number, a board of censors of ten, which acts as a committee on health. The censors nominate and the association elects the state health officer. The county medical societies are boards of health officials for incorporated places.

5. Control by State Supervision. — The mere appointment of local health officials by the state does not of itself necessarily involve any really effective control or direction. Some means of practical supervision and education must be devised. This would probably always be necessary, but is absolutely essential, at the present time, when there are so few men trained in public health work and it is impossible, even at the best, to get health officials who have more than the vaguest superficial knowledge of their duties.

Connecticut, over twenty years ago, devised the plan of coordinating and improving public health work by appointing a health officer for each county who should in turn appoint the local health officials and "cooperate with and supervise their doings." The peculiarity of this scheme is that the county health officials are attorneys at law and of course have only a very superficial knowledge of public health work. Naturally the system has proved valueless, or, as might be expected, in some instances, worse.

A recent act in Maryland provides that the State Board of Health shall, with the exclusion of Baltimore, divide the state into ten sanitary districts and shall appoint on the nomination of the secretary, a deputy state health officer for each district. The deputy is a full time man and is to receive a salary, fixed by the State Board of Health, not to exceed \$2,500, together with necessary expenses. Deputies may be moved from one district to another. While they are to assist and supervise local health officials, they are clothed with large executive power and it is the apparent intention of the law that they shall exercise it. Nurses and other assistants may be provided by the State Board of Health. The act carries an annual appropriation of \$50,000. At present there are seven deputies.

In 1907 the state of Massachusetts was divided into fifteen health districts, later reduced to fourteen and again to twelve, and a state inspector was appointed for each district. The appointments were made by the governor with the advice and consent of his council. The governor and council were also to fix the salaries. The state, inspectors besides supervising and advising local health officials had a great deal of executive work in connection with the sanitation of factories and mercantile establishments, with the occupations of minors, with tenement house where clothing is made, as well as with other matters. In 1912 many of these duties were transferred to the State Board of Labor and Industries.

Under the new law (1914) there are to be but eight districts and the inspectors are full time men appointed by the commissioner of health with the approval of the public health council. The salary is not to exceed \$3,500 per annum. Their work will now be feat of supervisors and directors of local work, to secure the enforcement of law and to perform such other duties as the commissioner may direct. A full account of the past work of these inspectors may be found in the annual reports of the Massachusetts State Board of Health.

The new law in New York, which went into effect in January, 1914, contains as one of its essential features, provision for a similar division of the state (the city of New York except) into sanitary districts, with a supervisor for each district, appointed by the commissioner of health. At first there were twenty districts, each with a medical man as supervisor at a salary of \$4,000, including traveling expenses. A number of these supervisors also act as health officer of some large city in the district and receive another salary for this. In 1915, owing to lack of funds, the supervisors were cut down to ten.

The duties of the supervisors are specified in the act as follows:

1. Keep himself informed as to the work of each local health officer within his sanitary district.
2. Aid each local health officer within his sanitary district in the performance of his duties, and particularly on the appearance of any contagious disease.
3. Assist each local health officer within his sanitary district in making an annual sanitary survey of the territory within his jurisdiction, and in maintaining therein a continuous sanitary supervision.
4. Call together the local health officers within his district or any portion of it from time to time for conference.
5. Adjust questions of jurisdiction arising between local health officers within his district.
6. Study the causes of excessive mortality from any disease in any portion of his district.
7. Promote efficient registration of births and deaths.
8. Inspect from time to time all labor camps within his district and enforce the

regulations of the public health council in relation thereto.

9. Inspect from time to time all Indian reservations and enforce all provisions of the sanitary code relating thereto.

10. Endeavor to enlist the cooperation of all the organizations of physicians within his district in the improvement of the public health therein.

11. Promote the information of the general public in all matters pertaining to the public health.

12. Act as the representative of the state commissioner of health, and under his direction, in securing the enforcement within his district of the provisions of the public health law and the sanitary code.

In Wisconsin, there are five deputy state officers each having his own district. They are full time men, under civil service rules, with a salary of \$2,250 and expenses. Their duties are specified in Section 4, Chapter 674 of 1913. One of these is to develop and supervise the work of local officers. They have many other things to do and supervision of local officials does not as yet appear to have been their chief activity.

In North Carolina the attempt is being made through the initiative and under the guidance of the state health department to improve local conditions by inducing the counties to appoint full time health officials.

Already eleven counties have done this, and to coordinate their activities the state department established a bureau of county health work. (This has recently been merged in a bureau of rural sanitation.) It is the purpose here to very actively assist the counties in establishing a full time health service and to put men from the central office into the counties for a time until the work is fairly started. More counties are proposing full time officers than the state department is able, with its present force, to set up in this way. The executive of the state department is firmly convinced that more permanent results can be obtained in this way than where the state makes the appointments and permanently directs from the central office. Moreover public sentiment in North Carolina is decidedly opposed; it is said, to such centralization.

In Virginia there are three district health officers partly engaged in supervisory work.

In Illinois there are four district health officers at a salary of \$1,800.

Of course, there are many other states where the executive officer, or perhaps some inspector, or other employee of the department, does more or less in the way of bettering local health work by personal visits, advice and assistance, as well as by correspondence. Massachusetts, North Carolina and New York seem to be the only states which have adopted a comprehensive method of control by means of personal visits by supervisors. Pennsylvania relies more on printed rules and forms and correspondence direct from the central office. Wisconsin has a nucleus in its deputy health officers which may easily be developed into a system of personal supervision. All these are, with the exception of North Carolina; township states, with a large number, of local health officers. North Carolina is a county state with fewer health officers, and their supervision by the central office may perhaps ultimately require a smaller central force than is needed in township states. In Massachusetts the supervisors themselves have hitherto been directed by the assistant to the secretary, and in New York there is a bureau in the department for this purpose.

6. The "Unit Plan." — The state department of health of North Carolina has recently put in effect what it calls the "unit plan" for the state direction of local health work. This must not be confused with the "unit work" of the International Health Commission. In the latter the

“unit” refers to the staff engaged in the intensive local health work which it is the purpose of the commission to promote. In the North Carolina plan the “unit” refers to the kind of health work which the state proposes to undertake.

The advocates of the North Carolina plan are strongly convinced that it is very important that local governments should be made to feel their responsibility in sanitary matters and that they should bear the cost of improving the health of the people. They believe that where the counties or other rural divisions cannot afford to maintain a full time health officer and carry on all the important lines of health work they can be induced to take up, one at a time, the more important lines of endeavor and pay the state health department to do the work selected. This would be the “unit” of work and the county might pay for one, two, three or more units, as it should see fit. It could spend as much or little as it liked, and in any event, could be assured of having the work done well, as the state department of health would do it. The state could always keep in its employ trained men who would do in an efficient and economical manner whatever they might be called on to do. In the summer of 1915 a contract was entered into with ten counties in North Carolina for free, immunization against typhoid fever. Each county appropriated \$500, and in some counties as many as one third of the people school inspection. For \$10 per school the department will engage to examine the children and the building, and to arrange the proper exercises for a “healthy day” in each school district, which will interest the parents as well as the children, and be the beginning of better things in sanitation.

7. All Local Work Done by State. — Only two states have adopted this principle, Florida, for practically the whole state, and Pennsylvania, for about one quarter of the population scattered over the rural and less densely settled portions.

In Florida there is no county health organization and no municipal department, worthy the name, except in Jacksonville. The State Board of Health has full authority, and assumes full responsibility, for health conditions throughout the state. For purposes of sanitary control the state is divided into seven districts and an assistant health officer is employed by the State Board of Health for each district. These are full time men. There are in addition two “county agents,” and four sanitary policemen to look after the details in the principal cities.

In Pennsylvania the State Department of Health, ever since its reorganization in 1905, has pursued a policy of controlling from the central office as far as possible, health work over large areas of the state. For this purpose a medical inspector is appointed by the commissioner of health in each county and also local health officers who have jurisdiction over unincorporated territory as well as over many incorporated places. The state's county medical officers, who are largely occupied with communicable diseases, frequently advise the local health officers. All of the work of these officers is directed by the “medical division” of the department in much detail by rules, forms, reports, directions and correspondence. The department also has a “general inspector” and an assistant, but apparently they do not do much supervisory work, as that is understood in Massachusetts and New York. Local health organization has been very backward in Pennsylvania. This was even true of Harrisburg, the capital city, with a population of about 60,000, which had no health department until 1909. The state health department has made earnest effort to secure the establishment of boards of health in all incorporated places of any considerable size.

8. Supervision by Conferences. — An obviously useful way of coordinating and improving local public health work is by means of meetings of health officers, at which matters relating to public health can be discussed. In some of the states as New Jersey, New York and

Massachusetts the need of such meetings was felt twenty-five or thirty years ago and voluntary associations of health officers and others were formed for this purpose. Whether or not the assertion was or was not organized by the state health department, the latter usually took much interest in promoting its prosperity and usefulness. Such associations are found in Arizona, Connecticut, Kansas, Massachusetts, Michigan, New York, North Carolina, Oklahoma, South Dakota, Utah and Virginia. In some of these voluntary associations, particularly the older ones, the membership is by no means confined to health officers, but many other persons interested in public health work are members.

A somewhat different and later type of meeting, and one more frankly official, is the "conference" of public health officials, which is called by the state health department for purposes of instruction. Some of these conferences are called "schools for health officers," as in Indiana, Kansas, Kentucky, Oregon, Texas, West Virginia and Vermont. At times, as in Kansas and Texas, these meetings are more in the nature of a school, for didactic instruction as well as laboratory work is given. More often the "conference" or school is like the meetings of medical or other scientific bodies in which papers are read and discussed with occasionally a symposium or round table discussion, or a question box. The speakers at these conferences are often local health officers, or men connected with the state health department, but usually some speakers from other states are invited. Such conferences, or schools, are required by law in Arkansas, Indiana, Kentucky, New Hampshire, New Jersey, New York, Ohio, Utah, Vermont, Washington and Wisconsin. They are held also in California, Louisiana, Minnesota, Mississippi, Montana, Nebraska, Oregon, Rhode Island, Tennessee, Texas and West Virginia. In Pennsylvania the commissioner of health calls conferences of his own health officers who number many hundred. In Kansas, New Jersey and New York, besides these official conferences held under the auspices of the state department of health, there are voluntary associations of persons interested in public health. In Kansas the official "school" is held jointly by the state board of health and the state university, and the physicians of the state are invited to attend. In Texas it was organized by the university, with the cooperation of health.

Sometimes these conferences are held at the time of the meeting of the state medical society, but more often they are entirely independent. Sometimes the meetings last for one day only, or they may be longer, as two days in Oregon, Utah, Tennessee, Texas and Wisconsin, three days in Indiana, Kentucky, New York, Ohio, Washington and Vermont, a week in Kansas and three weeks in Texas. Usually the meetings are held annually, but in Connecticut and Wisconsin biennially. The health officers' association in Massachusetts and New Jersey hold quarterly meetings. In order the better to accommodate the members, Vermont last year hold four "schools" in different parts of the state. In California, where the conference meets with the state medical society, there are also southern and northern conferences which meet with the southern and northern branches of the medical society. In Montana meetings are held, and in West Virginia two. In Indiana, besides the general meeting, there is one held by the northern counties. In Ohio a northern and a southern meeting are held. In New York there are frequent conferences of the health officers in one or two counties and in Connecticut there are some county conferences and in Massachusetts some of the state inspectors hold local conferences. It is believed by many that some of the most effective educational work among local health officers can be done in these small district conferences, and it seems likely that these will be held a great deal more in the immediate future.

One of the great difficulties with the conferences is that they are usually not very well attended and the men who need them most do not go. The difficulty is largely a financial one.

A health officer with a meager salary does not feel that he can afford to leave his practice and pay his expenses to one of these conferences. Of course, some communities pay the expenses of their health officers and some more can be induced to when urged by the state health department. A few states have passed laws requiring, the health officers to attend and also requiring, their communities to pay their expenses. This is the case in Indiana, Kentucky, New Hampshire, New Jersey, New York, Ohio, Utah, Washington, West Virginia and Wisconsin. Even then the attendance is far less than it should be. In Arkansas and Texas the counties may or may not pay. Vermont has gone further and not only requires attendance, but the state pays the health officer \$4 a day and expenses. The cost of the school, when only one was held, was about \$6,000, and when four district schools were held, about half that sum. About 80 per cent, of the health officers attend.

Realizing the difficulty of getting attendance at conferences a prominent official has recently suggested that a practical way of improving local health service would be to establish correspondence courses for health officers, and at least one state department has been seriously considering the plan.

PLANS FOR THE IMPROVEMENT OF LOCAL HEALTH WORK

Probably during the last four or five years no subject has received more consideration from state health officials than the improvement of local health service. Very little has so far been accomplished, but there has been much discussion and various plans have been evolved and bills drawn.

Comparatively few approve the plan of having the state appoint all local officers and some, who would like to see this done, recognize that it is impossible.

A dozen or more state officials are in favor of supervisors after the Massachusetts and New York plans. About half of this number are in states where township government is fairly strong and where supervisors would seem to be the most natural step in the evolution of a better service.

Almost an equal number are in favor of county health officers. In many states, however, it is recognized that some of the counties are too small and that provision would have to be made for a combination of counties in some cases. This has been done in some recent bills, as in Kansas and Ohio. The township, too, even in those states with large townships with a strong government, is too small for a full time health officer and voluntary combinations of townships have been formed in Massachusetts and New Jersey and of small cities in Illinois. In Ohio the compulsory combination of townships to furnish an area sufficiently large for the deputy health officer is provided for in the pending bill. Acts just passed in New York and West Virginia authorize, but do not compel, combinations of towns in New York and counties in West Virginia.

On the other hand, some believe that in the South, with its many pressing sanitary problems, a county is too large and, as was previously mentioned, the formation of artificial sanitary districts within the county has been provided for in North Carolina.

One cannot say, at present, what is the best plan of organization for securing more effective health work in the county and in the smaller municipalities. Little success has been attained in the past, and the fewer schemes have not been tried, or have been tried too short a time, to determine their value.

The ideal plan in the minds of not a few is for the state to appoint and pay its local

health officers. This has been done only in Florida and a portion of Pennsylvania, and it is doubtful whether, at present, it could be done over the whole of any other state.

There are still more who would have the state appoint local health officers, but have their salaries come from the communities they serve. This is done for township health officers in Arkansas, Mississippi and Oklahoma.

It is realized that there is not much use in appointing a health officer unless he is paid an adequate salary and so, in many states, attempts have been made to fix the salary paid by the local authorities, but legislatures are loath to provide large salaries for health officials and in no state has it been made sufficient.

In about a dozen states where the township form of government is most highly developed, including New England, New York, New Jersey and some states of the Middle West, the township health officer is likely to remain a fixture. Under these circumstances there is general agreement that supervisors appointed by, and paid by, the state, can do a great deal to improve the situation.

Over the remainder of the country, where the county system prevails, two plans seem to find favor.

One plan is that of the full time county health officer who will do all of the health work of the county himself. This meets approval where the really rural population is fairly dense. In some states the county seems to make such a unit. The executive officer of the State Board of Health in North Carolina believes it to be so in his state where the counties average something less than 25,000 in population, and something less than 500 square miles in area. In that state it is proposed that candidates for the position of county health officer shall spend from six to eight months with the State Board of Health studying the methods to be followed in their future work. The bill recently defeated in Kansas provided for districts, usually containing several counties, and with a population averaging about 55,000. The average size of the districts was about 1,200 square miles. The state health officials believed that, in view of the character of topography and the prevalent diseases, one whole time officer could, with an automobile, cover such a district. In other states, especially in the Rocky Mountains and on the Pacific Coast, the counties often have a very large area, though the population may be comparatively scanty, and here the county health officer must certainly be provided with deputies. In some of the more sparsely settled states, like the Dakotas, where the counties have a smaller area than in the mountain states, it is suggested that a number of counties should be combined to provide for a full time health officer who would then have deputies.

Several carefully prepared bills were introduced in the 1915 legislatures which are worthy of consideration in this connection. The proposed act in Indiana provided for the appointment of a health commissioner in every county, and in all cities of over 20,000 inhabitants, to be appointed by a special board in each county, consisting of the county superintendent of schools, the county auditor and the president of the county, and to serve for four years. The appointments were to be made from: 1. Physicians of four years' recent public health experience in Indiana. 2. Physicians who have passed an examination satisfactory to the State Board of Health, and 3. Persons holding a degree of doctor of public health from a reputable school. The health commissioners were to be full time men and to have large executive power, but were to be entirely subordinate to the State Board of Health and the latter could remove them for cause. Salaries were fixed, varying from \$1,200 to \$2,500 in counties, according to the size of the county.

The bill in Kansas provided that the State Board of Health should divide the state into

thirty districts. Each district was to have a board of health formed from the county commissioners and representatives from cities, this board to elect a full time health officer for a term of four years from an eligible list furnished by a special examining board. The health officer's salary was to be fixed by the board of health, but to be not less than \$2,000. The county health officer was given full executive power, except over cities electing to maintain a health department, and the board of health was to have legislative power.

The proposed acts in Michigan and Ohio, unlike those just referred to, had to recognize the townships, and in Michigan it was not thought advisable to interfere with the township boards of health and health officers. The bill authorized the State Board of Health to divide the state into thirty districts, with a health commissioner in each, to be appointed for four years by an appointing board to consist of the judges of the probate and the county school commissioners of the counties in the district, the appointment to be from a list of physicians who had passed an examination by the State Board of Health as provided. The commissioners were to be full time men and receive a salary of \$3,500 and traveling expenses up to \$1,000, to be paid by the state, and were given large executive power and were to act as agents of the State Board of Health. Detroit was to be exempt from the provisions of the bill, but its health officer was to be agent of the State Board of Health. The existing local health officers were to be deputies of the district health commissioners.

In Ohio the State Board of Health was to divide the state into districts of one or more counties, as it should determine, with subdistricts, consisting of one or more townships. The county commissioners of the counties were to elect a district health officer, subject to the approval of the State Board of Health, from a list certified to by the civil service commission after examination, the candidates to be physicians or holders of the degree of doctor of public health. Each subdistrict was to have a deputy district health officer appointed by the district health officer, from a list certified to, after examination, by the civil service commission. Both the district health officers and the deputies were to serve until removal or resignation. The salary of the district health officers was to be not less than \$2,000 and be fixed by the county commissioners, with the approval of the State Board of Health, and paid by the counties comprising the districts. The salary of the deputies was to be fixed by the trustees with the approval of the district health officer and paid by the townships. Local boards of health would be done away with by the act, and the health officers succeed to their powers, except as regards the making of regulations; the health officers to have large executive powers, acting under the instructions of the State Board of Health.

None of these bills was enacted into law.

In Vermont it has been proposed to do away with the local health officers and for the State Board of Health to appoint ten full time officers in their place.

COMMUNICABLE DISEASES

The primary object of the establishment of boards of health was the prevention of communicable diseases, particularly the more serious and spectacular outbreaks, and though the modern health department is far from considering this its sole function, it is still its most important one. In our present scheme of public health administration most of the daily routine work in managing the ordinary communicable diseases on the local health officials. Some one near the spot must visit the infected premises, investigate, get the history, establish isolation, placard, disinfect or do whatever else is considered necessary. Nevertheless, the state

department can, and should, do a great deal, and it sometimes keeps in close touch with all the details. Some of the principal features of the relation of each state health department to communicable diseases are shown in Table 4.

REPORTS OF COMMUNICABLE DISEASES

The first step, and the most essential step, in the control of communicable disease, is its proper registration, and here the state department can do much. First of all, a morbidity registration law is necessary, and this the department should secure. Every state in the Union has some sort of law of this kind, though they vary greatly in many respects. In many of these details we have little interest in this connection. They may be found compiled in a recent bulletin of the Public Health Service (U. S. Public Health Service, Bulletins 45 and 63). Several things are, however, of interest. One of these is uniformity. To encourage uniformity a model morbidity law was approved June 16, 1913, by a conference of the state health authorities and the United States public health service. This has been adopted, as "rules" of the state board of health of Florida, Kansas and South Carolina, and many of its provisions in Mississippi and Ohio.

While it is readily admitted that, for the convenience of everybody concerned, there should be uniform procedures for the control of communicable diseases over the whole of each state, it is very undesirable, at the present time, that we should have uniform laws on this subject over the whole country. Our knowledge of these diseases and the best means for their control is too limited to warrant any such uniformity. While we do not desire forty-eight different laws, we should do nothing to discourage experimentation on the part of different states. Until our knowledge becomes exact it is best that one state try one plan, and one another, and let the best survive. All of us need to be kept posted as to what is being done and what are the results, and should be one of the most important functions of the federal government, but it would be a great mistake for any body, or organization, to urge too persistently the premature crystallization into law of the experiments so many are now making in the control of communicable diseases.

There are two types of laws relating to morbidity reports. In one the statute itself specifies the diseases which are to be reported. This is unfortunate, for, with the advance of science, new diseases are sure to be added and it might happen that others may be removed. To be able to alter such details only by statutory amendment is unwise. The addition to the statute of a blanket clause such as "or other contagious, infectious or communicable disease" is of little value as the question is then left to the courts. The majority of the laws have wisely provided that the state health department may add to the list of notifiable diseases, or is to specify those which are to be so considered. Sometimes, as, recently in Arkansas and New York, the notification of disease is required by regulations of the state department of health made under its broad authority to make rules for the protection of the public health. The best way is for the state department of health to specify the diseases, for no matter what opinion one may have as to the constitutionality or advisability of delegating to the state department of health unlimited legislative power in regard to public health, probably all will agree that it is both proper and desirable that the department should be given authority to make purely administrative rules specifying what diseases are to be reported, how long isolation is to be maintained, when children may return to school or how a house should be disinfected.

In Delaware, Florida and Louisiana reports are made directly by the physician to the

state health department. In Georgia and in South Carolina, where there is no local health officer, cases are reported to the state department of health, and in New Jersey when they are on dairy farms. In Texas, "pestilential" diseases are to be reported by telegraph. In Maine, Maryland, Minnesota (where not reportable to local board), Mississippi, Nebraska, New Hampshire, Oregon, Rhode Island, Utah and Vermont tuberculosis is to be reported to the state health department, and in Rhode Island poliomyelitis and cerebrospinal meningitis. Elsewhere communicable diseases are reportable to the local health department, township, municipal or county. If the state department is to exercise any direct routine control, or is to keep in close touch with course of the disease, reports must quickly be sent by the local officials to the state department. In a number of states it is required that this be done "daily," or "immediately," as in Arizona, California, Connecticut, Illinois (first case in locality), Iowa (first case), Kansas, Maryland (outside of Baltimore), Massachusetts, Michigan, Minnesota, Missouri, Montana (typhoid and Rocky Mountain fever), New Hampshire (first case), New York, South Dakota, Utah (typhoid fever) and Wyoming. While the statute requires this, it is by no means always done, and in several of the above named states the reports are made only monthly and poorly at that. Florida, Delaware, Maryland, Massachusetts, Michigan, Minnesota, New York and Pennsylvania (in portions controlled by state health officers) are the only states in which daily reports are received by the state department. In Maine, New Jersey, Pennsylvania, Vermont, Virginia and Wisconsin weekly reports are required, but in most states they are to be made only monthly, though in Ohio they are to be made twice a month, and in West Virginia quarterly.

It is perfectly evident that, except for statistical purposes, anything but weekly reports to the state department of health are entirely worthless and that even weekly reports will do little except to call the attention of the department to outbreaks which have already gained a foothold. For the state to exercise any direct and, effective control, immediate reports are necessary, and the fact that they are rarely made, shows that the state rarely intends to attempt such direct management of the cases. That monthly reports satisfy most of the states indicates that their state officials are not active in this line of work. The "model" morbidity law requires that reports shall be made "within seven days." It should require either immediate reports, or reports at the end of each calendar week.

If one examines the morbidity reports of the different states it becomes apparent that diseases are poorly reported. Very many states furnish no figures at all and in others they are exceedingly incomplete. The United States Public Health Service included only twenty-seven states in its reports for 1914. It is difficult to measure the accuracy of returns but something can be judged from the case fatality, but it must be remembered that in the states with the poorest morbidity returns the mortality statistics are also incomplete, so that conditions are really worse than they appear on the face. It is evident that much remains to be done by the states to secure good morbidity returns, especially outside of the larger cities.

The state can do much to improve morbidity reports.

1. It can strive to see that some use is made of them. The local officials to whom they are reported should do something besides placing them on file. If that is all that happens physicians should scarcely be blamed if they fail to report. While people may object to being inspected and isolated and disinfected, everything that is done advertises to the public that reports are required, and if physicians forget, the neighbors will remember. But the greater use that is made of reports the less likely the physician will be to forget. Develop and render effective control of communicable diseases and their notification steadily improve.

2. One reason why cases of communicable diseases are not reported is because they are

not recognized. As will be referred to again, the diagnostic laboratory, if properly utilized, is one of the most important aids to effective morbidity registration.

3. The state health department can, through its educational bureau, do much, directly and indirectly, to stimulate notification. It can also, by correspondence and personal visits, stimulate the local officers to see to the enforcement of the law.

4. Notification should be made as easy and simple as possible. A long list of diseases, the reports of which are never made use of, are discouraging. If a state wishes to seriously study the incidence of cancer, then it is proper to make it a notifiable disease, but there is no sense in putting it in the morbidity law of every state, when it is known beforehand that the reports will merely "be placed on file." Reports by telephone, or by sending laboratory specimens, should be encouraged. When written, the simplest forms should be used. It is for the health official, not the physician, to obtain administrative or statistical data.

The state health department also has other duties in connection with morbidity reports. Such reports should be transmitted promptly to the United States Public Health Service. This service should be our great sanitary clearing house, where all kinds of information are exchanged. It is of the utmost importance that this service should publish at the earliest possible moment complete morbidity and mortality statistics of the different states and principal cities. This it is attempting to do, but it has to depend on state and local health officials and these, particularly the former, are in duty bound to make every effort to facilitate the compilation made by this service.

Another, and very proper function of the state department of health, is the notification of communities outside its jurisdiction when it has knowledge that cases of communicable disease or infected persons are leaving, or have left for such communities. This reciprocal notification has received special attention in Minnesota.

ADMINISTRATIVE CONTROL

1. Supervision of All Cases. – As has been referred to, in only a very few states does the state department of health assume direct management of cases of communicable diseases as routine practice. In Florida there are scarcely any local health officers, the State of Health assumes direct control of disease practically all over the state except in Jacksonville. For this purpose it has seven full time assistant health officers, two part time agents and four patrolmen.

In Pennsylvania, of course, the state department of health has the entire and direct control of communicable diseases among the 2,500,000 people living in the districts over which the department health officers preside. The department makes the administrative rules to carry out the statutes relating to this subject and issues its orders to its health officer. Every case is immediately reported to the state department, as is also its terminal disinfection, as well as every detail of the health officer's work. All supplies are furnished from the central office which is, by correspondence and otherwise, kept informed as to unusual features or the general progress of the disease.

In Minnesota the division of communicable diseases of the state health department has gradually developed a system of "follow up" which probably results in a more effective control than is found in any other state. This follow up work is not concerned with the cities of Minneapolis, St. Paul, or Duluth, but does apply to about 1,500,000 persons. The local health officers send immediately to the state health department the report cards received from physicians and these, and the report cards accompanying the laboratory specimens, are at once

placed on the desk of the director who is thus enabled to keep in close touch with the course of disease. Deaths of unreported cases are at once looked up.

All cases of poliomyelitis and cerebrospinal meningitis are personally visited by an inspector from the department.

In other diseases, except tuberculosis, requests are sent out to the attending physician for additional epidemiologic data which are then filed with the original report. Circulars in regard to the management of the disease are sent to the family in scarlet fever and to the physician in diphtheria and typhoid fever. Release cultures are required in diphtheria in municipalities and within two miles thereof, and are supposed to be taken by the health officer who also placards and supervises disinfection and cleansing, the last of which is insisted on. The health officers are obliged to report to the central office at the termination of each case and in this way the department learns whether the case has been properly managed. In tuberculosis increasing effort is made to secure reports, especially from institutions. The health officer is asked to look up families. Literature is sent to families. Discharged cases are looked up. This follow up work was begun in 1912 and has become increasingly effective.

In Delaware, the physicians report direct to the state health officer who looks after all the details of control either himself or by a deputy, but in a state the size of Delaware the state health officer stands in about the position of a county health officer in other states.

In Massachusetts the local health officer, on receipt of a notification from a physician, not only sends it at once to the State Board of Health, but also notifies the state inspector for that district. The latter thus keeps in touch with the disease and, in many instances, at once advises with the physician or the health officer.

2. Control of Outbreaks.—While only two or three states make any pretense of directly controlling the management of all cases of communicable diseases as reported, there is probably not as of health which does not consider it one of its duties to assist and advise local authorities, and even to take entire charge of local outbreaks which are of sufficient extent to attract public attention. It is impossible to define to every one's satisfaction what an epidemic, is, but we all know perfectly what is meant as these terms are popularly employed.

A very considerable number of state health departments make no particular effort to discover, or to intervene, in these outbreaks but only take action, and that advisory only, when they are called on by local officials, or citizens, or when the conditions chance to be brought to their notice. Among states which do more than this and really seek to discover outbreaks by a study of reports, of the daily press, and in other ways, may be mentioned California, Indiana, Kansas, Massachusetts, Minnesota, New Jersey, New York, Ohio, Pennsylvania, Virginia, and Wisconsin. Of these perhaps Minnesota, Ohio, Virginia, and Pennsylvania have done the most. The epidemiologic investigations of the Minnesota department have been especially thorough and successful. The methods of this department will repay careful study by all who are contemplating an extension of epidemiologic work. Massachusetts has also made exceedingly valuable epidemiologic studies of cerebrospinal meningitis and poliomyelitis.

When the state health department undertakes the investigation of local outbreaks this is as far as its activities usually go. The local officers are glad to have the advice and assistance of the state officials and proceed to carry out their directions. Sometimes, however, friction arises and, as has been shown on another page, the state department in many states is authorized to take charge of local affairs, sometimes collecting the cost from the community and sometimes not. This, however, is in practice a very unusual procedure. Even to threaten to do so is unusual, and the threat usually brings the local officials to a sense of their duties.

Practically all the state health departments are authorized to investigate outbreaks of disease and study its causes. As is the case with a number of other laws, the Massachusetts statute of 1869 has been copied sometimes exactly, and sometimes with variations, by many other states. It reads as follows:

"Said board shall . . . make sanitary investigations, and inquiries relative to the causes of disease and especially of epidemics . . ."

In some states as Kansas, Louisiana, Maryland, Minnesota, New Jersey, New York and Texas, the state officials are authorized to enter premises, or to require information from corporations and others as in Kansas, or to settle questions of diagnosis as in Alabama, Louisiana, Maryland, New Hampshire, Wisconsin, and Washington.

The authority for the intervention of the state in the local investigation and control of communicable diseases, is to be found in the general grant of executive power to the state health department, in its rule making power, and in specific authority to take charge of local affairs, all of which have previously been referred to.

EMERGENCY FUND

In a number of states a fund provided which is to be used in an emergency. The theory is that it is to be employed only during an exceedingly severe or extensive outbreak, or when urgent measures are needed to prevent the introduction or spread of some exotic disease, as plague, cholera or yellow fever. Thus in Connecticut it is specified that it is to be used only against cholera and yellow fever. California and New York each have a fund of \$100,000. Indiana and Pennsylvania \$50,000; Alabama, Kentucky, Maryland, Mississippi and Tennessee, \$10,000; Rhode Island and South Carolina, \$7,000; Colorado, Connecticut, Kansas, Louisiana, Nebraska, New Hampshire, North Carolina and Oregon, \$5,000; Illinois, \$3,000; Maine, \$2,000; and Ohio, \$1,000. In Connecticut more money is available on unanimous approval of the State Board of Health, the governor, attorney general, auditor and chairman of the finance committee of the house and senate. In New Jersey no sum is named, but funds are available if action is approved by the governor, the comptroller, and the treasurer of the state. It sometimes happens, as in Kansas, that this fund has been employed for what might be considered ordinary uses, as supplying antitoxin. Usually, however, these amounts are not drawn on except in great emergencies.

STATE REGULATIONS FOR MANAGEMENT OF COMMUNICABLE DISEASES

The authority to make administrative rules in regard to the communicable diseases is one of the prerogatives of the state health department. As is shown in Table 4, nearly every department possesses such power. Most of them have made use of it and have made sets of rules governing the health officer, the physician and the public. It is quite desirable that this should be so, for it is only in this way that elasticity can be secured and administration kept abreast of the progress of sanitary science. Many of the rules, as we find them, are antiquated or illogical, but statutes would be worse, rather than better, and more difficult to change. A careful compilation, analysis and discussion of existing regulations in the different states would be exceedingly useful, but is, of course, far outside the scope of this report. Such a discussion may be found in Public Health Bulletin 62 of the U. S. Public Health Service.

SPECIFIC ACTIVITIES

While a consideration of the varying details of the routine measures for the control of the common contagious diseases, as diphtheria and scarlet fever, is not here attempted, reference is made to a number of diseases in which unusual methods are employed, or of which states are only beginning to take cognizance, or to which, for other reasons, it was thought that it might be interesting to refer.

Typhoid Fever

Typhoid is the most serious of our acute infectious diseases, attacking as it so often does, young adults, and disqualifying for work for so long a time. In the northeastern part of the country it is not so prevalent as formerly, and indeed it is probably decreasing generally, but it is still very prevalent over most of the South and in certain parts of the Middle and Far West.

There are many ways in which the state health department can, and does, attempt to lessen this disease. Until quite recently the chief means was by improvement of public water supplies. The gross pollution of a large proportion of our water supplies forcefully, and at times, dramatically, called attention to this cause, and a number of states, of which Massachusetts was the leader, have, usually through the state department of health, brought about a vast improvement in of municipal water supplies and a corresponding decrease in the typhoid death rate. In 1908; Whipple estimated that 40 per cent of the typhoid fever in our cities was due to polluted water. At the present time, although there are too many polluted supplies, these play relatively a smaller part than formerly in the causation of the disease. Outside of water-borne infection and occasional milk outbreaks, contact and fly-borne infection are now considered the chief factors. These factors, however, are not operative except in the presence of defective excreta disposal. The privy vault, or what is worse, no method of disposal at all, is the real underlying cause of typhoid fever at the present time. Hence the people of the rural South are perhaps the worst sufferers.

Probably the Virginia health department has done more than any other state department to combat typhoid fever. The assistant commissioner, independently and in conjunction with the Richmond health department, and with the United States Public Health Service, has been of the greatest service in working out the causes and modes of prevention of typhoid fever in the South. Besides doing much to determine the modes in which the disease is commonly spread in the state, the department has for several years carried on an active campaign. In connection with hookworm work, excreta disposal has been constantly preached, reasonable methods have been advised, outbreaks are systematically investigated, intensive investigations have been carried on in connection with the federal government. The excellent educational work of the department has given due attention to this disease. Whenever a local increase is noted an inspector is sent to investigate, lecture, and talk against foul privies and flies, distribute literature and advocate vaccination. In the other southern states the men engaged in hookworm work give more or less instruction in regard to typhoid fever, though it is likely to be less than more. However, the hookworm campaign, even if typhoid fever is not mentioned, cannot help but be a factor in its elimination. In Minnesota, too, active epidemiologic work by means of investigations, direct control of cases, education and water supervision has been carried on for several years with excellent results. Washington has carried on a good deal of active

educational and epidemiologic work. The spectacular freeing of Yakima was largely brought about through the efforts of the State Board of Health. The board had made a careful study of conditions and, in order to bring home the facts to the people and arouse their interest, the United States Public Health Service was invited to cooperate. The sanitary awakening which followed this joint survey is well known. The Public Health Service has conducted similar intensive campaigns in Alabama, Indiana, Iowa, Kansas, Maryland, Mississippi, North Carolina and West Virginia, always in cooperation with the state health department and with its active assistance in Indiana, Maryland, Mississippi and North Carolina.

In Pennsylvania, too, the state department of health not only seeks to direct the control of each case, but makes special effort to see that those living on water-sheds used for public supplies do no harm. Besides Pennsylvania, daily reports of the disease are received in several other states by the state department, and in Maryland, Massachusetts and Utah literature is sent to the patient, and in Maryland disinfectants are furnished on request by the physician.

Leprosy

Most states, as well as municipal, health officials, seem ready to evade responsibility for this disease. Only two states have provided hospitals for isolation, namely Louisiana and Massachusetts. Neither institution is under the control of the department of health, though in Massachusetts there is talk of transferring it to that department. Another state, Minnesota, investigates and keeps run of the few cases in a way, but has provided no place for isolation. In California the law requires isolation in a separate building, and the state health department sees that it is enforced. In most states isolation is urged, but, of course, state health officials do what they can to render the conditions as little onerous as possible. In some places cases are kept in an ordinary isolation hospital. In New York, South Carolina and Texas, apparently no effort is made to isolate.

Hookworm Infection

The state health department of Florida was the first to take action against hookworm infection. The publications of Stiles and the results of the work of Ashford in Porto Rico called to this subject the attention of health officers in the South and the health department of Florida began an investigation of the prevalence of the disease in that state and a report was published in 1906. In 1908 an article on the subject by Dr. Byrd of the department was sent to every teacher in the state. In 1909 an aggressive campaign was begun by sending men into the different counties to teach by means of lectures, demonstrations and treatment, the facts about the disease. It was intended to reach every community in the county in this way. The state also offered to pay the family physician for treating indigent cases if done according to directions. This latter plan was followed only a short time, but dispensaries were opened instead. The laboratory of the board was utilized to make the fecal examinations and still does a large amount of this work. From October 12, 1909, to December 31, 1910, \$8,737.45 was expended. The campaign was carried on more or less extensively until 1913, when it was abandoned, the laboratory, however, continuing to make large numbers of examinations for physicians. Mississippi also made an appropriation of \$8,000 in 1910 to undertake "rural sanitation," but before the work was fairly started arrangements were made to work with the Rockefeller Commission as was done in other states.

The Rockefeller Sanitary Commission was organized October 26, 1909, and following, to a considerable extent; the work of the Florida State Board of Health, began active operations against hookworm infection in January, 1910.

It was the intention of the commission to work at the invitation of, and in cooperation with, state departments of health. Hookworm infection is found widely spread in twelve states in the South and in eleven of these, all except Florida, the commission has been actively engaged. Infection has been demonstrated occasionally in other states, but except in those mentioned it seems to be of little importance. In all the twelve states named it is considered by nearly all health officials to be a very great injury to health and a handicap to human endeavor.

The purpose of the commission was;

1. To demonstrate infection.
2. To determine the degree of infection by counties,
3. To determine the amount of soil pollution by counties.
4. To carry on an educational campaign in each county.
5. To help physicians to recognize and cure the disease,
6. To induce medical schools to teach intestinal parasitology.
7. To enlist the services of the press.
8. To have the principles of prevention taught in the schools.
9. By intensive work to make at least one community serve as an example of successful control.
10. To lay the foundations for an efficient state and local organization,

The commission is supposed to work through the state board of health. The "director of rural sanitation," or some like named officer, is nominated by the state board of health, but is appointed by the commission and is an officer of the state department. Under him are a number of field workers, who do the lecturing and investigating, and operate the dispensaries and are assisted by several microscopists for making diagnoses. There are, of course, one or more stenographers or clerks. All these are theoretically employees of the state health department, but are practically appointees of the commission. Their salaries are paid by the state department, but most of the funds are supplied by the commission which makes quarterly remittances to the state health department. The state usually pays office expenses and in some states a part of the salaries of the director. The counties make an appropriation averaging from \$100 to \$300.

Since the above was written the International Health Commission, the successor of the Rockefeller Sanitary Commission, has withdrawn from this undertaking in most of the states. It completed its work as planned, in the other states, in June, 1915. In several other states a new type of intensive work is now being undertaken in one or more small communities by which it is proposed to attempt by effort to better the sanitary conditions of each family and to develop an appreciation of the value of public health work.

In this newer phase of the undertaking the "unit" or working force, consists of a field director and three lay assistants, one of whom is a microscopist. This unit works in some rural community for three or four months until every dwelling is visited and the inhabitants examined. Personal effort is made in every case to cure infected persons, and what is more important to secure, if possible, a proper disposal of human excreta. Personal instruction is given in health matters, most of the emphasis being laid on feces-borne diseases. Local appropriations are asked for and also state aid. At present, September, 1915, three units are operating in Virginia, two in South Carolina, two in Mississippi, one in Louisiana and

Kentucky, and three in Tennessee. In Kentucky and Mississippi the expense is borne entirely by the commission. In Virginia the state appropriates \$3,800. In South Carolina the state pays half the cost of one unit. In Louisiana the state and the commission share the expense not assumed by the county. In Tennessee the state appropriates \$1,800 for each of the three units. The cost of a unit for a year is about \$4,800.

It appears to an outsider that while the Commission nominally acts through the state health department it really carries on its work as an independent organization. Indeed it could scarcely be otherwise. It is difficult for an employee to serve two masters. Even when there is, in the main, an excellent understanding, there are likely to be differences on minor matters. Moreover, it is scarcely conceivable that a successful campaign, along definite lines, could be carried on under eleven different authorities. That definite and fairly uniform results have been attained in different states seems to be due to centralized organization and direction.

The last report of the Rockefeller Sanitary Commission states that a survey was made in 596 counties in eleven states. 548,992 children were examined of whom 39 per cent, were infected. 250,680 farms were inspected and on 125,584 no privies were found. Educational work was carried on in 579 counties, around the dispensary as a center/where 1,273,850 persons were examined and 440,390 were treated.

The Commission through its workers has brought health to thousands, has demonstrated an important preventable disease, has shown how its cause can be removed and has brought about a marked sanitary improvement in countless dwellings and schools, things certainly worthwhile. Nevertheless the incidental and indirect results of the campaign will probably prove to be of far greater consequence. The great results of the work would appear to be the demonstration to the press and to the leaders of public opinion, and also to the masses of the people of the South, that great and immediate results can be obtained by the application of the principles of scientific medicine through the medium of an organized public health service made possible by adequate appropriations.

Great as these benefits are there are many who feel that it is dangerous to have outside agencies initiate and direct the activities of state and municipal officials. There is scarcely a health officer who has not had assistance from one private organization or another. Yet there is probably not a health officer who is not in constant fear that some group of over-enthusiastic, and perhaps ill-advised, reformers, may not, by outside pressure, bring about a one-sided diversion of the funds of his department, perhaps to lines of work of problematic value. While officials, owing sometimes to failure to keep abreast of scientific progress, are partly responsible for these suggestions from without, there is no degree of efficiency which will surely protect against the danger of earnest reformers who have not stopped to determine the scientific basis of their reforms.

Malaria

While there is probably no state in the country in which cases of malaria do not sometimes occur, it is only in the warmer and moister portions that the disease becomes a serious burden, The recent surveys made by the Public Health Service show that in many states it is an extremely prevalent disease, causing thousands and tens of thousands of cases. In a small manufacturing village in the South it was stated by the health officer that during the preceding summer 45 per cent of the population had chills and fever. Of 1,666 blood smears indiscriminately at a locality in another southern state 40 per cent. were positive for malaria.

There is no community which cannot afford to spend the money needed to check this disease. Nevertheless little systematic work seems to have been done by the states thus far. The disease is notifiable in California, Florida, Kansas, Mississippi, New Jersey, Ohio, Pennsylvania and South Carolina. In Pennsylvania it is placarded, but probably to prevent the notification of typhoid fever as malaria so as to avoid the placard. Mississippi appears to be the only state in which the notification law is much more than a dead letter. Our knowledge of the prevalence of the disease is largely due to the survey carried on by Dr. von Ezdorf of the Public Health Service. Surveys have been carried on by the service in Alabama, Arkansas, Georgia, Mississippi, North Carolina, South Carolina and Virginia, which have included indices in all the states except Georgia. Morbidity reports have also been collected in Alabama, Arkansas, Florida, Kentucky, Louisiana, Mississippi, North Carolina, South Carolina and Tennessee. During these investigations Dr. von Ezdorf has also done more or less educational work.

All of the states badly infected, as well as some of those where it is of less consequence, take cognizance of malaria in the educational work of the health department. Special bulletins on the disease are frequently and in Virginia a "Catechism on Malaria" has been prepared for use in the schools. The disease also receives attention in the monthly bulletins, in the press service and in the exhibits. In some states the field workers in the hookworm campaign have given considerable attention to this disease especially in Arkansas, Mississippi, North Carolina and Virginia. In the latter state the engineer has advised in regard to drainage operations. Little or no really effective intensive work appears to have been done.

Malaria certainly places a tremendous burden on the people where it prevails extensively and it is surprising that so little has been accomplished by state officials for its control. The means for controlling the disease are well known, and their efficiency and practicability have been demonstrated all over the world, but still the officials of this country are doing little or nothing. Some of the means of control are applicable in every community and all are possible in many communities. To determine just where malaria prevails is the first step and the United States Public Health Service is doing, usually with the assistance and support of state and local health officials. Drainage and oiling, the screening of houses, the location of houses at a places and the prophylactic and curative use of quinine, are the chief prophylactic measures. Certainly every state should see these facts are forcibly impressed on every individual living in a malarial region. Usually more than general education is needed. Intensive work is required such as has been carried on for typhoid fever in Washington and Virginia, and for hookworm infection by the Rockefeller Commission. The disease should be made reportable and abundant opportunity offered for laboratory diagnosis. North Carolina and Virginia and perhaps some other states are planning for just such work.

Rocky Mountain Fever

Cases of Rocky Mountain Spotted Fever have been reported from practically all of the Rocky Mountain States, including Arizona, California, Colorado, Idaho, Montana, Nevada, Oregon, Utah, Washington, and Wyoming.

In Montana it is found in two valleys, namely the Bitter Root Valley and the Clarke's Fork Valley. In the Clarke's Fork Valley the type is very mild; but in the Bitter Root Valley assumes a malignant form.

The Montana State Board of Health began a series of investigations in 1902, employing skilled observers from various parts of the country and culminating in the demonstration of the

mode of transmission of this disease by Ricketts in 1907. The United States Public Health Service has greatly assisted in these investigations and has had several workers in the field. Montana at present has a Board of Entomology consisting of the Secretary of the State Board of Health, the State Entomologist and the State Veterinarian, which is carrying on this work. In 1913 the sum of about \$5,000 was expended. The board above referred to can make rules in regard to insects, subject to approval by the State Board of Health, and has made rules in regard to the dipping of animals to free them from the ticks which transmit the disease. The State Board of Health has distributed a good deal of literature in regard to the fever and the means of preventing it.

The other mountain states are less infected and the disease is generally milder and the health officials appear to be taking little if any action other than to record cases.

Cerebrospinal Meningitis

The State Board of Health of Massachusetts made a valuable contribution to our knowledge of this disease in 1898, based on epidemiological and pathological studies. During outbreaks most state health officers assist in diagnosis and control and a number of states, namely, Georgia, Kansas, Massachusetts, Oklahoma, Rhode Island, South Carolina and Texas, distribute sera, and Alabama, Arkansas, California, Connecticut, Iowa, Kansas, Louisiana, Minnesota, Oklahoma, South Carolina, South Dakota, Tennessee, Texas, Utah and Washington provide laboratory diagnosis.

During the severe outbreak in the Southwest in 1911-1912, several states took an active part in control. In Texas the bacteriologist was sent out to demonstrate diagnostic methods and he made large numbers of examinations of spinal fluid and vaccinated 800 to 900 persons. Most of the work in combating the outbreak was done by Dr. von Ezdorf of the Public Health Service and Dr. Sophian of the Rockefeller Institute.

The Commissioner of Health in Oklahoma, fearing the invasion of that state, sent representatives to Texas to study methods and later, a school of instruction for health officers was held, and literature was distributed to the laity and physicians. Serum obtained from the state department was distributed at the expense of the counties.

When the disease invaded Kansas the Health Department of that state distributed serum freely at its own expense, using its emergency fund for that purpose.

Poliomyelitis

Health officials have as yet been able to accomplish little or nothing in the prevention of this disease, as at present we know nothing definitely, but have only theories, as to its mode of transmission under natural conditions. Nevertheless ordinary methods of isolation and disinfection have been very generally insisted on in recent years and have been advised by state health officials. Meanwhile various agencies, the Public Health Service, state health departments, local health officials, and institutions, like the Rockefeller Institute, have done much in the study of the nature and mode of transmission of the disease. In these researches the states have taken a prominent part. An account of the outbreak in Vermont was published by the State Board of Health in 1904. In 1910 Massachusetts appropriated \$5,000, \$10,000 in 1911, and \$5000 in 1912 for the study of the disease. Under these grants extensive epidemiological studies were made and much experimental work was done. Valuable studies

were also early made and published by Dr. Hill of the State Health Department of Minnesota, and later by the health department in Washington. Good experimental work was done in the State Laboratory in California. The Indiana State Board of Health in 1912 spent a considerable sum in following up and studying cases. The Rhode Island legislature appropriated \$2,000 in 1911 for studying the disease, but there have been few cases since. In Minnesota every case is seen by an officer of the State Board. In Kansas, too, cases are investigated and followed up. Recently \$25,000 from an unpublished source has been placed in the hands of the health department of Vermont for this purpose.

Mediterranean Fever

This disease has been imported and is found among the goats in the southwestern part of the United States and some cases have occurred among human beings. It has been studied by Major Russell, U.S.A., in conjunction with the State Health Department of Arizona. This board has also issued a circular on the subject.

Smallpox

Nearly every state health department is obliged to devote a great deal of time to this disease. Though generally of an exceedingly mild type, it has been very prevalent during the past eighteen years and state health officials are continually called on to assist in diagnosis or settle disputes between local health officers and physicians. The mildness of the type has caused a great deal of trouble in this respect. Some state executives have found their time so taken up in this way that they have been obliged to refuse these calls upon them.

Every state officer, of course knows full well, that all this trouble with smallpox is absolutely unnecessary and that with the proper vaccination of the people the disease would become a negligible quantity. In efforts at education these officials have not been remiss. The amount of vaccination literature which has been put out is very large and probably every state has taken a share in its distribution.

Some officials have become discouraged, both by the failure to secure general vaccination, and by the very common failure of isolation. A very considerable number, perhaps a considerable majority, have confessed the belief that the only solution is for the authorities to give up isolation and let the people make their choice between vaccination and smallpox, hoping in this way to induce them to accept the former. Moreover, it is argued that it is very unjust that the vaccinated, who do not have the disease, should bear the expense of caring for the unvaccinated when they contract it. Few state health officers have, however, had the courage to put these views into practice, even partially. In North and South Carolina the State Board of Health advises against isolation, but in the larger communities it is generally insisted on by the public, though in the county it frequently is not. In North Carolina, it is said that in some instances non-isolation has resulted in the prompt vaccination of most of the inhabitants. In South Carolina, the State Board of Health has complete executive authority in unincorporated territory and does not isolate, but does vaccinate, as it has authority to do. In Minnesota, Montana and South Dakota strict quarantine is not approved of by the state health department but the houses are placarded, though vaccinated members of the family may come and go.

The importance of vaccination is so great that health officials have generally tried to

secure it by legislation. Vaccination laws are on the statute books of nearly every state. An excellent summary and discussion may be found in a bulletin (No. 52) of the United States Public Health Service. It is stated that Kentucky and New Mexico are the only states, which have laws requiring the vaccination of the inhabitants. In New Mexico nothing is done by the state to enforce the law, and how unsuccessful it has been in Kentucky is shown by the fact that the secretary of the State Board of Health estimated, in 1911, that from 50 to 90 per cent, of the people in the different counties had never been vaccinated, and that in the preceding thirteen years there had been over 21,000 cases of smallpox. Vaccination of schoolchildren is required by the statutes of twenty-two states and by the rules of the state health department of five others. These laws are rarely enforced except in the larger cities, and by no means always then. In very many states the laws provide for compulsory vaccination in the presence of outbreaks.

A number of states have provided for the distribution of smallpox vaccine. This is the case in Connecticut, Florida, Georgia, Iowa, Kentucky, Massachusetts, Oklahoma, Oregon, Pennsylvania, South Carolina, West Virginia and Wisconsin. It is not free in all of these, is in Florida, Georgia, Massachusetts, South Carolina and West Virginia. Usually the amount distributed is small, not nearly enough to vaccinate all the children born, but in Massachusetts, in 1913, there were given out 112,039 tubes; in Virginia, 42,843, and in South Carolina, in 1913, 97,021. In Massachusetts the vaccine is made by the state health department.

Plague

For some time the State Board of Health of California spent large sums and did much to combat plague, especially to eradicate it from ground squirrels. Of late the actual work of control has been turned over to the United States Public Health Service, which also appropriates \$15,000 annually. The expenditures of the state board of health for this purpose during the year ending June 30, 1914, were \$39,256.52. The city of San Francisco, as well as many other communities, are also spending large sums. The state has enacted stringent laws for the extermination of rodents, making it incumbent on owners of property to do this, authorizing local governments to do it, and also the State Board of Health, and making the cost a lien on the property.

In Washington the health department has, in the past, furnished some inspectors, but done little plague work. As in California, the execution of antiplague measures is with the Public Health Service. The city of Seattle, however, bears most of the expense of rat proofing, which is done under the direction of federal officers. To prevent the spread of the infection of other ports within the state, for which the Public Health Service has no authority, the State Board of Health appoints the federal officers as state inspectors.

In Louisiana, as on the Pacific Coast, the Public Health Service is actually doing the work of plague eradication through the State Board of Health appropriated \$3,000 and loaned \$20,000.

In Texas in February, 1915, the sum of \$25,000 was appropriated for the study and eradication of plague, but no information is available as to its expenditure.

On the appearance of the plague in Porto Rico and Cuba the Public Health Service advised that a rat survey should be made all along the Atlantic and Gulf coasts. This was done in a number of cities, and also by the state departments of health in Florida, Louisiana and Texas.

Trachoma

A report by Dr. Swarts, at the last Conference of State and Provincial Boards of Health, brings up-to-date information in regard to the activities of the states concerning this disease. At the present time it is reportable in Arizona, Arkansas, California, Delaware, Illinois, Indiana, Kansas, Kentucky, Louisiana, Maine, Massachusetts, Michigan, Minnesota, Montana, North Dakota, Ohio, Oregon, Pennsylvania, Rhode Island, South Carolina, South Dakota, Texas, Utah, Vermont and Wisconsin. However, the disease is not well reported, owing in a large part, at least, to the difficulty of its recognition except by those who have had considerable experience in its diagnosis. No idea of the prevalence of the disease can be obtained from published reports of notified cases. The surveys which have been undertaken by the United States Public Health Service, often at the request of the state health officials, in Georgia, Kentucky, Minnesota, South Carolina, Virginia and West Virginia, as well as on several Indian reservations, usually demonstrate more of the disease than was suspected.

Very little is done by any state health department to control the disease. In a few states, circulars on the subject have been issued. In Indiana, when cases are reported to the State Board of Health, letters of advice are sent to the family, and the county health officer is directed to follow up the patients and see that they are treated. Isolation is required unless the case is under treatment. In Kentucky the state has cooperated in the survey by the public health officials and local effort, 'under the auspices of the Women's Christian Temperance Union Settlement School, has shown how much effective work can be done by a traveling clinic, after the manner of the hookworm clinics. The Ohio State Board of Health cooperated with the state commissioner for the blind in the installation of special eye nurses in certain infected localities. In other places, certain large corporations have carried on curative and preventive work among their employees. In Pennsylvania, in some instances of local prevalence, the state health department has succeeded in having a trained oculist placed in charge. In Virginia a trachoma hospital is maintained at Coeburn, for which the town furnishes the building, the state appropriates \$100 per month, and the Public Health Service does the rest.

Venereal Diseases

Very little that is effective is being done by the states in the prevention of Venereal diseases. The notification of these diseases has not met with much favor. They are notifiable in California, Indiana, Iowa, Kansas, Louisiana, Michigan, Utah, Vermont and Wisconsin, and perhaps in a few other states, but very few cases are reported. The best way of getting reports at present is probably by means of laboratory diagnosis. At least twenty-three states, as shown in Table 5, offer to make examinations for the gonococcus, and fourteen offer the Wassermann test for syphilis.

Quite a number of states forbid the employment of persons with venereal diseases in places where food is handled, but little can be done, under present conditions, in the way of enforcement. A most drastic law, enacted in Vermont last winter, not only forbids the marriage of persons having gonorrhoea or syphilis, but also forbids sexual intercourse for any one who has either disease. The State Board of Health must make and enforce rules for the quarantine and treatment of cases. A previous act provided that the department should furnish free salvarsan.

Tuberculosis

The campaign against tuberculosis, though begun by physicians, has been, to a large extent, carried on by laymen. Much has been done by voluntary organizations composed largely of laymen, with lay executives, though these organizations have often been the results of efforts of physicians. Health departments, both state and municipal, have often followed rather than led. It seems, however, to be clear that the medical profession must continue to show an active interest and initiative, if the steps taken are to be wisely planned from the medical science as applied to public health.

For many of the following facts, thanks are due the National Association for the Study and Prevention of Tuberculosis, for examination of their material.

NOTIFICATION

The first step in the control of nearly every communicable disease is its notification. New York City was the pioneer in making tuberculosis a reportable disease, but now this requirement is embodied in the laws, or regulations, of a majority of the states. Special acts requiring reports are found in Colorado, Connecticut, Kansas, Maine, Maryland, Minnesota, Mississippi, Michigan, New Hampshire, New Jersey, New York, North Carolina, Rhode Island, Vermont, and Utah. The disease is specified in the general notification law of Alabama, California, Pennsylvania, Texas, West Virginia and Wisconsin, and in the state department of health regulations in Arizona, Indiana, Illinois, Louisiana, Massachusetts, Montana, Nebraska, Oklahoma, Oregon, South Carolina, Tennessee, Virginia and Washington. Reports are, however, in nearly every state very incomplete, the cases in many states being far below the number of deaths, and in only three or four are they double the deaths or even anywhere near it... Mere notification accomplishes little unless the cases are really looked after and in some way kept under supervision. In quite a number of states the health department sends out literature to the reported cases, or at least does so when it is not done by the local health official, but it is doubtful how much good this accomplishes. Some attempt to do more. In Maryland and Rhode Island an effort is made to get histories from the patients, and to keep them supplied with sputum cups and paper napkins, but half the cases are lost sight of. In North Carolina the department is making a vigorous effort to keep in touch with all cases by a system of correspondence. The Pennsylvania health department, of course, keeps the cases under supervision through its system of dispensaries and nurses. Pay patients are not carried. Patients are supplied with cups and napkins, and about 35 per cent with milk and cotton-seed oil. Milk patients are seen twice a month.

SANATORIA

Historically, the first step taken by the states to control the disease was the erection of sanatoria for curable cases. The first of these was erected in Massachusetts in 1898. Other states quickly followed until at present only the following are not so provided: Alabama, Arizona, California, Colorado, Florida, Idaho, Illinois, Mississippi, Nevada, New Mexico, Oklahoma, Tennessee, Utah, Washington and Wyoming. Laws providing for sanatoria in Alabama and Florida were passed but none have been erected. In Vermont, though there is no state sanatorium, provision is made, by means of an annual appropriation of \$5,000, for the

board of indigent patients at a private institution. In some of the states the sanatoria are quite small, occasionally mere camps. While so many states have erected sanatoria, in only three has their management been given to the State Board of Health. Usually a special board is created for that purpose, though in some states, as Alabama, Kansas and Texas, the board of health is represented on the board. In other states, as Iowa and New Hampshire, the management is under a board of control which looks after other state institutions. In North Carolina, Pennsylvania, South Carolina and Virginia, the state health department has full charge of the sanatoria. In Pennsylvania this involved an expenditure of nearly \$600,000 in 1914. There are some who do not think that it is advisable for a state health department to be burdened with the care connected with hospital administration, and much prefer that the department should be relieved of all hospital management. There are others, and among them the executives of the departments in North Carolina and Pennsylvania, who feel very strongly the other way. They claim that sanatoria are only one feature in a general scheme for the control of tuberculosis, and that the state department should have control of the entire scheme and hence the sanatoria. The educating influence of the sanatorium is, by many, considered of more importance than curative value, and it is claimed that its usefulness, as a means for education, cannot be fully utilized unless it is in the hands of those who are carrying on the educational work, and the state department of health is the proper agency for this. This view is especially insisted on in North Carolina. Perhaps a compromise plan, which has worked well in some municipalities, and may also be found in some states, by which the executive of the health department is a member of the sanatorium board, will ultimately be found to be the best in practice.

HOSPITALS

The large central sanatorium for early cases is now, by many, believed to be not the most important means of controlling the disease. It is thought that it has not produced the anticipated results, either as a curative agent, or in preventive value. The isolation of the more advanced cases, which are more freely discharging bacilli, is more necessary. It is undesirable to isolate these in large institutions, at long distance from their homes, and local hospitals are now urged. The county is suggested as a proper unit, though very often it is better, and more economical, for two or more adjoining counties to combine. Local hospitals may also be utilized for all classes of cases, as well as the more advanced.- It may be that without special legislation the counties in some states have authority to erect such hospitals, but this was not learned. In most states they certainly do not have it, and permissive legislation has been secured in California, Illinois, Indiana, Iowa, Kansas, Kentucky, Massachusetts, Michigan, Minnesota, Mississippi, Missouri, New Jersey, New York, Ohio, Texas, Washington and Wisconsin. In Illinois there is a permissive law for cities, and in Massachusetts it is mandatory on cities to establish hospitals for "diseases dangerous to the public health," and tuberculosis has been designated such by the State Board of Health. The state health department is to enforce this law, and plans for hospitals must be approved by it. Not very much has as yet been accomplished in most States, but the state health department in Minnesota hopes, through its authority to compel townships to care for infective cases, to induce the counties generally to undertake the erection of hospitals. At present, August, 1915t according to a note in The Journal of the American Medical Association, thirty-one counties have taken advantage of the law. The New Jersey State Board of Health has done much to encourage the establishment of county hospitals, and they have been built in fourteen of the twenty-one counties, and others

will soon follow. The New York health department has carried on vigorous campaigns in counties where the question of erecting a hospital has been referred to popular vote as is provided by law. In thirty-one out of fifty-seven counties they have already been provided for. The Ohio State Board of Health is strongly urging county hospitals, but as yet only three have been established. In Washington, two or three county hospitals are under way, and here, as in Massachusetts, the plans must be approved by the state health department.

DISPENSARIES

Another essential for the discovery and management of cases of tuberculosis is the dispensary. Its chief function is the diagnosis of the disease, the distribution of patients suitable for sanatoria and hospitals, and, most important, the entrance into the homes by its instructive visiting nurses. There should be enough of these so that they will be easily accessible to every one. As yet the states have done little toward their establishment. The Pennsylvania State Department of Health maintains a dispensary in every county, 114 in all. About 120 nurses are employed in these dispensaries, in addition to the physicians in attendance. In California, Massachusetts and New York, the state health department is to supervise dispensaries, but until recently little was done. In Massachusetts the law requires dispensaries in every city or township of 10,000 inhabitants, and a recent act places their supervision under the state health department. All of the cities and towns are now so provided. The New York department desires a dispensary with a nurse in every town, all under local management. At present there are about 150 in the state, but it is impossible to find physicians capable of conducting them properly. They are rarely supplied with nurses.

NURSES

The visiting nurse is one of the most important factors in the fight against tuberculosis. She not only goes into the family and shows the patient how to live, but she finds other cases not before recognized, and, what is better, finds the children in tuberculosis families and helps to save them. She also inspects and records the housing, sanitation, family dietary, etc., and advises how to correct evils that lie at the root of the family ill health. Such nurses are very generally found in our cities, but are rare indeed in the country. With the exception of Pennsylvania, few states have made any attempt to see that they are provided. The Florida state health officer has recently undertaken to substitute for nurses other women visitors, who shall do what nurses do in our northern states. Three have been engaged at \$100 per month and twenty are proposed. It is difficult to see in what way such untrained women are superior to the graduate nurse. On the contrary, it would appear that a nursing training renders such a visitor more welcome and more efficient. New York has used nurses for its county hospital campaigns to discover cases and work up public interest. It is proposed in the future to employ them to supervise and standardize the work of the local dispensary nurses. The Ohio health department maintains a supervising nurse to supervise the eighty-nine local nurses engaged in tuberculosis work in the state. In Virginia one nurse is employed.

EDUCATION

Education of the people as to the nature, prevention and cure of tuberculosis, it is

believed, must in most states be pushed before it is possible to secure the necessary laws and funds to do effective work. The distribution of literature is one way of doing this. An immense volume of such material is being distributed by state departments of health and by local health officials, private associations and many other agencies. The traveling exhibit, with its illustrations and lectures, is still considered the most effective means of statewide education. The feeling is growing with many that a general health exhibit is more successful than one devoted, to a special subject. Still many others believe in specialized campaigns. Tuberculosis exhibits are now shown in Iowa, Maryland, New Jersey, Pennsylvania, Rhode Island, Vermont, West Virginia, and Wisconsin, and were formerly in California, Kansas, Washington and other states. Formerly, a great deal of this educational work was done by voluntary associations and special commissions, but there is a marked tendency for it to be taken over by state health departments. The present tendency, too, seems to be to shift from the state to the cities, townships and counties, as far as possible, the management and financial burden of tuberculosis prevention. The state has still many things to do, and one of these is to stimulate the local authorities to activity. It must be confessed that in this most state health departments have been negligent. The voluntary tuberculosis associations have been more active in many states than have the officials. In all such movements it is the function of voluntary associations to pave the way only. The government must take up the work. Some states are doing this and striving to develop local interest, stimulate local health officers, and secure local dispensaries, nurses and hospitals. Among states which are making such an effort are California, Indiana, Kansas, Massachusetts, Michigan, Minnesota, New Jersey, New York, North Carolina, Ohio, Vermont and West Virginia.

STATE BOARD OF HEALTH WORK

Tuberculosis is one of the communicable diseases and, though the most important one, there seems to be no good reason why its supervision should require a separate bureau in the state health department. Indeed, in order that the activities of the department may be distributed properly among all diseases and undue prominence be given to none, it is better not to have a separate tuberculosis bureau. This is the more important in that popular education as present plays such an important part in the work, and popular education should not be one-sided. There is a tendency, on account of the importance of the subject, to establish a separate division in the state health department for the control of tuberculosis. Thus, in California, there is such a division with a chief at \$3,000 and a \$75,000 appropriation for the biennial period, It is occupied with the supervision of hospitals, sanatoria, dispensaries, and the care of tuberculosis in other institutions, and with the collection of morbidity and mortality statistics. In Massachusetts the work is done chiefly by the district inspectors of the department They are to inspect hospitals and dispensaries, and formerly, when they had charge of the sanitation of the factories, they did much in searching for cases of the disease, as well as in improving the sanitary condition of the establishments. They also investigate a large number of cases that are reported to them as endangering the public health. Tuberculosis surveys have been made in several communities. In Minnesota the epidemiologic division is developing a system of following up and searching out cases, using local health officers as well as it can, just as it does in the acute contagious diseases. The valuable and well-known county surveys by Lampson and Burns were among the activities of this department. The new organization of the state health department in New York provided a division of tuberculosis, but owing to lack of funds,

it has not been established as yet, though much tuberculosis work has been done by other divisions. The North Carolina State Board of Health has a tuberculosis division, which has charge of the sanatorium as well as of the "correspondence," with reported cases all over the state. The Ohio department has a division of education and tuberculosis with a salary roll aggregating over \$12,000 and an appropriation of \$22,000. The Pennsylvania health, spending as it does such large sums on tuberculosis, of necessity has a division for this disease which has charge of the sanatorium and dispensary work, and manages the exhibit.

In Michigan \$100,000 has been set aside for tuberculosis for the biennial period. It is being used for intensive work in the counties.

Some states have indicated that the board having charge of the sanatoria should do all the supervisory and other work. This is the case in Connecticut, where the sanatoria board supervises all hospitalization of tuberculosis and distributes literature, but does not conduct a systematic campaign. In Iowa the board of control, besides managing the sanatorium, has an appropriation of \$5,000 for educational purposes.

EPIDEMIOLOGY IN THE STATE HEALTH DEPARTMENT

The control of communicable diseases is of such supreme importance, so many problems remain unsolved, so much detail in supervision is necessary, so many outbreaks need investigation, and so often local officials call on the state for advice and assistance that one might expect that even if a state department of health did nothing else, it would employ at least one trained epidemiologist. There is certainly work enough in all but a few of the smallest states to occupy the whole of one man's time, and in most states the time of several men, nevertheless in the majority no such provision is made.

In most of the states all the epidemiologic work that is done, is done by the executive officer as a part of his multifarious duties, and is chiefly confined to a few outbreaks of smallpox. No attempt is made to thoroughly study the numerous outbreaks of typhoid fever that are constantly occurring, or to see that local health officials are properly carrying out routine measures of control.

The Illinois State Board of Health has recently engaged an epidemiologist at \$2,400.

In Iowa money was appropriated for an epidemiologist, but for a while no agreement could be reached by the university and the health department as to how it should be expended. Recently an epidemiologist has been engaged by the university. In California the director of the laboratory, as is well known, does some excellent epidemiologic work. In Indiana the assistant secretary devotes some time to communicable diseases, and the general inspectors in Nebraska and Vermont do the same.

In Kansas there has recently been established an epidemiologic division with a director at \$2,400, and a stenographer and clerk. Attention is at first being directed to securing improvement in morbidity returns. The division will also carry on "sanitary surveys" by counties, employing four field workers for this.

In Maryland the division of communicable diseases was organized in 1911. The acting chief receives \$1,800 and there is an inspector, a stenographer and three clerks, the salary roll amounting to \$4,720. A large part of the work has been the collection and compilation of morbidity statistics and the issuing of a monthly bulletin and the distribution of vaccines, disinfectants and prophylactic material for tuberculosis patients. Three or four outbreaks a month are investigated. The recent provision for ten deputy state health officers and four

deputy engineers will give an excellent opportunity for developing the work of this division.

The state department of health in Michigan for some time has had twenty-five district medical inspectors scattered about the state who are to assist in the suppression of outbreaks of communicable diseases. They receive \$10 a day and their expenses, and the small amount of work done is indicated by the fact that only \$1,212.90 was expended during the year ending June 30, 1914. There are five clerks in the epidemiologic division of the office force, of whom one is occupied with tuberculosis. Their attention is chiefly taken up with morbidity statistics.

Minnesota has the best organized and most effective epidemiologic division of any state, called the "Division of Preventable Diseases." The director receives \$3,500, and the three epidemiologists \$2,400 each. There are four stenographers and a clerk. The total expenses for the year ending July 31, 1914, were \$14,316.16, but the entire staff was not employed during the whole of this period. The diagnostic laboratories and the Pasteur Institute are a part of this division, but their expenses are not included in the above. The division also has charge of the distribution of typhoid vaccine and diphtheria antitoxin. The division has done a large amount of very thorough and effective work in the investigation and suppression of outbreaks, accounts of which may be found in the reports of the department. Lately special attention has been given to "follow up work," which has been referred to on another page. At first the local health officials looked askance at the work, but they have come to consider it a support and aid, and not as an interference. In 1914 there were received from local health officers 126 requests for assistance.

The newly organized Massachusetts division of communicable diseases consists of a director at \$4,000, an acting epidemiologist at \$2,000, and five clerks.

The New Jersey department has a bureau of communicable disease with a chief at \$2,750, who is also assistant secretary of the department, and an inspector at \$2,120, and three clerks. There are also two sanitary inspectors, so that the work of the bureau is not wholly epidemiologic, though a large part of it is.

In New York the division of communicable diseases has a director at \$4,000. He has an assistant who is a physician, two clerks, and two stenographers. It is the intention that the epidemiologic work throughout the state shall be done chiefly by the sanitary supervisors, and the director of this division is in immediate charge of them. In typhoid outbreaks, an engineer is; frequently sent with the supervisor. This division receives and tabulates morbidity reports.

The Ohio department of health has a division of communicable diseases, with an epidemiologist at \$2,250, an assistant at \$1,200, and one stenographer. There are eight medical inspectors living in different parts of the state, as in Michigan, and they are called on somewhat for local work, such as simple diagnoses, etc., but only about \$500 a year is used for their fees and travel, so their activities are of small account.

In Pennsylvania the state department of health does a good deal of epidemiologic work, though it has no division expressly for this purpose. The general medical division supervises the local health officers in all their activities, as well as in their routine control of communicable diseases. This is a very large task. The division also supervises the work of the small municipalities, and has charge of school inspection and carries on campaigns for infant mortality. A large part of the communicable disease work of the division is supervising the control of cases by the local health officers, which has already been referred to. Besides this the division investigates numerous outbreaks in different parts of the state. In the investigation of typhoid fever this division and that of engineering are constantly acting together, and a great

deal is done by the engineering division itself, often discovering cases through its numerous inspectors on the watersheds of municipal supplies.

In West Virginia the department of health has just engaged an epidemiologist at \$2,000.

In Wisconsin there is a 'bureau of tuberculosis diseases, with one clerk at present, in the central office, engaged chiefly in collecting morbidity statistics. The field work is done by the five deputy state health officers who, however, probably do not devote more than half their time to this part of their work. There appears to be no real central supervision.

DIAGNOSTIC LABORATORY

The diagnostic laboratory is the most essential part of the machinery for the control of communicable diseases. Without it municipality and state can do nothing. It has been well said that "the laboratory is the handmaid of epidemiology." The laboratory has a three-fold function.

1. It discovers cases of communicable diseases.
2. It keeps the physician acquainted with scientific methods of diagnosis.
3. It teaches that the mild, atypical case is more common than the typical case of the textbooks. This is probably its most important function.

The municipal laboratory preceded the state laboratory, but only by a little. The first state laboratory was established in Rhode Island, Sept 1, 1894. Now all the states but New Mexico and Wyoming have a laboratory, and in most it is well manned and capable of doing a large amount of work.

It is very desirable that a diagnostic laboratory be as close as possible to the physicians who use it. To accomplish the most in the suppression of disease and to keep the interest of physician and patients, specimens should reach the laboratory promptly, and what is of more importance, reports of results should reach the physician promptly. This is especially important in diphtheria, and though speed is not so essential in diagnosis of typhoid fever and tuberculosis, it is very annoying to the physician and patient to wait long for a laboratory report. Every considerable city should have its own laboratory, operated by its own health department, but small cities and towns, and the county, must look for outside assistance. With one or two exceptions, state health departments wisely do everything they can to encourage the establishment of local laboratories, but in Vermont, for instance, the state health department does not want local laboratories, for the reason that the department, through its appointed health officers, exercises a quite direct control over communicable diseases, and prefers to control the laboratory work also. It certainly is desirable that the officers who attempt to control communicable diseases should control the laboratory where diagnoses are made. Hence, most state laboratories discourage the sending in of specimens by the physicians of the city where the laboratory is situated and even forbid it, as in Tennessee and Wisconsin. In a few instances counties, or a group of communities, have established their own laboratory. Such cooperative laboratories have been established at two or three points in Massachusetts and in Illinois. Usually, however, it has been the state health department which takes the initiative and attempts to do what it can to give diagnostic facilities to the physicians of the state outside of the great centers of population.

A state laboratory should be as centrally located as possible in relation to railroad traffic. Indeed, the whole health department should be so located. This does not necessarily mean that it should be in the geographic center, though that would usually be the case. In a

number of states the laboratory is not well situated, at least as regards mail service. Thus Middletown, Conn., and Morgantown, W. Va., are off the main lines of railroad. In Idaho and Michigan the configuration of land and water is such that a branch laboratory is a necessity. In Nevada transportation is very poor between many parts of the state. Even in a state as well supplied with trunk lines as is Illinois, the laboratory at Springfield, though near the center of the state, is found to be too far removed from either end to offer adequate facilities. Even in a small state like Massachusetts, communication between the western portion and Boston is such that communities in the west have found it impossible to depend upon the state laboratory at Boston, and have established a sort of cooperative laboratory in Pittsfield. Hence almost all who have had anything to do with state diagnostic laboratories feel that every effort should be made to secure the establishment of as many local laboratories as possible, or that the state should have branch laboratories, or that there should be both.

In California, cities of over 20,000 inhabitants are not allowed to send to the state laboratory specimens for diagnosis. Eight of the nine cities in this class have laboratories, and the other is about to establish one. In addition, the State Board of Health has found it necessary, on account of the size of the state, to establish its own, at Sacramento, Fresno and Los Angeles, only for the diagnosis of typhoid fever, tuberculosis, diphtheria and malaria. During the year 1914, 6,024 specimens were examined in the central laboratory, and 2,441 in the branch laboratories. Part time men employed in the branch laboratories at \$50 per month. They also administer free antirabic treatment.

In Florida there are no local laboratories, but besides the central laboratory of the State Board of Health at Jacksonville, the department maintains branch laboratories at Tampa, Key West, Miami, Pensacola and Tallahassee. The laboratory buildings at Tampa and Pensacola were built by the State Board of Health at a cost of from 18,000 to \$20,000 each. In the other cities the municipalities furnish the rooms, There is a full time bacteriologist, with helpers, in each laboratory. The total expense of operating the laboratories in 1914 was \$30,324.46.

In Idaho there is a branch laboratory at the university at Moscow, but, owing to lack of laboratory assistance, very little is done there.

In Illinois, during the summer of 1915, two branch laboratories were established, at Chicago and Mount Vernon.

In Iowa there are seven "auxiliary" laboratories which partake more of the character of municipal laboratories than they do of state laboratories. The rooms and the bacteriologist are supplied by the city, but the bacteriologist must be approved by the State Board of Health, and the central laboratory merely furnishes media and stains. Specimens are received from the city only, none from the surrounding territory. During the two years ending July 1, 1915, 15,716 examinations were made at the central laboratory, and 1,364 at the auxiliary laboratories.

In Michigan a branch laboratory has been established at Houghton in the Upper Peninsula.

In Minnesota there are branch laboratories at Duluth and Mankato. Both are equipped by, and supervised by, the State Board of Health and operated at the expense of the state, but at Duluth the city contributes \$300, the water company \$300, and the county \$600.

In New York, besides the central laboratory in Albany, the department has arranged to have a laboratory in New York City act as its branch laboratory for the southern part of the state. There are ten county laboratories, and twenty-three municipal laboratories outside of New York City, all subject to supervision by the state.

Table 5 shows the states which have established laboratories, how they are controlled,

the number of employees, and kinds and amount of work done. As will be seen from Table 10 the cost of operating the laboratory is available in comparatively few states. As will be referred to, the financial statement of most state health departments is very unsatisfactory and little attempt is made to segregate expenditures according to function. As regards the laboratory, a practical difficulty in determining the cost of diagnostic work arises because many do other work than that of diagnosis, such as chemical work of various kinds, bacteriologic examinations of sewage and milk, the administration of antirabic virus or typhoid vaccine, and the study of outbreaks of communicable diseases, and in some instances there is a division of expense with the university or some municipality.

In quite a number of states the laboratory is not exclusively controlled and operated by the state department of health, and in a few the department of health has little or nothing to do with it. In Colorado, Louisiana and Maryland the department has some cooperative arrangement with the municipal health department of the city where it is situated. In Colorado the state merely employs a man in the Denver laboratory to make its examinations. In Louisiana, where both the city and the state do a great deal of work, the laboratory is in the municipal building, but the salaries and other expenses are divided between the two departments, in what appears, however, to be a rather complicated manner. The arrangement does not seem to work especially well, as it does not permit of the freedom of planning worth which there would be if the departments were separate. In Maryland the state and the city of Baltimore also maintain a cooperative laboratory with apparent success, but it is easy to see how differences of opinion might arise, and different uses for the laboratory might develop, which would interfere with its efficiency. While some economies may be effected, such a plan of cooperation it would seem that laboratory development would be favored and chance of trouble avoided, if each state would maintain laboratories entirely independent of any municipal connections. The state laboratory ought to occupy a broader field than the city laboratory and especially should be free to take up research, which certainly is not favored by municipal routine.

THE LABORATORY AND THE UNIVERSITY

While there are theoretical and practical objections to the union of state and municipal laboratories, there are certainly very strong reasons for a state laboratory having university connections. The university is the center of scientific knowledge and of the scientific spirit of the territory which it serves. What health officials need more than anything else at the present time (except freedom from politics) is more scientific knowledge and inspiration. It would seem that such ought to be obtained from the university and that it would be worth while to get it, even at considerable cost. But besides a broad scientific outlook, the health department, especially the state health department, needs to do much routine scientific work, and it would seem to be economy to seek its workers at the university. An example of the advantage of such a connection is shown by the relation between the health department of Providence and Brown University. For over fifteen years the department has been allowed to use the services of professors and graduate students, making individual arrangements with them for compensation, for much of its scientific and semi-scientific work. This connection, on the one hand, has enabled the department to secure a high class of assistance in an economical manner, and has served to keep it in touch with scientific progress, while it has enabled the university to obtain for its students laboratory material and, what is still more important practical experience in

public health work.

The advantages of a connection between the state health department and the university is so apparent that it has appealed alike to health officials and legislators. Where there is a state university such a relationship, at first thought, seems especially natural and easy, though it probably really is less easy. All sorts of arrangements have been made, but it must be confessed that they have not been particularly successful. Every sort of combination is found from one in which there is only the loosest sort of connection, to one to which the university is altogether the dominating partner.

In some states the university does little more than give the state health department house room, while the laboratory staff is appointed and paid by the health department, and the running expenses are borne by the latter. Such an arrangement may be of very great value to each, for being housed in the university gives the staff an opportunity for intercourse with scientific men and permits the university to get scientific material. This is the plan in Arkansas, California, Delaware, and Minnesota. In Arkansas the State Board of Health was authorized to establish a hygienic laboratory in connection with the department of chemistry and bacteriology of the medical department of the university. It is to be under the control of the secretary of the State Board of Health. As a matter of fact no funds were provided, so the secretary acts as director and the work is done by medical students for their tuition. In California the director of the laboratory was at first appointed by the university, it is said, for the purpose of keeping the position out of politics, but later that appointment was transferred to the State Board of Health. There is no medical school at Berkeley, where the laboratory is, and the university makes little or no use of the laboratory, though it might easily do so with great advantage to its students. With the demand that there is at the present time for men with a bacteriologic training, there is a splendid opportunity for this university, with its fine situation and the high character of its laboratory staff, to do much needed educational work of this kind for the Pacific Coast and Mountain region.

In Minnesota, at first, the attempt was made by the Board of Health to establish relations with the university by appointing as director the professor of pathology and bacteriology of the university. Friction arose, however, owing as far as can be learned, from a desire on the part of the director that the laboratory should take over administrative duties in regard to communicable diseases, and now the only connection of the laboratory with the university is that the former is housed on the campus.

In some other states, while the state health department bears more or less of the expenses of: the laboratory, the university, besides bearing a part of the expense, exercises more or less control by the appointment of the staff or otherwise.

In Arizona the state laboratory is established in connection with the university and is maintained by a special appropriation of \$4,500, together with \$400 appropriated by the State Board of Health. The work of the laboratory is almost wholly chemical and chiefly occupied with food control. The diagnostic work, which is done by an assistant, is insignificant. The management of the laboratory is by the regents of the university and the state superintendent of health. As almost nothing is done in connection with disease prevention a fertile source of trouble is removed, and also the chief value of the laboratory is lost.

In Iowa the laboratory is located with the medical department of the university. The professor of bacteriology in the university is by statute made the director of the laboratory. Most of his time is given to the university, and his salary is paid by the university. The assistants are nominated by the director, but appointed by the State Board of Health. Serious

friction has arisen between the State Board of Health and the university, chiefly because of certain epidemiologic work done by the latter, and especially in connection with the appointment and work of an epidemiologist to be appointed by, and to work under, the direction of the university. The whole trouble here seems to have arisen because of the investigations of outbreaks made by university men or because of advice given on public health matters.

In South Dakota the state health laboratory was established at the university on the same lines as in Iowa, except that the State Board of Health pays one half of the salary of the director, and the appointments and finances are wholly in the hands of the regents of education. The plan seems to have worked well thus far, perhaps because the State Board of Health, because of its meager appropriation, does very little public health work of any kind, and where there is no motion there is no friction.

Another and different arrangement exists in Oklahoma. It is rather difficult to determine just how the control is provided for. The statute reads "the board of health shall establish and maintain a laboratory," and that "it shall be maintained at the university in connection with the department of chemistry and the department of bacteriology." Again, "the board of health shall have supervision by rules and regulations over the work," and then, further, "such work shall be done under the supervision of the professor of chemistry and the professor of bacteriology." The cost is borne by the university.

In other states the laboratory is exclusively a department of the university. This is so in Nevada, where the state hygienic laboratory is established at the university under the management of the board of regents. The professor of bacteriology is the actual director, and the work is done in the university laboratories. A special appropriation of \$5,000 has been made each year for the laboratory. There is no organic connection with the State Board of Health.

In North Dakota the management is vested in the trustees of the state university, and the professor of bacteriology and pathology is director and state bacteriologist. There is a special appropriation of \$8,000, but the university pays a part of the salaries. There is no control by the State Board of Health, neither does the latter furnish any funds. The laboratory is no more required to do work for the State Board of Health than it is for county superintendents of health or for physicians. Moreover, the trustees are required to collect "sanitary statistics," to do research work, to improve sanitation, and the director is to publish bulletins. Thus the laboratory has much given to it to do which is usually given to the State Board of Health. The State Board of Health is poorly supported and seems perfectly willing to let the university perform functions which properly belong to the health department.

In Utah, also, the laboratory seems to be exclusively a department of the university. The professor of bacteriology and pathology is director. The appointments are made, and the expenses are borne, by the university, though the State Board of Health expends a few hundred dollars for printing, etc.

Another plan, one of cooperative control, has recently been inaugurated in Wisconsin, where the relations of the laboratory, university and the state department of health have previously been quite strained. The laboratory is now controlled by a board of four, consisting of the director, who is dean of the medical department, the president of the university, the president and the secretary of the State Board of Health. The expenses are borne by the university, and the men are appointed by the university but they are not on the university staff.

In Missouri the State Board of Health maintains a diagnostic laboratory which does the

usual work. It seems to be doing it well, though the volume is small, owing to the fact that the department is doing little in the way of communicable diseases control. At the state university there is a department of preventive medicine, with a course required for some students and optional for others. In connection with it is a laboratory. In this laboratory is done the usual diagnostic work, and vaccines are made and sent out. The department publishes bulletins, gives lectures, and attends to a considerable correspondence on public health matters. In a word, the department is doing the same sort of educational work that the State Board of Health is supposed to do. Two departments of the state government are occupying the same field, a condition which affords ample opportunity for the development of future trouble.

Another kind of connection between the State Board of Health and the university is found in Connecticut, Tennessee, and West Virginia. In these states there is no statutory provision for a union between laboratory and university. Any arrangement that is made is purely voluntary. In Connecticut, the State Board of Health, with the approval of Wesleyan University, has arranged with Professor Conn to direct its laboratory work, both in bacteriology and chemistry. Graduate students in the department of arts are largely employed as assistants. The board of health considers itself fortunate in having university men of high standing do its work and, on the other hand, the university fully appreciates the advantage in having its students gain practical experience in the relation of the laboratory to the community and in securing such laboratory material as it needs.

The Tennessee Board of Health has made a similar arrangement with the medical department of the university, as has, also, that of West Virginia with the state university at Morgantown. In neither of these states has the arrangement been long enough in operation to permit of any deductions, but in Connecticut, certainly, the results are very satisfactory, as they have been in Providence from the connection between the municipal health department and Brown University.

One reason for the frequent lack of success in cooperation between the health department and the university is doubtless the attempt to provide for it by statute. It is not easy for a legislature to make any such arrangement for dual management. Successful cooperation must grow up naturally, preferably voluntarily, and not be forced from without and arranged by other parties beforehand. Another reason is the temptation to which universities, especially state universities seem inclined to yield, to take on administrative and executive functions. The university is not content to teach its students and carry on the work of the laboratory, but wants to carry on publicity work of its own throughout the state, to carry on investigations of its own and to give out advice on sanitary matters. Such activities cannot fail to bring about more or less of a conflict with the department of health, which also, and more properly, is charged with these same duties. It is confusing to have two agencies engaged in teaching the same things, for they can never do it in exactly the same way. It is bad enough to have private organizations doing public health work which the State Board of Health ought to do, but it is especially likely to make trouble to have a coordinate branch of the government doing it. Another source of difficulty is that in several states, the university, owing to the comparative freedom of the professors from political dictation, their permanency in office and their scientific training, is far more competent to do public health work than is the state board of health. The university men know this and so do the public, and it must even be suspected by the rapidly changing political members of the health department. Successful cooperation, voluntary or involuntary, under such circumstances is very unlikely. The remedy is for the people to wake up and demand that only men of the character and attainments of university men be placed in responsible public

health positions. They will then certainly arrange in one way or another to secure university connections. Lastly, successful cooperation is less likely to develop between the medical department, than between the department of arts, board of health. In the medical department the students are extremely busy and have no time to assist in the health department laboratory. In the department of arts graduate students in chemistry and bacteriology are often found who are glad to do this, and who do it with profit to themselves and to the health department. In some of the western universities, however, where such a union has more often been attempted, graduate students are not as numerous as in eastern institutions. If the pitfalls are seen they can be avoided, and if the advantages are appreciated, doubtless in the future closer relationships will be established between our state health departments and our universities.

The diagnostic laboratory was originally for the purpose of assisting in the diagnosis of diphtheria. Tuberculosis and typhoid fever were soon added and their diagnosis is now provided for in every laboratory. Probably malaria furnishes the next largest number of specimens. The inception of anti-hookworm work made necessary the examination of feces for intestinal parasites. The diagnosis of cerebrospinal meningitis has, during outbreaks, been of importance. Search for Negri bodies is made in nearly every laboratory. Later more attention was paid to the venereal diseases, of which gonorrhoea first received attention. During the last year a considerable number of states have taken up the Wassermann reaction for syphilis. The well equipped laboratory prides itself on being ready to assist in the diagnosis of any disease where laboratory methods can be used. The diagnostic laboratory, being of necessity a bacteriologic laboratory, has undertaken much besides the recognition of disease for the assistance of the physician. The plant was soon used for the examination of potable water and of sewage, making the tests sometimes for individuals, sometimes for local health officers, or more often for the executive of the department, the engineer, or the epidemiologist. So, too, the bacteriologist has in many states made tests of milk.

The preparation of antitoxins and vaccines, essentially bacteriologic work, has been undertaken in a number of laboratories and is considered on another page. Closely allied to this is the administration of antirabic treatment.

What is more properly called pathologic work, such as the examination of urine and other fluids, and section cutting and the study of tissues, has occasionally, but not usually, been done. Some laboratories do a little, but do not advertise it. Others, as in South Dakota, make a charge for it. It has usually been taken up by those laboratories where the other work is not excessive and where other facilities for pathologic work in the state are scanty.

The success of a diagnostic laboratory depends on a number of factors, first of which, of course, is the character of the staff. They must not only be men of ability and industry, but they must have tact and good manners. A laboratory must be looking for business and must, in many ways, do as retail merchants do to secure it. Agreeable manners and an earnest effort to accommodate count for much. The laboratory ought, if possible, to be in the railroad center of the state.

Arrangements should be made to utilize all mails. If late mails are not delivered they should be sent for, as in Florida, Maine, Minnesota, New Hampshire and North Carolina. Results should be secured as promptly as possible. In some states diphtheria cultures are examined only once a day and, moreover, so late that they cannot be utilized till afternoon. In other states they are incubated at once and examined as soon as possible, and sometimes, as in Indiana, North Carolina, and Vermont, smears are made from the swabs. In nearly every state diagnostic work is done on Sundays and holidays, but usually is confined to diphtheria cultures

and, perhaps, Widal tests. In almost every state it is the custom to send the results by mail except when, on request, they are telegraphed or telephoned. In some states it is said that ten per cent of the physicians desire this. In North Carolina the results of diphtheria cultures are telegraphed unless the physician requests that it be not done. About one half so request. In New York and Texas, in what seem to be urgent cases, the department pays the cost of a telegram. Positive reports of rabies are paid for by the state in Missouri, and of diphtheria in Oregon. In Vermont the state pays for the telegrams to certain places. Whenever the question of treatment of persons is involved, reports of rabies examinations and special advice are telegraphed, or telephoned, in Minnesota, to the parties concerned.

It is quite important, too, that mailing outfits be of a convenient sort and be easily accessible to every physician in every state. In some states, they are mailed to physicians only on request. This is the case in Florida, Minnesota, North Carolina, South Carolina, South Dakota, Wisconsin and Virginia. In most states stations are established, often the same as antitoxin stations, where they can be readily obtained. In New York there are over 1,300 stations.

ANTITOXINS AND VACCINES

The immense value of antitoxin in reducing the mortality from diphtheria was at once appreciated by health officers. Its cost, however, was so great that it was seen that without official action, only the rich would be likely to receive it promptly and in sufficient quantities. Municipalities at once began to distribute it free to the poor, and the states soon followed. Rhode Island was the first of these, beginning to do so in December, 1894. Owing to the great demand it was exceedingly difficult to obtain it at any price, and its manufacture was undertaken by a number of cities and by the state of Massachusetts. In fact, that state began to manufacture in a tentative way in the autumn of 1894, but its distribution was not possible until early in the spring of 1895.

Diphtheria antitoxin was not only the first to be distributed, but it has, so far, held the place of first importance among the curative sera, for not only is its curative value thoroughly established, but diphtheria is the most prevalent disease for which an effective antitoxin has been discovered. Tetanus antitoxin and cerebrospinal meningitis serum seem to appeal to state health officials as of next importance.

The fundamental value of smallpox vaccine in the control of that disease has, of course, been well recognized by health officials ever since the time of Jenner, but its distribution has not generally been undertaken by health departments. The fact that for more than half a century after its discovery the "humanized virus" was chiefly used, and that this only gradually gave place to the commercial "bovine virus," prevented health officials from seeing any need of undertaking its distribution, though an old statute in Maryland provides a special vaccine agent, who, however, has nothing to do with the state department of health, to distribute the virus. The low price of smallpox vaccine, and the fact that local health officials commonly vaccinated the poorer people without charge, made free distribution less necessary. The vaccines which have come into use in recent years are, at present, as obtained from commercial houses, more costly than smallpox vaccine, but, unlike the curative sera, can, or at least some of them can, easily be made in the bacteriologic laboratory with which every important health department is equipped. Hence several of these vaccines, especially typhoid vaccine, are now made and distributed by state health officials.

According to the best statistics available the case fatality of diphtheria was formerly 40 per cent., or more, but it has been reduced in many places to below 10 per cent., it is generally believed, chiefly by the use of antitoxin. But it is the experience of everyone that it is difficult to bring about the adequate use of a remedy, even though it yields such astounding results, without a good deal of effort. Not only must the agent be brought forcibly to the attention of the medical profession, and often to the laity as well, but it must be made accessible, and reasonable in price, and free for the really poor. To get the full value of such a remedy, at least in cities, it may be even necessary to administer it as well as provide it. Thus in New York City in 1909 the case fatality among the 566 cases treated by private practitioners was 12.2 per cent., while of 1,749 treated by health department physicians, only 3.3 per cent. died. This is not given to show that the state should administer antitoxin, but as an example of the need to secure the best results even with such a well-known agent as antitoxin.

There are quite a number of ways and conditions in and under which diphtheria antitoxin is distributed.

In Georgia, Illinois, Massachusetts, Minnesota, South Carolina, New York and Vermont, it is furnished by the state department of health free to all persons within the state, and soon will be in New Hampshire. In Alabama, Connecticut, Florida, Kansas, Oklahoma, Pennsylvania and Rhode Island the state pays for the antitoxin but it is given free only to the indigent rather than liberally, but in Rhode Island at least, owing to the small appropriation, it is not supplied to hospitals or other institutions. It seems to be the quite general practice to interpret the term indigent rather liberally, so that even the really well-to-do rarely pay for their antitoxin.

In other states, the state furnishes no antitoxin free, but municipalities, or counties, are required by law to furnish it free to the poor. This is so in Delaware, Indiana, Iowa, Maine, Michigan, Missouri, North Carolina, Ohio, Texas, West Virginia, and Wisconsin, and in many other states local governments do furnish it free to the poor though it is not required by law.

The most common modes of providing for the distribution of the remedy is for the state department of health to contract with some manufacturer to sell it at a figure very much below the regular retail price. The so-called "board of health antitoxin" is now generally sold by the makers at almost one quarter the retail price, and is usually not returnable after the expiration of the time limit marked on the package. In Iowa it may be returned by the payment of a small sum. The usual plan is for the state health departments to make an arrangement with some one manufacturer to sell antitoxin at these prices, though, in Indiana, a number of makers entered into the agreement. In the simplest form of this arrangement the state department handles neither the virus nor the money, though it is supposed to receive a report from the physician for every dose used. This is the plan pursued in Alabama, Indiana, Kansas, Maine, Mississippi, Missouri, North Carolina and Oregon. The antitoxin is offered for sale usually in drug stores, but sometimes also, as in Maine, it is kept on hand by the local boards of health. Although the antitoxin is offered for sale at the discounted price at these stations, it is, as was stated on another page, furnished free to the really indigent, by the state in Alabama and Kansas, and by local governments in Indiana, Maine, Missouri, North Carolina and Ohio.

A somewhat different plan is followed in Iowa, Texas, Virginia and Wisconsin. In these states the health department acts as the agent for the antitoxin, the supply being sent to the department and forwarded by it to the distributing stations scattered over the state, where it is sold at the list price. The manufacturer, however, does not collect from state but rather the distributor, a druggist usually, or health official, who has collected from the ultimate purchaser.

However, if the remedy is furnished to the indigent on order of town or county officials, the manufacturer collects from the town or county, but in Iowa and Wisconsin the local officials are required to furnish it free to the indigent.

In Delaware the state health department purchases the antitoxin and sends it to the depots collects the sale money from them. In this state the counties furnish to the indigent. Practically the same plan is followed in Kentucky.

In Connecticut, Oklahoma, Pennsylvania and Rhode Island the state purchases the antitoxin and distributes to the depots, but no money is handled, for the state furnishes it free to the indigent. Provision has just been made for a similar distribution in New Hampshire.

In Florida, Illinois, South Carolina and Vermont, though the state supplies antitoxin free to all residents, none is handled by the health department. In these states a contract is made with the manufacturer, who keeps the depots supplied. Every order of the physician is made in triplicate and one copy is retained at the depot, one is sent by the depot to the state department of health, and one is sent to the manufacturer, who is thus enabled to keep run of the stock in the depots. The antitoxin used is paid for by the state on the triplicate copy of the orders.

In Louisiana diphtheria antitoxin as well as other sera and vaccines is kept on hand in small amounts at the central office for call in emergencies.

Usually the distributing stations for antitoxins and vaccines are drug stores, or more rarely offices of local health officials. Sometimes the druggist receives no compensation for his trouble in handling the remedy, being glad to do so for the sake of drawing customers to his establishment. In some states, however, the druggist receives about 10 per cent on the value of his sales. In Iowa, and perhaps, other states, this is added to the usual price for "health department" antitoxin, and so is paid by the ultimate purchaser. In Florida, North Carolina, South Carolina and Vermont the druggist, though seizing at the "board of health" prices, receives a commission from the manufacturer. Though not noted, doubtless this practice obtains in other states.

At present three states are manufacturing diphtheria antitoxin, Georgia, Massachusetts and New York. Its manufacture was begun in Massachusetts in 1894, because at that time it was impossible to obtain it in sufficient quantity to accomplish the desired result. Several cities also began to make it at about the same time. Provision has been made by present legislature for the manufacture of diphtheria antitoxin by the state health department in North Carolina and Ohio. The cost, under favorable conditions, of making the remedy is very, very small, only a fraction of the usual list retail price. The cost of putting it up in the proper packages and distributing is very considerable, even for a health department, and of course there are other large expenses connected with its sale which have to be borne by the manufacturers. Doubtless the fact that health departments can make antitoxin, and that some do, is what has caused the manufacturers to sell what is known as "board of health" antitoxin at a greatly reduced price.

When a state or city health official is told that antitoxin can be made at the cost of a few cents per 1,000 units he is tempted to go into the business, but there are several reasons why he should study the matter very carefully before doing so.

First, it must be remembered that a laboratory cannot be built and equipped for less than \$15,000 to \$20,000. Furthermore, the cost of running it is very considerable. The cost in Massachusetts is about \$20,000 a year. In New York the appropriation last year was \$16,000, but as it is not entirely separate from other laboratories, overhead and other charges are saved. It is true, of course, that the laboratory once established, the expense attendant on a great increase in product would be very little, and this would doubtless encourage the free use of the

remedy.

A consideration of far more importance is the personnel of the laboratory. It is essential that only men of especial fitness, training and ability should be employed. It is not easy to get or keep such men. The slightest suspicion of politics would be fatal. A single mistake in such a laboratory might cause the loss of many lives and bring disgrace on the department, and discredit public health work throughout the county. Let no health department for an instant think of establishing such a laboratory if the governor would appoint a man on the board for political reasons, or if the executive officer would listen to a personnel or political suggestion from anyone in the selection of his subordinates.

One might think it easy to determine the relative value of what the different states are doing to bring about a prompt use of diphtheria antitoxin, but it is by no means so. The apparent mortality from this disease depends on its prevalence and severity, as well as on the use of antitoxin, and also on the accuracy with which deaths are recorded. The apparent case fatality is dependent not only on the above factors, but on the completeness of notification, and this last in turn depends on accuracy in diagnosis, and this on the use of the laboratory. The accompanying table shows the mortality in several states for the year 1913, and also the case fatality where morbidity statistics were available. The apparent low fatality of the western states is believed to be due to a milder type and lesser prevalence of the disease. The high case fatality in several of these states is probably due to defective notification. If, however, we compare the eastern and middle western states, where notification is more complete, it is seen that there is a good deal of variation in the mortality, varying as it does from 9.7 in Vermont to 25.9 in Pennsylvania. There is less variation in the case fatality, the range being from 8 to 12 per cent., several states having the lower rate and several the higher. It does not appear that the states which distribute antitoxin free to all, or free to the indigent, have any marked superiority over those which do not.

States Which Distribute Free Antitoxin			States Which Do Not		
State	Mortality	Case Fatality	State	Mortality	Case Fatality
Connecticut	19.1	8	Indiana	18.6	12
Massachusetts	17.6	9	Maryland	15.3	8
New York	19.5	9	Michigan	23	12
Pennsylvania	25.9	12	Minnesota	10	6
Rhode Island	24.3	10	New Jersey	21.3	9
Vermont	9.7	9	Ohio	21.3	8
			Wisconsin	11.2	12

There is nothing in the above figures to indicate that it is necessary for the state, as distinguished from the local authorities, to furnish antitoxin. It is noticeable, too, that the amount distributed seems to bear little relation to the mortality or the case fatality. Thus in

Massachusetts the number of million units distributed per million of inhabitants was 127, in Pennsylvania 18, in New York 17, in Connecticut 14, and in Rhode Island 14. (Allowance is made for the fact that in Pennsylvania antitoxin is not distributed by the state in Philadelphia and Pittsburgh, and in New York not in the city of New York.) This conclusion, which seems warranted by the facts, is quite different from the belief held by the writer before this investigation was begun. One would expect that the more antitoxin the state distributed, the lower would be the mortality and case fatality. It was believed that the effect of this free distribution would be so great that other factors could not hide it. It must not, however, be inferred that the free distribution of antitoxin is not necessary. It doubtless is very necessary, but, in the absence of free distribution by the state, free distribution will doubtless be made by towns and counties. If this method yields as low a mortality and as low a case fatality as where the state does it, is it better to save the state's money for things which the local government cannot, or will not do, and is it not better to place this duty on the local governments if, as it appears, the results are the same? It is always well to develop local responsibility as much as possible. As was previously shown several states provide by law that the local governments must provide antitoxin for the poor, and is it not best to provide for this in all states? Then if the state makes arrangements so that the towns and counties and practicing physicians can get antitoxin easily, promptly and at a low price, is not the state accomplishing as much, and perhaps in a better way than if it made or purchased antitoxin and distributed it freely to all?

Next to diphtheria antitoxin, more states distribute typhoid vaccine than any other serum or vaccine. There is no doubt that this vaccine has a very important field of usefulness, though its universal application is by no means called for, as it is in the case of smallpox vaccine. Fully as important as distributing it, is educating the public and medical profession as to its proper use. The fact that it is cheaply and easily made has induced many state departments of health to manufacture it. This is the case in California, Georgia, Idaho, Indiana, Kentucky, Maryland, Massachusetts, Minnesota, Nebraska, New York, North Carolina, Ohio, Pennsylvania, South Carolina, Texas, Vermont, Washington and Wisconsin. Besides these the following purchase it for distribution: Florida, Illinois, Iowa, Kansas, Mississippi, Oklahoma and Rhode Island. In nearly every state its distribution is entirely free.

In quite a number of states, namely, Connecticut, Florida, Georgia, Iowa, Kentucky, Maryland, Massachusetts, Mississippi, Oklahoma, Oregon, Pennsylvania, South Carolina, Virginia, West Virginia and Wisconsin, provision is made for the distribution of smallpox vaccine. One might think that the great prevalence and effectiveness of this preventive, would have long ago induced state officials to provide for its distribution, but, for the reasons already given, this does not seem to have been the case. In Maryland the distribution is made by a vaccine agent, and comparatively little is accomplished. In the other states it is by the state board of health. In most instances it is free, but in Wisconsin the vaccine is sold. Few data were obtained as to the amount distributed, but in most instances it is not large, though in Massachusetts over 100,000 tubes are sent out yearly.

Cerebrospinal meningitis serum is distributed in Georgia, Kansas, Massachusetts, Oklahoma, Rhode Island, South Carolina and Texas.

In Georgia it is manufactured by the State Board of Health. Its distribution in Kansas, Oklahoma and Texas was of great value during severe outbreaks of a few years ago. In Georgia and Pennsylvania two kinds of tuberculin are made and sent out. In the latter large quantities are used, but chiefly in the hospitals and dispensaries of the state department of health. Scarlet fever vaccine is distributed in Kansas.

Whooping cough vaccine is distributed in Oklahoma.

Tetanus antitoxin is distributed in Connecticut, Florida, Illinois, Kansas, New York, Pennsylvania, Rhode Island, South Carolina and Wisconsin.

RABIES

The recrudescence of rabies during the last decade, or so, has called increased attention to the importance of this disease and its prevention. It has been reported from most of the states of the Union, but varies greatly in prevalence. Though a danger of infection from the bite of a rabid animal has been overestimated, it is serious enough, and a good many authentic, deaths from rabies in human beings have been recorded. The value of preventive treatment by means of vaccine is well established and, owing to the properly great fear of this disease on the part of the public, a strong popular demand for the treatment has arisen. The great cost of treatment at private Pasteur institutes, the necessity of going long distances from home for it, as well as its unsatisfactory character in some instances, led many municipal and state health officials to undertake the treatment themselves.

The following states have provided for giving antirabic treatment: Alabama, Arkansas, California, Delaware, Georgia, Illinois, Indiana, Iowa, Kansas, Kentucky, Louisiana, Maryland, Massachusetts, Michigan, Minnesota, Missouri, New York, North Dakota, Oregon, South Carolina, Utah, Vermont, Washington and Wisconsin. In most of these the treatments are given in connection with the laboratory by some member of the regular laboratory force, or more rarely by some one employed especially for this. In California treatment is given at branch laboratories also. As may be seen from Table 6 the number of persons treated in some states is very considerable. The cost cannot usually be separated from other laboratory expenses, but when possible it is given (see Table 10). In a few other states the treatment, though provided and paid for by the health department, is given at a private Pasteur Institute. This is the case in Illinois and Maryland. In the latter state is paid \$60 per case, but if the amount of the annual appropriation, \$2,500, is exceeded, the excess of cases are treated for nothing. In Illinois the board and other expenses of the patient are paid for by the state. In Kansas and Michigan the treatments are given at the medical school in connection with the state university. In Louisiana they are provided for at the Charity Hospital, a general hospital at New Orleans supported by the state. In Texas they are given at the State Hospital for the Insane. In Massachusetts and New York treatment is given by the inspectors and supervisors of the state department of health.

In Connecticut, Ohio, Pennsylvania, Rhode Island, and doubtless in many other states, free treatment is furnished by the local political units. In Delaware, where treatment is furnished by the state, indigent cases are paid for by the towns.

In most of the states the virus is obtained from the United States Public Health Service, but in a few, as in Florida and Oklahoma, it is purchased, and in California, Georgia, Minnesota, South Carolina and Texas it is made in the department laboratory.

In Connecticut it was stated by the State Board of Health that, on the recommendation of the attending physician, cases are treated at the expense of the township, which is reimbursed by the state from the fund resulting from the dog tax. In Indiana 5 per cent of the dog tax is turned over to the State Board of Health as a fund for giving antirabic treatment to the indigent. Treatment is given by one of the laboratory staff, but not at the laboratory.

In Florida and Oklahoma treatment is not given by the state, but antirabic virus is

furnished, being sent out to the physicians of the state, as is also done in Washington, where treatment is given as well. In South Carolina a few treatments are given, but most of the virus is distributed to physicians, In California virus is finished the municipal laboratories and the distribution to physicians is being considered.

VITAL STATISTICS

Fortunately, the registration of vital statistics is as important for legal purposes as it is for the science of preventative medicine, so that many persons besides those interested in the latter subject can be counted on to support effective registration methods. Yet it is true that such registration is so essential for effective health work that the expense and effort involved in securing it are amply justified. Without registration, we must remain in ignorance of what the work of preventative medicine must be carried on and against what diseases. We cannot know whether our methods are successful. Vital statistics are the very foundation of sanitary science and without it we are but building castles in the air. While some sort of registration was provided for in the first settlement of the country, it was never even approximately complete until after the middle of the nineteenth century and then only in a few of the older states. During the last fifteen years there has been a wonderful development of public interest in this subject and remarkable progress has been made. The Federal Census Bureau reckons a state, in the "registration area" for deaths when it is believed that least 90 per cent. of the deaths are registered. At the present time, twenty-five states are included in this list, as shown in Table 7. In very many of them the percentage of perfection is much more than 90, perhaps reaching 99 or even more in a few. If one should apply a similar test for the registration of births, it is believed that not more than fifteen states, namely, Connecticut, Indiana, Maine, Maryland, Massachusetts, Michigan, Minnesota, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, Utah, Wisconsin, and Vermont would exceed the minimum of 90 per cent. of completeness, and in none of them would the percentage be as high as has been attained for deaths, and several are just on the border line.

REGISTRATION IN THE STATE DEPARTMENT

In all the states where there is any registration, it is under the department of health, except in four, namely, Massachusetts, Michigan, Ohio and South Dakota. In the first three, it is in charge of the secretary of state, and in South Dakota of the state department of history.

That the registration of births and deaths should be in the department of health is believed by nearly all who have much to do with this work. It is the opinion that the health department, more than any other, will feel the necessity not only of completeness but of accuracy in the statement of the causes of death and the promptness in the returning of births. It is of great importance, too, that deaths from certain causes should be, as promptly as possible, in the hands of health officials. The tabulation and analysis of causes is properly scientific work, and is best done by men trained in the science which is to utilize the results. The increase in the number of State Board of Health inspectors, especially for supervisory and epidemiologic work, provides an inexpensive machinery for stimulating the work of local registrars as well as improving the returns of physicians. No reason at all can be advanced for having it in any other department. Even if some other department is equally competent in every way, it is a disadvantage to have registration separated from health work. When another has

charge, it is impossible to criticize the mistakes of clerks, to put a stop to delays, to smooth out differences with local health officers, or to introduce new methods or tabulations, unless they happen to appeal to the registrar. All this the writer well knows from personal experience, though, in the instance referred to, the registrar was a man of exceptional ability and well disposed. As the health department is the one to use the returns, it should be the one to collect them.

When arguments are advanced in favor of registration by department it is usually the registration of deaths that is first in mind because the health department has such a lively interest in the accuracy of the statement of causes and in the promptness of returns. It is almost equally important that health officials should control the registration of births, for the solution of many statistical problems depends on the accuracy and completeness of the returns, and the success of preventive measures on their promptness. With marriages, the case is different, as their registration has no immediate relations to the problems of the health officer. This is doubtless the reason why all the states but one are attempting some sort of registration of deaths and births, there are sixteen in which there is no state registration of marriages. Yet there is every reason why the registration of marriages should go with the registration of deaths and births. The study of many important social questions depends on correct marriage statistics and the same agency, both local and state, which collect one should collect the other. There is only loss b collection of vital statistics. In local registration, the accuracy of registration is greatly helped by not only registering marriages, but by issuing licenses as well. The signatures of the parties, and other data obtained from applicants for a license, serve as basal facts for verification of future births and deaths in the family. As a fee can well be charged for a marriage, and usually is, the cost of registration can partly be defrayed in this way. Usually the fee goes entirely to the local official issuing the license or to the local treasury, but in Kansas, 50 cents was added to the fee to go to the state. This yields about \$8,000 a year, which defrays most of the expenses of state registration except printing. In most of the states, the license lee is smaller than in Kansas and can well be increased for this purpose. It is said in Kansas that practically no objection is made to the payment of this fee. There is much to be said in favor of this plan for, as was mentioned, the correct statements on the marriage license, which can easily be obtained in the local office are not only of great importance in themselves to the parties, but serve as a reference for the verification of all future returns relating to the family.

The registration of divorces in the same office as marriages is also desirable for social study, and eighteen states, as shown in Table 7, have provided for such registration by the state registrar.

In order to carry on registration successfully, sufficient clerical force must be provided and properly directed. In most states where registration is placed in the health department, the executive officer is made the registrar, though, of course, in most cases he cannot be, and is not, expected to do much else than direct. In Florida, Illinois, Kansas, Louisiana, Maryland, Mississippi, New Jersey, New York, Pennsylvania, Tennessee, Texas and Wisconsin, a man who is virtually a registrar is appointed by the executive, or by the board. In about half the states, namely, Alabama, California, Illinois, Indiana, Iowa, Kansas, Kentucky, Maine, Maryland, Massachusetts, Michigan, Minnesota, Mississippi, Missouri, New Jersey, New York, North Carolina, Ohio, Pennsylvania, Tennessee, Virginia and Wisconsin, what is really a bureau of vital statistics is created in the department. These are all among the larger states. The number of clerks varies. In most of these states from four to six are employed; in Minnesota and Wisconsin, eight; in Massachusetts, nine; Missouri, ten; Michigan, twelve; New York,

thirteen; and Ohio and Pennsylvania, twenty-four each; but in the latter state they do a large amount of statistical work outside of births, marriages, and deaths, as on morbidity statistics and the data of school inspection. In some of these states tabulating machines are used. In Pennsylvania there is one Hollerith machine and eight punches, and in New York a Powers machine and two punches. In Missouri, North Carolina and Ohio, machines are used. In New Hampshire, three clerks are employed; in Nebraska, Rhode Island, Utah and Washington, one; and in Delaware and North Dakota, only the part time of one clerk; while in Nevada, West Virginia and Wyoming, the details of registration fall on the executive officer.

LOCAL REGISTRATION

Besides the central organization, another essential of registration is local machinery. This is a matter of very great importance. The states must be divided into districts with a local registrar in each. To provide districts of convenient and workable size, with an efficient registrar, is no simple task. It is believed that one reason why registration was so early developed in the New England states was because the township was of a fairly good size for a primary registration district and the town clerk usually possessed qualifications which made him a very good registrar. Outside of New England, New York, New Jersey and Michigan are examples of states with a well formed township organization, which enabled them to carry on registration for years before the country as a whole became interested in the subject. Under the modern system, which requires a burial permit and the payment of local registrars by fees, if the registration district is too large it is difficult for the undertaker to obtain the permits, and if the district is too small, the fees will be insufficient to excite the interest of the registrar. Unfortunately for registration, over most of the country the county is the political unit, and a county is too large to serve as a primary registration unit. The attempt to so use it has resulted in many failures. In the few instances in which county registrars have been retained, it has been necessary to supplement them with deputies, or subregistrars. The states which make the county the primary registration unit are Alabama, Arizona, Montana, Nevada, Oklahoma, South Dakota and West Virginia, only one of which, Montana, is a registration state. In this state, as also in Arizona, Nevada and South Dakota, the deputies or subregistrars are appointed, though in Montana, the deputies are practically registrars, as they report direct to the state registrar. In Maryland county registrars were, for reasons of expediency, retained, but they are merely recording officers and have nothing to do with the essentials of registration.

Modern registration laws usually provide for smaller units than the counties. A natural unit is the incorporated municipality, whether it be city, borough, town or village. The only states in which municipalities are not made primary registration districts are Alabama, Delaware, Iowa, Kansas, Nevada, South Dakota and West Virginia, and in none of these but Kansas is registration sufficiently advanced to put the state in the registration area. In Kansas, the State Board of Health divides the state into registration districts, and the law provides that every municipality shall constitute the center of a registration district. In Delaware, the State Board of Health is to divide the state into districts and, as a matter of fact, makes the municipalities primary districts.

As before stated, the State Board of Health in Kansas is to divide the state into districts with a municipality as the center, but county has no municipality then it is to be a primary district. This law has been amended so that the state registrar may designate the territory over which the city and township clerks serve as registrars. In Idaho, Kentucky, Louisiana,

Missouri, Nebraska, Oregon, Washington and Wyoming, the unincorporated portion of counties is to be divided into districts by the state department of health.

In California, Colorado, Indiana and Texas, the unincorporated part of each county is a registration district. This is seen to be too large and in all, except Texas, numbers of subregistrars are appointed. Thus, in the ninety-two Indiana counties there are 334 deputy registrars for the unincorporated portions who are practically subregistrars. In Arkansas, Connecticut, Maine, Massachusetts, Michigan, Minnesota, New Jersey, New York, North Carolina, North Dakota, Pennsylvania, Rhode Island, Wisconsin and Vermont, the township forms a primary registration district, though, outside of New England, it is usually only the unincorporated portions of the townships, the incorporated portions being independent districts. In New England, municipalities within the townships are almost unknown. In Maryland and Mississippi, election districts constitute the primary registration districts; in Illinois, road districts in the few counties not under township organization; in South Carolina and Virginia, magisterial districts; in Tennessee, civil districts; and in Utah, precincts.

In many states, certain officers are ex officio registrars. Thus, in the New England states, township clerks are the registrars and this includes city clerks as well, except in the few cities where registrars are appointed by the city government. So, too, township clerks are registrars in Michigan, Minnesota and Wisconsin. In New Jersey it is the township assessor. Municipal clerks are registrars also in California, Georgia, Idaho, Illinois, Kansas, Kentucky, Missouri, Montana, New Jersey, North Dakota and Virginia; city health officers in Indiana, Maryland, Oklahoma, Oregon, South Carolina, Texas and Washington. In Oregon and New York, registrars are appointed by the municipal, or township, government, and in North Carolina by the county government. Justices of the peace are registrars of the magisterial districts of Georgia and Virginia and it was so provided in the South Carolina law, but this has been ruled against by the attorney-general. County health officers are registrars in Alabama, Arizona, Indiana, Nevada and Oklahoma, and county recorders in California and Maryland.

The state department of health appoints registrars in Arkansas, Colorado, Delaware, Florida, Ohio, Kansas, Louisiana, Mississippi, Missouri, Nebraska, North Dakota, Oregon, Pennsylvania, Tennessee, Washington and Wyoming, except that sometimes in cities, existing registrars are recognized, or local appointments permitted. Or course, in most states, the officer who appoints the local registrar can remove an unsatisfactory official.

Subregistrars are provided for in every many states, but they are not of much importance except in states where the county, or a large unincorporated portion thereof, is the registration unit, where it become essential, as was before referred to, that there should be a considerable number appointed. Sometimes they are called deputy registrars, but the real deputy is the one who merely takes the place of the registrar during absence. Such, also, are provided for in most states.

In Indiana, Nevada, Vermont and Wyoming, there are no subregistrars known as such, but while actually subregistrars they are called deputy registrars. In Indiana, the undertaker in an incorporated place may get his burial permit from the nearest town registrar, who transmits the certificate to the county registrar. The appointment of subregistrars is provided for in all the other states except Iowa, Kansas, Massachusetts, New Jersey, Oklahoma, Oregon, Rhode Island, Texas, Utah, Virginia, Washington and West Virginia. In about half of these there is no efficient registration. In Kansas and Utah, the districts seem to be sufficiently small without appointing subregistrars. In Massachusetts, New Jersey and Rhode Island, registration is under old laws which did not contain this provision and though sometimes their appointment is

desirable, it has not been thought best to amend the law just for this small defect. In most states the subregistrars are appointed by the local registrars, usually subject to the state registrar, but the state registrar makes the appointments in Florida, Mississippi, Montana, Nebraska and Michigan. Where subregistrars have much sometimes trouble in regard to the division of the fees, as in Idaho and Utah.

All sorts of persons may be appointed registrars. Physicians are often so appointed, but they are away from home, or office, so large a part of the time that, unless some member of the family is a deputy, much inconvenience may result. Undertakers are sometimes appointed, but as one purpose of the appointment of a registrar is to have a check on undertakers, this is not considered a good arrangement. Nevertheless, in Minnesota, embalmers are very generally appointed. Druggists and merchants, who may usually be found at their places of business, are frequently appointed, and men of high standing in the community have in many cases been willing to serve. Women have often made excellent registrars. Postmasters at times serve in this capacity. In Arizona, as only notaries public and justices of the peace can receive fees, the law provides that they alone may be appointed registrars.

DEATH REGISTRATION

The most essential requirement for a successful registration of deaths is, of course, the requirement of a permit from the local registrar before burial. Every state except Alabama, Iowa, New Jersey, New Mexico, Oklahoma, Texas and West Virginia, has this requirement, but in South Carolina and Virginia it is provided that in sparsely settled districts or when it is impracticable to file a death certificate and obtain a permit, a body may be buried without a permit, but the certificate of death shall be filed with the registrar within ten days. In Wyoming, in sparsely settled districts, where it is impracticable to provide a registrar, the undertaker may make out two certificates of death and use one as a burial permit and send the other to the State Board of Health. In New Jersey, while the law does not require a permit for burial in the townships, it is said that in practice a permit is in almost all cases secured by the undertaker from the registrar before interment takes place.

A number of the more recent laws, as those of Arizona, Arkansas, California, Florida, Georgia, Idaho, Illinois, Louisiana, Michigan, Minnesota, Mississippi, New York, North Carolina, Oregon, South Carolina, Washington, Wisconsin and Wyoming, provide that a body be kept more than seventy-two hours without a permit. In Texas, the limit is five days.

The object of requiring a permit from some authorized official is, of course, to secure a proper certificate or return of the death for record. Hence all the states mentioned which require a permit before burial, also require that a certificate of death must be filed before the permit is issued. In Maine, however, exception is made in cases where it is impracticable to obtain the certificate, but the latter must be filed as soon as possible. Similar provisions are found in Kentucky and Michigan. In Michigan, the provision only applies to townships and the certificate must be filed within ten days. In Kentucky, it must be filed within five days.

In Indiana, if a body is interred without a permit the coroner shall disinter the remains and hold an inquest, and this provision has been enforced on at least one occasion.

The primary object of a registration law is to secure a record of each birth, death and marriage which occurs in a community. It is, however, desirable that the death of persons who die outside of the state, but are brought in for burial, should be recorded, not only for legal purposes, but to render less likely neglect of the law by requiring that a permit shall be required

for the disposal of every dead body, no matter where death occurs. About two thirds of the states, therefore, provide that transit permits accompanying bodies from another jurisdiction shall serve as a certificate on which the local registrar shall issue a burial permit. In California, the transit permit must be endorsed by the state registrar. In Connecticut and Vermont, if there is no transit permit, a burial permit may be obtained from the local registrar on information as to the identity of the remains.

Stillbirths are to be registered both as births and deaths in Arizona, Arkansas, California, Colorado, Delaware, Florida, Georgia, Idaho, Indiana, Kansas, Kentucky, Louisiana, Maryland, Mississippi, Missouri, Minnesota, Montana, Nebraska, Nevada, New York, North Carolina, North Dakota, Ohio, Oregon, Pennsylvania, Rhode Island, South Carolina, Tennessee, Texas, Utah, Vermont, Virginia, Washington, and Wisconsin. In Illinois, it is specified that they shall be registered merely as stillbirths. Wherever registered as deaths, burial permits, obtained only on presentation of a certificate, are required as in case of deaths of living persons. In Alabama, a special form of certificate for stillbirths is required.

The new form of the model law provides that a certificate and permit are not required for a child not advanced through the fifth month of uterogestation. This provision is found in Arkansas, California, Florida, Georgia, Illinois, Minnesota, Mississippi, New York, North Carolina, and Oregon, but the period so fixed is the end of the seventh month in Indiana, Washington and Texas. In thirty states the law requires that the period of uterogestation shall, if known, be stated in months (in Nevada, as nearly as possible). In Illinois, midwives are allowed to sign certificates of stillbirths. It is unfortunate that the Federal Census Bureau has not made a ruling on what constitute a stillbirth. Until some central authority has decided what a stillbirth is, that is, after what period of uterogestation they are to be reported, statistics will be hopelessly confused. This is a matter where uniformity is of great importance, but so far attempts to secure it have resulted in failure. The American Public Health Association has by resolution recommended that all stillbirths be registered, irrespective of the month of uterogestation, but only those be tabulated which have completed the sixth month.

The ultimate purpose of all this machinery is to obtain a record of the death which may be used for various legal, social and medical purposes. As registration gradually developed, the different states and cities devised their own form of certificate which, of course, varied more or less. Over forty of the state laws make it incumbent on the state registration department to prepare the forms. In over thirty states the blanks, and the local record books as well, must be furnished by the state. In this way uniformity has generally be secured throughout any given state, but the forms in the different states naturally varied quite a little. It was not until the federal censes bureau began to develop registration that the need for national uniformity was felt. In order to meet this demand, the "Standard" certificate was adopted by the census bureau, the American Medical Association and the American Public Health Association, and has taken the place of the older forms in all but a very few states. Naturally, all the newer registration laws provide for the standard form, and most of the older forms have been, modified so as closely to approximate the standard. It is, perhaps, rather difficult to say how much deviation is permissible without throwing a certificate out of the standard class. The census office considers that the only states in the registration area not using the standard death certificate are Connecticut, Maine, New Hampshire, New Jersey and Rhode Island. Among nonregistration states which use other than the standard forms are Alabama, Delaware, Oklahoma and West Virginia. Some of the older registration states, as Connecticut, Maine, New Hampshire and Rhode Island, have hesitated to adopt the standard form, as it would necessitate an entire

change in filing cabinets, record books and forms for certified copies. Some of the undertakers in these states also object to a change.

A few certificates have information not called for on the standard. Thus, the name of husband or wife is asked for on the California, Rhode Island and Vermont certificate; in Massachusetts, husband's name; in Michigan, in the case of a married woman, the age at first marriage is to be given, the number of children borne and the number of living children. In North Carolina, educational attainments must be given, or, if the deceased was under 15 years, the educational attainments of father, mother or guardian. Delaware requires the time of residence in the United States of foreigners. Connecticut requires a statement as to whether the body was embalmed and if so by whom, also the number of families in the house where the person died. In Alabama, length of residence is asked for in all cases, as well as whether the deceased had had a surgical operation. The Rhode Island form requires the relationship of the informant to the deceased.

The model law prescribes that the personal data shall be attested by some competent person acquainted with the facts, the medical data by the physician last in attendance, and the facts relating to the disposition of the body by the undertaker, and the latter is made responsible for obtaining the certificate and filing it with the registrar. In some of the older laws, these points were not so clearly brought out, though it has come about, through custom, that this is actually what is done. In New Hampshire, New Jersey, and Vermont, the physician is to make the certificate and deliver it, to the family in Vermont and to the undertaker in New Hampshire and New Jersey. In Vermont there is a time limit of thirty-six hours and the physician receives a fee of 25 cents. In South Dakota, the law requires that the physician shall make the certificate to the clerk of court. The provisions of the model law are by far the best, and to a large are followed even when not prescribed.

From the standpoint of preventive medicine, the most important part of the death certificate is the statement of the cause of death. For this the medical attendant is responsible, but there are many instances where there is no medical attendant. Provision is made for these in the model law by requiring reference to the registrar for investigation and certification, but if there is a health officer, who is a physician, the registrar is to refer the case to him. If the death is probably caused by "unlawful or suspicious means," it must be referred to the coroner. Most of the states follow substantially this provision. In Vermont, the health officer is authorized to make an autopsy if deemed necessary. In Kansas and South Carolina, however, there is no reference by the registrar to the health officer, and in Maine and New Hampshire, the town clerk is authorized to make the certificate, and in Vermont, the local registrar is authorized to do so, if the county board of health does not make the certificate, within twenty-four hours after reference. In California, Florida and Washington, all deaths without a medical attendant are to be referred to the coroner when the local registrar is not a physician; in Florida and Oregon, to the health officer; and in Louisiana, to the coroner if the latter is a physician. In South Dakota such cases are referred to the justice of the peace. In Rhode Island, deaths without medical attendance are to be referred by the registrar to a physician who receives \$2 for making the certificate. In Minnesota, the registrar may refer the case to a physician, request any physician employed for the purpose to sign the certificate.

While the requirement that a burial permit shall be obtained is the most important means of securing complete registration, other checks may be added. Thus, the model law provides that the undertaker shall deliver the permit to the sexton or other person in charge of the burial place. This provision is found in all states except Alabama, Connecticut, Indiana,

Iowa, Maryland, Massachusetts, New Hampshire, New Jersey, New Mexico, Oklahoma, South Dakota, Texas, Vermont, West Virginia and Wyoming. This is, however, not so important as it is to forbid the sexton to allow an interment until a permit has been presented. All the states require this but Alabama, Delaware, Iowa, Massachusetts, New Jersey, New Mexico, Oklahoma, South Carolina, Texas, West Virginia and Wyoming. While the New Jersey law does not require this in townships, in practice it is required generally throughout the state.

A still further safeguard is to require that the permits be returned by the cemetery authorities to some official who will check them up. All of the states, but the following, have this requirement: Delaware, Indiana, Iowa, Massachusetts, Michigan, Minnesota, New Jersey, New Mexico, North Carolina, Oklahoma, South Dakota, West Virginia and Wyoming. In most, the model law is followed, which requires the return to be made within ten day but it is to be immediately in Utah, within one day in Colorado, within three days in Illinois, within five days in Arizona, six days in Maine and New Hampshire, seven days in New York, and thirty days in Wisconsin. In Rhode Island, the permits are to be returned by the fifth of the next month, and in Vermont, during the first week of each month. In Rhode Island, the permits are then to be transmitted to the state registrar. In Michigan, the permits are to be retained by the sexton or other person in charge of a cemetery. In Wisconsin, it is provided that, where there is no sexton or other person in charge of a cemetery, the undertaker shall note that fact on me burial permit and return it to the registrar, and this is done in other states.

Another method of checking returns is the so-called coffin law, which requires that every person or firm selling a casket shall keep a record and report to the state registrar. In the newer registration states this seems to have helped to perfect the records, but in some of the states, at least, where death registration is good, it would seem to be unnecessary. In Alabama, it is said to have increased the number of death 5 per cent. Such a provision is found in Alabama, Arkansas, California, Georgia, Florida, Minnesota, North Carolina and Washington. An additional requirement, found in Arkansas, California, Georgia, Florida, Minnesota, Mississippi, Oregon, Tennessee, North Carolina and Washington, is that, if the person to whom the casket is sold does not have charge of the disposition of the body, the seller shall inclose in the casket a notice furnished by the state registrar and calling attention to the requirements of the law.

It would scarcely, seem necessary to specify the form of burial permit, yet this is done in the model law which has been followed by about half the states.

While it is not really necessary for good registration that authorities should keep a record of all interments, it is desirable that they should do so, and in a general way conduces to accuracy. Over thirty states have a provision of the law which requires this. It is desirable that they should do so, too, that the exact location of each interment should be recorded and, of course, this is frequently done.

BIRTH REGISTRATION

The registration of births is almost as important, for public health purposes, as the registration of deaths. The essential requirement is that the birth should be reported by some responsible person as soon as possible after its occurrence. The "model law" has been adopted by the majority of states. As there are all sorts of deviations from the model law, it is difficult to decide in all cases how specific statutory provisions should be classed. It will probably be agreed, however, that the following states have not adopted the model law: Alabama,

Connecticut, Iowa, Massachusetts, Maine, New Hampshire, New Jersey, New Mexico, Oklahoma, Rhode Island, Texas, Vermont and West Virginia ; nevertheless, it will be noted that among these are included several of the registration states.

The model law requires that all births shall be “immediately registered” and then in the next section states that returns shall be made to the local registrar within ten days from the date of birth. The majority of the states have adopted this provision, but among are many variations in the time limit. It would seem better to have a shorter limit than ten days, and the only objection that is urged is that the child is often not named before that time, but even at ten days the child frequently is not named and, in any event, provision must be made for securing the name in all cases where the naming is delayed. The earlier the time fixed for the return, the less likely it is to be forgotten by the physician, and the more useful it is to health officials who are attempting to reduce infant mortality. In Missouri, Nevada and Idaho, the law provides that cities may fix an earlier date for reporting than the ten-day limit of the statute, In Illinois, this may be done by the State Board of Health. In California and Indiana, all births must be reported within thirty-six hours. It is claimed that 90 per cent. are thus reported. In Massachusetts, the physician is required to give notice of each birth within forty-eight hours, and send in a complete return within fifteen days, or he may make the complete return within forty-eight hours if he prefers. In Delaware, a postal card report is to be sent in within twenty-four hours, and a report later. Three days is the time limit in Nebraska and North Dakota, four days in Maryland, five days in Alabama, Arizona, New Jersey, New York, North Carolina, Texas and Wisconsin, and six days in Maine and New Hampshire. The time allowed is too long in several states, longer than in the model law. In West Virginia, it is thirty days; in Connecticut, it is within the first week of the next month; in Oklahoma, the first day and in Rhode Island on or before the fifth day of the next month.

Every state, except Iowa and New Mexico, has a requirement that physicians and midwives shall report to the local registrar all births attended to them. Usually no fee is paid, but in some a fee is paid by the county, township or municipality. It is 10 cents to Oklahoma, 15 cents in Montana, 25 cents in Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, South Dakota, Vermont, West Virginia, Wisconsin and Wyoming. Most of the states provide that when there is no physician or midwife in attendance, the father, mother, householder, or owner of the premises, or head of an institution, and in some states the masters of vessels, shall report births. The model law also provides that the registrar shall then secure the full return with signatures, and this has been incorporated in the newer acts. The later acts, as those of Arkansas, Florida, Georgia, New York and North Carolina, make it incumbent on all persons interrogated to answer correctly.

In Iowa, the physicians are not required to report births, but reliance is placed on an annual enumeration by the assessors. Such an enumeration is used as a supplementary means of completing the records in Massachusetts and Rhode Island.

As it so often happens that a birth is reported before a child is named, the model law, and that of more than thirty states, requires that the registrar shall send to the parent a blank for a supplemental report of the name which must be returned as soon as the child is named. In Vermont, it is to be returned in thirty days. The South Dakota law requires that the child must be named within sixty days.

The form and content of birth returns are not so important from a public health standpoint as are the details of death returns, yet uniformity is desirable. The model birth certificate is excellent, but some of the older states have hesitated to adopt it on account of the

changes necessitated in record books and filing cases. It has been adopted in all states except Alabama, Connecticut, Maine, Massachusetts, New Hampshire, New Jersey, Oklahoma, Rhode Island, Vermont and West Virginia. The most common deviations are in form, and in the omission of the items relating to plural births, to the number of children born and the number of children living. Some of the returns have data not called for on the standard form. Thus, in North Carolina, the educational attainments of parents is asked for; in Arizona, California, Indiana, Michigan, New Jersey, New York, North Dakota and Wisconsin, whether preventative treatment for ophthalmia has been applied; and in Alabama, the presentation, duration of labor, number of children of father, living and dead, and the number of marriages of father.

It is an aid to the administration of a registration law to have a correct list of the physicians, midwives and undertakers. The model law provides that all such shall register name, address and occupation with the local registrar, and that the latter shall annually transmit the list to the state registrar. The following states have this provision: Alabama, Arizona, Arkansas, California (not midwife), Colorado, Delaware, Georgia, Kansas, Kentucky, Idaho, Louisiana, Maryland, Mississippi (also retail dealers in caskets), Missouri, Montana, Nevada, New York, North Dakota, Ohio, Oregon, Pennsylvania, Rhode Island (not midwives), Utah, Washington, West Virginia and Wisconsin. In Illinois, sextons are required to register.

The model law, as also, the acts in Alabama, Arizona, Arkansas, California, Colorado, Delaware, Florida, Georgia, Idaho, Indiana, Kentucky, Maryland, Michigan, Mississippi, New York, North Carolina, North Dakota, Ohio, Oregon, Pennsylvania, Rhode Island, South Carolina, Utah and Virginia, require that certificates shall be written legibly in unfading black ink, but in Indiana an indelible pencil is permitted. This provision seems to be very generally enforced so far as the use of black ink is concerned, though occasionally pencil returns are seen. Most persons, however, use whatever ink they are accustomed to, and most of it is far from unfading. There is little doubt that in the course of time, many of these returns will become illegible. The typewriter is used somewhat in making returns, and unless a black record ribbon is insisted on, such returns, too, will fade away.

The most defective returns of births and deaths come from hospitals and other institutions. Persons in institutions are often without friends or relatives, or at least if they have such, they are in distant places and not accessible. The details of personal and family history are, therefore, often unattainable after the death or removal of the person. In order to ensure correct returns all data necessary must be secured from the individual himself on admission. Hence, the model law makes this a duty of the superintendents or persons in charge of hospitals, almshouses, lying-in or similar institutions. When sick persons are admitted, the nature of the disease and the place where contracted are to be noted. This provision is found in Arizona, Arkansas, Colorado, Florida, Idaho, Indiana, Illinois, Kansas, Kentucky, Louisiana, Maryland, Michigan, Minnesota, Mississippi, Missouri, Montana, Nevada, New York, North Carolina, North Dakota, Oregon, Pennsylvania, South Carolina, Virginia and Washington.

To facilitate the work and assist local registrars, as well as to secure uniformity, the model law provides that all blanks and forms used in registering, recording and preserving the returns shall be prepared, printed, and supplied to the registrars by the state registrar. This provision has been adopted in Arizona, Arkansas, Colorado, Delaware, Florida, Georgia, Idaho, Illinois, Kansas, Kentucky, Louisiana, Maryland, Massachusetts, Michigan, Minnesota, Mississippi, Missouri, Montana, Nebraska, Nevada, New Hampshire, New Jersey, New York, North Carolina, North Dakota, Oklahoma, Oregon, Pennsylvania, Rhode Island, South

Carolina, Tennessee, Utah, Virginia, Washington and West Virginia. In Minnesota, however, the book for recording is to be paid for by the city, village or town. In Connecticut, the state registrar is by law to furnish death certificates and does furnish other forms. The same is true in Iowa. Doubtless, too, in some other state blanks are furnished by the state, though it may not be required in the statute, but in California it is expressly provided that the counties shall supply the blanks printed according to the forms prescribed by the State Board of Health. The model law, and practically those of all the states named above as well as the statutes of Ohio and Texas, require the local registrars to distribute forms to all who need them.

For many reasons the preservation of local records of birth, marriage and death is of much importance, though it has little relation to public health, and how and where they should be kept need not be discussed here. Whatever may be decided as to local records, the interests of public health demand that records of births, marriages and deaths be transmitted to the state registrar at the earliest moment. In Oklahoma and New Mexico there is no law. In Iowa, physicians report deaths to the State Board of Health monthly and the assessors report births annually. In West Virginia, county clerks send copies to the State Board of Health on the first of each July. In Rhode Island the returns are by law to be made by the first March of each year, though the returns of death are in fact made monthly. In Massachusetts, returns of births and marriages are to be made annually. In all the other states the law requires that the original returns, or copies, shall be sent to the state registrar monthly. The model law fixes the date as the tenth of the month next succeeding. The time limit is the fourth of the month in Indiana and Michigan, the fifth in California, Kansas, Maryland (or earlier if required), Montana, Nebraska, New York, North Dakota, Ohio, Pennsylvania (for deaths Utah, Washington and Wyoming; the seventh day in Connecticut (for deaths) and Wisconsin; twelfth to fifteenth day in Maine, the twelfth day in New Hampshire, fifteenth day in Connecticut (births and marriages) and South Dakota (births and deaths), and the thirteenth day in Vermont.

The original returns are to be sent to the state registrar in all above except Connecticut, Maine, Baltimore, cities in Michigan, first class cities in Nebraska, New Hampshire, and Vermont. In Maine and Rhode Island, Vermont; first class cities in Washington and Wisconsin and in West Virginia. In all the above mentioned localities the original returns are to be retained and copies sent to the state registrar. Sometimes these copies are on sheets, or in book form, and sometimes on forms like the original returns, and sometimes on cards, as in Connecticut, Maine, New Hampshire and Vermont. In Maine and Rhode Island, though the original returns are kept by the townships, they are also copied into books for a permanent record.

With small registration districts it frequently happens that no certificates of any kind are received during a month. In order that the state registrar may keep run of the local registries it is necessary that reports should be sent in every month from every registrar, no matter whether or not any records are to be forwarded to the central office. A report that no records have been received, if such is the fact, is required in all the states except Alabama, Iowa, New Hampshire, New Jersey, Oklahoma, Rhode Island, Texas, Vermont and West Virginia.

The success of registration, in a large measure, seems to depend on the stimulation of the registrar by an adequate compensation. Except in the larger cities, the fee system seems to be the best for this. This plan is followed in the majority of states. The fee is 10 cents for each record in South Dakota (marriages) and Vermont. It is 15 cents in New Hampshire and Wisconsin, 20 cents in Massachusetts (marriages), New Jersey and Rhode Island; 25 cents in Arkansas, California, Colorado, Connecticut, Delaware, Florida, Georgia, Idaho, Kansas,

Kentucky, Louisiana, Maryland, Michigan, Mississippi, Missouri, Minnesota, Montana, Nebraska, New York, North Carolina, North Dakota, Ohio, Oregon, Pennsylvania, South Carolina, South Dakota (births and deaths), Virginia, Washington and West Virginia, and 50 cents in Massachusetts (births and deaths) and Wyoming (births and deaths). In several of these states, as Idaho, Michigan, Missouri and New Jersey, it is provided that the registrar may be given a salary instead of fees, and in Ohio a sliding scale of fees is provided, varying from 5 cents in cities of over 250,000 to 25 cents in cities of less than 25,000 inhabitants. In Illinois, if the returns number over 5,000 annually, the fee is 10 cents. In Pennsylvania, in cities in which the registrar receives a salary for other duties, his fee for each vital record is 5 cents. In Maryland, under the same conditions, where the county registrar receives a salary of \$800, the fee is 10 cents. In Rhode Island, the minimum compensation of the town registrar (clerk) is to be \$10 per year. In Utah, where the fee system is forbidden, the local registrars are paid at a rate of \$3 per day, and the state registrar considers that six returns constitute a day's work. In Indiana, the registrars are salaried officers and receive no fees, and the subregistrars receive whatever the county commissioners choose to give them, which is very little.

As there is sometimes trouble in regard to the division of fees between registrars and subregistrars some states provide for this. In Delaware both deputies and subregistrars are to receive 10 cents, to be deducted from the fee of the registrar, for each return handled. In Montana the subregistrar receives the same fee as the registrar, but in this state he is "sub" only in name, reporting directly to the state registrar. In Maryland, where the local registrars transmit to the county registrar, and are to this extent subregistrars, they receive 10 cents a transcript, as well as 25 cents for each original return received and sent to the state registrars. In California the subregistrar receives 15 cents, to be taken out of the registrar's fees. In Nebraska the subregistrar receives 10 cents, to be deducted from the fee of the registrar. In Arizona the local registrar receives fees, while the county registrar receives a salary of \$300 per annum. In Nevada the deputy registrar receives \$25 per month, and the county registrar the same.

In most states, where the local registrar is to report each month in which returns are received, he is to receive for this report the same as for a single return, usually 25 cents.

The registrar's fees are in most states to be paid by the counties, but in New England, New York and New Jersey they are to be paid by the township, or municipality, comprising the registration district. In a few states, as Colorado and Idaho, when cities make a primary registration district, the fees are to be paid by the city. In Florida the state pays the fee.

There has certainly been a very marked improvement in registration in the United States during the last few years, and there is every reason to believe that this advance will continue. From a public health point of view the purpose of collecting vital statistics is to show when and where, and under what conditions, fatal disease occurs, and to help solve, by means of these facts, the problems of disease causation and prevention. For a health officer, the collection of vital statistics is valueless, unless the data are presented so that he can use them. Statistical material must be presented in tabular form. As much depends on comparison between different times, and between different places, uniformity is necessary. Blind conformity, however, is deplorable. Every thoughtful official will have problems of his own for which he will need a special arrangement of data. There ought, however, to be a number of standard tables in every report. The Section on Vital Statistics of the American Public Health Association has had a committee to suggest such tables, but as yet has done little. It is extremely urgent that steps be taken to prepare a set of standard tables, and in its preparation those should be consulted who use statistics, rather than those who compile them. At present

the tabulation of vital statistics and their analysis are the weakest points in registration, though the most important. There is little attempt at uniformity. Even in the same state, a registrar may discard the work of his predecessor without substituting anything better. In studying mortality, death rates are necessary, yet in many reports the deaths only are given, and the rates, as the populations are not given. Every report should give total deaths and the deaths from the principal diseases for as many years as they are available, together with rates. Yet if one opens a state registration report expecting to obtain these data, he is very likely to be disappointed. The distribution of data by locality, giving rates, is also of fundamental importance in state work. To decide on the most useful and important combinations of cause of death, season, sex, age, color, etc, is far outside of the scope of this report. It is high time for state officials to consider this subject seriously. They have a field of their own, distinct from that of the federal government and from that of the cities. It should be defined with great care.

In Table 7 is shown the states in the official registration area for deaths, and also in the next columns the states in which it is believed that 90 per cent. of the reported births with the number of children under 1 year of age, but this latter figure is also merely an estimate, as several years have elapsed since the 1910 census. Of course, such an estimate is very crude, but it serves to show approximately what states have made the most progress in birth registration.

The statement as to office force must not be considered as strictly accurate, as clerks are often employed at times for other than registration purposes. The expense refers only of the expenses of the central office, and these, too, are unsatisfactory, for in many offices the accounts of divisions are not properly segregated, and approximations only are available. Also, in some of the states the figures include unusual expenses, such as the furnishing of record books, or new forms of blanks, which may not be necessary again for some time.

Whether a state has the "model" law or uses "standard" certificates, it is often difficult to decide. All sorts of deviations are found. What are permissible is a matter of judgment.

CHILD HYGIENE

Prevention of Infant Mortality

The possibility of effective work in promptly and greatly reducing the death rate of infants has been so well established, and so much has actually been accomplished in the larger cities, that the neglect of this field by state health officials is remarkable. Inquiry brings out the fact that, with very few exceptions, almost nothing is done except educational efforts of a general sort.

Most state health departments do, it is true, issue pamphlets or circulars of instruction to mothers for the care of babies. Some of these, as for instance, those issued by Indiana, New York and Virginia, are excellent. Doubtless others are equally good. The value of this literature is probably considerable, though the experience in eastern cities has been that it is very markedly inferior to personal instruction, but no doubt it is more effective among the better educated native population in other parts of the country. In most states, little effort is made to place this literature where it will do the most good. It is simply distributed as are other circulars, or sent out on call, or perhaps given to the mothers' clubs. In Idaho, however, it was stated that a copy of the bulletin on the care of the baby, issued by the children's bureau, is sent to the mother of every child whose birth is reported. In North Carolina, the State Board of Health sends its excellent "Baby" booklet to accompany a congratulatory letter of the governor,

to every mother. The same is done in Indiana where, indeed, the idea originated, but the money available provides only 8,000 booklets, whereas there are 20,000 births. Therefore, it is sent to primiparae only. In New York a letter from the health commissioner, instead of from the governor, accompanies the literature. In Utah and Wisconsin a bulletin is said to be sent to each mother. It is evident that in states where the births are poorly reported, or are not reported promptly, the value of this educational attempt is largely lost. Another useful means of stimulating interest on the part of the public is an exhibit. The first infant welfare and milk exhibit was organized by the State Board of Health of Maryland. Since then they have become very popular, and have been held in many cities under various auspices. Probably all of the general exhibits that have been held by state health departments have a section devoted to baby welfare. Lectures illustrated by lanterns and moving pictures are also added with good results.

So far as we know now, really effective work for the reduction of infant mortality depends on the intensive effort for the personal instruction of mothers by visiting nurses, supplemented when necessary by milk stations, consultations, baby contests and hospitals. Each community must do these things for itself, either through the local health department or some other agency. It is preeminently a field for local endeavor. It is a proper function of the state to stimulate each town and city to take up this work. Only one or two states have so far made any systematic effort to do this. For two or three years Pennsylvania has had a traveling exhibit with lecturers, for the betterment of child life, which has gone from town to town through the state. Effort is made in every place to induce the people to interest themselves in the exhibit and make it their own show. It is said that much local organization, for carrying on the usual methods of reducing infant mortality, has resulted.

By far the best work seems to have been done in New York. It began two years ago, or more, but was greatly extended in the summer of 1914. Three exhibits were sent out, accompanied by lecturers and a nurse, and a model consultation was set up. Every effort was made to interest local people and arouse them to action. Forty-six cities were visited, and afterward fifty-six county fairs. The exhibit stayed in each city two weeks. Afterward, smaller exhibits were sent out among towns, even as small as 1,500 in. population. Many local consultations were established, so that by autumn there were sixty-eight in thirty-nine cities outside of New York City. After the establishment of the stations, they are visited by the nurse of the department to give assistance and advice. In the state, outside of New York City, the infant death rate fell from 141 during the summer months of 1913, to 117 in the corresponding period in 1914.

A division of child hygiene has just been organized in the Kansas state health department, consisting at present of a chief at \$2,400, a stenographer, and a visiting nurse. The appropriation is \$5,000.

A minor means of protecting infant life is the licensing and supervision of places for boarding infants. Probably a considerable number of states have provision for this, but no effort was made to determine how many. They are licensed by the State Board of Health in Minnesota, Ohio and Oregon, but apparently there is very little supervision, though the experience of some cities is that regular supervision by visiting nurses is very effective. One state health official thought his department issued licenses, but was not sure about it. In a considerable number of states, the entire control of these establishments is by the board of charities.

Lying-in Hospitals are licensed by the state board of health in Illinois, Iowa, Nebraska and Oregon, and formerly were in Colorado where they were supervised by a special inspector.

The licensing, supervision and instruction of midwives may be a useful means of attacking the infant mortality problem. They are licensed by the state health department in Colorado, Illinois and New York. The latter is the only state where the matter is considered seriously. Qualifications are prescribed and the licenses have to be renewed annually. The most essential feature is that the midwives are supervised by nurses employed by the department.

Ophthalmia Neonatorum

This subject which is of such great importance has received considerable attention from state health departments and legislatures. The earliest type of law required the report of cases, to the health officer or a physician. Experience seems to show that the latter provision is unwise. Nevertheless this is required by the law in Idaho, Iowa, Maine, Maryland, Michigan, Missouri, Oregon, Pennsylvania, Tennessee and Texas. The model law recommended by the American Medical Association, and which ought to be made the basis of all legislation, requires reports to the local health officer. Such a provision is now found in California, Connecticut, Illinois, Indiana, Kentucky, Louisiana, Maryland, Massachusetts, Minnesota, New Hampshire, New Jersey, New York, North Dakota, Ohio, Oregon, Rhode Island, South Carolina, South Dakota, Utah, Vermont, Washington and Wisconsin. In Ohio the state pays 50 cents for each report. In addition to the regular form of report it is required in Arizona, California, Indiana, Michigan, New Jersey, New York, North Dakota and Wisconsin that the physician state on the birth return of every child whether prophylactic treatment was employed. In Indiana and New Jersey it is said that the question is usually answered. There was a similar question on the return in Minnesota and New York but it has been eliminated. In many states it is admitted that the notification law is sadly neglected. In others as Indiana, Maryland, Massachusetts, New Jersey and Vermont it is said that it is steadily improving. Very few states, however, give any facts in their annual reports. In Massachusetts in 1913 there were reported 2,304 cases.

Routine prophylactic treatment does not seem to be definitely required in any states except Michigan, Ohio, Rhode Island and Wisconsin though it is urged in many. In Ohio midwives must and in Illinois they may apply the prophylactic. The use of means of prevention is greatly encouraged, and prompt treatment of the disease is facilitated if the silver solution is made easily accessible. It was first distributed by the state board of health in Rhode Island in 1909, and this is now done in California, Illinois, Kansas, Kentucky, Louisiana, Massachusetts, Nebraska, New Jersey, New York, Ohio, Oklahoma, Vermont and Wisconsin. In some of these states very little is used but in New York 24,600 packages were given out in 1914 at a cost of \$3,731.25. In Massachusetts 3,236 packages were given out in May, 1915; in Rhode Island about 1,500 packages are distributed, and Vermont reports, extensive use. As far as can be discovered those most conversant with conditions blindness from ophthalmia has decreased one half in Massachusetts since the efforts of the state health department were directed to this end.

Medical Inspection of Schools

Outside of references to medical inspection in general educational work, not more than half a dozen state health departments have taken any active interest in this subject. Besides

those here named few state boards of health have done much to advance school inspection. This does not mean that other departments of the state have done nothing. On the contrary, many laws relating to this subject have been enacted and the state department of education has often been active in securing their passage and enforcement. It has been impossible to report on the present status of school inspection in the United States and reference here is only made to the relation of state health officials to the movement.

In Florida the last legislature provided that every school child should have a physical examination each year. This is to be made by the county physician, under rules established by the State Board of Health. The inspection is to be paid for by the state department of health.

In Indiana where the health department has been exceedingly active in improving the conditions of school buildings, the law for the medical inspection of pupils provides that such inspection shall be made under rules promulgated jointly by the State Board of Health and the State Board of Education. Such rules have been made and issued by the two boards jointly, in a pamphlet with other instructions and information.

In Kansas the State Board of Health, in order to furnish an object lesson, made a thorough survey of the number of schools in Topeka.

Louisiana sends to every school the questionnaire issued by the United States Department of Education.

The Minnesota State Board of Health engaged a specialist to go to the smaller cities of the state and lecture and demonstrate methods of medical inspection. As a result systematic inspection was adopted in several of these cities.

In Pennsylvania the State Health Department carries on school inspection over a large part of the state outside of the larger cities. In all there are about 2,300 districts. The inspectors are appointed and paid by the department. There are 871 medical inspectors to inspect the buildings and pupils once each year in 11,684 rooms. They receive from \$4.50 to \$6.00 per room.

In Oregon the State Board of Health has recently had two nurses who are making the tour of the state, inspecting all the schoolhouses and the children therein. They are sending children with obvious defects to physicians and reporting to the proper authorities unsanitary conditions in the school houses.

In Virginia the district health officers of the State Board of Health inspect thousands of schoolchildren and the department has been instrumental in organizing voluntary associations for the employment of school nurses to follow up the cases.

PUBLIC HEALTH EDUCATION

One of the most important functions of a state health department is to instruct the people in the science and art of sanitation. They must be taught how disease is caused and how it can be prevented.

There seems to be no immediate danger that health education will be neglected. Not only are state and local health officials hurrying to make use of every new device to attract the attention of the public, but numerous organizations, formed to promote some particular line of health work, as well as great corporations and universities, are flooding us with health leaflets, circulars, brochures, posters and postals. The press has been eager to publish catchy articles on sanitary matters, though there are signs that its capacity may become overtaxed. The magazine too, and the platform and the pulpit have been invaded by the health propaganda. It is now the

quality rather than the quantity of health education which needs to be looked out for.

There are three main features of public health educational work which must especially be kept in mind. It must interest. It must reach all classes. It must be truthful.

By far the most important thing in public health education is to tell the truth. If sanitary science were an exact science, false teaching would be easily found out. Because it is not an exact science, it requires the greatest care in teaching. It should not be made still more inexact by lapses from the truth. It is not necessary to be false to be interesting, though it is much easier. It takes some trouble to find out the truth. It is easier to guess at it. The hurried writer often does. There are enough things that are certain. There is no need of teaching that is uncertain. The great fault in health education today is that it does not always teach the absolute truth. In studying the efficiency of health education one should bear in mind especially its simplicity, attractiveness, truth and ability to reach people. Some of the more important means of education employed by state health departments are shown in Table 8.

Bulletins

The oldest form of attempt to reach people is the periodical bulletin. It has been in use for thirty years or more, but it is only within a very few years that its use has become general. Bulletins are published in all the state health departments but Arkansas, Colorado, Delaware, Minnesota, Nevada, New Mexico, Oklahoma, South Carolina and Wyoming. In Nevada the publication is required but there is no appropriation, in Tennessee a food bulletin is published and in Minnesota a monthly report is printed by the county commissioners in a paper in each county and in Colorado bulletins were formerly published. At present monthly bulletins are published in twenty-two states and quarterly in seventeen. The regular bulletins vary in size from 8 pages to 124, though occasionally they may be larger still. The size is usually between octavo though there are a few quartos and in Mississippi the bulletin is about the size of a small newspaper. It is believed in that state that this is the most attractive form, at least, for country use.

As concerns subject matter and style there are several kinds of bulletins. One of the purposes in publishing periodical bulletins is to show health conditions in the state and what is being done by the department. More than half the bulletins contain statistical matter, in almost all mortality and perhaps morbidity statistics and statistics of the work of the laboratory, food divisions, etc. The amount of statistical material varies from one to twenty-four pages. The writer has found very little use for such monthly or quarterly statements. The bulletins in many states are delayed an inordinate time and at best the publication is too late after the event to be of much interest. A monthly statistical bulletin was formerly published in Providence, R.I. and after its discontinuance there was only one inquiry made for it. Perhaps it is not unfair to consider this as an index of the value attached to such literature. It is from annual statistical statements alone that much of value can be learned and it would seem that if the expense and labor involved in preparing and printing monthly or quarterly statements should be devoted to putting out promptly well analyzed annual reports much more would be accomplished. Sometimes as in Georgia, Illinois, Kentucky, Nebraska and Virginia one issue of the monthly bulletin may serve as an annual report or contain an annual report.

A few of the bulletins as those of California, Louisiana, Massachusetts, Ohio and Vermont are practically health officers' bulletins as contests consist, besides the statistical part, chiefly of more or less technical papers on various phases of public health work or on

epidemiology. The papers read at the meetings of the local health officers are published in this way, instead of in a separate volume, in Ohio, West Virginia and Vermont. Most of the bulletins, however, are designed apparently to reach educated lay readers such as clergymen, lawyers and especially, teachers. Many of them are exclusively for this purpose while others contain occasional articles of a technical nature appealing to health officers or physicians. The New York publication is an example of a well balanced bulletin of this kind. Its vital statistics are of more than ordinary value, its technical and popular articles are well chosen and up to date, and it has useful suggestions to teachers for health lessons. The trouble with most of the articles found in the bulletins is that they frequently are carelessly prepared, do not contain the latest scientific truth, and are tiresome and uninteresting. Some attempt to overcome this latter fault by inserting a few jokes, poetry or articles having little or nothing to do with public health. Bulletins are made more attractive as well as effective if the subject is adapted to the season, or concerns any notable occurrences or otherwise relates to matters of immediate interest.

In some states little or no effort is made to reach the technical reader, but much attention is given to secure the interest and attention of the great mass of intelligent people. This is particularly true in Florida, Indiana, Iowa, Michigan, Mississippi, North Carolina and Virginia. Sometimes this attempt is far from successful. More or less of the material is weak and inaccurate. On the other hand, if skillfully and honestly written, clear and simple language not only appeals to the masses, but secures the attention of the highly educated equally well. The truthfulness, and force, as well as the simplicity of the Virginia bulletins have been quickly recognized by health officers everywhere and these bulletins are the best examples of such publications.

The use of illustrations, especially cartoons, seems to meet with favor and they may be found in bulletins in Arizona, Illinois, Indiana, Iowa, Kentucky, Louisiana, Michigan, Mississippi, New York, North Dakota, North Carolina, South Carolina, Texas and Virginia and perhaps in other states. Another way of interesting the public in the bulletin has recently been adopted in North Carolina where a prize of \$25 is offered for the best essay on each of six subjects relating to public health, the successful essays to be published in the bulletin.

In some states great effort is made to reach the public through the schools. Thus in Kansas some of the bulletins of the State Board of Health are used as textbooks on hygiene in schools. In Maine a large number of leaflets for the schoolchildren have been prepared and are issued in editions of 10,000. If the department had the funds, it is said that a much larger number could be used. The schools are very glad to have them and it is believed by the executive officer that this is the most effective means of education he has.

Some of the state utilizes the monthly bulletin as a means of publishing bulletins on special subjects. Instead of filling the bulletin with articles, or notes on a variety of subjects, the whole of it is devoted to one subject as Scarlet Fever, The Sanitary Privy, Disinfection, Rural Water Supplies, etc. This plan is followed in Georgia, Pennsylvania, South Carolina and Virginia where all or most of the periodical bulletins deal with one subject only. These state board of health bulletins are usually entered at the post office as second-class matter, though in some states they are published too irregularly to admit of this. The circulation of bulletins varies greatly. Among reported circulations are: Idaho, 1,000; South Dakota, 3,000; California, Missouri and Texas, 5,000; Florida, 7,000; New Hampshire, 7,500; Ohio and West Virginia, 8,000; Vermont and Wisconsin, 10,000; Mississippi, 15,000 to 20,000; Louisiana, Michigan and Virginia, 20,000; New York, 32,000, and North Carolina, 40,000. According to these figures the circulation according to population is far greater in Vermont than in any other state, which

is surprising in view of the generally technical character of the bulletin. Bulletins are usually sent to health officers, physicians, and clergymen, often to teachers, to libraries and sometimes to nurses, and are distributed at state and county fairs. Lists are obtained in Mississippi from the circuit courts and from tax lists, in Vermont and Virginia from granges and farmers' clubs, in West Virginia from women's clubs; the postmasters are of much assistance in Vermont.

Health Almanacs

Since the first settlement in New England almanacs have been very popular and have always been used as a medium of education. The almanac is especially important in the country, but many of the dwellers in our north-eastern cities could not do without their "Old Farmers' Almanac." The Virginia Health Department seems to take advantage of this popularity and to issue a health almanac. This was in 1911. It proved very popular and health almanacs have since been issued in Kansas, North Carolina and New York. This almanac is usually sent out as the January number. In Kansas the health almanac is used in schools for its chronology of important events.

Special Bulletins

Probably every state issues bulletins on special subjects, such as the different communicable diseases, or other preventable diseases, or on various sanitary procedures, or indeed on any subject relating to public health which is of interest to many people. These bulletins are kept in stock, and may serve for a number of years without revision. Oftentimes they are made to serve too long. Often the edition of some of the special bulletins is very large, much larger than the periodical bulletins. Thus in Virginia while the usual issue of bulletins is 20,000 that on the sanitary privy rose to 45,000 and of the first aid manual to 100,000. In New Hampshire the issue of the quarterly bulletin is 7,500, that of the bulletin on tuberculosis 75,000. Sometimes these bulletins are obtained from outside sources as the American Medical Association, the United States Public Health Service and the Children's Bureau. There is of course great variety in the form of the bulletins as some are for health officers, some for physicians, some for other professional men, and some for the masses.

Posters

The poster has been used a good deal by state health officials, particularly in the South. Posters are the common means for preparing people for lectures and the dispensary work in the campaign against hookworm. The grocery, the post office, the signpost, walls and fences are used as in other similar forms of advertising. So, too, posters are commonly used to announce tuberculosis, infant welfare, and general health exhibits. Besides these usual uses for posters many health departments have used them to set forth in a striking way important sanitary facts. A very popular subject in which the poster serves as a means of education is the fly. Various designs, notably with illustrations have been used. Another subject for which there have been printed a number of posters is vital statistics. "When is Your Birthday?" and "If You Owned a Thoroughbred" are catchy headings. Other posters which happen to be at hand deal with smallpox, tuberculosis, typhoid vaccine, rats, wood alcohol, pure food, and bad eggs. Recently, the Virginia department has covered the state with enameled tin posters of excellent character.

These were posted at remarkably low cost.

Press Service

Most persons are agreed that articles for the press afford the most effective means for reaching large numbers of persons. In North Carolina it was determined that the volume of printed matter reaching the public through news articles to about 200 newspapers was greater than that of the bulletins with a circulation of 40,000 copies of thirty-two pages. Reference to Table 8 will show the number of papers served in several of the states. The most important field for state board of health press service is the weekly country newspaper. It is true that the dailies, even the larger ones in great cities, occasionally make use of these articles but they are not so eager for them as are the smaller papers. Sometimes it is advisable to prepare special articles for the larger dailies or send to them only selected ones from the regular service to the weekly papers. Usually the articles are sent direct to the papers themselves, but sometimes, especially in the case of the dailies, it is done through a press association. Thus in Indiana the State Board of Health maintains a semi-weekly service fifty dailies with an aggregate circulation of about 300,000. In California, Wisconsin and Texas the articles are given to a syndicate. Apparently in Texas the syndicate includes only the larger papers, but it is said that one or two of the larger papers always print the smaller papers copy from them. This certainly is not a very effective way. In Texas, as in Indiana, the service is a semi-weekly and also in Illinois. In the latter state many of the city papers, including those of Chicago, print. In California and Wisconsin representatives of a syndicate of dailies call each day at the office to receive whatever may be offered. Occasionally a state health officer will write articles exclusively for one paper, sometimes for pay. In the few instances where this has been done it is said to have caused no trouble, but it can be readily seen how it might. The smaller papers and many of the larger papers are generally very glad to get these health articles but occasionally, as in Louisiana, this service did not prove successful. In another state the papers were said to be unfriendly. In Indiana, besides the semi-weekly service to the dailies, weekly articles are sent to about 125 weeklies. In Oklahoma it is stated that about 400 of 600 papers print the articles.

Usually a multigraph copy of articles is sent to each paper, but, sometimes, plate matter is sent out in Pennsylvania, and it was done regularly for a time in New York. This of course is much more expensive, but in New York it is said to be more acceptable to the papers. In this state the double column article is prepared. It costs about \$100 a week to send this to 400 papers reaching 1,500,000 people. In New York copy for several articles was sent at one time with the date of release over each. When copy is sent to the smaller papers it is well to have it with headings all ready for the compositor indicating the type to be used. The larger papers, it is said, prefer to write the headings.

To be successful press articles must be well written. There are few men who can do this. They must be clear and short. Too great length spoils many an article. It is said that in the north-easter state somewhat more formal writing is necessary than in other parts of the country.

Doubtless more effective work can be done wherever local incidents can be worked into articles, but of course this requires much more labor, as it involves the writing of a special article, and can only be done occasionally. It is done, however, in Indiana and Virginia. Sometimes a special article may be sent to all the papers in one county. Some writers pride themselves on never using the name of the department, while others think it gives authority to have an article avowedly come from the stat department of health.

Lectures

The lecture is a useful means of reaching people, but to directly reach many people in this way involves great labor and expense. Lectures to teachers, physicians, and influential people are most useful because in this way teachers and leaders are being taught. Thus in Minnesota considerable attention is given to lectures in the Medical, Educational, and Agricultural Departments of the University and also at the meetings of county school officers. The latter is done in Kansas and Virginia. There are less than a dozen states in which it was reported that no lectures were being given. In many states the number of lectures is very large. One of the principal ways of enlightening the people in the hookworm campaigns has been by means of lectures which were given at various places in each county. The campaigns against tuberculosis and to reduce infant mortality have been largely carried on by means of lectures, as is the intensive work for the improvement of the sanitation of towns in Indiana and Louisiana. Lectures are often given in churches and schools, before women's clubs, granges, labor unions, the Cautauqua, at fairs and before Christian associations. In some instances, as in Massachusetts, New York and North Carolina, the syllabus of a lecture has been prepared and sent out in the way of suggestion to local speakers. Probably more lectures are given in connection with exhibits than anywhere else. Indeed, one of the functions of an exhibit is to draw people together so that they can be lectured to. The traveling exhibit, especially the train exhibit, gives an opportunity for large numbers of lectures. In Maine a woman lecturer has been giving 100 to 200 illustrated lectures to granges every year. The state Board of Health also employs other lecturers on special subjects, on infant welfare, on the eye and ear and on the teeth, and those are sent all over the state. In Michigan extensive lecture trips are made by means of an automobile.

Lanterns and Moving Pictures

The non-illustrated lecture is said to be fast losing its power to draw and the "movies" have become so common that even the lantern is becoming obsolete. Probably this statement is rather an exaggeration and it is likely that lantern slides will for a long time to come prove a useful means of making lectures more interesting and instructive. Certainly many subjects connected with public health can be made very effective by the use of the lantern. At least seventeen state health departments have lanterns and some have several. About a dozen which are not provided with lanterns have a set of slides. Generally these slides are used by lecturers of the department, but in some states they are loaned to outsiders. Stock slides purchased of the dealers are the cheapest and easiest to obtain, but when local conditions can be shown on the screen a far stronger impression is produced. In some states a very considerable effort is made to secure such slides. In Maine the department has eighteen sets of slides which are loaned. Much effort is made to get local views and an excellent camera is owned for this purpose. In Indiana, too, many local pictures are taken and after their use by the state board of health they are left with a local picture show. Moving picture machines are owned by the State Department of Health in Florida, Indiana, Kansas, Kentucky, Louisiana, Michigan, New York, Ohio, Rhode Island, and Vermont, and one is occasionally hired in Utah and Washington, and most of these states own films. Films are also owned in Colorado, Illinois, Massachusetts, Maryland, and North Dakota. In Indiana the machine can be used in towns as far in the country as electricity

can be obtained and wire has been run a mile in one place to reach the exhibit where the machine was used. So also in Ohio, the machine is in constant use in connection with intensive work of various kinds. In Rhode Island the machine is much used and very popular. In Vermont the moving picture machine is put on a wagon with electric generator and everything else needed and shipped on a flat car to different sections of the state and then run out to small places where there is no electricity and where they have not before seen "movies." The machine was bought for tuberculosis work but is now used on many other subjects. It costs about \$25 a night, but of course, when there is electricity, the machine alone is shipped and then the cost is much less.

Exhibits

The exhibit has become one of the most popular means of public health education. It usually is not used alone but is explained by lectures, illustrated by slides, and the lectures advertised by press notices, are made a means of distributing literature. Maryland was the first state to hold a tuberculosis exhibit (1904) and also the first to have a milk exhibit (1905). The latter was organized by the State Board of Health though the former was not. The efforts of the various tuberculosis associations, particularly the National Association, have been largely responsible for the development of the exhibit. But exhibits relating to milk, to infant hygiene and to health work soon followed. Individuals and firms make a business of preparing them and setting them up. Cartoons and diagrams, models and mechanical devices, photographs, pathological material and specimens, all have their place. The art of making everything tell and of securing durability, compactness and facility in setting up, is being highly developed. Exhibits may be temporary, or permanent, or traveling, and large enough to fill a hall, or small enough for a shop window. For state work the movable exhibit is by far the most important, as to provide for all parts of the state it must be continually on the move.

Although exhibits are of such recognized value they are not being used by the State Health Department in Alabama, Arizona, Arkansas, California, Colorado, Connecticut, Delaware, Georgia, Missouri, Montana, Nebraska, Nevada, New Hampshire, North Dakota, South Carolina, South Dakota and Wyoming.

Sometimes the exhibit is quite limited in scope. Thus it relates to tuberculosis alone in New Jersey, West Virginia, and Vermont, to tuberculosis and food in Kansas, tuberculosis and milk in Maryland, tuberculosis and social hygiene in Oregon, tuberculosis and infant hygiene in Pennsylvania. General health exhibits are used more or less extensively in the other states. One of the most useful places for an exhibit is at state fair, for some of these are visited by great throngs of people from all over the state. Thus it is said that the combined attendance at the Rochester and Syracuse fairs where the New York exhibits were shown last year was 750,000. In several states, Idaho, Iowa, Mississippi, North Carolina and Utah, the state fair is the only place where the exhibit is shown. These are all general health exhibits. They are shown at many county fairs as well as the state fair in Indiana, Louisiana, Oklahoma, Michigan, Minnesota, New York, Tennessee and probably other states. In Indiana a small exhibit is kept on view in the State House. In this state a small exhibit, which can be packed in a trunk is sent about to be shown in shop windows.

In Illinois, Indiana, Kansas, Louisiana, Maine, Maryland, Michigan, Minnesota, New Jersey, New York, Rhode Island, Tennessee, Texas, Vermont, Washington and Wisconsin exhibits have made repeated and extensive tours of the state. In some the exhibits are general,

but in others, as has been referred to, they are special. In a few, as will be noticed later, they are kept set up in a car and carried wherever there is a railroad. In most states the exhibits are designed so as to be packed readily and thus shipped from place to place.

The Health Car

So far as the writer knows the state departments of agriculture and the railroads were the first to use a car, or cars to carry exhibits and lecturers to the small communities of the state. The scheme has naturally appealed to public health workers. It is stated that a tuberculosis exhibit consisting chiefly of charts was sent out by the State Board of Health in Maryland in 1909. In March of the following year, the California car was started on its tour and this was first car with a general health exhibit and lecturers. The car furnished and fitted up by the railroads and carried free and was also kept in order without expense to the department. Dr. Snow, who later became secretary of the State Board of Health, was director and he and the demonstrators for the most part served without pay. The car was carried on some of the electric lines as well as on the steam roads and the exhibits were seen by 100,000 people.

In Louisiana the "train" started with one car in November, 1910. Another was added in 1911 to serve as an administration car in which the staff lived during the journeys. The cars were practically gifts, but it cost several thousand dollars to fit them up. A circuit of the state was made in 1910-11, as many places being visited as possible. The car aroused great public interest. A moving picture outfit was carried and was oftentimes taken to a hall in the town for evening lectures and sometimes these were given in the open air. Lectures were given for white and colored separately. Members of the staff were often taken in automobiles to lecture in places away from the railroad. The cars were always carried free by the railroads. Inspection work was vigorously carried on by the staff. Towns, villages, business places and public buildings were scored and executive work in municipal sanitation was done. The staff consisted of about a dozen persons and the cost of maintaining them was about a dollar a day. Most of them were regular members of the department and carried on their routine work as well as they could. The first trip covered 7,000 miles. On the second trip, not so many small places were visited by the train which was left a longer time at the larger towns while some of the staff made short excursions to the neighboring communities. It was stated (June, 1914) that 375,000 persons had seen the exhibits and 186,000 had attended the moving picture lectures. It is believed by the department that a great stimulus has been given to public health work in the state. Towns have not only cleaned up but they have learned to keep clean. The position of the local health officers has been strengthened.

In Michigan the health car with its exhibit goes out with the agricultural car. These are loaned by the roads and are carried free. The exhibit is a general one and is accompanied by four members of the health department staff, different men going at different times. The first journey was made in 1913. In 1914 during a trip of twenty-eight days the exhibit was seen by 40,000 persons.

In Tennessee the State Board of Health sent out a health car with a general exhibit in 1913, in conjunction with the car of the department of agriculture. A diner and sleeper were attached to the train. The cars were loaned by the rail roads and carried free. The cost to the State Board of Health the first year was \$2,750. Last year it was \$400. The tour covered two and a half months and it is stated that by actual count the car was visited by 400,000 persons.

In Texas an appropriation of \$10,000 was made for a health train which became

available in September, 1914, at which time the car was sent out. It was intended to be run in cooperation with the Committee on Public Health of the State Medical Association. No details of the work are at present available. For a time the car was used for the anti-tuberculosis campaign in West Virginia. A health train is in preparation in Florida.

Intensive Campaigns

The greatest value appears to be obtained from the exhibit when it is used in conjunction with other features as part of an intensive campaign to develop interest and give popular instruction in general sanitation or in relation to some specific subject. This type of aggressive campaign centering around an exhibit was first developed and popularized in connection with anti-tuberculosis work and in most states a tuberculosis exhibit was the first type set up. Baby saving and child welfare, milk, food, social hygiene and other specialized exhibits have also been shown and the general health exhibit has been a development from them. The special exhibits have been designed to help the special campaigns and the general exhibits have been part of a general campaign for health betterment. In all such campaigns preliminary work has to be done, and the local health officials and prominent persons interested. Press announcements are secured, posters distributed and perhaps banners strung across the street and other advertising methods employed. Illustrated lectures are given and local talent is engaged. Literature is distributed. Special times are set apart for different classes, as the schools, or labor unions, or women's clubs. Sometimes schools are dismissed to allow the children to attend and they are made to write essays about it. In some lines, as in baby welfare and anti-tuberculosis campaigns, the public health muse has an important place. At times the methods are quite sensational. This of itself does not matter, if it does not offend the public taste, but unfortunately sensational methods are apt to go with careless and inaccurate teaching. On the whole the intensive campaign appears to be the most effective means of securing results, but every instruction must be based on the established truths of sanitary science and not on the hastily developed theories of enthusiastic reformers. While as a rule the intensive campaign centers around the exhibit it does not necessarily do so, and the widespread work of the Rockefeller Commission was largely carried on without this aid.

Health Days

The setting aside of a day or week for arousing public sentiment on health matters is often done. "Tuberculosis Day" or "Babies Day" have been utilized by associations organized for the promotion of these special lines of health work. State health departments, in a similar manner, have planned health days in schools, as in Louisiana and North Carolina, or in the granges, as in Michigan. Indiana has had a health day which under the guidance of the State Board of Health effectively stimulated the interest of large numbers of persons in general health problems. The teachers in every school were asked to give a health lesson. Processions were arranged for in many places. The one in Indianapolis was very elaborate, with many floats, and was said to been viewed by more people than ever assembled for any that city. The store windows were decorated. There were many public meetings with addresses on health topics. It was almost as successful in a dozen or more of the other Indiana cities. Health days have been organized in many Michigan cities and counties by the State Board of Health. Minnesota also has had a most successful health week.

Persons in Charge of Education

In most state health departments there is no special person or separate bureau in charge of the educational work. The executive officer is most likely himself to do most of the writing and directing, though of course he frequently calls on the other members of the staff and on outside parties. In Rhode Island a committee of the State Board of Health has charge of the bulletin, while the executive officer has charge of exhibits and other means of education. In California and Texas the vital statistician has charge of the publication of the bulletin. In Pennsylvania a physician is employed to edit but he is in no sense a "publicity" man. In Florida a newspaper man comes to the office weekly and writes the press notices, receiving his public health ideas and his directions from the executive officer. In Virginia also newspaper man is employed to write press articles and get them in proper shape for sending out. Scientific and technical information is furnished by members of the department, particularly by the assistant commissioner. This combination has been particularly successful in that state. Many articles and bulletins are of course also prepared entirely by members of the staff.

In Georgia a man devotes all his time to educational work, and has been engaged chiefly in lecturing. In Louisiana, a woman, called Instructor in School Hygiene, has charge of a large part of the educational work and publications, though the president of the board is the real director and also attends to much of the detail himself. In Massachusetts the educational work is carried out by the Division of Hygiene with a part time director. In North Carolina it has come about that the engineer gives most of his time to education and may properly be considered the educational man of the department. In Wisconsin there is on paper a Bureau of Publications, Information and Education, but it has not yet been organized. In New York one of the six divisions of the department already established is the Division of Publicity and Education. Ohio has the most elaborate bureau, but it covers the tuberculosis work as well as general health work. The director is also secretary of the state tuberculosis association though for this he draws no salary. There is also a superintendent of publications, a supervising nurse, a visiting nurse, a superintendent of exhibits, a statistician and assistant statistician and three stenographers.

This formal cooperation of the state department of health with other organizations is seen in other states. Thus the education man of the North Carolina department is secretary of the Social Service Association. The president and secretary of the Oregon board have been active in the management of the Social Hygiene Society and the department does some of the printing for the society and helps it in other direct ways. In Minnesota the State Board of Health for a time paid a part of the salary of the secretary of the Minnesota Public Health Association and also for some of the printing. In Louisiana Miss Morris of the State Department of Health is chairman of the Sanitation Committee of the Federation of Women's Clubs.

FOOD

In the popular mind it is believed that nothing affects health more than food. The pseudo-sanitarian of a half a century ago laid the foundation for this popular error which in recent times has been well fostered by the magazine writer and the sensational lecturer. It is doubtless true, though we know altogether too little about it, that health may be unfavorably affected by an ill-balanced ration, by improperly prepared food, or by disregarding its

digestibility. The popular mind, however, gives little heed to this, but wants to blame adulterated food for general bad health and infected food for many specific diseases. It is now well recognized by those conversant with the subject, that adulteration is, except rarely, an economic problem, and that with the exception of milk, foods are only very occasionally the bearers of infection. It is true, also, that a good deal of the effort made to prevent what little disease transmission does occur in this way is quite ineffective, is often misdirected and lays emphasis on the least important points. The unaesthetic receives more attention than the dangerous. Marble and white paint in the restaurant do not prevent the typhoid carrier in the kitchen from infecting the food. While it is true that cases of food poisoning (popularly called ptomaine poisoning) do, from time to time occur, the ordinary methods of market inspection accomplish absolutely nothing for their prevention.

There are two kinds of food control. Prevention of adulteration and promotion of cleanliness. In less than a quarter of the states is work being done by the health department along these lines. In this brief survey it was, of course, impracticable to go into the details of the work of other departments, even if it had been desirable, and it therefore seemed unnecessary to do so in regard to the health department. It is, perhaps, desirable to note in a general way what is being done.

Adulteration

The first state to enact a comprehensive law for the prevention of food adulteration was Massachusetts in 1882. The execution of the law was placed with the State Board of Health, partly, perhaps because at that time more importance was attached to the relationship of adulteration to health, but largely, doubtless, because of the confidence in the scientific ability of the department. This law, with some modification, been adopted in a number of states and its principles serve as the basis of federal legislation. In some states, the duty of enforcement is placed on the health department for reasons similar to those advanced in Massachusetts. At present, the health department has enforcement of these laws in Arkansas, California, Colorado, Delaware, Idaho, Indiana, Kansas, Louisiana, Maryland, Massachusetts, Montana, New Hampshire, New York, Oklahoma, Tennessee and Vermont, only sixteen in all. In two of these, Idaho and Tennessee, the connection between the food commissioner and the state board of health is exceedingly tenuous, so that the commissioner is pretty nearly an independent officer. In Arkansas, Delaware and New York practically nothing is done owing to lack of funds, so that there are only eleven states in which the state health department is actually enforcing the "pure food law." It should, however, be mentioned that in Arizona the execution of these laws is with the director of the laboratory at the state university, though the State Board of Health meets a small portion of the expenses and publishes bulletins. In Kansas, the food work, though directed by the State Board of Health, is done at the university and paid for by the university.

Nearly all the states have officials to enforce food laws and in some they are independent commissions; in others, they combine the control of general adulteration with dairy work, and in others they are attached to the state department of agriculture. As the health department in so few states administer these laws, and as they have practically no relation to the public health, they are not considered in this report, and their enforcement is not credited to the health activities of the states.

Various opinions are held by state health officers as to advisability of including the

control of food alterations in the activities of the health department. Quite a number, who do not have it in the department, desire it, some for the opportunity it would give to enforce cleanly methods of food handling, others because they believe that it appeals to the people, advertises the health department and helps increase the appropriation. On the other hand, some believe that the economic importance and volume of food work tends to divert attention from really effective lines of health work. Others fear the opposition of large commercial interests. It seems to be a matter the decision of which must depend on local conditions. If for certain reasons it appears that the control of food adulteration would be more efficient and economical if it were in the health department, there is no sufficient reason why it should not be so placed, even if it has no connection with health.

Cleanliness, or Sanitation, of Food

Most health officials believe that uncleanly methods are a cause of a good deal of disease avoided. Exposure of food to dust and flies, and the handling of it are believed to make it often a carrier of disease germs. It is thought to be important health work to prevent as much of this infection as possible. It is not necessary here to discuss the relative importance of this mode of infection, or the merits of the usual remedies. It is sufficient to note activities in this direction. The essential which are aimed at in the "sanitary laws" and enforced by inspectors are general cleanliness, fresh paint and whitewash, clean floors and woodwork, proper toilet arrangements, the protection of food from dust, and screening to prevent the ingress of flies. Sometimes reference is made to the cleanliness, or healthfulness, of food handlers but under present conditions, all that can be hoped for is to make them look a little more tidy. It is useless to expect to inculcate those habits of cleanliness which alone can prevent infection, or to eliminate any but the merest fraction of those who are infected with transmissible disease. Everybody knows that half-way habits of cleanliness in the bacteriologic laboratory, or the wards of a hospital accomplish very little, and it is doubtless somewhat so in the handling of food. Good is doubtless accomplished by the campaign of cleanliness but there is suspicion that, as the results of the control of adulteration are economic, so the results of sanitary inspection are more esthetic than disease reducing.

In all of the states in which the control of adulteration is in the health department, this department does something in the way of sanitation. In only one state where the control of adulteration is in another department, does the health department interest itself in the sanitary side. This is in Mississippi. In most of the others, the food commissioner, or dairy commissioner, or whatever office may be charge with the maintenance of food standards, makes an effort to secure sanitary conditions also, as well as the freshness of food as fruit, vegetables, meats and eggs. In a few states this is not so, notably Pennsylvania, where the food commissioner has not been able to secure a "sanitary law." A note, however, has just come that the state department of health has adopted regulations requiring the protection of food and the exclusion of all diseased persons from handling food.

One field of sanitary endeavor is the market, grocery, fruit stand, peddler's wagon, restaurant or dining room where food is handled and delivered to the consumer. These places have received little attention from the state health departments in the northeastern states, as New England, New York, New Jersey, Pennsylvania, Ohio and Michigan, but in the South are considered of great importance. In Louisiana, the inspection and scoring of these places has been carried on by the inspectors of the State Board of Health, and during the tour of the health

train much attention is given to conditions where stops are made. Screening, especially, is insisted on, for there is reason to believe, that under present conditions in the South, the fly is an important factor in the spread of typhoid fever. The Mississippi health department is equally insistent on this sort of food control, and its sanitary inspector is largely occupied in seeing that the county health officers do their duty in this respect. In many other states, the food department gives a great deal of attention to these matters, often requiring their inspectors to devote much time to this kind of inspection. This is true, especially, in Colorado, Connecticut, Georgia, Idaho, Indiana, Iowa, Missouri, Montana, Nebraska, New Hampshire, Nevada, North Dakota, Tennessee, Utah, Virginia, Wisconsin and Wyoming.

The sanitation of places where food is prepared, or manufactured, also receives attention, and in many states some state department exercises control over slaughter houses, canneries, oyster factories, candy factories, bakeries, bottling establishments, and the like. Slaughter houses, particularly, have come under supervision, though this is largely on account of the nuisance they are likely to cause, than for securing a satisfactory condition of the product. A slaughter house is so often a nuisance to an adjoining town, when it is not to its own town, that local control has never been very successful. Some states, which pay little attention to the retailing of food, pay much to slaughter houses, as Massachusetts and New Jersey. In the former state, the health department pays especial attention to the inspection of the animals and meat. Local inspectors must be appointed and must be approved by the state health department, which keeps up a constant supervision and requires reports of work done. Through the local inspectors the sanitation is controlled. A great deal of slaughter house inspection and reconstruction has been done in Idaho, Kansas, Louisiana, Maryland, Mississippi, Montana, Nebraska, New Jersey, Tennessee and Wisconsin, and in most states the health department finds it necessary, more or less frequently, to go to the assistance of local officials who find themselves unable to cope with special cases. Many of the states have rules governing the construction and conduct of slaughter houses, and in Oklahoma, Mississippi and perhaps other states, standard plans and specifications have been provided.

Probably the majority of the states have laws relating to bakeries. In Rhode Island this law, which also covers the supervision of ice cream and candy factories, is executed by the factory inspector. In most states, the food department has charge of bakery inspection and it is only in the few states where general food control is placed in the health department that the latter has anything to do with bakeries, and in some of these states it does not, as in Massachusetts and New Jersey.

Canneries receive special attention in Delaware, Indiana, Maryland and Georgia. Ice cream and candy factories too are the subjects of legislation.

The regulation of cold storage is a matter which has received much attention, though its relation to health is still uncertain. Nevertheless, most persons, including the cold storage persons, believe that some sort of supervision is desirable. Hence, in several states, laws have been passed to regulate the manner and length of storage and to provide for inspection. In Delaware, California, Indiana, Massachusetts, New Jersey and New York, the enforcement of the law depends on the state health department, and, in all but Delaware, a considerable sum is spent in an earnest endeavor to execute it properly. Nebraska, North Dakota and Pennsylvania have similar laws, but their enforcement is with the state food commissioner.

Danger from the spread of typhoid fever by oysters is real, though it is not very great. The pollution of the water must be very considerable or infection does not result. If there is no regulation, the danger is likely to increase with the increasing amounts of sewage that are being

discharged. A number of states have undertaken such regulations. Among the seaboard states, Alabama, California, Delaware, Florida, Georgia, Maine, New Hampshire, North Carolina, Texas, and Washington, have no legislation and have taken no action. In some of these states there is little or no pollution of shellfish. In Connecticut a study was made by the State Board of Health of certain infected grounds and there was an effort to secure legislation, but without avail. In Louisiana the State Board of Health has made regulations, but there is no effort to enforce them. The Mississippi health department began an investigation similar to that in Connecticut, which at its request was completed by the United States Public Health Service. In New York extensive investigations were carried on by the State Board of Health, at the request of the Conservation Commission, but nothing has since been done.

In Maryland the State Board of Health has ordered, but apparently without authority, that oysters shall not be shipped from above a certain line in the bay.

The statutes in Massachusetts provide that the State Board of Health shall, on complaint, investigate instances of shellfish pollution, and may forbid the taking of such shellfish. This has been done, and also polluting sewers have been removed from several other places. These activities have been for the protection of clams rather than oysters. In New Jersey it is forbidden to empty sewage (except by municipalities) into streams where there are shellfish. The State Board of Health is to inspect beds annually and issue certificates. Much has been accomplished. Careful surveys are made and much pollution has been removed. Probably Rhode Island has the best law. It is administered by the Shellfish Commission. The beds are to be inspected and certificates issued. The sanitation of the opening houses is provided for, and they are regularly inspected and scored. Careful inspection of the beds is maintained, many original investigations have been made, and a great deal has been accomplished. In Virginia the State Board of Health, the State Board of Agriculture and the Federal Department of Agriculture cooperate in the survey of beds. The use of many of the polluted beds has been stopped. The Shellfish Commission has recently begun the supervision of the opening houses after the Rhode Island plan.

MILK

The subject of milk control is one of the most complicated and difficult in the whole field of public health. There are some who feel that is a local problem and should be left to the municipalities to work out for themselves. The majority believe theoretically in uniform state laws and state control, but these are difficult of attainment. In agricultural states, with small cities, the difficulties are not so great, and they are most acute in the northeastern states, where there are many large cities and less good agricultural land. Theoretically, the State Board of Health should be entrusted with the enforcement of milk laws, as well as consulted in their framing. Actually, state legislatures have not given the State Board of Health much authority, owing to fear on the part of the farmers. In some states it is claimed that authority over milk has been given to the department of agriculture, to keep it away from the health department, or a special dairy department has been created for a similar purpose. Nearly all of the state health departments which are charged with the prevention of adulteration, attempt something in the way of improving the milk supply, and in only one of the states which are not so charged, namely, Connecticut, does this department do anything of consequence with milk. The laboratory of the Connecticut State Board of Health has been doing much to improve conditions in the smaller towns where there is no inspection. The health officer sends iced

samples to the laboratory, which are examined chemically and bacteriologically. The work is followed up in each place until improvement results. Seven thousand seven hundred and fourteen samples were examined in 1911-12. A good deal of effective work seems to have been done. The food commissioner formerly inspected many dairy farms, 5,366 in 1911-12, but this inspection is now somewhat in abeyance. In Idaho the food commissioner, who is appointed by the State Board of Health, but is under no control by it, stated that much attention is given to milk, that all producers are inspected and scored, all milk must be sold in bottles or sealed cans, that there is a bacterial standard of 500,000, and that numerous samples are taken from delivery wagons, even in cities where there is an inspector. The claim is made that the "milk supplies are in first class condition," but as only ninety-five chemical analyses, and fewer bacteriological, were made in a biennial period, it may be suspected that much more remains to be done to improve the milk supply of Idaho. Illinois has a dairy inspector, who is chiefly occupied in seeing that milk which is excluded from Chicago does not go elsewhere, and in summer four other inspectors are employed to assist the local the local inspectors in other parts of the state in inspecting dairies. In Indiana it is stated that the food inspector takes about 1,000 samples a year for chemical analysis. They are also tested for visible dirt and offenders are prosecuted. Dairies are inspected to some extent and scored. The Kansas health department tries to assist local health officials by taking the towns one by one and sampling and testing the milk. From the laboratory reports, however, it would appear that very little work is really done. The department has just completed a milk and cream survey of the state. Every town of 3,000 inhabitants has been visited and 800 samples of milk, and many samples of cream, have been taken and analyzed. In Louisiana, rules for the sanitation of dairies are included in the code enacted by the State Board of Health, and the department inspects and scores dairy farms, of which there are about 1,000 in the state. Two thousand cows have been tested with tuberculin. Samples of milk are tested chemically, but not bacteriologically. Efforts seem to have been rather centered on New Orleans, though that city has local inspection. As only 421 analyses were reported for the year 1912-13, evidently little stress is laid on this part of the work. Although there are a large number of cities carrying on local inspection in Massachusetts, the food division of the State Board Health has long given considerable attention to the maintenance of the chemical standards. Most of the work is done in the towns where the facilities for local work are lacking, or scanty, though occasionally samples are taken in other places as a check. During 1913, 6,702 samples were analyzed. The veterinary division of the department has charge of the inspection of farms. There are three inspectors, who inspect all farms yielding over 20 quarts. A score card is used and all animals are examined and tuberculosis cows reported to the state department of animal industry. There are about 20,000 dairy farms subject to inspection, and 4,492 were visited in 1913. A letter is sent to the physicians of the towns, giving a list of clean dairies, and one to the health officials, showing the poor dairies, and the dairymen also are notified by letter. Such dairy inspection is, by the present department, not considered the most effective line of work and has, to a large extent, been abandoned, and the veterinary division has been merged in the food division. In Mississippi a rule of the State Board of Health requires that no milk can be sold except under a license issued by the county health officers, who are appointed by the State Board of Health. Before the license is issued, the cows must be tuberculin tested. In 1913 about 3,000 were tested. Infected animals are killed without compensation. This law has recently been declared constitutional. In Montana all dairy farms must be licensed by the State Board of Health. They are inspected monthly by the county health officer, though recently the state dairy commission

inspects farms supplying creameries. The food inspectors of the New Hampshire board of health collect samples of milk for chemical analysis. Five hundred and eighty-four were taken in 1911-12. Local inspectors are shown about dairy inspection. Under a recent law milk can be sold as "certified milk," or "inspected milk," when produced under rules made by the State Board of Health and under inspection by the department. About twenty farms are selling "inspected milk." The dairy division of the New Jersey board of health consists of a chief and six inspectors, who are supposed to farms of the state annually. They can, however, visit only about one third of this number. Five thousand, four hundred and forty-two inspections were made of 3,603 farms in 1913, and attention was devoted to the poorer ones. The division also tries to help local health officials by going out with them to inspect the farms supplying the town. As in Massachusetts, the chemical laboratory 3,713 in 1913, and in this work makes every effort to cooperate with local officials. In New York the state health department has, as yet, done no executive work, but last summer enacted an addition to the sanitary code providing that in municipalities no milk shall be sold except under license, that all dairy farms shall be inspected and scored, and that milk shall be sold in "grades" which are defined by the code. The other state health departments do very little in the way of milk control. Some examine a few samples, and in Tennessee there is a little scoring. The Utah department at one time cooperated with the United States department of agriculture in an effort to eliminate tuberculosis. In Vermont some inspection of farms is carried on by the state appointed local health officers. It was impossible to study the other state departments which are charged with the supervision of milk, but a cursory examination of their reports does not indicate that much is really being accomplished. One might suspect that the alleged attempt by the farmers to prevent effective control has been successful. Some of these departments do nothing at all. In a few no statement of the amount of work is given in the reports. Most of them do very little. The analysis during a year of 550 samples of milk in Georgia, 639 in Minnesota, 50 in Missouri (in six months), 103 in North Carolina, 40 in North Dakota, 518 in Ohio, 10 in Virginia, and 24 in Washington, does not indicate a serious attempt to prevent adulteration. In Connecticut 527 samples were taken by the dairy and food commission, as compared with 7,714 by the State Board of Health. The inspection of 83 farms in Nebraska, of 28 in Nevada, of 103 in North Carolina, of 423 in Ohio, and 739 in Virginia, does not compare favorably with the more efficient health departments. Even Wisconsin, with 1,317 inspections, is far behind Massachusetts and New Jersey. The food and dairy department in Kentucky seems to have done some good work in assisting local officials, and reports 3,000 bacteriologic examinations. In Pennsylvania 2,951 chemical tests were made, and the health department in Philadelphia reports that the state dairy and food commission has been of much assistance. In Oregon 4,352 farms were inspected in 1913-14, and in Washington 3,522.

ENGINEERING

Water and Sewage

The supervision of water supplies, so that only water which is free from the danger of causing disease may be used by the public, is an exceedingly important function of the state. It is peculiarly the business of the state, as distinguished from the municipality. The latter, it is true, has to build and operate water works, but the relations of communities to one another have such an important bearing on of water supplies, and the cleanliness of streams and lakes, that

central authority of the state is needed to prevent the trespass of one community on the rights of another. Moreover, the state is in a position to secure expert advice for the smaller communities, which they would not, or could not, obtain for themselves.

Massachusetts seems to have been the first state to adopt a plan for central water supervision, placing it under the State Board of Health in 1886. The law was not far reaching at first, and, in fact, never has been as stringent as is now thought desirable. The investigations and extensive experimental work of the department was so important, and its advice so good, that a vast improvement has been made in conditions in the state, particularly in regard to potable waters. The influence of this work was felt beyond the confines of Massachusetts, and much of the improvement in the water supplies of other New England states, has been due to the example set by Massachusetts cities, and much assistance has been given through the published reports of the department and in other ways. The comparatively low typhoid death rate from typhoid fever, of the New England states, is probably largely the indirect results of the activities of the State Board of Health of Massachusetts.

The supervision of water and sewerage is largely health work. The supervision of potable water is almost entirely so, and of sewage disposal to a considerable extent. Many of the problems of sewage disposal, however, are not health problems, but have to do only with nuisances. It is impossible, in practice, to make any distinction in administration and so in this, as in other lines, health officials are obliged to deal, often to a large extent, with matters which do not particularly affect health.

A table has been prepared (Table 9) to show what is being done to protect the waters of the various states, salient or suggestive features being indicated in different columns. Not much over a third of the states appear to be taking active interest in this matter, and it may be asked whether some of these, as Connecticut, Louisiana, Maine, Montana, New Hampshire, Oregon and West Virginia, really belong in the list, but Louisiana and West Virginia have engineers who are working on the problems which arise. Maine, with a very small appropriation, has studied its water supplies and keeps up regular analyses. Connecticut, Montana, New Hampshire and Oregon, have laws which can doubtless be made effective.

It is also true that in Colorado, Delaware, Nebraska, Oklahoma, South Carolina, and at times in other states, more or less analyses are made of public supplies, and in Nevada the laboratory proposes to seriously undertake such work.

Massachusetts, New York and New Jersey have been longer engaged in this work than have the other states, and it is notable that New England, and New York and New Jersey, have the lowest typhoid rates of any part of the country. Pennsylvania and Ohio have been doing effective work for some years, and the typhoid rate in those states has been markedly decreasing. At present effective lines in Illinois, Indiana, Kansas, Maryland, Michigan, Minnesota, Rhode Island and Virginia, but it has not continued long enough or the vital records are too imperfect for the results to be as apparent as in the other states.

LEGISLATION

Nearly every state has some sort of law, usually dating back a great many years, forbidding in a general way the pollution of potable and other waters, but these are of little value. So, too, some of the laws provide that the state department of health shall have oversight, or care, of the waters of the state and, as in Massachusetts, North Carolina and Vermont, or power to prevent pollution, as in California. In some states, as, Massachusetts,

Washington, West Virginia and Vermont, the State Board of Health is to advise with local authorities, or the latter are to consult the state board. In most states the health department, by virtue of its general powers, would feel authorized to investigate the condition of rivers, lakes and wells. Such general provisions are of little practical use. Something more specific has been found to be necessary. Among the more useful means of statutory control have been found:

1. The Approval of Plans for Water Supply and Sewage Disposal.— Such approval is virtually required in California, Connecticut, Iowa, Kansas, Louisiana, Maryland, Massachusetts, Michigan, Montana, New Hampshire, New Jersey, New York, North Carolina, Ohio, Oregon, Pennsylvania and Wisconsin. In Iowa and Louisiana, however, the requirement is by rule of the State Board of Health, which has the force of law. In Massachusetts this approval is not formally required, but towns can rarely get authority from the legislature to carry out their plans unless they are approved by the State Board of Health. In Michigan the law does not apparently call for a formal approval, but the State Board of Health has power to order changes and this amounts to the same thing. In California and Michigan those who apply to the department for advice concerning their plans must pay the cost of investigation.

The approval of plans presupposes their submission, and in all these states the law or rules so prescribe. To facilitate the preparation and consideration of these plans and specifications several states have adopted very explicit rules. In most instances these provisions apply only to works, to be undertaken after the enactment of the law, but in Maryland, Michigan, North Carolina and Pennsylvania, plans of existing works, also, had to be filed after the passage of the law. In Kansas and Pennsylvania the state department of health has not been given full authority in these matters, for, in Kansas, although all sewerage works must have the approval of the State Board of Health, sewage may be discharged if the approval is secured of the governor, the attorney-general and the secretary of the State Board of Health. In Pennsylvania all plans are approved, by the governor, attorney-general and commissioner of health.

In New Jersey, water projects must be approved by the water board and the public utilities board, as well as by the State Board of Health.

In New York, plans for water works must be approved by the conservation commission.

2. Changes May Be Ordered. — The submission and approval of plans for intended work is probably the most important measure for improving the condition of the waters of a state. It does not, however, in itself, bring about the correction of existing abuses, or remove existing dangers. Hence, some states have gone further and given to the state health department authority to order changes in the construction, or operation, of existing water or sewerage systems. This is true in Kansas, Maryland, Michigan, Minnesota, New Jersey, Ohio and Pennsylvania. In New Hampshire when the State Board of Health is satisfied that a water supply is dangerous it may prohibit its use. In New York the commissioner of health, and in Wisconsin the State Board of Health, with the approval of the governor, may order pollution to cease. In Ohio the State Board of Health may order the installation of a sewer system. Nevertheless, in Ohio, changes in water and sewerage systems are not to be ordered by the State Board of Health, except with the approval of the governor and attorney-general. In Missouri the public service commission claims great power, though it has not exercised its authority, "to order such reasonable improvements as will best promote the public interest, preserve the public health" of the users of water supplies.

In Maryland and Ohio, if water and sewerage works are not operated properly after due

notice, the State Board of Health may order the appointment of a person, approved by it, to operate them.

Several laws provide for appeals to the courts, but two states have provisions of special interest, and which have received the approval of many engineers. In Ohio and Wisconsin, in case of dissatisfaction with the orders of the State Board of Health, an appeal may be had to a board of experts. A case in Ohio is now being decided in this way.

3. Protection of Water Supplies by Rules.— Many state boards of health have broad authority to make rules for the preservation of the public health and some, as those of Iowa and Louisiana, have not hesitated to attempt to control the whole water and sewerage situation in this way. In a number of the states, which have the best control of water pollution, specific authority is given in the statute for making rules for this purpose. Such states are Massachusetts, Michigan, Minnesota, Montana, New Hampshire, New York, North Carolina and Vermont. In many instances great care is given to the preparation of these rules. Usually a different set of rules is made for each watershed, but sometimes, as in North Carolina, general rules are adopted for the protection of all water supplies. Penalties are provided in all states but Michigan.

Department in Charge

Except in Missouri, where the public service commission has jurisdiction, though it as yet has done nothing, and in New Jersey and New York, where other departments of the state government have a share in the control, the state health department is charged with the administration of the laws relating to the protection, or purification, of the waters of the state. In certain of these, however, as Kansas, Ohio, Pennsylvania and Wisconsin, the approval of the governor and the attorney-general has to be obtained in certain instances, as well as that of the health officer, and, indeed, it is possible for the two laymen to override the opinion of the sanitary expert. If adequate legislation for water protection could be secured in each state, nearly every state would require at least the full time service of an engineer, and many would require, as indeed a number now have, much more than this. In a few of the smaller states, as Arizona, Nevada, Delaware, and some of the New England states, this is probably not necessary, and a laboratory man with engineering training might be able to give such engineering advice as is needed, or at least to show when it is needed, and how it can be obtained, and at the same time he can do the laboratory work needed by the department. As a matter of fact, at the present time the chemist, or bacteriologist, is doing what water work is done in Connecticut, Maine, Montana, Nebraska, Nevada, New Hampshire, North Dakota, Rhode Island and Wisconsin.

While a single engineer may suffice for quite a number of states, those which are most populous, particularly if the population is largely urban, will find it necessary to have several employees grouping them into a division or bureau. The following have such a bureau or near: Alabama, California, Illinois, Kansas, Indiana, Maryland, Louisiana, Massachusetts, Michigan, Minnesota, New Jersey, New York, North Carolina, Ohio, Pennsylvania, Vermont, Virginia and West Virginia. In Alabama, Louisiana, North Carolina and West Virginia there is, however, only an engineer. In Indiana and New Jersey the supervision of water and sewerage is combined with the supervision of foods and drugs, and in New Jersey the bureau of bacteriology is in the same division. The arrangement in these two states seems to be unwise. It would be much better to keep the engineering and food divisions separate.

In Illinois up to the present time, work of the state, in the supervision of water and sewerage, has been carried on by the state university. In Kansas this plan seems to have worked very well. While there may be some difference of opinion as to the desirability of a state university bearing a considerable part of the burden of such a service, it is after all a matter of no real importance which department pays the bills. There can, however, be no doubt whatever, that it is of great advantage to a state department of health to have such a university connection. It is stimulating to the former and enables it to keep in touch with scientific men and to know where they are to be found when it wants them. Such a connection should be of equal value to the university, for it affords a splendid opportunity of making its students acquainted with the applications of science and it is possible to fit them thus to become at once of practical use to the community. In the case of Kansas, although the engineering work is done at, and by, the university, the relation between the State Board of Health and the university is close, and intimate. In Illinois the state water survey is more exclusively a division of the university, and because the State Board of Health has had little connection with it, it has operated to the disadvantage of the latter and of the state. Very recently, under a new law, the State Board of Health of Illinois has organized an engineering bureau which is to have charge of the administrative side of water protection. The laboratory work, as before, is to be done at the university. In Iowa the engineer of the State Board of Health has been relieved of hotel inspection and devotes all his time to the supervision of water and sewage. The laboratory work, which before had been done in part at Drake College, is, in the future, to be done by the laboratory at the state university. In North Dakota the state public health laboratory at the university, having little or no connection with the State Board of Health, has done excellent work in making a preliminary survey of the water supplies of the state.

In Illinois, Kansas, Massachusetts and Minnesota, the laboratory in which the necessary chemical and bacteriologic analyses are made, is maintained by the engineering division, and this seems to be an excellent arrangement. If the amount of work is large, as it is in all the larger states, it does not seem to be an uneconomical arrangement. Besides its laboratory in Boston, Massachusetts State Board of Health also maintains an experiment station at Lawrence, the valuable work of which is well known to everybody.

The largest engineering division by far is that of the Pennsylvania department of health. It consists of a chief and about twenty engineers, as many clerks, a number of draftsmen and fifty-five inspectors.

Operation of the Division

The work of an engineering division is varied.

1. Perhaps its most important function is the examination and approval, or criticism, of plans for public water supplies and sewerage. This, of course, occupies a great deal of time and labor, and often involves long and laborious investigations.

2. The giving of advice to communities, or officials. Thus, in Massachusetts in 1913, 211 such applications for such advice were made. In New York, 2,163 matters were referred to the division, of course, many of them of very minor importance.

3. Supervision of water supplies and sewage treatment works. Companies and municipalities should be induced, or compelled (as in Pennsylvania), to provide adequate laboratory facilities for such continuous control, at least of all suspicious water supplies. In Illinois the state water survey has, without compulsion, induced the installation of nineteen of

these laboratories in that state. Even when such laboratory control is maintained, it is the duty of the State Board of Health to make observations from time to time to see that it is properly done. The knowledge that there is some such outside supervision is a desirable stimulus for local officials. When there is no local laboratory control, it is the business of the state to exercise control by means of frequent analyses and inspections. Analyses are made quarterly, monthly, or weekly, according to the urgency of the need of supervision.

The inspection, at intervals, of water purification plants, sewage treatment works, polluted streams and dangerous water sheds, is important and is systematically carried on in Massachusetts, New Jersey, New York, Pennsylvania, and in some other states.

4. Surveys. Quite a number of states are making, or have made, more or less extensive surveys. Probably Pennsylvania is doing this more extensively than any other state. Detailed plans have already been prepared covering a large portion of the water sheds of the state, and showing the location of every house, barn, privy, cesspool or any other possible source of pollution.

5. Experimental work. The volume of experimental work in Massachusetts far exceeds that of any other state. It began nearly thirty years ago, and was made necessary by the lack of knowledge of water and sewage purification at that time. Many other states have found it necessary to study peculiar problems of their own, as the disposal of sugar refinery wastes in Louisiana, and creamery wastes in the Middle West. Local problems are continually arising, which can only be settled by experimental work, and the engineering departments of all the larger states must be prepared to undertake such as may be necessary.

6. Inspection of private wells. In some parts of the country, where the soil is sand and gravel, and drainage is good, the dwelling house well is rarely dangerously polluted. This is true of large portions of New England, and of regions in the Northwest and parts of the country. Where, however, the soil is of a limestone formation, or where drainage is poor, shallow wells are more often a source of disease. There is difference in attitude, in the different states, as to the inspection and analysis of private wells. Many states refuse to receive and analyze samples from private sources of water supply, on the ground of labor and expense. Most believe that mere analysis of samples of water, without inspection of premises, is of little value, and to send inspectors hither and thither on such errands is impracticable. Others find that physicians and untrained health officers flood the laboratory with specimens, simply to satisfy some persistent client, or nervous citizen, not from well grounded suspicion. In some states systematic examinations are made of all the wells in certain communities, as in Kansas. In North Dakota that state laboratory examined a number of representative wells in each county. In Massachusetts it is the policy of the State Board of Health to systematically study the wells in any community in which it believes that the installation of a public water supply is needed

7. The sale of bottled spring waters has become a business of considerable importance in some communities, and its supervision has been considered desirable. The incident which led to this in Rhode Island was the discovery that water was sold from a spring flowing directly beneath a main sewer. In that state analyses and inspections have been made of all commercial springs, and will be made annually. In Connecticut, by the act of March 11, 1913, spring water dealers must be licensed by the State Board of Health. Analyses and inspections of springs and bottling plants have been made and a number of dealers have been refused a license. The recent Maryland water law has a similar provision in regard to the licensing and supervision of the sale of spring waters.

8. The regulations of the United States Public Health Service requiring water and ice

used by interstate carriers, to be reported on by state or local health officials has, in some states, thrown quite a burden on the State Board of Health, for it is much more properly the duty of the state, than of the local health officers, to do such work. In most states the analyses are made by the state health department, and are made without charge, though this is not true of Kansas where a fee of \$15 is charged.

In Minnesota advantage was taken of this demand of the railroads for certificates, to make a thorough investigation of all the supplies used by the intrastate, as well as the interstate, carriers. The results of this survey were published in United States Public Health Reports, May 15, 1914.

Ice

Those who have given most attention to the subject are agreed that the danger of infection by means of ice is negligible. Nevertheless, there has been a good deal of popular interest in the question and, rather from popular demand than on the opinion of experts, there has been considerable legislation. In California, Connecticut, Massachusetts, New Hampshire, New Jersey, Ohio and Washington local health authorities are given control, of the cutting or sale of ice. Statutory provisions forbidding the cutting or sale of impure ice are found in California, Connecticut, Idaho, Maryland, New Hampshire, New Jersey and Wisconsin, and in Nevada the United States Public Health Service rules in regard to the use of water and ice by the State Board of Health, have been made to apply to intrastate carriers.

In California, Maryland, Massachusetts and New Hampshire the State Board of Health may make in rules concerning ice, but in Massachusetts and New Hampshire this is only to be done on complaint and after a hearing. In Maryland no new source of ice supply can be used without a permit from the State Board of Health. In Wisconsin the State Board of Health may forbid the use of dangerous ice. In Montana and Vermont the State Board of Health is to have supervision of sources of ice supply.

In most states ice is examined by the State Department of Health for interstate carriers and occasionally on request, but besides this little is done. Sometimes, as in Minnesota, this involves the inspection of the source.

Other Engineering Activities

While the supervision of water and sewerage works is by far the most important line of engineering from a public health standpoint, and occupies most of the engineer's attention, in some states other matters are considered. Thus, in Louisiana, the engineer of the State Board of Health has given much attention to the sanitary construction of schools, jails and courthouses. In Minnesota considerable time has been devoted to a study of garbage disposal in the different cities and to advice about the sanitation of public buildings. In Michigan the engineer also has to examine plans for public buildings and is called on for advice in regard to nuisances. The engineering division of the New York department is frequently called on to investigate offensive trades, smoke and other nuisances, the drainage of swamps, etc. The time of one man is nearly occupied in examining public buildings. A special investigation was made of oyster beds for the conservation commission. In Massachusetts, too, the engineering division of the health department looks after shellfish protection, as it does also in New Jersey. A vast amount of work has been done by the Massachusetts State Board of Health in

connection with such projects as the improvement of the Charles, Concord, Neponset and Sudbury rivers. In Pennsylvania a very considerable amount of time is given by the engineering division to offensive trades and other nuisances. About one half of the time of the engineer in Vermont is devoted to the sanitation of schoolhouses and other public buildings.

MISCELLANEOUS DUTIES

Hotel Inspection

A number of states, especially in the South and West, have enacted a "hotel law." These laws are very similar in nature, though some go much farther than others, and have more "sanitary" features. The administration of most of these laws is self supporting, or partly so, as a license fee is charged. Among sanitary features touched on are the common towel, common glass for drinking, condition of toilets, freedom from vermin, cleanliness of bedding, length of sheets, cleansing, disinfection, screening, etc. While the appointed inspectors do much to enforce the laws, the traveling men do a great deal too, and in Louisiana they are appointed inspectors of the health department.

Among the states which have such a statute are Florida, Idaho, Illinois, Indiana, Iowa, Kansas, Minnesota, Mississippi, Missouri, Montana, Nebraska, Nevada, New York, North Dakota, Oklahoma, South Dakota, Tennessee, Utah, Virginia, Washington, West Virginia and Wisconsin. The inspection is the duty of in Idaho, Iowa, Mississippi, Montana, New York, Tennessee, Virginia and Wisconsin. In the other states the inspector is an official, or in the food department, as in Utah. In most states the law seems to be quite vigorously enforced, while in others, as Indiana, Illinois, Minnesota, Oklahoma and South Dakota, less attention is paid to it. Some of the state health officers think well of the law and believe that it is productive of much good, others think that its enforcement causes an undue amount of trouble. In Kansas the law was as first enforced by the health department, and when it was transferred to another department the former was well pleased.

Summer Hotels

Several state health departments have made some effort to improve the sanitary condition of summer hotels and cottage colonies. The sewage disposal is often very defective at such places, and typhoid outbreaks are not rarely traced to them. It was such an outbreak which led the Rhode Island legislature to pass an act in 1888 to provide for inspection by the State Board of Health. These inspections have been made at irregular intervals since. California also has an inspection law, but only one inspector, to cover this and other fields which, if properly done, would occupy the time of many men. The Connecticut State Board of Health has at times inspected summer hotels and cottage colonies. In Delaware this is done every summer. During the last summer a special inspector was employed in Illinois for this purpose. Summer resorts have also been inspected in Ohio, and more will be done in the future. The same is true of New York, Vermont and, to some extent, of Wisconsin.

Camps

The methods of living, and particularly the methods of excreta disposal, in camps, are a

fertile source of trouble to the occupants of the camps and also to others, for streams are frequently polluted by them. Ordinary pleasure camps, the popular camps for boys and for girls, and the various types of industrial camps, are all in need of supervision. The importance of the problem is very generally appreciated, but very little has as yet been done to overcome the danger. In California there are many thousands of camps and single tents, but only the part time of one inspector is given to their supervision. In Connecticut there has been a desultory inspection. In Kansas the department did make earnest effort to improve the condition of the railroad construction and maintenance camps which are the greatest menace in that state, and much good was accomplished. Something has also been done in Illinois and Louisiana. In the latter state elaborate rules have been adopted and approval required. The new sanitary code of the New York state health department provides that labor camps for over ten persons shall be licensed by the local board of health. Rules are given for the privies, washing arrangements, garbage, manure, drainage, protection of nearby water supplies and other matters. The local health officers are to enforce the rules, but, of course, the supervisors will probably have much to do with it. South Carolina has rules for camps but no inspection. Considerable inspection is done in Vermont and Wisconsin. Special effort has been made in Washington to improve conditions in the very numerous lumber and construction camps and a great deal has been accomplished, largely owing, apparently, to the tact and practical judgment of the inspector.

School Houses

Although the importance of the school house has always loomed large in the eyes of health officials, comparatively little is being done by state health officials to improve or control conditions. Doubtless most health officers have talked and lectured on the subject and issued descriptive pamphlets on the sanitary school house. Undoubtedly good has been accomplished in this way. Nevertheless, when asked if they has any real, authority over school houses construction or could exercise any control, or were carrying on any systematic efforts for improvement, most state health executives answered in the negative. The states which exercise the most direct control through the health department are Indiana, Maine, Montana, South Dakota and Vermont. The department in Indiana has taken its grant of authority the board has made a series of rules governing the construction and care of school houses. Under a recent act in Illinois the superintendent of schools, with the advice of the State Board of Health, the state architect, and the fire marshal, is to draw up minimum specifications for the heating, ventilation and sanitation of school houses. These cover nineteen octavo pages. The legislature, in 1913, also passed a law covering many other points. The poorer school houses, with many defects, have been condemned. It is said that during the last two years 393 houses have thus been reconstructed or remodeled at a total cost of about \$4,000,000. The State Board of Health of Maine has for years given much attention to school houses. Years ago a great many houses were inspected and useful bulletins on construction were published. At the present time the department of education has certain standard plans which are recommended, but many buildings are constructed according to other plans. All except the standard plans have to be approved by the State Board of Health, amounting to 150 or 200 per year. In Minnesota, plans formerly had to be approved by the health department, but this is now done by board of education. In Montana and South Dakota, school house plans must be approved by the state health department, but in neither are there sufficient funds to do it. The Vermont board, like that of Indiana, has done much to improve the school houses of the state. The board has

authority to make rules, which it has done, and, also to condemn unsanitary houses. An engineer connected with the university is employed to give advice. A very great deal has been accomplished in improving the heating, ventilation, lighting and plumbing as well as other matters. In Ohio the plumbing has to be approved by the health department. In Wisconsin, while the plans for school houses are approved by the board of education, the State Board of Health makes rules in regard to such matters as heating, cleaning, ventilation, water, etc. In those states where the state health department has sanitary inspectors of its own, as in Louisiana, Massachusetts, Mississippi, Utah, Washington and Wisconsin, a certain amount of school house inspection is done. In Kansas it was stated that a great deal was a campaign by a campaign of education among the teachers, and then leaving it to them to get the improvements made. A great many boards of education have taken up the matter of school house construction, or have had duties in regard to it placed on them by statute, but it has been impossible to go into this. The medical school inspectors in Pennsylvania are required to give careful attention to the house as well as to the pupils, and much good has been accomplished by them.

In the South the hookworm work has incidentally been of great assistance to the schools. Great numbers of privies have been built, and poor privies made "sanitary." It is surprising how often the individual cup has taken the place of the common dipper. In other ways, too, the campaign has stimulated the local school authorities to try for better things.

Public Institutions

In at least a dozen states the laws authorize the state health department in general terms to advise in regard to the sanitation of public buildings, and power to make rules is conferred in California, Florida, Indiana, Minnesota, Oklahoma, South Carolina, Utah, Vermont and West Virginia. The department is also directed to inspect buildings and institutions in Idaho, Massachusetts (jails), Mississippi, Montana, North Carolina, Oklahoma, South Carolina and Wyoming. In California, Michigan, Minnesota, Montana, New York and Vermont plans must be submitted to the health department for approval.

In most of the states authorized to make rules, they have been made, and also in some others, under the general grant of legislative power, as in Kansas, Louisiana and Mississippi.

As regards the approval of plans, though required, this is not done in California and Minnesota, in California because there is a state architect, and in Minnesota because the board of control fails to submit plans. Approval is given in Michigan, Montana, New York and Vermont.

Regular inspection of public institutions is made by the members of the State Board of Health in Kansas, Missouri and South Carolina, and by the state health officer in Oklahoma and North Carolina. In Louisiana, New York and Vermont an engineer does much of the inspection work. In all of these states a great deal has been accomplished. In Louisiana particular attention has been given to jails, a great many of which were in a deplorable condition and have been rebuilt. The work in Vermont, too, has been very effective. In Idaho and Montana, inspections are made by the county health officers under the direction of the state health department.

Industrial Diseases

Very few states do much about this class of diseases, though the subject is of much importance. For several years the State Board of Health of Massachusetts had large powers in relation to factory inspection and the supervision of the health of operatives, but these have since been transferred to another department, are reportable in Florida, Illinois, Missouri, New Jersey, Ohio and Pennsylvania. Lead poisoning is reportable in New Jersey. Very little seems to be done in any of these states except Ohio. Here the State Board of Health was directed by the legislature, in 1912, to make a survey of industrial diseases, and a bureau was organized with a director and five inspectors. It is hoped that after the survey is completed, the bureau will be made permanent.

Narcotic Law

New York and Tennessee have a narcotic law which is to be enforced, by the state department of health. It was not learned that much was done in New York, but in Tennessee the administration of the law throws a good deal of a burden on the department. It is believed that its enforcement is accomplishing much good. During the legislative sessions of 1915, narcotic laws were passed in California, Colorado, Connecticut, Idaho, Illinois, Maine, Massachusetts, Minnesota, New Hampshire, New Jersey, New York, Nevada and Vermont.

Nostrums

The use of nostrums is certainly a very great evil and in more ways than one profoundly affects the public health. Many health departments occasionally issue literature on the subject and those of Indiana, Kentucky, Louisiana, North Carolina and Tennessee have been particularly active in fighting this evil.

Sex Hygiene

A number of state health officers have issued bulletins, or press notices, or they, or some other member of the staff, have lectured on this subject. This must be done with great care and tact, or very bitter hostile criticism may be aroused, as has happened in some instance. The only state in which organized effort seem to have been made is Oregon. Here the state appropriated \$5,000 a year for two years for the use of the Social Hygiene Association, of which the executive officer of the health department is an active member. The appropriation for the next biennial period is \$7,500.

Licensing

Physicians.—In Alabama, Connecticut, Illinois, Iowa, Maryland, Mississippi, Missouri, Nebraska, Rhode Island and West Virginia the state department of health is authorized to examine and license physicians. In Nevada and Pennsylvania the executive of the health department is, ex officio, a member of the examining board. There is a difference of opinion as to whether this is desirable. Many health officials seem to think that it is not. They feel that it is such an important subject, and requires so much time and attention, that it is unfavorable to the full development of the purely health activities of the department. Instead of helping the department to gain the good will of physicians, the duty of enforcing the medical

practice act sometimes has the reverse effect, and often the physicians blame the health officials for failures due to defects in the laws, or negligence of prosecuting officers, or the hostility of the courts. It is perhaps, unwise to say that a state department of health should not have charge of the licensing of physicians, but there are decided objections having the department burdened with this duty.

Embalmers.—The department of health licenses embalmers in Florida, Idaho, Illinois, Iowa, Louisiana, Maryland, Michigan, Minnesota, Montana, North Dakota, Utah and Wisconsin. In Colorado, Connecticut, Maine, North Carolina, South Carolina, South Dakota, Tennessee, Washington and Wyoming, one or more members, usually the executive officer, ex officio, serve on the embalmers' board.

Midwives.—In Colorado, Connecticut, Illinois and New York the department licenses midwives, though in Connecticut they are examined by a special board.

Nurses.—Nurses are registered by the state department of health in California, Iowa and Maryland, and in Michigan and Wisconsin the executive officer serves on the board of registration.

Plumbers.—Plumbers are licensed by the state department of health in Massachusetts and Wisconsin. Dentists, Pharmacists and

Veterinarians.—These are licensed by the health department in Maryland.

Optometrists.—These are licensed by the board of health of Iowa.

Contagious Diseases of Animals

The older laws establishing the State Board of Health often conferred on it authority in relation to the contagious diseases of animals. As special departments for this were from time to time established in the different states, this function has generally fallen into disuse except in Florida. Here the state department of health has a well organized veterinary division which absorbs a considerable share of the income of the department. The legislature of 1915 in Texas appropriated \$4,000 for the control of anthrax by the State Board of Health.

Illuminating Oils

The State Board of Health has charge of inspection in Iowa, Louisiana and New Jersey, and in Louisiana the license fees are the chief source of revenue of the department.

Inspection of Plumbing

In Ohio the secretary of the State Board of Health with some other officials constitute a building code commission, and drew up a code governing plumbing and drainage, which serves as the plumbing code of all cities. There is a state plumbing inspector, appointed by the State Board of Health, whose duty is to inspect the plumbing in all buildings where people congregate, but it is entirely impossible for him to cover the field. In Wisconsin the State Board of Health enacted a plumbing code applicable to the whole state. Cities of the first, second and third class must have local inspectors and some of the cities of the fourth class do. The department supervises these inspectors, and outside of these cities is to do all plumbing inspection throughout the state.

Lodging House Inspection

The State Board of Health in Illinois is charged with the purely local duty of inspecting the lodging houses in cities of 100,000 inhabitants, of which Chicago is the only one. About \$10,000 a year is expended for this purpose. In Pennsylvania the last legislature appropriated \$14,000 to establish a division of housing in the state department of health. A director has been appointed and is making a survey of the state.

Operation of Hospitals

The management of the state sanatoria for tuberculosis in North Carolina, Pennsylvania, South Carolina and Virginia has already been referred to. In Florida the State Board of Health has constructed and operates four smallpox hospitals in different parts of the state.

Care of Crippled

In Florida the State Board of Health is authorized to provide care for crippled children. These are boarded in different hospitals at \$10 per week and their treatment is under the direction of a physician employed by the board for this purpose. In 1914, there was expended \$5,172.47. Fifty-one children were treated during the year.

It is necessary, for the proper appreciation of the successes or shortcomings of public health work in the different states, that there should be available a statement of the amount of money expended. To simply show the gross amount, while of some interest, is not nearly so important as to show how much is expended on each of the chief activities of the department. This is especially necessary, as the functions of the department vary so in the different states. Again, some lines of work are carried on by other departments, as laboratory work by the state university, or the collection of vital statistics by the secretary of state. An attempt has been made to prepare a financial statement in the form suggested above and this is shown in Table 10, but it is far from satisfactory. In a considerable number of states it was impossible, even with much correspondence to obtain a statement of expenses properly classified. State health officials rarely classify their expenditures according to function. In many reports the financial statement is far from clear, in others it merely separates salaries and other expenses, and in others still, a list is given of those to whom money is paid, but no attempt is made at classification, and in still others, when such an attempt is made, evidently little thought is given to it, so it is of no value for the present purpose. If a proper classification involved great labor, or expense in bookkeeping, there might be some excuse but the labor involved is negligible when once the system is established. So, too, if a proper classification of expenses were only to be used in some comparative study like the present, there might be no justification for thus criticizing, but a classification of expenses according to the uses to which the money is put is absolutely essential if the health officer expects to have any clear idea of the cost of the different activities of his department. To know costs is just as essential in public health work as it is in manufacturing. Moreover, it is due the legislature and the taxpayers that they should know how their money is expended. It is not surprising, when one learns how difficult it is to find out for just what the health department money is expended, that legislators doubt the wisdom of increased appropriations.

A uniform plan of statement ought to be worked out and should then be used by every state health department. The principles followed by the census bureau should serve as the basis. Administrative or overhead charges should be carefully separated and nothing included which belongs under other headings. Thus, the salary of a clerk employed in receiving and tabulating morbidity statistics should be charge to the communicable disease account, and traveling expenses should not be placed together, but distributed to the divisions to which they properly belong. The expenses of each state health department should be distributed somewhat as follows:

- Administration.
- Vital statistics.
- Control of communicable diseases.
- Diagnostic laboratory.
- Distribution of vaccine and sera and anitrabic treatment.
- Food and drug supervision.
- Milk supervision.
- Engineering.
- Sanitary inspection.
- Public health education.
- Other functions (specified).

There should be many subdivisions and it is desirable, under each heading, to separate salaries from other expenses.

The census bureau and certain groups of municipal health officers have worked out comprehensive schemes for a statement of municipal expenditures for health. State health officials have a strong organization and it is not to their credit that they have not long since done the same. The present chaos in their accounts is most disheartening. A carefully selected committee should be appointed to draw up a form of statement, but only after consultation with those who have had experience in their use. This form should then be followed by every state. The two things coming within the scope of this report, in which uniformity is most desirable, are the financial statement and tables of vital statistics. With all the current talk about standardization, one would think that state health officers would attempt to apply it here. As it is, these statements and tables are useless for comparative purposes and are often not much better for local use.

In preparing Table 10 expenditures for health purposes such as water control, the diagnostic laboratory, and the distribution of antitoxin, are included, even if they happen, as in certain states, to be charged to another appropriation. An important exception has been made in the case of state sanatoria for tuberculosis. The cost of these is so great and they are so rarely managed by the health department, that it was feared that this inclusion would so overshadow other expenses as to defeat the purpose of the comparison. Unfortunately it was found impossible to obtain, in all cases, the cost of health work when carried on by the university, or a separate department, so that the totals do not in all states cover exactly, the same lines of work, but the figures certainly come nearer to this than they would if the health department figures only had been used. In some states it was found impossible to obtain get any useful distribution of expenses. In some states it is impossible to obtain any statement until months after the close of the fiscal year, and even then it is likely to be unintelligible until explained by a considerable correspondence. This is the reason why Table 10 is not brought up to date as nearly as one

might expect. Many of the details of expenditures are far from accurate, often being mere approximations. Nevertheless one can obtain a better idea of how the states spend money for health purposes from this table than from any other compilation with which the writer is acquainted.

It was planned to show, also, the ratio of expenditures for health in each state to the total expenditures in each state, but after a great deal of labor and several scores of letters, it was found to be impracticable, as, owing largely to the different treatment of interest charges in different states, and the existence of various distinct funds and grants, it is impossible to obtain figures which are at all comparable.

The following shows the states arranged according to expenditures for health, and also according to per capita expenditures for health purposes:

Expenditures for Health

Pennsylvania	\$1,047,431.66 ²
New York	284,676.85
Massachusetts	180,219.14
Maryland	142,600.00
Illinois	133,919.60
Florida	129,012.03
New Jersey	125,942.15
California	112,953.48
Ohio	91,736.25
Louisiana	87,491.20
Minnesota	72,013.31
Indiana	64,719.00
North Carolina	61,031.78 ³
Texas	48,200.00
Kansas	46,430.00
Virginia	45,000.00 ³
Michigan	44,872.07
Wisconsin	38,205.63
South Carolina	36,112.52 ⁴
Vermont	33,385.50
Georgia	33,311.90
Oklahoma	32,700.00
Iowa	32,568.32
Kentucky	30,002.45
Missouri	29,206.19
Connecticut	27,000.00
Alabama	25,000.00
Montana	23,600.00
Mississippi	22,975.43
New Hampshire	21,200.00
Idaho	19,820.00
Colorado	19,980.00
Rhode Island	18,569.18
Tennessee	16,552.49
Washington	15,240.99
Maine	14,893.24
Oregon	14,000.00
West Virginia	14,000.00
Utah	12,150.00
Nebraska	10,640.00
North Dakota	10,569.38
South Dakota	9,730.00
Arizona	9,300.00
Arkansas	8,970.00
Delaware	8,492.02
Nevada	7,500.00
Wyoming	2,100.00

Per Capita Expenditure

	Cents
Florida	15.21
Pennsylvania	12.70
Maryland	10.54
Vermont	9.27
Nevada	7.59
Montana	5.45
Idaho	5.22
Massachusetts	4.95
Louisiana	4.93
New Hampshire	4.81
New Jersey	4.47
Delaware	4.04
California	3.96
Arizona	3.76
Minnesota	3.25
Rhode Island	3.14
Utah	2.93
Kansas	2.60
New York	2.87
North Carolina	2.60
Indiana	2.32
South Carolina	2.27
Connecticut	2.24
Colorado	2.19
Virginia	2.09
Maine	1.95
Ohio	1.80
Illinois	1.78
Oregon	1.78
Oklahoma	1.61
Wisconsin	1.56
North Dakota	1.48
Michigan	1.48
Iowa	1.46
South Dakota	1.43
Kentucky	1.27
Wyoming	1.24
Georgia	1.21
Texas	1.13
Alabama	1.11
Washington	1.08
Mississippi	1.20
West Virginia	1.02
Missouri	.86
Nebraska	.85
Tennessee	.73
Arkansas	.53

RATING OF THE STATES

Table 1 is intended to show the rating of the states in health work. Reference has been made in the introduction to the difficulties connected with such a scheme.

Perhaps some of the headings in the table may need explanation. Under supervision of local health officers is the subdivision "supervision" which means personal direction by some one from the central office. This appears to be the most important means of improving the local service and is given the highest rating. The value of conferences or "schools for health officers" is apparent. The regular bulletins in some states are popular and give little information to health officers. In other states, they are an important means of education for local health officials. Under communicable diseases, completeness of notification is important. In a registration state the score depends on the ratio of cases to deaths. In a non-registration state it is a matter of judgment. The direct control of communicable diseases by the state involves the routine control through supervisors, or inspectors, or advice from the central office of the cases as they are reported day by day, as well as the more usual "epidemic work" or control of outbreaks, which nearly every state health department does, though in some it is small in amount and inefficient. Intensive work is all too rare and means such work as that of Freeman in Virginia on rural typhoid, or the hookworm campaign in the South. Under tuberculosis, intensive work means going into a community and stimulating the people and officials so that something is done, an association formed, a nurse employed, notification improved and cases followed up by one agency or another. If a disease is not reportable, or if no report could be obtained, "reports" score zero. Where reportable, the score depends on the ratio of cases to deaths. If the state is earnestly seeking to establish local hospitals and dispensaries for tuberculosis and especially if success is attending the effort, credit is given.

Under the diagnostic laboratory credit of two is given for each additional disease if the laboratory is prepared to examine for diseases other than diphtheria, tuberculosis and typhoid fever. The score for amount of work depends on the ratio of the examinations for diphtheria, fever and tuberculosis to the deaths from these diseases but cities with local laboratories are deducted from the computation. If more than two vaccines or sera are distributed, credit of two is given for each additional one. The credit for the amount of serum distributed refers only to diphtheria antitoxin. When the use of typhoid vaccine is more systemized it would be desirable to give credit for the amount of this also, but at present conditions vary so, and it was so difficult to obtain comparable data that it is not thought best to do so. Perhaps credit should be given for antirabic treatment, but after all, this disease, though serious enough, is insignificant in amount as compared with the other communicable diseases.

Under vital statistics a credit of forty is given for deaths if the state is in the registration area, and for births if it is probable that ninety per cent are reported. If the state has a good law, even if it is not as yet enforced, a credit of ten is given, but if the law is poor and less than ninety per cent of the deaths and births are reported, or if no data could be obtained from reports, or otherwise, no credit is allowed. Credit for tables is largely a matter of judgment but tables for a series of years and tables for localities, with rates in each, are considered of special importance.

Under child hygiene so little is being done that it may perhaps be argued that it should not have a place in the rating but the subject is so important that it was thought best to emphasize its neglect by the low score. The medical inspection of schools is omitted, chiefly because this is more often encouraged by the educational authorities than by the health

authorities and data could not easily be obtained, but extra credits are given to those states where the health department has shown some activity in this important health problem. Intensive work on infant mortality, by which communities are taken one by one and actively stimulated, is considered of the most importance though little has been done. Nevertheless the prompt distribution of good literature to mothers is of value and deserves credit. The instruction and supervision of midwives is also important, as is the prevention of ophthalmia neonatorum. States which require reports of this disease to health officers receive a credit of ten, as notification, here as in other diseases, seems to be the most necessary step in prevention.

The items under education do not need explanation.

While the prevention of most adulterations is of little sanitary moment the protection of milk, both from chemical and bacterial injury, is of great importance and should receive due credit. So, too, the protection of foodstuffs in general from dirtiness is worthy of credit and doubtless there are some who would give it a higher rating than is shown in the table.

It is doubtless true, also, that many would give to sanitation a higher rating, yet if one compares it with matters of such preponderating importance as the control of communicable diseases and aggressive work against tuberculosis it will scarcely be maintained that the sanitation of schools and other public buildings and of hotels and camps is of more than one fourth the value of either.

In considering the control of water and sewerage, it was thought that the investigation and approval of new projects, or the extension of old ones, is the most important duty of the engineer, while continued supervision of existing works and systemic surveys are each given an equal though slightly lesser credit.

Extra credits are given as follows: To Indiana, Kansas, Louisiana, North Carolina and Tennessee, ten each for fighting nostrums. To Maryland, Minnesota, Montana, New York, Pennsylvania, Vermont, Virginia and Washington, ten, and Massachusetts fifty, for research. To Ohio twenty for the study of occupational disease, to Oregon twenty for social hygiene work and Pennsylvania twenty and Florida ten for school inspection. To Pennsylvania ten for housing control.

Every one who has had experience in marking students in school and college knows full well that marks are of little value as indicating differences between those of nearly the same standing. The difference between a student and his nearest neighbor in rank may often be a matter for argument. The fallibility of man's judgment here shows out clearly. Nevertheless it is generally true that marks will rarely if ever put a student in the first third who ought to be in the last third of a class. Probably the same principle holds in the present rating. There are few if any who would gainsay that the first three states in rank are Massachusetts, New York and Pennsylvania, though there will be very decided opinions as to the relative standing of the three. So also few will demur at placing in the next group of six, Minnesota, New Jersey, Indiana, Maryland, Kansas and Vermont. Passing to the other extreme, all will admit that the proper rating for New Mexico is zero and that Wyoming is not much better. Counting up the next seventeen in order are Arizona, Nebraska, Arkansas, Nevada, Oklahoma, South Dakota, Alabama, Colorado, West Virginia, Texas, Tennessee, Idaho, Delaware, North Dakota, Missouri, Georgia and Utah. While this order might be changed somewhat by further study and discussion, it is doubtful if a single one of these states ought to be moved out of the group. Moreover, if 745 is admitted to be a fair rating for Massachusetts there are few who would claim that Oklahoma, South Dakota and Colorado are not generously treated by rates of 97, 101 and 106, respectively, though doubtless there may be room for argument as to the accuracy

of the relative values assigned to the three states.

TABLE 2.—ORGANIZATION OF STATE DEPARTMENT OF HEALTH

State	No. of Members of Board	Qualifications	By Whom Appointed	Terms	Expiration of Terms	Compensation
Alabama.....	10	Censors of State Medical Association.....	Delegates and Councilors of Association of Public Health by Governor and Senate	5 years	2 annually.....	Expenses.
Arizona.....	3	Governor, Attorney General, Superintendent of Public Health.	Six appointed by Governor	2 years	Together.....	10 cts. mileage, expenses.
Arkansas.....	7	Physicians of seven years' practice in state, one from each congressional district, secretary	Governor and Legislature	2 years	Together.....	Travelling expenses.
California.....	7	Physicians practicing in state.....	Governor and Senate.....	4 years	Together.....	None
Colorado.....	9	Not specified.....	Governor and Senate.....	6 years	3 every 2 years.....	Expenses.
Connecticut.....	7	Three physicians, one lawyer, secretary.....	Governor.....	6 years	3 every 2 years.....	Expenses.
Delaware.....	7	Physicians representing three counties.....	Governor and Senate.....	4 years	Together.....	\$6.00 per day, 5 cts. mileage.
Florida.....	8	"Discreet citizens".....	Governor and Senate.....	4 years	Together.....	\$6.00 per day, travelling expenses.
Georgia.....	13	One for each congressional district, majority physicians, secretary	Governor.....	6 years	2 every year.....	\$10.00 per day, expenses.
Idaho.....	5	Two physicians, Attorney General, State Engineer, Secretary	Physicians by Governor.....	4 years	1 every 2 years.....	Expenses. ¹
Illinois.....	7	Not specified.....	Governor and Senate.....	7 years	1 every year.....	\$10.00 per day, expenses.
Indiana.....	5	Not specified.....	Board of Appointment.....	4 years	2 every year.....	\$800.00 per annum. ⁶
Iowa.....	9	Four physicians, 1 engineer, Governor, Secretary of State, Auditor of State, Treasurer of State	Appointive members by Board of Appointment	5 years	1 every year.....	
Kansas.....	9	Eight physicians of seven years' practice ⁶	Governor and Senate.....	3 years	3 every year.....	\$5.00 per day, travelling expenses.
Kentucky.....	8	One homeopathic, one eclectic, one osteopathic, five regular physicians, secretary	Governor and Senate.....	6 years	2 every year.....	Expenses.
Louisiana.....	7	Physicians from different parts of state..	Governor and Senate.....	7 years	2 or 3 every 2 years	\$10.00 per day, 5 cts. mileage.
Maine.....	7	Not specified, secretary.....	Governor and Council.....	6 years	1 every year.....	Expenses.
Maryland.....	7	Health Officer of Baltimore, Attorney General, one engineer, three physicians, secretary	Governor.....	4 years	2 every 2 years.....	\$5.00 per day, expenses.
Massachusetts..	7	Three physicians, Commissioner of Health ⁶	Governor and Council ³	3 years	2 every year.....	\$10.00 per day, travelling expenses.
Michigan.....	7	Six not specified, secretary.....	Governor and Senate.....	6 years	2 every 2 years.....	Expenses.
Minnesota.....	9	Learned in sanitary science.....	Governor.....	3 years	3 every year.....	Travelling expenses.
Mississippi.....	13	Eight, one for each congressional district, one nominated by Medical Society, Physicians, five years' resident.....	Governor.....	4 years	Together.....	\$3.00 per day, expenses.
Missouri.....	7	Physicians, five years' resident.....	Governor and Senate.....	4 years	3 or 4 every 2 years	Expenses.
Montana.....	7	Three physicians, Governor, Attorney General, State Veterinarian, Secretary	Governor and Senate.....	4 years	2 every 2 years.....	\$5.00 per day, expenses.
Nebraska.....	3	Governor, Attorney General, Superintendent of Public Instruction, Board of Secretaries consists of two regular physicians, one homeopath, one eclectic, seven years' practice	Governor.....	4 years	1 every year.....	None. ⁹

Nevada.....	3	Physicians of five years' practice in Nevada	Governor	4 years	Together.....	\$20.00 per day, traveling expenses.
New Hampshire.....	6	Governor, Attorney General, three physicians, one engineer	Governor and Council	4 years	Together.....	Expenses.
New Jersey.....	8	Three physicians, two engineers, one veterinarian	Governor and Senate.....	4 years	2 every 2 years..	Expenses.
New Mexico.....	7	Physicians, five years' resident.....	Governor	4 years	3 or 4 every 2 years	Fees.
New York.....	7	Three physicians, one sanitary engineers	Governor	6 years	1 every year.....	\$1,000.00.
North Carolina.....	9	Four physicians, one engineer.....	Physicians by Medical Society, others by Governor	6 years	Together.....	\$4.00 per day, expenses.
North Dakota.....	3	Attorney General, Vice President, Superintendent of Public Health	Governor and Senate.....	2 years	Together.....	5 cts. mileage, expenses.
Ohio.....	8	Seven, not specified, Attorney General	Governor and Senate.....	7 years	1 every year.....	\$5.00 per day, expenses.
Oklahoma.....	4	Advisory, not provided by law.....	Commissioner	4 years	3 every 2 years..	Expenses.
Oregon.....	7	Physicians, different parts of state.....	Governor and Senate.....	4 years	Together.....	Expenses.
Pennsylvania.....	6	Majority physicians, 10 years' practice, one engineer	Governor and Senate.....	4 years	Together.....	Expenses.
Rhode Island.....	7	One from each county, four members of some medical society	Governor and Senate.....	6 years	1 every year.....	\$10.00 per meeting, traveling expenses.
South Carolina.....	9	Seven members State Medical Association, Attorney General, Comptroller.....	Recommended by State Medical Assn., appointed by Governor	7 years	Together.....	\$4.00 per day, 10 cts. mileage.
South Dakota.....	5	Physicians must be five years in state.....	Governor	2 years	2 or 3 every year	\$5.00 per day, 5 cts. mileage, expenses.
Tennessee.....	4	Three physicians of ten years' practice, representing the three divisions of state, Commissioner of Agriculture	Governor	6 years	1 every 2 years..	Traveling expenses.
Texas.....	7	Physicians of ten years' residence.....	Governor	2 years	Together.....	\$10.00 per day, 3 cts. mileage.
Utah.....	7	Majority physicians, one engineer.....	Governor and Senate.....	7 years	1 every year.....	Expenses.
Vermont.....	3	Not specified.....	Governor and Senate.....	6 years	1 every 2 years..	\$4.00 per day, expenses.
Virginia.....	12	Members of State Medical Society, one each congressional district and two from Richmond	Governor	4 years	3 every year.....	\$8.00 per day, mileage.
Washington.....	5	Not specified, Commissioner of Agriculture	Governor and Senate.....	5 years	1 every year.....	Expenses.
West Virginia.....	7	Physicians of five years' practice.....	Governor and Senate.....	4 years	2 or 3 every 2 years	\$10.00 per day, traveling expenses.
Wisconsin.....	7	Not specified.....	Governor and Senate.....	7 years	1 every year.....	\$100.00 per day.
Wyoming.....	3	Qualified electors, one physician.....	Governor and Senate.....	4 years	Together.....	\$200.00 per year, traveling expenses.

- Also \$10.00 per day as examiners.
- Consists of Governor, Secretary of State, Auditor of State.
- Not more than three of same political party nor more than two of the same school of practice.
- Consists of Governor, Secretary of State, Auditor of State.
- Includes services on examining board.
- Majority not to be of one school of practice.
- Physicians to be selected from list furnished by their respective state societies.
- Public Health Council.
- Fees as examiners.
- These are the Executive Committee, the Medical Association; together with the two state officials are the State Board of Health.
- Homeopathic school to be represented.
- Governor's Council, not Public Health Council.

TABLE 3.—EXECUTIVE OFFICER

State	Executive Officer	Election or Appointment	Elected from Board or Outside	Membership in Board	Salary	Term	Full Time
Alabama.....	State Health Officer.....	Elected by Association Nominated by censors Governor, Senate.....	Not specified.....	Status not changed by election Member.....	\$5,000	Indeterminate	Full time
Arizona.....	Supt. of Public Health.....	Governor, Senate.....	Outside.....	Member.....	2,000 ¹	Two years.....	Part time
Arkansas.....	Secretary.....	Elected by Board.....	Not specified.....	Member.....	1,800	Two years.....	Part time
California.....	Secretary.....	Elected by Board.....	From the Board.....	Member.....	4,500	Indeterminate	Full time
Colorado.....	Secretary.....	Elected by Board.....	From the Board.....	Member.....	1,500	Two years.....	Part time
Connecticut.....	Secretary.....	Elected by Board.....	From the Board.....	Member.....	3,000	Indeterminate	Full time
Delaware.....	Secretary.....	Elected by Board.....	Not specified.....	Status not changed by election Member.....	1,500	Indeterminate	Part time
Florida.....	State Health Officer.....	Elected by Board.....	Outside.....	Status not changed by election Member.....	3,000	Four years.....	Full time
Georgia.....	State Health Officer.....	Elected by Board.....	Outside.....	Member.....	2,000	Six years.....	Part time
Idaho.....	Secretary.....	Elected by Board.....	Outside.....	Member.....	2,400	Indeterminate	Part time
Illinois.....	Secretary.....	Elected by Board.....	Not specified.....	Status not changed by election Member.....	3,600 ²	Indeterminate	Full time
Indiana.....	Secretary.....	Elected by Board.....	Outside.....	Not member.....	3,000	Four years.....	Full time
Iowa.....	Secretary.....	Board of Appointment.....	Not specified.....	Not member.....	3,000	Five years.....	Full time
Kansas.....	Secretary.....	Elected by Board.....	Not specified.....	Not member.....	4,000 as Dean	Indeterminate	Also Dean of Med. School
Kentucky.....	Secretary.....	Elected by Board.....	Not specified.....	Member.....	1,200	Four years.....	Part time
Louisiana.....	President.....	Governor.....	From the Board.....	Member.....	5,000	Four years.....	Full time
Maine.....	Secretary.....	Elected by Board.....	Not specified.....	Member.....	2,500	Indeterminate	Full time
Maryland.....	State Health Officer.....	Elected by Board.....	Not specified.....	Member.....	3,000	Indeterminate	Full time
Massachusetts.....	Commissioner of Health.....	Governor and his Council.....	Not specified.....	Member.....	7,500	Five years.....	Full time
Michigan.....	Secretary.....	Governor (reappointed by Board).....	Not specified.....	Member.....	2,500	Six years.....	Full time
Minnesota.....	Secretary.....	Elected by Board.....	Not specified.....	Status not changed by election Member.....	4,500	Indeterminate	Full time
Mississippi.....	Secretary.....	Elected by Board.....	Not specified.....	Member.....	1,500	Four years.....	Part time
Missouri.....	Secretary.....	Elected by Board.....	From the Board.....	Member.....	2,400	One year.....	Full time
Montana.....	Secretary.....	Elected by Board.....	Not specified.....	Member.....	3,000	Four years.....	Full time
Nebraska.....	Secretary.....	Board of Secretaries.....	From the Board.....	Member.....	500 to 800 ²	Four years.....	Part time

Nevada.....	Secretary.....	Governor.....	Outside.....	Member.....	1,500	Four years.....	Full time
New Hampshire..	Secretary.....	Elected by Board.....	Not specified.....	Status not changed by election	2,500	Indeterminate	Full time
New Jersey.....	Director of Health.....	Elected by Board.....	Not specified.....	Member.....	5,000	Four years.....	Full time
New Mexico.....	Secretary.....	Elected by Board.....	From the Board.....	Member.....	Fees	Four years.....	Part time
New York.....	Commissioner of Health.....	Governor.....	Not specified.....	Member.....	8,000	Six years.....	Part time
North Carolina..	Secretary.....	Elected by Board.....	Not specified.....	Not member.....	3,000 ^a	Six years.....	Full time
North Dakota...	Supl. of Public Health.....	Governor.....	Outside.....	Member.....	1,200	Two years.....	Part time
Ohio.....	Secretary.....	Elected by Board.....	Not specified.....	Not member.....	3,000	Indeterminate	Full time
Oklahoma.....	State Commissioner of Health	Governor.....	Not specified.....	Not member.....	1,800	Indeterminate	Full time
Oregon.....	Secretary.....	Elected by Board.....	Outside.....	Member.....	4,000	Indeterminate	Part time
Pennsylvania....	Commissioner of Health.....	Governor, Senate.....	Outside.....	Not member ³	10,000	Four years.....	Full time
Rhode Island....	Secretary.....	Elected by Board.....	Not specified.....	Not member.....	3,000	Indeterminate	Part time
South Carolina..	State Health Officer.....	Recommended by Ex- ecutive Committee, Appointed by Gov- ernor	Not specified.....	Not member.....	2,500	Indeterminate	Full time
South Dakota...	Superintendent.....	Governor.....	From the Board.....	Member.....	2,000	Two years.....	Part time
Tennessee.....	Secretary.....	Elected by Board.....	Not specified.....	Not member.....	3,500	Five years.....	Full time
Texas.....	State Health Officer.....	Governor, Senate.....	From the Board.....	Member.....	2,500	Two years.....	Part time
Utah.....	Secretary.....	Elected by Board.....	From the Board.....	Member.....	4,000	Indeterminate	Full time
Vermont.....	Secretary.....	Elected by Board.....	Not specified.....	Status not changed by election	2,500 ⁴	Indeterminate	Full time
Virginia.....	State Health Commissioner	Governor.....	Not specified.....	Not member.....	3,500	Four years.....	Full time
Wisconsin.....	State Health Officer.....	Elected by Board.....	Not specified.....	Status not changed by election	3,600	Five years.....	Full time
West Virginia...	Commissioner of Health.....	Governor, Senate.....	Outside.....	Member.....	3,000 ⁵	Four years.....	Full time
Wisconsin.....	State Health Officer.....	Elected by Board.....	Not specified.....	Member.....	3,250 ⁶	Indeterminate	Full time
Wyoming.....	Secretary.....	Governor.....	From the Board.....	Member.....	200 ⁷	Four years.....	Part time

1. Also \$1,000 as registrar.
2. Fees as examiner.
3. Entitled to vote.
4. Also \$200 as registrar.
5. Also about \$500 as registrar.
6. Also about \$500 fees for licensing embalmers.
7. Also about \$300 fees for inspections.
8. Also \$1,800 for services on examining board.
9. Also a small sum as registrar's fees.

TABLE 4.—CONTROL OF COMMUNICABLE DISEASES

State	Person or Division in Charge	Executive Authority	Legislative Authority	Reports of Cases			Department in Control of Quarantine	
				From Whom Received	Frequency	Inland	Maritime	
Alabama.....	None.....	None.....	Local Health Officers	Promptly.....	Governor on advice of State Board	Federal government	
Arizona.....	Complete.....	General.....	Local Health Officers	Immediately	State Board	Federal government	
Arkansas.....	Bureau of tuberculosis only	Probably.....	General.....	Local Health Officers	Monthly.....	State Board	Federal government	
California.....	One medical inspector at \$10 per day (about \$900 a year)	Complete.....	General.....	Local Health Officers	Immediately	State Board	Federal government	
Colorado.....	On failure of local.....	None.....	Local Health Officers	Monthly.....	State Board	Federal government	
Connecticut.....	None.....	None.....	Local Health Officers	Monthly.....	Local Health Officers	Local Health Officers	
Delaware.....	Complete in incorpo- rated portions, on fail- ure in unincorporated	General.....	Physicians.....	Immediately	State Board	Local in Wilmington Federal government	
Florida.....	Seven assistants, 2 agents of State Health Officer ¹	Complete.....	General.....	Physicians.....	Immediately	State Health Officer	Federal government	
Georgia.....	In communicable dis- eases	General.....	Physician where no health officers	Promptly.....	State Board	Federal government	
Iaho.....	Epidemiologist, \$2,400; four district health officers	Complete.....	Doubtful.....	Local Health Officers	Monthly.....	State Board	Federal government	
Illinois.....	In communicable dis- eases	Doubtful.....	Local Health Officers	Immediately	State Board	Federal government	
Indiana.....	Part time of four men	Complete.....	General.....	Local Health Officers	Monthly.....	State Board	Federal government	
Iowa.....	Epidemiologist at labora- tory	Complete.....	General.....	Local Health Officers	In 24 hrs.	State Board	Federal government	
Kansas.....	Chief, \$2,400; two clerks.....	Complete.....	General.....	Local Health Officers	Immediately	State Board	Federal government	
Kentucky.....	Part time of two inspectors	Complete.....	General.....	Physicians.....	Immediately	State Board	Federal government	
Louisiana.....	Part time of one man.....	Complete.....	General.....	Local Health Officers	Weekly.....	State Board	Federal government	
Maine.....	In communicable dis- eases	General.....	Local Health Officers	Weekly.....	State Board	Federal government	
Maryland.....	Chief \$1,800, one inspector, four clerks	Very limited.....	General.....	Local Health Officers	Daily.....	State Board	Federal government	
Massachusetts.....	Director \$4,000, acting epi- demiologist \$2,000, part time of eight inspectors	Coordinate with local board of health	General, no penalty	Local Health Officers	Daily.....	Local Board of Health; Federal gov- ernment in Boston	
Michigan.....	Small part of time of 25 inspectors, five clerks	On failure of local.....	General, no penalty	Local Health Officers	Immediately	State Board	Federal government	
Minnesota.....	Director \$3,500; two field men, four clerks	Complete.....	General.....	Local Health Officers	Immediately	State Board	Federal government	
Mississippi.....	Complete.....	General.....	Local Health Officers	Monthly.....	State Board	Federal government	
Missouri.....	Perhaps in communi- cable disease	General.....	Local Health Officers	Monthly.....	State Board	Federal government	

Montana.....	Part time of one inspector	Complete.....	General.....	Local Health Officers	Monthly.....	State Board	Local Board of Health and Federal government
Nevada.....	On failure of local.....	General.....	Local Health Officers	Monthly.....	State Board
New Hampshire.....	In unincorporated portions.....	Limited.....	Local Health Officers	First case immediately.....	State Board
New Jersey.....	Bureau of communicable diseases. Chief \$2,750. One Inspector, clerks.....	On failure of local. Can compel local action.....	General.....	Physician when on dairy farm.....	Weekly.....	State Board
New Mexico.....	Director \$4,000. Part time of ten supervisors.....	Complete.....	General.....	Physicians.....	Immediately.....	State Board	Separate state department
New York.....	None.....	General.....	Local Health Officers	Monthly.....	Local Board of Health Officers	Federal government
North Carolina.....	Part time of bureau of county health work.....	On failure of local in towns.....	None.....	Local Health Officers	Monthly.....	State Board
North Dakota.....	Chief \$2,250, one epidemiologist, one clerk, small part time eight inspectors.....	Complete.....	General.....	Local Health Officers	Monthly.....	State Board
Ohio.....	Complete.....	General.....	Local Health Officers	Twice a month.....	State Board
Oklahoma.....	Complete.....	General.....	Local Health Officers	Monthly.....	State Board
Oregon.....	Part time of chief and assistant. Acts through state appointed local officers.....	Complete.....	General.....	Local Health Officers	Monthly.....	State Board	Federal government
Pennsylvania.....	Complete in townships and some boroughs, may take charge in all.....	General.....	Local Health Officers	Weekly.....	State Board	Separate state department and federal government also.
Rhode Island.....	None.....	General.....	Local Health Officers	Monthly.....	GOVERNOR may direct	Federal government in Providence.
South Carolina.....	Complete.....	General.....	Physician where no health officer.....	Monthly.....	State Board with advice of governor	Federal government
South Dakota.....	Complete.....	General.....	Local Health Officers	Immediately.....	State Board
Tennessee.....	On failure of local.....	None.....	Local Health Officers	Monthly.....	State Board
Texas.....	Very little.....	None.....	"Pestiferous" diseases by physicians.....	Monthly.....	State Board	State Board of Health and federal government
Utah.....	Coordinate with local.....	General.....	Local Health Officers	Monthly.....	State Board
Vermont.....	Part time of one man.....	Coordinate with local.....	General.....	Local Health Officers	Weekly.....	State Board
Virginia.....	Assistant of commissioner.....	Complete.....	General.....	Local Health Officers	Weekly.....	State Board
Washington.....	Epidemiologist, \$2,000.....	Complete.....	General.....	Local Health Officers	Monthly.....	State Board	Separate state department and federal government
West Virginia.....	Clerk \$900, part time of five deputies.....	Complete.....	General.....	Local Health Officers	Quarterly.....	State Board
Wisconsin.....	Complete.....	General.....	Local Health Officers	Weekly.....	State Board
Wyoming.....	None.....	General.....	Local Health Officers	Immediately.....	State Board

I. Have full charge except in a few cities.

State	Laboratory Force	Where Located	Diphtheria	Gonococcus	Fecal Worms	Malaria	Rabies	Tuberculosis	Widals	Anthrax	Plague	Wassermanns	Cerebrospinal Meningitis	Pathological	Water	Miscellaneous
Alabama.....	Chief, \$2,400; assistant, clerk, helper in chemical laboratory in chemical laboratory is state health officer no salary; students do most of work.	State Health Dept.	877	48	1,194	543	386	1,346	1,071	—	—	395	34	1,067	662	303
Arizona.....	Chief, \$3,000; 3 assistants, clerk, helper and students.	State University	+	—	—	—	+	+	+	—	—	—	—	—	—	—
Arkansas.....	Chief, \$2,000; 2 assistants, clerk, helper and students.	Medical School	39	—	431	56	42	418	122	1	—	—	6	—	239	—
California.....	Chief, \$2,500; 3 assistants, clerk, helper and students.	State University	2,928	117	9	109	327	887	929	54	2	419	4	—	429	100
Colorado.....	Chief, \$1,500, part time; 2 assistants, helper.	State Health Dept.	+	—	—	—	—	—	—	—	—	—	—	—	—	—
Connecticut.....	Chief, \$2,000; assistant, helper.	State Health Dept.	8,397	20	—	80	68	2,586	716	—	—	2,131	+	—	667	3,429*
Delaware.....	Chief, \$2,500; 3 assistants, part time; 4 assistants, 3 helpers, 2 clerks.	Delaware College	334	86	—	—	28	442	449	+	—	—	—	1,147	349	221
Florida.....	Chief, \$2,400; 1 assistant, 1 helper.	State Health Dept.	5,683	1,577	5,079	5,408	117	3,066	4,593	—	2,131	—	11	621	326	594
Georgia.....	Chief, \$2,400; 1 assistant, 1 helper.	State Health Dept.	749	114	4,433	199	319	2,120	235	—	—	142	12	—	255	412
Idaho.....	Chief, \$1,800; 1 assistant, 1 helper.	State Health Dept.	147	150	—	—	—	344	107	—	—	—	—	277	25	171
Illinois.....	Chief, \$2,000; 3 assistants, 2 helpers, 2 clerks.	State Health Dept.	875	—	—	—	—	2,328	1,199	—	—	70	—	—	—	48
Indiana.....	Chief, \$2,000; 3 assistants, 2 helpers, 2 clerks.	State Health Dept.	11,064	691	—	139	311	4,947	1,603**	—	—	—	—	865	—	1,732
Iowa.....	Chief, \$1,200; 1 assistant, 2 assistants, helper, clerk.	State University	9,886	—	—	—	25	4,014	2,725	—	—	—	18	106	78	146
Kansas.....	Chief, \$2,400; 4 assistants also \$1,500; 96.	State Health Dept.	1,380	61	—	—	13	1,882	443	—	—	—	5	—	—	100
Kentucky.....	Chief, \$1,500; 96; also \$2,500 from city.	State Health Dept.	378	271	98,622	302	99	3,597	957	—	—	—	—	377	—	—
Louisiana.....	Chief, \$1,800 (\$1,800 from city); 5 assistants, 1 clerk.	New Orleans Lab.	4,406	78	1,716	481	—	693	588	—	—	—	2,692	—	260	170
Maine.....	Chief, \$1,800; assistant, 3 helpers.	Baltimore Lab.	1,574	—	—	301	—	1,824	564	—	—	—	—	—	1,496	206
Massachusetts.....	Chief, \$2,500; 1 assistant, 1 clerk.	State Health Dept.	984	—	—	—	10	1,261	1,202	—	—	—	—	—	2,707	580
Michigan.....	Chief, \$2,800; 1 assistant, 4 clerks, 2 assistants.	State Health Dept.	6,371	139	—	59	6	2,620	1,611	—	—	13	—	—	—	293
Minnesota.....	Chief, \$2,000; 2 assistants, 2 clerks.	State University	4,353	—	—	2	3,105	778	—	—	—	—	—	227	1,132	811
Mississippi.....	Chief, \$1,800; 1 helper, part time bacteriologist.	State Health Dept.	23,761	—	2,060	—	49	2,004	3,023	—	—	—	19	—	—	530
Missouri.....	Chief, \$3,000; 1 assistant, 1 clerk.	State Health Dept.	779	—	1,142	—	+	2,039	1,902	—	—	—	—	—	+	4,029
Montana.....	Chief, \$3,000; 1 assistant, 1 clerk.	State Health Dept.	631	157	—	136	16	2,456	1,321	—	—	—	—	—	475	198
Nebraska.....	Chief, \$3,000; 1 assistant, 1 clerk.	State Health Dept.	259	3	—	—	—	182	332	—	—	—	3	—	—	3

Mo.		Contracts with manufacturers to sell at discount	Counties give to poor	19	0		Free at laboratory	0
Mont.	0				0			0
Neb.	0				248 doses	Made		0
Nev.	0				Very little			0
N. H.	5,000,000 ¹¹	Purchased	Free to poor	110	0			0
N. I.	0				0			0
N. H.	0				0			0
N. E.	76,482,000	Manufactures	Free to poor	1,300 ⁹	679 pks.	Made		0
N. Y.	9,254,000	Purchased or manufactured, sold 10% above cost	Towns give to poor	10	10,000 immunizations	Made		259
N. C.								
N. D.	0				700 ¹⁰	Made		
Ohio		Contracts with manufacturers to sell at discount	Counties give to poor		7,000 pks.			
Okla.	7,500,000 ⁸	Purchased	Free to poor			Purchased		
Ore.	0				2 or 3 in each county			
Pa.	108,445,000	Purchased	Free to poor	550	Small amount	Purchased		18
R. I.	6,145,000	Purchased	Free to poor	41	150 pks.			
S. C.	23,822,000	Purchased	Free to all	152	33,374 ampules	Purchased		286
S. D.	0							
Tenn.	0	Contracts with manufacturers to sell at discount	Counties give to poor	9	234 pks.			94
Texas	2,213,000				500 pks. per year	Made		357
Utah					0			0
Va.	2,385,50	Purchased	Free to all	68	0			0
Ya.	12,302,000	Contracts with manufacturers to sell at discount	Many towns give to poor	17	2,621 pks.			97
Wash. ..	0				13,536 c.c.	Made		
W. Va.	0				0			0
Wis.	7,602,000	Contracts with manufacturers to sell at discount	Counties give to poor	240	13,356 doses	Made		
Wyo.	0				0			0

1. Includes diphtheria, tetanus and typhoid.
 2. With local health officers.
 3. Drug stores.
 4. Includes smallpox vaccine.

5. Appropriation, 1915-16. New law.
 6. 1913. Amount slightly larger in 1914, but cost not given.
 7. 1914.

8. Appropriation for sera and vaccines
 9. With local health officers.
 10. Drug stores.
 11. Appropriation.

TABLE 7.—REGISTRATION OF VITAL STATISTICS

State	In Registration Area	Probably 90 % of Births Reported	Department in Charge	Registry				Office Force	Expenses	Model Law		Standard Certificate	
				Deaths	Births	Marriages	Divorces			Deaths	Births	Deaths	Births
Alabama.....	0	0	Health Department	+	+	+	+	Chief, \$2,400; four clerks	\$9,000	0	0	0	0
Arizona.....	0	0	Health Department	+	0	0	0	Superintendent Public Health, \$1,000 as registrar; 1 clerk	Not separated	0	0	0	0
Arkansas.....	0	0	Health Department	+	+	+	0	One clerk	3,920	+	+	+	+
California.....	+	0	Health Department	+	+	+	2	Chief, \$2,400; assistant, three stenographers	Not separated	+	+	+	+
Colorado.....	+	*	Health Department	+	+	+	0	Part time of two clerks	1,200	+	+	+	+
Connecticut.....	+	+	Health Department	+	+	+	0	Two clerks	4,800	0	0	0	0
Delaware.....	0	0	Health Department	+	+	+	+	Part time of clerk	1,994.50	+	+	+	+
Florida.....	0	0	Health Department	+	+	+	+	Chief, \$1,200	613.69	+	+	+	+
Georgia.....	0	0	Health Department	+	+	+	0	No appropriation	+	+	+	+
Idaho.....	0	0	Health Department	+	+	+	0	One clerk	800	+	+	+	+
Illinois.....	0	0	Health Department	+	+	+	0	Registrar, \$1,500; two clerks, one stenographer	Not separated	+	+	+	+
Indiana.....	+	+	Health Department	+	+	+	3	Chief, \$200; eight clerks	5,570.79	0	0	0	0
Iowa.....	0	0	Health Department	+	+	+	+	Assistant registrar, \$900; four clerks	2,842.26	0	0	0	0
Kansas.....	+	0	Health Department	+	+	+	0	Chief, \$2,400, five clerks	8,150	+	+	+	+
Kentucky.....	+	0	Health Department	+	+	+	0	Chief, \$2,400; statistician, \$1,000; nine clerks	9,886.17	+	+	+	+
Louisiana.....	0	0	Health Department	+	+	0	0	Registrar, \$1,800	894.60	+	+	+	+
Maine.....	+	+	Health Department	+	+	+	+	Four clerks	Not separated	0	0	0	0
Maryland.....	+	+	Health Department	+	0	0	0	Chief, \$2,400; five clerks, one stenographer	7,800	+	+	+	+
Massachusetts.....	+	+	Secretary of State	+	+	+	+	Nine clerks	Not available	0	0	0	0
Michigan.....	+	+	Secretary of State	+	+	+	+	Registrar, \$1,500; twelve clerks	Not available	0	0	0	0
Minnesota.....	+	0	Health Department	+	+	0	4	Assistant registrar, \$1,500; seven clerks	8,187.68	+	+	+	+

New Hampshire...	Quarterly, formerly monthly	Few	0	Lantern	0	0	Tuberculosis only	0
New Jersey	Monthly	Many	0	Few	0	0	In constant use	0
New Mexico	Monthly	Many	0	Very many	0	0	State fair	0
New York	Monthly	Many	400 papers weekly	Few	0	0	Frequent	0
North Carolina	Monthly	Many	250 papers weekly or oftener	Many	0	0	Small, county fairs	0
North Dakota	Quarterly, formerly monthly	Few	0	Lantern and slides	0	0	Social hygiene, tuberculosis	0
Ohio	Monthly	Many	0	Slides	0	0	Tuberculosis and infant welfare	0
Oklahoma	Formerly	0	400 papers weekly	Many slides	0	0	Large and small	0
Oregon	Quarterly	Few	0	Lantern and slides	0	0	State fair and car	0
Pennsylvania	Monthly	Many	1,000 weekly papers	Many slides	0	0	With Dept. of Agriculture	0
Rhode Island	Quarterly, formerly monthly	Few	0	Slides	0	0	Two cars	0
South Carolina	Formerly monthly	Few	0	Hookworm	0	0		0
South Dakota	Monthly, formerly quarterly	Very few	0	Hookworm chiefly	0	0		0
Tennessee	Quarterly (Food)	0	0	Hookworm	0	0		0
Texas	Monthly	Few	Semi-weekly Associated Press	Lantern and slides	0	0		0
Utah	Vital statistics only, monthly	Few	0	Lantern and slides	0	0		0
Vermont	Quarterly	Very few	0	Slides	0	0		0
Virginia	Monthly	Many	Weekly	Many slides	0	0		0
Washington	Quarterly, formerly monthly	Many	0	Many slides	0	0		0
West Virginia	Quarterly	Few	0	Slides	0	0		0
Wisconsin	Quarterly	Many	2	Slides	0	0		0
Wyoming	0	0	0	Very few	0	0		0

1. Required by law, no appropriation. 2. Syndicate reporters call daily.

TABLE 3.—WATER AND SEWERAGE CONTROL

State	Legislation	Filing of Plans	Division of Department of Health in Charge	Activities of Division
Alabama.....	General prohibition of pollution, health officer to abate. State Board of Health may order changes in water works and advertise neglect. Plans of new works must be approved	Engineer, \$1,560	Laboratory examined 298 samples in 1913. Waters to be analyzed quarterly.
Arizona.....	General prohibition of pollution.....
Arkansas.....	Permit for discharge of sewage or furnishing water. Cost of investigation to be paid by petitioners. Applicable to old works	Plans and description for sewerage. Description for water. 29 plans 1911-1914	Chemist also inspects sources..... Bureau organized 1915; engineer, \$4,000; chemist, \$2,100; stenographer	Laboratory examined 259 specimens. No work on water. Investigation of sewage disposal on application. Applicants pay from less than \$100 to \$600; ninety-five analyses in 1913. Appropriation, \$30,000, 1915.
California.....
Colorado.....	General prohibition of pollution.....
Connecticut.....	State Board of Health to investigate pollution. Compels operation of works. May order pollution stopped. Water plans to be approved	Plans to be filed	No bureau. Full time chemist at Wesleyan University; salary, \$2,000	Laboratory examined 77 samples in 1912. Analyzes samples from water supplies, follows up poor. Has inspected all water sheds. Is making a survey of pollution by sewerage. Analyzes from 600 to 700 samples a year.
Delaware.....
Florida.....	General prohibition of pollution. Pollution forbidden. State Board of Health to regulate disposal of sewage into deep wells. Discharge of sewage into deep wells forbidden
Georgia.....	General prohibition of pollution.....
Idaho.....	General prohibition of pollution. Water companies must supply clean water	Analyzed 285 samples in 1913. Occasionally goes out to advise and inspect. A few specimens examined in laboratory and advice given.
Illinois.....	General prohibition of pollution.....	State water survey in connection with the university. Director, engineer, consultant, engineer, two asst. engineers, chemist and bacteriologist, consultant, bacteriologist, five asst. chemists, inspector, five assistants, five clerks; bureau organized in Health Department, 1915. Engineer, \$3,500; two assistants, \$1,200; stenographer	Analyzed 249 samples in 1914. \$27,000 appropriated in 1914 for survey. Appropriation for bureau, \$11,500.

<p>Indians.....</p>	<p>Purification plants to be approved by State Board of Health. On petition may order purification or pollution stopped. May compel improved operation of works</p>	<p>.....</p>	<p>Division of food, drugs and water. One engineer-chemist; one or two assistants in winter, four in summer.</p>	<p>In 1912, analyzed 217 samples from public supplies. Investigations or surveys of a dozen plants. Survey of Wabash River with floating laboratory. Emergency of a chlorine plant. Quarterly analyses of a few supplies. Many wells examined. Chemist is supposed to analyze all public supplies monthly. Inspector makes surveys, perhaps twenty in year. The bacteriological laboratory at University also has made analyses and investigations. \$699.91 expended in year ending June 30, 1914.</p>
<p>Iowa.....</p>	<p>No statute, but by rules of Board which have the force of law the department claims to have complete control. Would secure compliance by mandamus</p>	<p>Plans must be filed and approved</p>	<p>Engineer who is member of board, inspector, stenographer. Laboratory at State University</p>	<p>First portable chlorine plant (1910). Routine inspection of all water and sewage plants. Bacterial tests of surface supplies monthly. Survey of all wells in Lawrence. Advice in regard to 89 water plants and 36 sewage plants in 1914. De- called survey of Neosho and Verdigris rivers. Located all privies. Formerly did epidemiological work. Paid in part by University. \$12,400 expended in year ending June 30, 1914.</p>
<p>Kansas.....</p>	<p>No sewage may be discharged without permit from the State Board of Health. Applicable to old works if pollution dangerous. Permit required for water works. State Board of Health may order changes in existing water and sewerage works. Penalties. Appeal to governor, attorney general and secretary State Board of Health who can grant permit to discharge sewage</p>	<p>Plans must be filed and approved</p>	<p>Bureau at State University. Three engineers, five chemists and other employees. Has its own laboratory</p>	<p>Has studied special sewage problems. One hundred to two hundred samples of water analyzed. \$2,000 expended in 1913.</p>
<p>Kentucky.....</p>	<p>No statute, but by rules of Board.....</p>	<p>Plans must be filed and approved; 25 or 30 in 1915</p>	<p>Chief sanitary inspector in charge. Engineer, \$1,800; two inspectors (part time); two analysts. Has its own laboratories, also consulting engineer</p>	<p>Has studied special sewage problems. One hundred to two hundred samples of water analyzed. \$2,000 expended in 1913.</p>
<p>Louisiana.....</p>	<p>No statute. Control is exercised through rules of the State Board of Health. Plans for water and sewerage works to be approved by the State Board of Health</p>	<p>Plans to be filed</p>	<p>Engineer at \$1,500 does much other work, small part of time on water and sewage. Analyses by food laboratory</p>	<p>Analyzes samples from public supplies quarterly, 1,144 in years 1912-1913.</p>
<p>Maine.....</p>	<p>No effective laws. Pollution forbidden</p>	<p>.....</p>	<p>The chemist of the department makes the analyses and advises Bureau organized May, 1911. Engineer and five assistants. Four district engineers.</p>	<p>Much attention given to private wells. Is going technical work of Sewerage Commission of Washington District. Six hundred to seven hundred analyses in 1912. \$25,000 appropriated in 1914.</p>
<p>Maryland.....</p>	<p>One of the most modern and strongest laws gives complete control through rules, or orders for existing, or future water, or sewerage works. None to be installed without permit. Orders may be issued for changes in construction and operation and funds must be provided as specified by the act. This section has been sustained by the court. State Board of Health may require appointment of suitable operators of works. State Board of Health may make rules</p>	<p>Plans of existing and future works to be filed</p>	<p>Plans to be filed</p>	<p>Has studied special sewage problems. One hundred to two hundred samples of water analyzed. \$2,000 expended in 1913.</p>

TABLE 9.—WATER AND SEWERAGE CONTROL—Continued.

State	Legislation	Filing of Plans	Division of Department of Health in Charge	Activities of Division
Massachusetts.....	Little direct or positive control, but legislature rarely authorize water or sewerage works except on advice of State Board of Health. Makes rules. On petition may, after hearing, order pollution stopped.		Bureau with chief engineer at \$5,000. Eleven assistants, four clerks. Laboratory chief chemist at \$4,000. Eight assistants, two clerks. Experiment station, two chemists, two bacteriologists, two assistants.	Prepared plans for Metropolitan sewerage system, Charles River improvement, Metropolitan water supply and several other large undertakings, and carried on as well as planned improvements for the well as planned improvements for the Concord, Sudbury and Neponset rivers and other undertakings. Up to 1912, 2,372 applications from towns for advice have been acted upon. Monthly analyses of principal rivers and all public water supplies. Annual examinations of sewer outlets and analyses. Analyses of effluent from sewerage works monthly. Frequent analyses of water filter effluents. In some localities examines wells. Investigates pollution of shell fish and controls talking of shell fish. Has done and is doing a large amount of experimental work. \$54,972.69 expended in 1914.
Michigan.....	State Board of Health can order changes in water and sewerage works, and make rules with penalty. Cost of investigation to be paid by petitioner. Orders to be enforced in court.	Plans to be filed of existing and future water and sewerage works.	Chief engineer, \$3,000; three assistants, two stenographers. Analyses by laboratory division.	Bureau was established in June, 1913, and has been chiefly occupied with answering requests for advice. Is studying creamery and other trade wastes. Advises about private sewage disposal. Does other engineering work. \$6,992.40 expended in year ending June 30, 1914. On request or complaint investigations and surveys are made. Keeps up supervision of treated water supplies, especially chlorine plants. Has three portable chlorin plants. Makes all investigations with own men, using portable laboratory. Investigates sewage disposal on request; follows up advice; 117 investigations of water supplies and 46 of sewage problems in 1913. Does work on trades wastes, garbage, public buildings, etc. \$15,135.26 expended year ending July 31, 1914.
Minnesota.....	No effective law. May issue orders to prevent pollution of potable waters. Makes rules with penalty.	Plans to be filed of existing and future works. No penalty. No advice at times not taken.	Division of sanitation, four engineers, chemist helper, two clerks. Some are part time and do other work. Laboratory is under division.	

Mississippi..... Missouri.....	General prohibition of pollution. Public Service Commission have power to order improvements in water works. Perhaps other powers	Public Service Commission does nothing. State Board of Health laboratory examines samples. Investigations and analyses at University also	About 400 samples in 1913. Mostly wells.
Montana.....	May make rules with penalties. New water and sewerage works and extensions to be approved. Appeal to courts. Special control of water-sheeds	Plans to be filed	Consulting engineer without pay. Laboratory work at Agricultural College. Paid for by health department. Chemist is in charge of water and sewage work	A number of river surveys have been made. Supervises chlorine plants; 836 analyses in 1913-1914.
Nebraska.....	General prohibition of pollution.....	State Board of Health bacteriologist does a little field work at local expense	Two hundred to three hundred analyses in 1914.
Nevada.....	General prohibition of pollution.....	Hygienic laboratory now prepared to undertake investigations along modern lines	Analyzes samples from all supplies once or twice a year, poor ones oftener. Survey of poor supplies. Supervise chlorine plants but not filters. Advises in regard to sewage on request. 710 samples in two years, also many samples from wells.
New Hampshire....	Approval required for sewerage or water works or extension. Makes rules with penalties. May prohibit use of supply	Plans to be filed	Chemist, \$2,000; assistant and helper. Does some food work	Samples and analyzes all water supplies quarterly. Inspects purification plants monthly. Has surveyed all supplies. Inspects suspicious ones annually. Has done much sewage work to protect occupants. In 1913, 369 water supply inspections, 80 watershed inspections, 526 sewage systems inspected. Stream pollution re-inspected 2,138, abated 948, referred to attorney General 279. 1,705 water analyses and 218 sewage analyses in 1913
New Jersey.....	Plans for water and sewerage have to be approved by State Board of Health, water plants also by Water Board and Public Utilities Board. May issue orders and enforce in courts	Plans and descriptions to be filed	Bureau of food, drugs, water and sewerage. Chief, \$3,000; six engineers, four inspectors. Chemical and bacteriological work done in general laboratory of bureau	Has surveyed 175 watersheds since 1908. In 1912, 57 examinations of water supplies completed. 252 cases of stream pollution investigated, 16 investigations of sewage systems, 2,163 matters referred to division, 2,400 chemical and 2,800 bacteriological analyses of water. \$15,006.53 expended in 1914. Emergency chlorine plant
New Mexico..... New York.....	General prohibition of pollution. Permits to discharge sewage. May order pollution stopped. Penalties. Plans for water supplies to be approved by Conservation Commission. Commissioner of health makes rules, penalties. Sewerage plans for villages to be approved. Difficult for municipalities to sell bonds unless State Department of Health approves	Certain plans to be filed	Chief, \$4,500; assistant, \$3,000; five engineers, four stenographers. Other work besides water and sewage

TABLE 9.—WATER AND SEWAGE CONTROL—Continued.

State	Legislation	Filing of Plans	Division of Department of Health in Charge	Activities of Division
North Carolina.....	Makes rules, penalty. No new water or sewerage works or extensions without approval. Inspection of watersheds required quarterly and when asked.	Plans to be filed, also of existing works if asked for	Part time of one engineer. Analyses in general laboratory.	Comparatively little is done with public supplies. Every water company pays \$64 a year, amounting to about \$6,000. Advance to thirty-three cities in 1914.
North Dakota.....	General prohibition of pollution. Forbidden to discharge sewage into lakes unless treated	State Public Health Laboratory bacteriologist makes inspections and analyses	Director of laboratory made complete water survey of state by inspection and analyses. Special studies on life of typhoid bacillus in water. Over 600 analyses in 1913. Special water investigations and advice.
Ohio.....	Permits from State Board of Health for water supplies and sewerage works or extension, State Board of Health, with approval of governor and attorney general, may order changes in existing works. Appeal to experts. May require appointment of suitable operators of works. May order construction of sewer system.	Plans to be filed	Chief, \$3,000; three engineers, three stenographers; student assistants. Analytical work in general laboratory	Has made surveys of all public supplies. Visits three or four times a year and usually takes samples. Has traveling laboratory. Has inspected many watersheds. Inspects sewerage works three or four times a year. Is making sanitary survey of state by counties with special reference to water and sewerage. 2,000 analyses. \$15,463.31 expended in 1914. Analyzed 160 samples in 1912, about half from wells.
Oklahoma.....	General prohibition of pollution. Laboratory at University to analyze samples from water supplies quarterly	Not required, but many filed	Has employed engineer to make a few special investigations. 1,563 bacteriological analyses in 1913. Large force of inspectors are making very detailed survey of all watersheds. Thousands of these plans filed. Continual supervision of watersheds. Monthly reports from all water supplies. Local analyses required. Frequent inspection of water and sewerage purification works. Much attention to private water and sewerage problems. Much other work on nuisances, general sanitation, and the epidemiology of typhoid fever. 8,873 analyses in 1913, many from wells. \$173,170.40 expended year ending May 31, 1915.
Oregon.....	General prohibition of pollution. Is testing law in court. New water and sewerage plans to be approved	Plans to be filed	Chief, \$6,000; office work, one engineer, two clerks; installations, seven engineers, eight clerks; operating section, five engineers, two clerks; stream inspection, fifty-five trained men, six clerks; design and construction, twelve engineers and draftsmen, one clerk. The stream inspectors do other work
Pennsylvania.....	No water or sewerage works shall be constructed without a permit from the commissioner of health. Latter may order abatement of pollution. Permit to discharge sewage also requires approval of governor and attorney general	Plans and descriptions to be filed of existing and proposed works must be complete. Has 20,000 plans

Rhode Island.....	Potable water to be of standard fixed by State Board of Health. Latter may order removal of pollution. Penalties. Courts may enjoin. Rule of State Board of Health forbids discharge of sewage without permission.	Chemist, who is also engineer and biologist, \$2,200. Works exclusively on water and sewage.	Monthly or bimonthly analyses of all water supplies and sewage effluents, 1,165 in 1914. Frequent inspections. \$3,864.10 expended in 1914. One hundred and fifty-one samples analyzed in 1913.
South Carolina.....	General prohibition of pollution.....	State Health Laboratory analyzes samples of water. Inspects if paid.	Forty samples analyzed in 1913.
South Dakota.....	General prohibition of pollution.	Governor to appoint inspector to enforce law to act under State Board of Health.	The State Board of Health laboratory analyzes samples.
Tennessee.....	Forbids discharge of polluting material on watershed for live stock or human beings. Offenders given three years to remove such.	Sanitary inspectors give advice.	Sixty-three analyses in 1913 in the University laboratory. Samples from all public water supplies sent in quarterly by local health officers and analyzed. In 1910-1911, 1,435 analyses. \$2,500 expended in 1913.
Texas.....	General prohibition of pollution.....	Perhaps two months' time of consulting engineer.	Investigates, analyzes samples (400 in 1913). Makes surveys and advises. Eighty-five inspections 1914. Often consulted by towns. Portable chlorine plant. \$3,000 expended in 1914.
Utah.....	State Board of Health makes rules for protection of water. May stop delivery of polluted water. May on complaint order removal of pollution. Towns to consult in regard to water and sewerage. Lakes of over 1,000 acres not to receive sewage.	To be filed on request	Sanitary inspector investigates and gives advice. Has employed engineers for large projects. Analyses by State Board of Health laboratory and by chemical laboratory of University.	In 1914, 1,151 samples of water analyzed.
Virginia.....	General prohibition of pollution.....	Engineer, \$2,500. Analyses in bacteriological laboratory.
Washington.....	General prohibition of pollution. Municipalities to enforce. May ask for injunction.	Sanitary inspector investigates and gives advice. Has employed engineers for large projects. Analyses by State Board of Health laboratory and by chemical laboratory of University.
West Virginia.....	General prohibition of pollution.....	Hygienic laboratory at University does a little work. Engineer, \$2,000 in Health Department.
Wisconsin.....	Plans for sewerage and water works to be approved by State Board of Health. On complaint State Board of Health to investigate and with approval of governor may issue orders in regard to sewerage. Appeal to experts. May forbid use of dangerous water.	Plans and descriptions to be filed. 300 on file	Part time consulting engineer. Much work done by chemist.	Chemist is out two or three days a month on water and sewage inspection. About 400 sewage analyses and 900 water analyses in a year. Half of latter from private wells.
Wyoming.....	General prohibition of pollution.

June 30, 1915	Oklahoma.....	32,706.00 ^s	1.61	5,300.00	2,400.00	12,500.00	5,000.00	7,500.00	5,000.00 ^s
Sept. 30, 1914	Oregon.....	14,186.00 ^{s2}	1.78	394,00 ^{s3}	2,112.00 ^{s5}
May 31, 1915	Pennsylvania.....	1,047,481.69 ^{s6}	12.70	97,759.55	31,960.70	21,309.81	175,170.40	5,000.00	7,500.00	5,000.00 ^{s4}
Dec. 31, 1914	Rhode Island.....	18,569.18	3.14	4,898.09	1,000.00	5,029.08	3,854.10	396,335.30 ^{s8}	2,648.00	721.75 ^s
Dec. 31, 1914	South Carolina...	36,112.52 ^{s9}	2.27	9,376.35	1,500.00	4,425.13	223.16	9,384.75 ^{s0}	1,500.00 ^{s2}
June 30, 1915	South Dakota.....	9,230.00	1.43	3,500.00 ^{s2}	6,306.37 ^{s1}
Dec. 17, 1914	Tennessee.....	16,552.49	0.73	1,800.00	10,600.00 ^{s3}
Aug. 31, 1914	Texas.....	43,200.00	1.13	2,700.00	500.00 ^{s4}	2,385.50 ^{s6}	5,800.00 ^{s7}
Nov. 30, 1914	Utah.....	12,150.00 ^s	2.98	1,250.00	15,000.00 ^{s5}	2,500.00 ^{s6}	2,000.00 ^{s8}
Dec. 31, 1913	Vermont.....	33,385.50	9.27	2,000.00 ^{s9}
Sept. 30, 1914	Virginia.....	45,000.00 ^{s7}	2.09	12,500.00	10,000.00	5,500.00	3,000.00	4,500.00 ^{s1}
July 31, 1914	Washington.....	15,570.99	1.08	5,456.07	3,292.73	2,510.59	3,672.98	6,000.00 ^{s9}
June 30, 1915	West Virginia...	14,000.00 ^{s2}	1.02	3,500.00 ^{s2}
June 30, 1914	Wisconsin.....	36,206.68 ^{s2}	1.36	4,533.32	6,411.50	8,000.00 ^{s2}	397.62 ^s
Sept. 30, 1914	Wyoming.....	2,100.00	1.24	193.84	8,404.34 ^{s3}	3,458.64 ^{s4}
												7,293.99 ^{s5}

1. State University appropriates \$400 of this. Remainder is special appropriation, mostly food work.

2. One-half of appropriation for biennial period ending March 31, 1915.

3. Tuberculosis.

4. Buboic plague.

5. Rabies treatment.

6. Sanitary inspections.

7. Registration of nurses.

8. Appropriation.

9. Education.

10. Veterinary division.

11. Crippled children.

12. Antitoxin.

13. Appropriation in part special and in part by University.

14. Lodging house inspection, Chicago.

15. Examination of physicians, midwives, em-balmers.

16. Water laboratory.

17. Weights and measures.

18. Half of expenses for biennial period, June 30, 1914.

19. Examination of physicians.

20. Examination of embalmers.

21. Hotel inspection.

22. Examination of optometrists.

23. Examination of nurses.

24. \$1,000 provided by State University.

25. \$2,000 provided by University, \$2,000 pro-vided by State Agricultural College.

26. \$10,400 provided by University.

27. Special medical, school hygiene depart-ment, hospital and sanitary inspection, printing, general sanitation.

28. Chemical laboratory.

29. Health train and moving pictures.

30. Also examines water chemically, and dairy products for department of agriculture.

31. Meat inspection.

32. Cold storage.

33. Poliomylitis.

34. Ophthalmia.

35. Supervision of local work.

36. Examination of plumbers.

37. Water and sewage laboratory.

38. Municipal sanitation.

39. Rocky Mountain fever.

40. Also chemical laboratory.

41. Oremeries and dairies.

42. Shell fish protection.

43. Contagious diseases of animals.

44. Tuberculosis exhibit.*

45. Also the Health Department expends \$20,000 for tuberculosis.

46. Mochy education.

47. Hookworm.

48. Bureau of county health work.

49. Education and tuberculosis.

50. Plumbing inspection.

51. Occupational diseases.

52. Approximately.

53. Special fund.

54. Sex hygiene special fund.

55. School inspection.

56. Also the health department expends \$449,451.16 for the construction of sanatoria for tuberculosis and \$734,390.91 for maintenance.

57. Includes supervision.

58. Tuberculosis division, dispensaries.

59. Also the health department expends \$10,000 for construction of tuberculosis camp.

60. Diphteria antitoxin.

61. Smallpox vaccine.

62. Provided by University.

63. Exhibit car.

64. Printing only.

65. Includes chemical laboratory.

66. Not charged to health department appro- priation.

67. School for health officers.

68. Inspection and supervision.

69. Tuberculosis education.

70. Also the health department expends \$45,000 for maintenance of tuberculosis san-a-torium.

71. Rural sanitation.

72. Bureau of inspections.

73. Deputy health officers also largely occu-pied with sanitary inspection.

74. Hotel inspection Jan. 1 to June 30, 1914.

75. Plumbing division, Aug. 28, 1913 to June 30, 1914.

