It is the position of the American Speech-Language-Hearing Association that audiologists and speech-language pathologists incorporate the principles of evidence-based practice in clinical decision making to provide high quality clinical care. The term evidence-based practice refers to an approach in which current, high-quality research evidence is integrated with practitioner expertise and client preferences and values into the process of making clinical decisions.

Participants are encouraged to actively seek and critically evaluate the evidence basis for clinical procedures presented in this and other educational programs.

*Adopted by the Scientific and Professional Education Board, April 2006*
INTRODUCTION

This issue of Perspectives focuses on the management of bothersome tinnitus. Fagelson provides a rationale for establishing interprofessional teams and referral networks and the need to prepare audiologists confident in counseling and interprofessional collaboration. Husain, Tai, and Finnegan briefly review literature on the emotional underpinnings of chronic bothersome tinnitus and the emerging evidence regarding therapies that focus on psychological or mental health by incorporating a “mindfulness” aspect, cognitive-behavioral methodology or an exercise regimen for the management of tinnitus symptoms. Newman and Sandridge describe components of an integrated care path developed at the Cleveland Clinic for patients in their Tinnitus Management Clinic (TMC) and demonstrate how interprofessional collaborative clinical practice may be incorporated to achieve best practice outcomes. Wise and Ma review apps currently marketed for smartphones to manage tinnitus symptoms and address the need for research to support their efficacy.

LEARNING OUTCOMES

You will be able to:

- summarize the rationale and priorities when establishing interprofessional teams and referral networks to serve patients with bothersome tinnitus
- describe non-auditory based interventions for tinnitus such as physical activity, mindfulness-based, and cognitive therapies
- describe the sequencing of clinical activities of a sample care path designed to manage tinnitus
- discuss the need for research to evaluate the efficacy of tinnitus apps as a therapeutic option

PROGRAM HISTORY

Start date: October 1, 2016
Available through: July 30, 2019

IMPORTANT INFORMATION

To earn continuing education credit, you must complete the test with a passing score on or before July 27, 2019.

To see if this program has been renewed after this date, please search by title in ASHA’s online store at www.asha.org/shop.

This course is offered for 0.25 ASHA CEUs (Intermediate level, Related area).