It is the position of the American Speech-Language-Hearing Association that audiologists and speech-language pathologists incorporate the principles of evidence-based practice in clinical decision making to provide high quality clinical care. The term evidence-based practice refers to an approach in which current, high-quality research evidence is integrated with practitioner expertise and client preferences and values into the process of making clinical decisions.

Participants are encouraged to actively seek and critically evaluate the evidence basis for clinical procedures presented in this and other educational programs.

Adopted by the Scientific and Professional Education Board, April 2006

ASHA Self-Study 2031 SIG 3
INTRODUCTION

This issue of Perspectives includes the latest updates on the treatment of severe muscle tension dysphonia; behavioral management of paradoxical vocal fold motion; the use of semi-occluded vocal tract exercises in voice therapy; a comparison of commercially available devices for ambulatory monitoring of voice; the establishment of healthy chest register in young singers; the use of singing as a therapeutic modality within the context of voice therapy; and the protocol for an intensive voice therapy program instituted in Brazil. This issue is part of a two-part series focusing specifically on effective treatment and monitoring practices across a wide range of voice disorders.

LEARNING OUTCOMES

You will be able to:

- identify strategies to unload hyperfunction in muscle tension disorders
- describe common approaches to evaluation and management of paradoxical vocal fold motion
- explain several types of semi-occluded vocal tract exercises that can be implemented during voice therapy
- discuss the clinically salient differences among commercially available voice ambulatory monitors
- list methods for establishing healthy chest register singing training for children
- describe the role of singing voice exercises within the context of a direct voice therapy program
- identify which clinical cases might benefit from an intensive voice training program

PROGRAM HISTORY

Start date: July 1, 2014
Available through: April 30, 2017

IMPORTANT INFORMATION

To earn continuing education credit, you must complete the test with a passing score on or before April 30, 2017.

To see if this program has been renewed after this date, please search by title in ASHA’s online store at www.asha.org/shop.

This course is offered for 0.25 ASHA CEUs (Intermediate level, Professional area).