Stuttering Intervention for Children: Modifications to Two Common Programs

INTRODUCTION

Stuttering is a particularly challenging speech disorder that can have a significant impact on a child’s self-esteem, social interactions, and academic success. Many treatment programs and techniques exist to address stuttering, and clinicians are always looking for new and better ways to help children with this disorder. This journal self-study explores the use of two specific programs – the Lidcombe and Camperdown programs – in modified situations. Articles examine the Lidcombe Program, designed for younger (preschool and some school-age) children, and discuss how clinicians can adapt the program for use in groups and for webcam delivery. A third article explores the factors that may best predict treatment time and long-term outcomes. The Camperdown Program, a treatment more often used for teens, is studied as a telehealth application to determine outcomes and child and parent reactions. SLPs working with children who stutter will benefit from a better understanding of how these programs work and how they can be adapted for more resource-efficient treatment.

LEARNING OUTCOMES

You will be able to:

• explain the basic components of the Lidcombe and Camperdown programs for stuttering treatment
• discuss the benefits of providing stuttering treatment via telehealth
• compare outcomes from group treatment to those found with individual stuttering treatment
• describe how stuttering severity affects treatment duration and outcomes

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Predicting Treatment Time and Long-Term Outcome of the Lidcombe Program: A Replication and Reanalysis, by Barry Guitar, Danra Kazenski, Alan Howard, S. Freddie Cousins, Elena Fader, and Piper Haskell......................... CE-20

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ASHA Self-Study WEB2750
PROGRAM HISTORY and IMPORTANT INFORMATION

Articles originally published in ASHA’s scholarly journals
Original start date: July 4, 2016
Peer reviewed: April 30, 2017
End date: April 30, 2022

To earn continuing education credit, you must complete the test with a passing score on or before April 30, 2022.

This course is offered for 0.35 ASHA CEUs (Intermediate level, Professional area).