Concepts in Voice Therapy

INTRODUCTION

Individuals with voice disorders present with a variety of symptoms that require both direct and indirect interventions, often from many disciplines. Behavioral treatment from SLPs has been shown to be both a useful adjunct to medical intervention and an effective primary treatment, depending upon the specific causes and symptoms each individual experiences. This journal self-study addresses issues in voice therapy, starting with an attempt to develop a classification system that captures all of the nuances of voice treatment so that researchers, clinicians, and others involved in treating voice issues can describe what occurs during treatment and identify how those components influence treatment outcomes. Additional articles contribute to the knowledge base of voice treatment by addressing the efficacy of long-used techniques such as phonation through thin tubes and straws, determining the state of the evidence for a specific voice disorder—paradoxical vocal fold motion, studying ways to improve adherence to voice treatment, and exploring the use of mobile biofeedback for learning and carryover. Clinicians treating individuals with voice disorders will benefit from this research that provides insight into the effectiveness of what they do and encourages new ways of thinking about and approaching treatment.

LEARNING OUTCOMES

You will be able to:

- Describe how the development of a taxonomy of voice therapy will benefit both research and practice
- Explain the state of the research for treatment of paradoxical vocal fold motion
- Apply knowledge of treatment techniques such as flow-resistant tubes and biofeedback to current and future patients/clients
- Explain how social-cognitive factors influence patient self-efficacy and treatment outcomes

CONTENTS


A Randomized Controlled Trial of Two Semi-Occluded Vocal Tract Voice Therapy Protocols, by Mara R. Kapsner-Smith, Eric J. Hunter, Kimberly Kirkham, Karin Cox, and Ingo R. Titze .................................................................................................................. CE-26

Evidence-Based Systematic Review: Effects of Speech-Language Pathology Treatment for Individuals with Paradoxical Vocal Fold Motion, by Rita R. Patel, Rebecca Venediktov, Tracy Schooling, and Beverly Wang ................................................ CE-41

Supplemental Materials ........................................................................................................ CE-60

ASHA Self-Study WEB2650
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Predicting and Influencing Voice Therapy Adherence Using Social–Cognitive Factors and Mobile Video, by Eva van Leer and Nadine P. Connor.................................CE-118


PROGRAM HISTORY and IMPORTANT INFORMATION

Articles originally published in American Journal of Speech-Language Pathology

Original start date: September 7, 2015
Peer reviewed: October 3, 2017
End date: October 3, 2022

To earn continuing education credit, you must complete the test with a passing score on or before October 3, 2022.

Approved Provider

This course is offered for 0.5 ASHA CEUs (Intermediate level, Professional area).