Concepts in Voice Therapy

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EVIDENCE-BASED PRACTICE

It is the position of the American Speech-Language-Hearing Association that audiologists and speech-language pathologists incorporate the principles of evidence-based practice in clinical decision making to provide high-quality clinical care. The term evidence-based practice refers to an approach in which current, high-quality research evidence is integrated with practitioner expertise and client preferences and values into the process of making clinical decisions.

Participants are encouraged to actively seek and critically evaluate the evidence basis for clinical procedures presented in this and other educational programs.

Adopted by the Scientific and Professional Education Board, April 2006

ASHA Self-Study 2650
INTRODUCTION

Individuals with voice disorders present with a variety of symptoms that require both direct and indirect interventions, often from many disciplines. Behavioral treatment from SLPs has been shown to be both a useful adjunct to medical intervention and an effective primary treatment, depending upon the specific causes and symptoms each individual experiences. This journal self-study addresses issues in voice therapy, starting with an attempt to develop a classification system that captures all of the nuances of voice treatment so that researchers, clinicians, and others involved in treating voice issues can describe what occurs during treatment and identify how those components influence treatment outcomes. Additional articles contribute to the knowledge base of voice treatment by addressing the efficacy of long-used techniques such as phonation through thin tubes and straws, determining the state of the evidence for a specific voice disorder—paradoxical vocal fold motion, studying ways to improve adherence to voice treatment, and exploring the use of mobile biofeedback for learning and carryover. Clinicians treating individuals with voice disorders will benefit from this "hot off the presses" research that provides insight into the effectiveness of what they do and encourages new ways of thinking about and approaching treatment.

LEARNING OUTCOMES

You will be able to:

- Describe how the development of a taxonomy of voice therapy will benefit both research and practice
- Explain the state of the research for treatment of paradoxical vocal fold motion
- Apply knowledge of treatment techniques such as flow-resistant tubes and biofeedback to current and future patients/clients
- Explain how social-cognitive factors influence patient self-efficacy and treatment outcomes

PROGRAM HISTORY and IMPORTANT INFORMATION

Articles originally published in ASHA’s scholarly journals

Start date: September 7, 2015
Available through: January 8, 2018

To earn continuing education credit, you must complete the test with a passing score on or before January 8, 2018.

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