Evaluating Feeding and Swallowing Disorders in Infants and Children

INTRODUCTION

This video course presents systematic, evidence-based strategies for carrying out a comprehensive evaluation of infants and children who demonstrate signs of dysphagia and/or broader feeding problems. The course includes detailed discussion and strategies for collecting a child’s relevant history and conducting a physical examination and feeding observation. With a focus on function, the course offers guidance on interpreting evaluation findings and making optimal recommendations for next steps that promote functional outcomes. Video clips of professionals and caregivers working with infants and children, as well as discussion of case studies, enhance the learning experience.

LEARNING OUTCOMES

You will be able to:

- carry out a systematic evaluation, being attentive to underlying factors that include airway, nutrition, GI tract, oral sensorimotor skills, and family interactions
- list possible recommendations upon completion of initial and follow-up evaluations
- state the rationale for a “whole child” approach

CONTENTS

Video
Introduction .......................................................................................................................... 3 min.
Overview ............................................................................................................................ 10 min.
Etiologies and Range of Diagnostic Groups .................................................................... 52 min.
Dysphagia and Eosinophilic Esophagitis ........................................................................ 11 min.
Questions for Parents .................................................................................................... 11 min.
Clinical Feeding/Swallowing Evaluations ..................................................................... 50 min.
The Decision-Making Process: A Case Study Approach .............................................. 75 min.

Handouts
Workbook: Outline and Space for Note-Taking
References
Additional Resources
    Clinic/Bedside Oral-Sensorimotor Feeding Assessment Worksheet
    Feeding Observation
    Videofluoroscopic Swallow Study (VFSS)
    The Food Rules
    Guidelines for Spoon Feeding
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Guidelines for Cup Drinking
Oral Stimulation for Infants
Patient/Family Educational Materials
Pediatric Swallowing and Feeding: Selected References

PROGRAM HISTORY AND IMPORTANT INFORMATION

Original recording date: October 27, 2017
End date: October 28, 2021

To earn continuing education credit, you must complete the learning assessment on or before October 28, 2021.

This course is offered for 0.35 ASHA CEUs (Intermediate level, Professional area).