Assessment and Treatment of Dysphagia in Older Adults

INTRODUCTION

This course includes five recorded sessions from the 2017 online conference “Dysphagia in Older Adults.” These sessions focus on assessment and treatment strategies to optimize outcomes for older adults with dysphagia. The conference included a total of 13 sessions, with the broad goal of giving clinicians new, evidence-based strategies for improving overall quality of life for older adults.

LEARNING OUTCOMES

You will be able to:

- state how three physiologic systems change over the life span and how these likely affect swallowing function
- write long- and short-term goals that reflect the objectives and approaches for patients receiving dysphagia services in a palliative care context
- adapt dysphagia assessment protocols for older adults
- identify and describe a variety of exercise-based interventions and explain their intended effects
- select treatment options and the supporting evidence to assist in determining the most appropriate plan of care for people with dementia who have difficulty eating or swallowing

CONTENTS

- Managing Dysphagia in Older Adults: Essential Knowledge and Skills, by James L. Coyle, PhD, CCC-SLP, BCS-S (80 minutes)
- Dysphagia Assessment and Management in Palliative Care, by Kate Krival, PhD, CCC-SLP, and Brenda Arend, MA, CCC-SLP (90 minutes)
- Presbyphagia: Improving Assessment Practices for Older Adults, by Luis F. Riquelme, PhD, CCC-SLP, BCS-S (76 minutes)
- Exercise-Based Dysphagia Interventions in Older Adults, by Heather Clark, PhD, CCC-SLP (56 minutes)
- Optimizing Eating and Swallowing for People With Dementia, by Jeanette Benigas, PhD, CCC-SLP (57 minutes)
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PROGRAM HISTORY AND IMPORTANT INFORMATION

End date: May 3, 2022

To earn continuing education credit, you must complete the learning assessment on or before May 3, 2022.

This course is offered for 0.6 ASHA CEUs (Intermediate level, Professional area).