Assessment and Treatment of Dysphagia in Older Adults

INTRODUCTION

This course includes five recorded sessions from the 2017 online conference “Dysphagia in Older Adults.” These sessions focus on assessment and treatment strategies to optimize outcomes for older adults with dysphagia. The conference included a total of 13 sessions, with the broad goal of giving clinicians new, evidence-based strategies for improving overall quality of life for older adults.

LEARNING OUTCOMES

You will be able to:

- state how three physiologic systems change over the life span and how these likely affect swallowing function
- write long- and short-term goals that reflect the objectives and approaches for patients receiving dysphagia services in a palliative care context
- adapt dysphagia assessment protocols for older adults
- identify and describe a variety of exercise-based interventions and explain their intended effects
- select treatment options and the supporting evidence to assist in determining the most appropriate plan of care for people with dementia who have difficulty eating or swallowing

CONTENTS

- Managing Dysphagia in Older Adults: Essential Knowledge and Skills, by James L. Coyle, PhD, CCC-SLP, BCS-S
- Dysphagia Assessment and Management in Palliative Care, by Kate Krival, PhD, CCC-SLP, and Brenda Arend, MA, CCC-SLP
- Presbyphagia: Improving Assessment Practices for Older Adults, by Luis F. Riquelme, PhD, CCC-SLP, BCS-S
- Exercise-Based Dysphagia Interventions in Older Adults, by Heather Clark, PhD, CCC-SLP
- Optimizing Eating and Swallowing for People With Dementia, by Jeanette Benigas, PhD, CCC-SLP

PROGRAM HISTORY AND IMPORTANT INFORMATION

End date: May 4, 2020

ASHA Self-Study 17814
Assessment and Treatment of Dysphagia in Older Adults

To earn continuing education credit, you must complete the learning assessment on or before May 4, 2020.

To see if this program has been renewed after this date, please search by title in ASHA’s online store at www.asha.org/shop.

This course is offered for 0.6 ASHA CEUs (Intermediate level, Professional area).

STATEMENT ON EVIDENCE-BASED PRACTICE

It is the position of the American Speech-Language-Hearing Association that audiologists and speech-language pathologists incorporate the principles of evidence-based practice in clinical decision making to provide high-quality clinical care. The term evidence-based practice refers to an approach in which current, high-quality research evidence is integrated with practitioner expertise and client preferences and values into the process of making clinical decisions.

Participants are encouraged to actively seek and critically evaluate the evidence basis for clinical procedures presented in this and other educational programs.

Adopted by the Scientific and Professional Education Board, April 2006