Assessment and Treatment of Dysphagia in Older Adults

FACULTY

Brenda Arend, MA, CCC-SLP, attended Washington State University. She has almost 30 years of experience working in a wide variety of settings with both children and adults. She was a member and panel chair of the Western Institutional Review Board (WIRB) for 12 years. Currently, she works in the acute care setting at Providence St. Peter Hospital in Olympia, Washington, and also serves on the hospital ethics board. Arend has particular interests in dysphagia, ethics, and end-of-life care.

Financial Disclosures:
- Speech-language pathologist in acute care at Providence St. Peter Hospital
- Financial compensation from ASHA for this presentation

Nonfinancial Disclosures:
- Member of the Ethics Board at Providence St. Peter Hospital
- Has worked with palliative care services for 7 years

Jeanette E. Benigas, PhD, CCC-SLP, practices privately as a speech-language pathologist. Her extensive clinical experience has included work with adults in the post-acute, long-term care, and home health settings. Benigas’ research interests include improving quality of life for persons with dementia, specifically those who have difficulties eating and swallowing. Her research has incorporated the use of spaced retrieval to teach swallowing strategies so that individuals with dementia can avoid unwanted dietary modifications. She has traveled nationally to speak with other SLPs and is a former professor. Benigas received a master's degree in speech-language pathology from Eastern Michigan University and a doctorate in speech and hearing science with an interdisciplinary specialization in aging from The Ohio State University. She is the coauthor of Spaced Retrieval Step by Step: An Evidence-Based Memory Intervention.

Financial Disclosures:
- Speech-language pathologist in private practice
- Author royalties from Northern Speech Services
- Financial compensation from ASHA for this presentation

Nonfinancial Disclosures:
- No nonfinancial relationships to the content of this presentation

Heather Clark, PhD, CCC-SLP, is chair of speech pathology in the Department of Neurology at the Mayo Clinic in Rochester, Minnesota. Her clinical responsibilities include differential diagnosis of communication and swallowing disorders in adults and children. Over the past 20 years, her research has included a review of neuromuscular treatments, drawing heavily from the literature of related disciplines, including exercise physiology and physical rehabilitation. Through review of the neuromuscular physiology of the speech and swallowing musculature, Clark continues to explore the application of neuromuscular treatments to dysarthria and neurogenic dysphagia.

Financial Disclosures:
- Chair of speech pathology in the Department of Neurology at the Mayo Clinic
- Royalties from Pro-ed

ASHA Self-Study WEB17014
Assessment and Treatment of Dysphagia in Older Adults

- Research funding from National Institute of Neurological Disorders and Stroke and National Institute on Deafness and Other Communication Disorders
- Financial compensation from ASHA for this presentation

Nonfinancial Disclosures:
- Member of ASHA Special Interest Group 13
- Member of the Dysphagia Research Society

James L. Coyle, PhD, CCC-SLP, BCS-S, teaches, conducts research, and trains SLP master’s and doctoral students in the departments of Communication Science and Disorders and Otolaryngology at the University of Pittsburgh and co-developed the medical SLP clinical doctorate program. He is an ASHA Fellow and teaches nationally and internationally on issues related to diagnosis and management of oropharyngeal dysphagia in adults and the integration of disease pathophysiology in the management of swallowing disorders. Coyle is Board Certified by the American Board of Swallowing Disorders. He sees patients regularly and is currently funded by NIH to investigate and develop dysphagia screening instrumentation. He is concerned about the growth of the breadth of the professional mandate in health care settings, in light of the inability of educational programs to provide the necessary development of skill and education in these emerging areas to the level needed in modern health care settings.

Financial Disclosures:
- Associate professor at the University of Pittsburgh
- Financial compensation from ASHA for this presentation

Nonfinancial Disclosures:
- No nonfinancial relationships to the content of this presentation

Kate Krival, PhD, CCC-SLP, has been practicing since 1985 as a speech-language pathologist. In 2007, she earned a PhD in Communication Sciences and Disorders with a focus in Medical Speech Pathology from the University of Cincinnati. Today, she is an associate professor at Edinboro University of Pennsylvania. She teaches graduate and undergraduate courses in anatomy, neuroscience, counseling, dysphagia, and voice and is particularly interested in clinical decision-making in medical speech-language pathology. Because of her work in several palliative care settings and her experiences as a family member of a patient in palliative care, Krival has a particular interest in working to promote the integration of ethical standards and participation outcomes into clinical decision-making at all stages of palliation.

Financial Disclosures:
- Associate professor at Edinboro University of Pennsylvania
- Financial compensation from ASHA for this presentation

Nonfinancial Disclosures:
- Father was a patient of palliative care from 2007-2010

Luis F. Riquelme, PhD, CCC-SLP, BCS-S, is an associate professor at New York Medical College and the director of Barrique Speech-Language Pathology at New York-Presbyterian Brooklyn Methodist Hospital. He obtained his MS from Columbia University

ASHA Self-Study WEB17014
Assessment and Treatment of Dysphagia in Older Adults

and completed his PhD at The Graduate Center of the City University of New York. Riquelme is currently chair of the American Board of Swallowing and Swallowing Disorders and a board member of the International Dysphagia Diet Standardisation Initiative (IDDSI). He is a past chair of the New York State Board on Speech-Language Pathology and Audiology and past president of the New York State Speech-Language-Hearing Association. He is also past chair of the ASHA Multicultural Issues Board and the recipient of the 2006 Certificate of Recognition for Special Contributions in Multicultural Affairs of ASHA. In 2009, he was recognized as a Fellow of ASHA. He has presented nationally and internationally on topics related to dysphagia, quality improvement, multiculturalism, bilingualism, and leadership. Riquelme has also authored articles on cultural competence, dysphagia, community education with healthy elders, and professional issues.

Financial Disclosures:

- Associate professor at New York Medical College
- Director of Barrique Speech-Language Pathology at New York-Presbyterian Brooklyn Methodist Hospital
- Financial compensation from ASHA for this presentation

Nonfinancial Disclosures:

- Chair of the American Board of Swallowing and Swallowing Disorders (AB-SSD)
- Board member of the International Dysphagia Diet Standardisation Initiative (IDDSI)