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## Considerations in Dysphagia Management

### INTRODUCTION

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This journal self-study course explores some considerations that SLPs who work with specialized patient populations in various health care settings face in dysphagia management. Articles discuss instituting dysphagia exercise programs for patients with amyotrophic lateral sclerosis; the injury process and acute care management of individuals with dysphagia due to chemical ingestion; and preliminary evidence concerning new speaking valve technology for patients living with tracheostomy. The final article evaluates from a legal perspective the common practice of encouraging patients who decline dietary restrictions to sign waivers of liability.

### LEARNING OUTCOMES

*You will be able to:*

- state theoretical and empirical rationales for implementing an exercise regimen for patients with dysphagia secondary to amyotrophic lateral sclerosis
- explain the nature of injury and management strategies for individuals with dysphagia from chemical ingestion
- describe a new speaking valve technology with potential to enhance quality of life for patients with tracheostomy
- define legal and ethical terminology relevant to dysphagia management and critique the practice of requiring waivers of liability

### CONTENTS

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<i>Is There a Role for Exercise in the Management of Bulbar Dysfunction in Amyotrophic Lateral Sclerosis?</i> by Emily K. Plowman .....	CE-1
<i>The Challenges of Dysphagia Management and Rehabilitation in Two Complex Cases Post Chemical Ingestion Injury</i> , by Anna F. Rumbach, Rebecca Cremer, Astra Chatwood, Sari Fink, Sadaf Haider, and Michelle Yee .....	CE-17
<i>Experimental Assessment and Future Applications of the Shikani Tracheostomy Speaking Valve</i> , by Alan H. Shikani, Andrew C. Miller, and Elamin M. Elamin .....	CE-28
<i>Consent, Refusal, and Waivers in Patient-Centered Dysphagia Care: Using Law, Ethics, and Evidence to Guide Clinical Practice</i> , by Jennifer Horner, Maria Modayil, Laura Roche Chapman, and An Dinh .....	CE-34

## PROGRAM HISTORY and IMPORTANT INFORMATION

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Articles originally published in ASHA's scholarly journals

**Start date:** June 9, 2017

**Available through:** December 18, 2018

To earn continuing education credit, you must complete the test with a passing score on or before **December 18, 2018**.

To see if this program has been renewed after this date, please search by title in ASHA's online store at [www.asha.org/shop](http://www.asha.org/shop).



**ASHA Professional Development** is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 0.35 ASHA CEUs (Intermediate level, Professional area).

## STATEMENT ON EVIDENCE-BASED PRACTICE

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It is the position of the American Speech-Language-Hearing Association that audiologists and speech-language pathologists incorporate the principles of evidence-based practice in clinical decision making to provide high-quality clinical care. The term *evidence-based practice* refers to an approach in which current, high-quality research evidence is integrated with practitioner expertise and client preferences and values into the process of making clinical decisions.

Participants are encouraged to actively seek and critically evaluate the evidence basis for clinical procedures presented in this and other educational programs.

*Adopted by the Scientific and Professional Education Board, April 2006*