



## AMERICAN SOUTHWEST CONFERENCE Track and Field Championship Records 1997-2012

### Men

|                      |                                             |                     |      |                              |
|----------------------|---------------------------------------------|---------------------|------|------------------------------|
| <b>100m Dash</b>     | Wilmer Ray                                  | Howard Payne        | 1997 | 10.24                        |
| <b>200m Dash</b>     | Chris Rodgers                               | McMurry             | 2001 | 20.51                        |
| <b>400m Dash</b>     | John Mikalik                                | McMurry             | 2007 | 48.06                        |
| <b>100m Hurdles</b>  | Al Winsley                                  | Mississippi College | 2009 | 13.93                        |
| <b>400m Hurdles</b>  | Junior Saint Preux                          | McMurry             | 2012 | 53.74                        |
| <b>800m Run</b>      | Ben Donnan                                  | Texas-Tyler         | 2009 | 1:51.80                      |
| <b>1500m Run</b>     | Amos Davidson                               | McMurry             | 2007 | 4:01.20                      |
| <b>5000m Run</b>     | Warren Brown                                | Texas-Tyler         | 2009 | 15:47.42                     |
| <b>10000m Run</b>    | Warren Brown                                | Texas-Tyler         | 2009 | 32:00.90                     |
| <b>3000m Steeple</b> | Todd Neer                                   | McMurry             | 2007 | 9:53.35                      |
| <b>4x100m Relay</b>  | McMurry (Green, Ollison, Mikalik, Kelley)   |                     | 2007 | 40.57                        |
| <b>4x400m Relay</b>  | McMurry (Mikalik, Davidson, Figgs, Ollison) |                     | 2006 | 3:15.97                      |
| <b>Long Jump</b>     | Gavan Bass                                  | McMurry             | 2012 | 7.51 (24-7 $\frac{3}{4}$ )   |
| <b>Triple Jump</b>   | Al Winsley                                  | Mississippi College | 2009 | 15.64 (51-3 $\frac{3}{4}$ )  |
| <b>High Jump</b>     | Al Winsley                                  | Mississippi College | 2007 | 2.16 (7-1)                   |
| <b>Shot Put</b>      | Paul Davis                                  | McMurry             | 2012 | 18.17 (59- 7 $\frac{1}{2}$ ) |
| <b>Javelin</b>       | Cale Melton                                 | McMurry             | 2002 | 61.62 (202-2)                |
| <b>Discus</b>        | Jon Riddlehoover                            | McMurry             | 1997 | 50.77 (166-7)                |
| <b>Hammer</b>        | Jerrold Cook                                | McMurry             | 2002 | 55.44 (181-11)               |
| <b>Pole Vault</b>    | Brad Parris                                 | McMurry             | 2000 | 5.38 (17-7 $\frac{3}{4}$ )   |



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### Women

|                      |                                                      |                     |      |                 |
|----------------------|------------------------------------------------------|---------------------|------|-----------------|
| <b>100m Dash</b>     | Talitha Belcher                                      | McMurry             | 2001 | 11.83           |
| <b>200m Dash</b>     | Talitha Belcher                                      | McMurry             | 2001 | 24.01           |
| <b>400m Dash</b>     | Staci Jackson                                        | Texas Lutheran      | 2008 | 55.83           |
| <b>100m Hurdles</b>  | Yvonne Silva                                         | McMurry             | 2001 | 14.18           |
| <b>400m Hurdles</b>  | Ashley Huston                                        | Hardin-Simmons      | 2009 | 1:03.85         |
| <b>800m Run</b>      | Megan Wagenaar                                       | Concordia           | 2012 | 2:17.68         |
| <b>1500m Run</b>     | Maloree Kendall                                      | Hardin-Simmons      | 2011 | 4:52.91         |
| <b>3000m Run</b>     | Nicole Holifield                                     | Mississippi College | 2001 | 11:38.04        |
| <b>5000m Run</b>     | Keelin Treacy                                        | Texas Lutheran      | 2011 | 19:23.03        |
| <b>10000m Run</b>    | Keelin Treacy                                        | Texas Lutheran      | 2011 | 41:03.38        |
| <b>3000m Steeple</b> | Maloree Kendall                                      | Hardin-Simmons      | 2011 | 12:09.83        |
| <b>4x100m Relay</b>  | Texas Lutheran (Raglon, Jackson, A. Williams, Meeks) |                     | 2007 | 46.44           |
| <b>4x400m Relay</b>  | Texas Lutheran (Jackson, A. Williams, Gray, Clark)   |                     | 2007 | 3:52.26         |
| <b>Long Jump</b>     | Shanita Coleman                                      | McMurry             | 2012 | 5.88 (19-3 ½)   |
| <b>Triple Jump</b>   | Darcell Edwards                                      | McMurry             | 2001 | 12.50 (41- ¼)   |
| <b>High Jump</b>     | Ashley Huston                                        | Hardin-Simmons      | 2009 | 1.73 (5-8 ¼)    |
| <b>Shot Put</b>      | Kelsey Smith                                         | McMurry             | 2006 | 12.94 (42-5 ½)  |
| <b>Javelin</b>       | Ashley Huston                                        | Hardin-Simmons      | 2009 | 40.70 (133-6)   |
| <b>Discus</b>        | Ann Rhiddlehoover                                    | McMurry             | 2001 | 46.47 (152-5 ½) |
| <b>Hammer</b>        | Courtney Chaney                                      | McMurry             | 2006 | 46.59 (152-10)  |
| <b>Pole Vault</b>    | Holly Rollins                                        | McMurry             | 2010 | 3.86 (12-8)     |