

Dr. Sander Invitational/Columbia Challenge 2019

*****Preliminary Schedule - Subject to Change*****

Thursday, January 24

Multis

Time:	Gender:	Event:
5:30 PM	W	Pentathlon (60H, HJ, SP, LJ, 800)
5:45 PM	M	Heptathlon (60, LJ, SP, HJ)

Friday, January 25

Track Events

Time:	Gender:	Event:	Type:	Minutes:	Heats:
11:15 AM	M	60 Hurdles	Hep	0:10	4
1:30 PM	W	60 Dash	Heats	0:15	6
1:45 PM	M	60 Dash	Heats	0:20	6
2:05 PM	W	60 Hurdles	Heats	0:15	5
2:20 PM	M	60 Hurdles	Heats	0:15	5
2:35 PM	W	DMR		0:15	1
2:50 PM	M	DMR		0:10	1
3:00 PM	M	1000	Hep	0:05	1
3:05 PM	M	60 Hurdles	Final	0:10	1
3:15 PM	W	60 Hurdles	Final	0:10	1
3:25 PM	W	60 Dash	Final	0:10	1
3:35 PM	M	60 Dash	Final	0:10	1

Friday, January 25

Field Events

Time:	Gender:	Event:	Type:		
12:00 PM	M	Pole vault	Hep		
12:30 PM	W	Shot put			
12:30 PM	M	Long Jump			
2:00 PM	W	Pole vault			
2:30 PM	W	Long Jump			
2:30 PM	M	Shot put			

Saturday, January 26

Field Events

Time:	Gender:	Event:	Type:		
11:30 AM	Inv M	Shot put			
12:30 PM	W	Weight throw			
2:00 PM	M	Weight throw			
12:05 PM	M	High Jump			
2:00 PM	W	High Jump			
12:05 PM	Inv W	Long Jump			
1:30 PM	M	Triple jump			
1:30 PM	W	Triple Jump			
1:30 PM	M	Pole Vault			

Saturday, January 26

Track Events

Time:	Gender:	Event:	Minutes:	Heats:
10:00 AM	W	3K I	0:12	1
10:12 AM	M	3K I	0:11	1
10:23 AM	W	3K II	0:11	1
10:34 AM	M	3K II	0:10	1
10:44 AM	W	Mile I-II	0:12	2
10:56 AM	M	Mile I-II-III	0:15	3
11:11 AM	W	800	0:12	4
11:23 AM	M	800	0:10	4
11:33 AM	W	400	0:09	4
11:42 AM	M	400	0:08	4

11:50 AM Opening Ceremonies

12:04 PM	W	USA 300	0:04	1
12:08 PM	M	USA 300	0:04	1
12:12 PM	W	College 200	0:03	1
12:15 PM	M	College 200	0:03	1
12:18 PM	W	USA Mile	0:07	1
12:25 PM	W	USA 1000	0:05	1
12:30 PM	M	USA 1000	0:05	1
12:35 PM	W	College 400	0:04	1
12:39 PM	M	College 400	0:04	1
12:43 PM	W	College 800	0:05	1
12:48 PM	M	College 800	0:05	1
12:53 PM	M	CO/Open 3K	0:12	1
1:05 PM	HSG	1000	0:04	1
1:09 PM	HSG	4x200	0:06	1
1:15 PM	HSB	4x200	0:07	1
1:22 PM	HSB	1000	0:04	1
1:26 PM	W	Invitational 3K	0:12	1
1:38 PM	W	World 4x200	0:05	1
1:43 PM	M	World 4x200	0:05	1
1:48 PM	W	USA 600	0:06	1
1:54 PM	M	USA 600	0:06	1
2:00 PM	W	200	0:20	8
2:20 PM	M	200	0:15	7
2:35 PM	W	3K III	0:10	1
2:45 PM	M	3K III	0:10	1
2:55 PM	W	Mile III	0:06	1
3:01 PM	M	Mile IV	0:06	1
3:07 PM	W	4x400	0:15	3
3:22 PM	M	4x400	0:15	3
3:37 PM	HSG	4x800	0:12	1
3:49 PM	HSB	4x800	0:11	1
4:00 PM	M	USA 4xMile	0:20	1

TV Window