

## DISTANCE CHART\*

	Brownell Hall	Chase Hall	Farnham Hall	Hickerson Hall	Nef Hall	North Campus	Schwartz Hall	West Campus	Wilkinson Hall
<b>Adanti Student Center</b>	Step: 934 Mile: 0.440 Kcal: 41	Step: 500 Mile: 0.235 Kcal: 22	Step: 439 Mile: 0.207 Kcal: 19	Step: 595 Mile: 0.280 Kcal: 26	Step: 687 Mile: 0.324 Kcal: 30	Step: 1636 Mile: 0.774 Kcal: 72	Step: 488 Mile: 0.230 Kcal: 21	Step: 800 Mile: 0.377 Kcal: 35	Step: 578 Mile: 0.272 Kcal: 25
<b>Buley Library</b>	Step: 1027 Mile: 0.484 Kcal: 45	Step: 593 Mile: 0.279 Kcal: 26	Step: 532 Mile: 0.251 Kcal: 23	Step: 688 Mile: 0.324 Kcal: 30	Step: 780 Mile: 0.368 Kcal: 34	Step: 1543 Mile: 0.730 Kcal: 68	Step: 581 Mile: 0.274 Kcal: 25	Step: 893 Mile: 0.421 Kcal: 39	Step: 671 Mile: 0.316 Kcal: 29
<b>Conn Hall</b>	Step: 721 Mile: 0.340 Kcal: 31	Step: 287 Mile: 0.135 Kcal: 12	Step: 226 Mile: 0.107 Kcal: 10	Step: 382 Mile: 0.180 Kcal: 16	Step: 474 Mile: 0.224 Kcal: 21	Step: 1068 Mile: 0.505 Kcal: 47	Step: 275 Mile: 0.130 Kcal: 12	Step: 587 Mile: 0.277 Kcal: 26	Step: 365 Mile: 0.172 Kcal: 16
<b>Davis Hall</b>	Step: 1915 Mile: 0.903 Kcal: 84	Step: 1481 Mile: 0.698 Kcal: 65	Step: 1420 Mile: 0.670 Kcal: 62	Step: 1576 Mile: 0.743 Kcal: 69	Step: 1668 Mile: 0.787 Kcal: 73	Step: 2251 Mile: 1.065 Kcal: 100	Step: 1469 Mile: 0.617 Kcal: 57	Step: 1781 Mile: 0.840 Kcal: 78	Step: 1559 Mile: 0.735 Kcal: 69
<b>Engleman Hall</b>	Step: 1117 Mile: 0.526 Kcal: 49	Step: 683 Mile: 0.321 Kcal: 30	Step: 622 Mile: 0.293 Kcal: 27	Step: 778 Mile: 0.366 Kcal: 34	Step: 870 Mile: 0.410 Kcal: 38	Step: 1453 Mile: 0.688 Kcal: 64	Step: 671 Mile: 0.316 Kcal: 29	Step: 983 Mile: 0.463 Kcal: 43	Step: 761 Mile: 0.358 Kcal: 33
<b>Morill Hall</b>	Step: 1278 Mile: 0.602 Kcal: 56	Step: 844 Mile: 0.397 Kcal: 37	Step: 783 Mile: 0.369 Kcal: 34	Step: 939 Mile: 0.442 Kcal: 41	Step: 1031 Mile: 0.486 Kcal: 45	Step: 1614 Mile: 0.764 Kcal: 71	Step: 832 Mile: 0.392 Kcal: 36	Step: 1144 Mile: 0.539 Kcal: 50	Step: 922 Mile: 0.434 Kcal: 40

\* All distances are measured using the designated sidewalks on campus.

\*\* Kcal calculations are based on a body weight of 160 pounds and a walking pace of a 15 minute mile.

Academic Route Commute from Michael J. Adanti Student Center to Davis Hall & back - Step: 2113 / Mile: 1.000 / Kcal: 94

Scenic Route from Michael J. Adanti Student Center, around campus, and back - Step: 4245 /Mile: 2.009 /Kcal: 188

## SCSU WALKING MAP & DISTANCE CHART



True enjoyment comes  
from activity of the mind  
and exercise of the body;  
the two are united.

-Alexander Von Humboldt



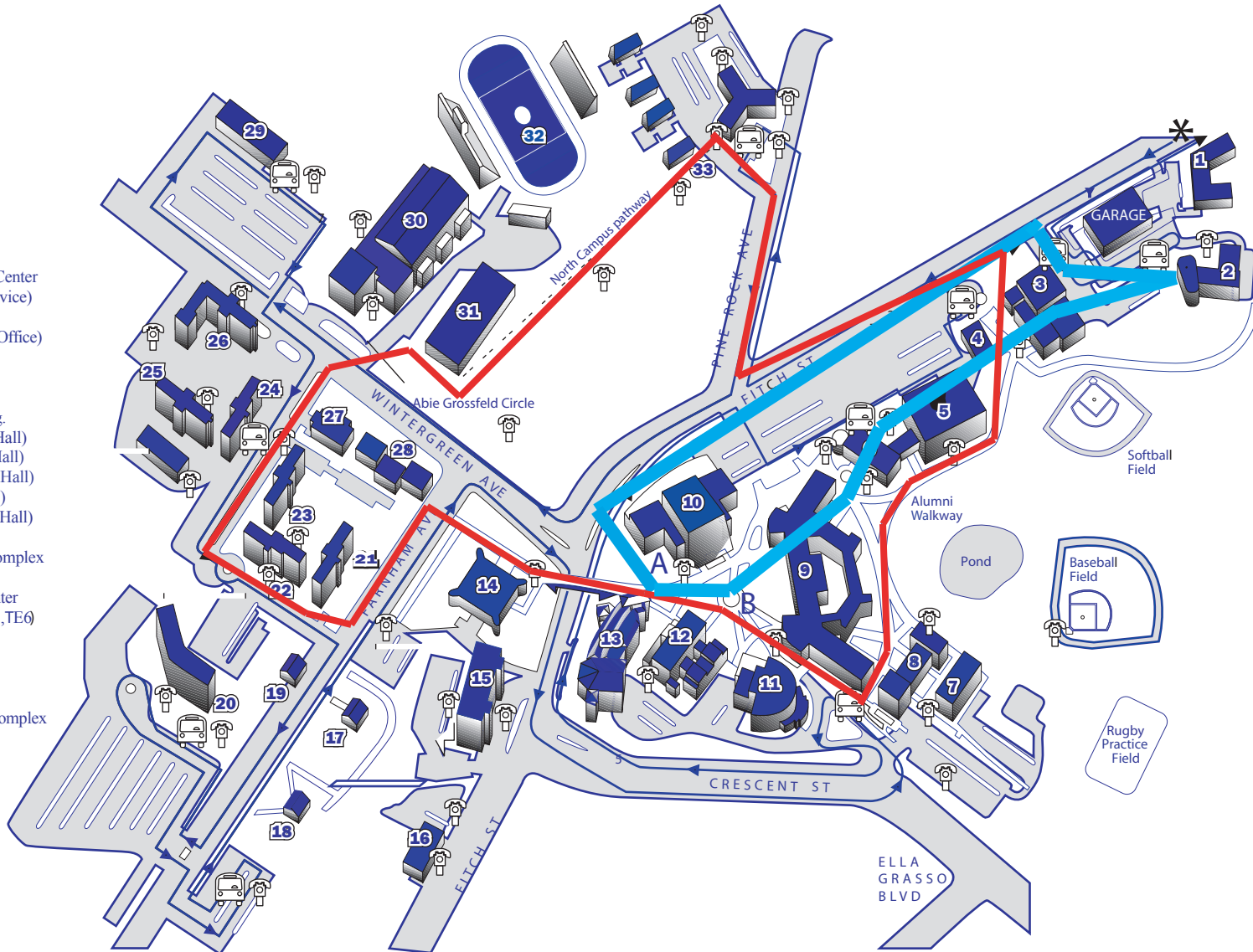
# Southern Connecticut State University

501 Crescent Street  
New Haven, Connecticut 06515-1355

## SCSU WALKING MAP & DISTANCE CHART

### Buildings

1. Facilities Operations
2. Davis Hall
3. Pelz Gymnasium
4. Temporary Bldg. (TE7)
5. Jennings Hall
6. Morrill Hall
7. Seabury Hall
8. Student Center
9. Engleman Hall
10. Buley Library
11. Lyman Center
12. Earl Hall
13. Michael J. Adanti Student Center
14. Connecticut Hall (Food Service)
15. Schwartz Hall  
(Residence Hall & Housing Office)
16. Ethnic Heritage Center
17. Admissions House
18. Lang Social Work House
19. Orlando Public Health Bldg.
20. Brownell Hall (Residence Hall)
21. Farnham Hall (Residence Hall)
22. Wilkinson Hall (Residence Hall)
23. Chase Hall (Residence Hall)
24. Hickerson Hall (Residence Hall)
25. Neff Hall (Residence Hall)
26. West Campus Residence Complex
27. University Police and  
Granoff Student Health Center
28. Temporary Bldgs. (TE4, TE5, TE6)
29. Energy Center
30. Moore Fieldhouse
31. Wintergreen Bldg.
32. Jess Dow Field
33. North Campus Residence Complex



**A. ACADEMIC ROUTE (1 mile):** Begin at Michael J. Adanti Student Center, go through Engleman Hall, Morrill Hall, Jennings Hall, Pelz Gymnasium to the front of Davis Hall. Follow the sidewalk to the SCSU side of the Fitch Street sidewalk. Take a left after Buley Library, back to the Michael J. Adanti Student Center.

**B. SCENIC ROUTE (2 mile):** Begin at the Michael J. Adanti Student Center, go around Engleman Hall by the old Student Center building and continue on the Alumni Walkway by Jennings Hall. Turn in front of Pelz Gymnasium onto the Fitch Street sidewalk heading towards the SCSU bridge. Take the crosswalk to the Pine Rock sidewalk. Continue into the North Campus Residence Complex and turn left onto the North Campus Pathway. Use the crosswalk in front of the Wintergreen Building and follow the sidewalk by the SCSU Police Department, by Chase Hall and around Wilkinson Hall to Farnham Avenue. Go left on Farnham Avenue and use crosswalk to Conn Hall and continue across the bridge back to Michael J. Adanti Student Center.