



# **“Integrating and Synchronizing a System for Health”**

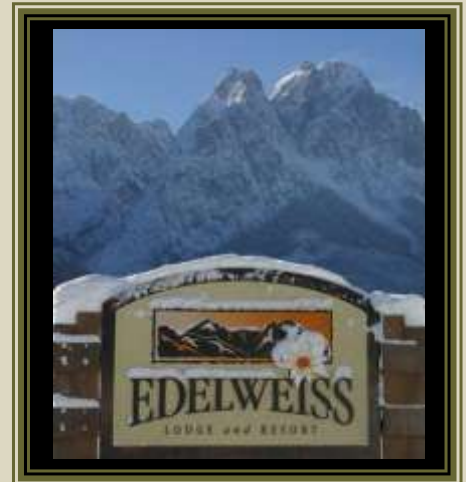
**PRIMARY CARE, PHYSICAL THERAPY,  
NURSING, BEHAVIORAL HEALTH AND  
OPTOMETRY CONFERENCE**

**Armed Forces Recreation  
(AFRC) Garmisch, Germany  
26-29 November 2012**

The Europe Regional Medical Command **Primary Care, Physical Therapy, Nursing, Behavioral Health and Optometry Conference** will be held at the Armed Forces and Recreation Center (AFRC) Garmisch, Germany, 26-29 November 2012.

Forged in rustic woods, stones, and other natural elements to complement its environment, the rugged character of Edelweiss Lodge and Resort is in perfect harmony with the comforts provided by its ample conveniences and amenities. Long revered as one of the most desirable destinations in the Bavarian Alps and Germany's premiere winter and summer sports center. The Garmisch-Partenkirchen area is an idyllic location nestled at the foot of sweeping Alpine vistas and home to the Edelweiss Lodge and Resort.

**General Conference Information:** ERMIC Providers assigned are centrally funded. Conference participants should plan on arriving on the afternoon of 25 November and departing after lunch on 29 November 2012. Hotel and meals are contracted. Personnel assigned to other organizations are welcome to attend but payment for hotel, three meals, and travel are the responsibility of the parent unit or the individual.



The conference is designed for Primary Care physicians, Nurse Practitioners, Physician Assistants, Physical Therapists, Optometrists, Behavioral Health Clinicians, Medical Surgical and Ambulatory Care Nurses assigned to ERMIC military units. The participant will listen to subject matter experts at plenary and discipline specific breakout sessions. The classes will run from 0800 – 1700. It is the responsibility of the participant to inform the Conference Administration if he/she cannot attend or if he/she has special needs. No shows will be tracked. Avoid possible administrative action; make a simple phone call to cancel so another ERMIC Providers can attend.

The conference theme is: **“Integrating and Synchronizing a System for Health”**



**The Conference Learning Objectives are:**

- ⊕ Discuss outreach and intervention programs for the three components to identify gaps and bring together a synchronized action plan to restore and improve Health of the Force for the Army and Army Medicine beneficiaries
- ⊕ Verbalize the value of an interdisciplinary approach in treating service members/patients with multiple conditions
- ⊕ Describe what constitutes a functional based approach to evaluating and treating our service members/patients
- ⊕ Recognize and appropriately treat service members/patients with mTBI and the co-occurring conditions, including chronic pain, sleep disturbance and behavioral health issues



- ⊕ Understand how IDES combines the Army Medical Board and the Veterans Affairs disability evaluation processes to allow the Soldier to complete both processes so that care and compensation are ready for the wounded veteran once they leave Army service

**CONFERENCE PRE-REGISTRATION:** Participants can access the conference registration form by going to the ERMCM web page at <http://ermc.amedd.army.mil/> then to "ERMCM Conference", then "Registration". Select "PPNO Conference" and complete all fields. Incomplete registrations will not be accepted. ALL fields must be completed. The suspense for registration is **13 November 2012**. No registration forms will be accepted after this date. If you are having problems with the web site, call the Conference Administration at DSN 590-7811 or 590-7740.

**TDY INFORMATION:** Everyone must have TDY orders for accountability purposes. To optimize the use of TDY funds, the ERMCM Conference Administration Office has a government contract with the hotel for food and lodging. 25 and 29 November 2012 are the travel days. Arrival before 13 November or departure after 29 November is the participant's responsibility. The Conference Administration can make your hotel reservation for the extended time too, simply indicate your inclusive dates of stay on your registration.

DTS Instructions: Zero out the cost of the hotel accommodations, it is contracted. Check the meals for the dates you will be at the conference, they are contracted.

Bring a copy of your TDY orders to the conference!

Below is an overview of what out of pocket expenses will cost:

**LODGING:** Centrally funded participants will be housed in double occupancy hotel rooms per MEDCOM policy. Roommates will be randomly assigned based on gender and rank. O-6s and above will be housed in single rooms.



For CONUS non-funded participants:

Single Room \$190.50 with three meals and breaks.

Double rooms are \$133.50/person with three meals.

Each room has a hair dryer, safe, ironing board and iron.

**Additional charges:**

If a conference participant wishes to bring their spouse (non-conferee), the participant is responsible for paying a single room supplement fee of \$57.00/night. For more than two adults (17 & older), there will be a \$10 charge to the room. Children 17 years of age and under stay free in parents room on available bed space. Cribs are free of charge. Requests for suites can be made but not guaranteed.

Room Category	Single Room out of pocket expense (non reimbursable)
Standard	\$57.00
Junior Suite	\$112.00
Junior Deluxe	\$132.00
Loft Suite	\$172.00

Meals for spouses/family members are not included in the contract and are the responsibility of the participant. There is a limit to the numbers of per room IAW hotel fire regulations. The maximum number of personnel in a standard is five (including children). Reservations for families must therefore be closely coordinated with the ERMCC Conference Administration Office to avoid any misunderstandings.



Conference participants that elect to stay before and after the conference are advised that the rooms are subject to availability, and the rates for those guests are \$114.00 for Standard Rooms (except for holiday time elements), no meals are included.

Non-funded attendees staying at hotel on economy

Conference attendees without sleeping accommodations at the Edelweiss Lodge and Resort will be charged approximately \$32.50 per person per day payable at

registration. All personnel attending the conference, not staying at the Edelweiss Lodge & Resort, and not covered under the contract, are subject to the above conference charge. Meals are extra. The Edelweiss Lodge and Resort will collect these additional charges.

**MEALS:** All meals are contracted for centrally-funded attendees. The first contracted meal is dinner (ice breaker) on 25 November and the last contracted meal is lunch on 29 November. The lunch buffet will be served in the hotel restaurant, "Market Station". Choice of dinner can be either at the "Market Station," "Zuggy's" or "Pullman Place". Dinners at Zuggy's and Pullman Place have a \$22.00 credit. Any sum above \$22.00 and alcoholic beverages are the responsibility of the participant. If you choose to eat elsewhere, you will be responsible for those expenses and will not be reimbursed.

If you are not an ERMCC employee, you should make payment arrangements with the hotel reception. Non-ERMCC employed participants are eligible for the contracted rates. The hotel takes major credit cards (AMEX, Visa, Master Card and AAFES Star Card.) and there is an ATM machine for the military bank as well as another ATM for the credit union in the reception lobby.

**Family member meal rates at the Market Station**

Age Group	Breakfast	Lunch	Dinner
Adult and Youth older than 16	\$8.95	\$10.95	\$15.95 at *Market Station; other restaurants a la carte.
Youth, 13 -16	\$8.95	\$10.95	*\$15.95
Youth 5-12	\$3.00	\$4.00	\$5.00
Child 4 & under	Free	Free	Free

\*Dinner rates at Market Station are listed; "Zuggy's Base Camp" and Pullman Place serve meals a la carte.

Ice breaker and special catered dinners rate is \$27 per person regardless of age.

There are two other dinner options for family members ("Zuggy's Base Camp" or the Pullman Place Restaurant) on a pay-as-you-go basis.

There are two other dinner options for family members (Zuggy's & the Pullman Place restaurant) on a pay by what you order basis.

Family members only have the option to use the Point Snack Bar is not included in the conference meal package.

**WHAT SHALL YOU WEAR? Conference Attire:** Casual civilian attire for travelling to the conference. ALL conference participants are required to business casual. NO military uniforms.



**SOCIAL HOUR:** An Ice Breaker/Dinner will be held on Sunday evening, 25 November beginning at 1800. Dress is casual. A pay-as-you-go bar will be available. It is an excellent way to meet new friends. Enjoy!

**Internet Access:** AFRC now has FREE WIFI throughout the hotel. Cables are available at the hotel reception; a deposit may have to be paid Wireless is available in the lobby area.

**TRANSPORTATION:** Transportation will be determined by your regional hospital. LRMC will contract a tour bus. POVs are not authorized and mileage will not be reimbursed. Parking is limited at AFRC. Heidelberg and BMEDDAC participants are encouraged to car pool and use TMP vehicles.

LRMC: The bus will depart on Sunday, 25 November from the bus stop next to the LRMC Headquarters at 1000. The return trip from AFRC on 29 November is after lunch, at approximately 1330. Lunch is contracted.

For a strip map to Garmisch, go to the Internet and click on:

<http://www.edelweisslodgeandresort.com/>

Once you are in the home page, go to the menu on the upper right side of the page and click on "directions".



## MISC. INFORMATION

**Hotel Amenities:** On the web page go to the "Activities" menu located on the upper part of the page under the picture.

**Child care:** AFRC has a wonderful "Just for Kids Program" more information can be found under Activities - a complete list of activities and rates are listed. There are a minimum number of children required for an organized activity to be scheduled. Edelweiss Resort has a Just For Kids program for children ages 5-12 year-round. During winter children can participate in the Just For Ski Kids program. AFRC also offer a Kids Night Out throughout the week which gives parents an evening to spend together. Check the Edelpost located on your guest room desk for a

weekly schedule of events. For children under 5 there is a CDC located on the Artillery Kaserne, you will need to contact them prior to arrival.

**Pets:** No pets are allowed in any Edelweiss Lodge facilities including the Vacation Village cabins. The Garmisch kennel phone number is 08821-55967, or the next closest kennel is in Bad Kohlgrub (about 30 minutes by car) Tel 08845-757346 or 0162-4062361.

**ACTIVITIES:** An Ice Breaker/Dinner is scheduled on Sunday evening, 25 November, beginning at 1800. A pay-as-you-go bar will be available and the dress is casual.

Other events will be posted on the bulletin board in the hotel lobby. Browse the AFRC web page for endless possibilities. Simply ask the friendly staff there. There are special kids programs, day tours to several locations such as Dachau, Munich, or to Füssen where the castle "Neuschwanstein" is located.

Participants should take advantage of the hotel amenities and the beauty and wellness programs during the free time. Pamper yourself - you are worth it - recharge your battery. Enjoy swimming, golf, hiking, Munich Zoo, kids' amusement park, special cultural events, and much more. Contact the hotel information desk staff, they are ready to show you a good time.

#### **Route Planner:**

Directions Click on one of these route finders:

<http://www.de.map24.com/> or <http://www.mapquest.com/directions/europe.adp>

Enter your GERMAN address in the "start" field. The final destination address is listed in **Bold** below:

Street/Straße: **17 Gernackerstrasse**

Zip Code/PLZ: **82467** Village/Ort: **Garmisch**

#### **Hotel Telephone**

Military DSN: 440-2211

From USA (011-49) 8821-9440 From Europe (49) 8821-9440

From within Germany 08821-9440



#### **Continuing Medical Education:**

24-27 hours of Continuing Medical Education (CME) , continuing medical education (CE) and Continuing Competency Units (CCU) credits have been requested through:

- For Physicians through the U.S. Army Medical Command. It is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians
- For Nurses through the U. S. Army Nurse Corps Continuing Health Education Program (ANC-CHEP), Ft. Sam Houston, TX
- For Optometrists through COPE Association of Regulatory Boards of Optometry, Charlotte, NC 28202
- For Physical Therapists through the Texas Physical Therapy Association (TPTA)
- For Psychologists and Social Workers through the ERMCA Chapter

The ERMCA Conference Administration maintains responsibility for the program.



## **THE ERMIC CONFERENCE ADMINISTRATION OFFICE**

**Mr. Michael Sandoval**

**Ms Julia Urbanek**

### **Course Director:**

**COL Lance Raney, C, ERMIC Clinical Operations**

### **Planning Committee:**

- **Nursing - MAJ Tina Morgan,  
1LT April Reynado, and  
1LT Danielle Winkler, LRMC**
- **Physical Therapy - MAJ Melissa Ogle and  
LTC Stephan Goffar, LRMC**
- **Primary Care - COL Robert Smith, Heidelberg**
- **Optometry - COL Donovan Green - LRMC**
- **Behavioral Health - Dr Scott Swasey and  
MAJ Gordon Lyons**

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