



Tennessee Association of Optometric Physicians January 2021 Virtual Continuing Education Program

Saturday, January 30, 2021

9:00 AM to 11:00 AM CST

COPE ID: 70719-PS Course Title: Swollen Optic Nerve Now What

Category: Trt/Mngmnt Posterior Segment CE Hours: 2

Description: Optic nerve head pathology including swelling can range from very benign that only requires monitoring all the way to a life-threatening emergency. This interactive 2-hour lecture in a grand rounds format will review and update the most common causes of ONH swelling, pseudo-swelling and papilledema.

11:00 AM to NOON CST

COPE ID: 70759-PD Course Title: Diabetes New Testing and Treatment for Retinopathy Category: Pending CE Hours: 1

Description: This course will provide an update and thorough understanding of the flash flicker electroretinogram ffERG, proper indications and protocols, and how to interpret the results. Diabetic retinopathy has historically been evaluated and followed with structural tests DFE's, OCTs and fundus photos, this lecture will explore functional testing ERG that helps in the evaluation of diabetic patients and will also discuss the newest literature in regard to supplementation of diabetic patients, and will also discuss the newest literature in regards to supplementation of diabetic retinopathy patients.

Noon to 1:00 PM Lunch Break



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Saturday, January 30, 2021- continued

1:00 PM to 3:00 PM CST

COPE ID: 68311-OP Course Title: Oral Pharmaceuticals in Anterior

Segment Disease Category: Oral Pharmaceutical CE Hours: 2

Description: Prescribing oral medications can be the key to managing numerous anterior segment and posterior segment conditions including rosacea, preseptal cellulitis, herpes zoster, among others. This interactive presentation will review the most commonly prescribed oral antibiotics and oral antivirals through case-based presentations.

3:00 PM to 4:00 PM (CST)

COPE ID: 67276-PS Course Title: Floaters A New Solution to an Old problem- YAG Floater Removal Category: Trt/Mngmnt Posterior Segment CE Hours: 1

Description: The use of laser energy to treat various ocular conditions has been established over the years. Floaters are a common ocular pathology that may patients report symptoms from. Traditionally speaking observation and vitrectomy were the two main treatment options for floaters emerging technology has promoted interest in utilizing a laser for the treatment of floaters. This interactive presentation will provide an introduction and update regarding utilizing a YAG laser for laser floater removal.

Meet your Lecturer:



**Dr. Nathan Lighthizer, O.D.,
F.A.A.O**

Dr. Nathan Lighthizer, O.D., F.A.A.O., is a graduate of Pacific University College of Optometry. Upon graduation, he completed a residency in Family Practice Optometry with an emphasis in Ocular Disease through Northeastern

State University Oklahoma College of Optometry. Dr. Lighthizer has since joined the faculty at the Oklahoma College of Optometry and serves as the Chief of Specialty Care Clinics and the Chief of Electrodiagnostics Clinic. He was recently named the Director of Continuing Education as well as the Clinic Director at the Oklahoma College of Optometry. Dr. Lighthizer lectures nationally on numerous topics, most notably advanced ophthalmic procedures, electrodiagnostics, and ocular disease.

On Behalf of Tennessee Association of Optometric Physicians
Executive Board, Board of Trustees and Staff we would like to thank

you for your participation in our January 2021 Virtual Continuing Education Program.