

## POA WEBINAR SERIES LOOKING FORWARD 2021

ALL COURSES ARE COPE-PENDING

3/3/21           Judicious Prescribing – Review of Commonly Used Oral Narcotics and their  
Appropriate Use                           Nate Lighthizer, O.D.   2 credit hours   TPA for PA/Opioid for PA  
Prescription narcotics can be some of the most beneficial short-term medications that we as optometrists can prescribe. Due to potential abuse risks and side effects, they can also be some of the most harmful. This interactive lecture will review some of the most commonly prescribed oral narcotics and their appropriate use.

3/7/21           Act 31 – Mandated Reporter   Julia Tilley                           2 credit hours   For PA License Renewal

3/17/21          A Deep Dive into Secondary Glaucomas  
Mitchel Ibach, O.D.   1 credit hour   TPA/Glaucoma for PA  
This lecture will cover the etiology, diagnosis, and treatment of the most common secondary glaucomas including pseudoexfoliation, pigmentary dispersion, uveitic, neovascular, and steroid-response glaucoma.

3/21/21          Dear Google: Troubleshooting Unsuccessful Dry Eye Therapies  
Laine Higa, O.D.   2 credit hours  
This 2-hour course aims to educate the eye care provider on treatment alternatives for failed past dry eye therapies. First, a review of the updated definition and understanding of the pathophysiology of dry eye disease as published in the Dry Eye Workshop II DEWS II will be discussed. Next, specific case examples will be presented discussing the initial failed therapy and the newly initiated treatment modality, supported by literature where available. An emphasis on troubleshooting traditional dry eye treatment modalities will be reviewed. Novel treatment modalities will also be discussed.

3/31/21          Epinephrine Auto-Injectors: The Hows, Whys, and Whens!  
Tracy Offerdahl-McGowen, PharmD, BPharm, RPh, FAAO   1 credit hour  
This program will describe the complex physiologic process associated with acute hypersensitivity reactions (Type-1) that result in anaphylaxis in patients. The mechanisms of epinephrine will also be discussed, as well as injection techniques. Lastly, case scenarios will be described and evaluated for appropriate and inappropriate uses of epinephrine. Participants will have a defined plan of action upon completion of this important topic.

4/7/21           Low Vision Rehabilitation-Skip to Recipe           Jean Astorino, O.D.   1 credit hour  
Dr. Astorino has been practicing low vision rehabilitation since 1994 and working with occupational therapists since the early 2000's. This course explains her approach to successful low vision clinical outcomes.

4/11/21          Oral Pharmaceuticals in Anterior Segment Disease  
Nathan Lighthizer, O.D. 2 credit hours   TPA for PA  
Prescribing oral medications can be the key to managing numerous anterior segment and posterior segment conditions including rosacea, preseptal cellulitis, herpes zoster, among others. This interactive presentation will review the most commonly prescribed oral antibiotics and oral antivirals through case based presentations.

4/21/21          Retinal Vascular Occlusive Disease           Julie Rodman, O.D.   1 credit hour  
This course will provide a general review of retinal vascular occlusive disease including the clinical manifestation. An understanding of who may be at risk for this disorder will be discussed. The lecture highlights the method for making the proper diagnosis, the management and follow-up schedule of RVO and RAO. Appropriate treatment and preferred practice guidelines will be presented.

4/28/21                      Glaucoma Mythbusters                      Andrew Meagher, O.D.    1 credit hour    Glaucoma/TPA for PA  
This course examines some common concepts in glaucoma diagnosis and management, attempting to clarify misconceptions and outright myths. Evidence-based medicine is used to demonstrate how long accepted practice and dogma in glaucoma is now outdated to the point that these concepts and practices fall into the "myth" category.

5/2/21                      Contemporary Diabetic Retinopathy Care Utilizing OCT  
Carolyn Majcher, O.D.                      2 credit hours  
The medical and surgical management of diabetic retinopathy is rapidly evolving, with a trend towards earlier treatment of diabetic retinopathy and prevention of potentially vision threatening complications. The more recent advent of anti-VEGF therapy has led to an explosion of high-quality research, the real- world clinical applications of which are not always easy to interpret and apply. Concurrently, OCT technology is ever advancing, particularly with the commercial release of OCT angiography. The discussion of diabetic retinopathy management will be divided into three main sections non- proliferative diabetic retinopathy, proliferative diabetic retinopathy, and diabetic macular edema. For each of these sections a case-based format will be used to discuss the standard of care management, and briefly review the relevant literature. Emphasis will be placed on the clinical applications of OCT as well as the optometrists role in diabetic retinopathy management, including when to refer and what treatments will likely be employed.

5/16/21                      Strabismus and Amblyopia Management in a Primary Care Setting  
Erin Jenewein, O.D.    2 credit hours  
  
This course will overview the management of strabismus and amblyopia in a primary care setting, including the use of lenses and prism to treat strabismus and amblyopia. Appropriate referral for additional evaluations, including vision therapy and surgery, will be discussed and the treatment of amblyopia with occlusion therapy will be reviewed. Case examples will be used to highlight key points.

5/26/21                      Glaucoma Suspects: Debunking vs. Detecting  
Andrew Meagher, O.D.    1 credit hour    TPA/Glaucoma for PA  
Primary open angle glaucoma POAG is a highly prevalent multifactorial disease faced by every optometrist. Determination of POAG suspects involve reviewing multiple well accepted risk factors and execution of ancillary testing to determine ones risk of development. This course will discuss the most prevalent risk factors, utility of ancillary testing and the most up to date first line topical therapy.