

# **Houston, TX CE Meeting**

**03/20/2026 – 03/21/2026**

**Hyatt Regency Houston/Galleria  
2626 Sage Road, Houston, TX 77056**

**Sessions - COPE Accredited / COPE Event ID# PENDING**

**03/20/2026**

**8:15AM - 9:05AM**

**Contact Lens Fitting for Irregular Astigmatism – 1 HR**

**Nicholas Gidosh, OD**

**COPE ID# 99007-CL**

Specialty contact lenses are essential to visual correction for patients with irregular astigmatism. This refractive error is a result of an uneven corneal surface which can have a variety of causes. This course will review causes of irregular astigmatism along with the types of specialty lenses used to correct it including gas permeable, hybrid, and scleral lenses. Case examples will be shared, detailing how to fit different types of patients along with troubleshooting.

**03/20/2026**

**10:00AM – 10:55AM**

**Lead, Follow or Get Out of the Way - Future Business Trends Happening Now – 1 HR**

**David Friedfeld**

**COPE ID# 102947-PM**

Lead, Follow or Get Out of the Way: Future Business Trends Happening Now is a forward-thinking, eye-care-focused course designed to prepare professionals for the rapid transformation shaping technology, patient expectations, workforce realities, and clinical care. Learners gain a clear understanding of the mega forces impacting healthcare today—from AI-driven diagnostics to omni-channel patient experiences, operational automation, global competition, and next-generation clinical advancements. This course equips providers, managers, and optical leaders with practical, actionable insights to adapt, compete, and thrive in an era of accelerated change.

**03/20/2026**

**11:00AM – 11:55AM**

**Achieving Presbyopic Success - Contact Lens Case Histories – 1 HR**

**Nicholas Gidosh, OD**

**COPE ID# 98979-CL**

This course is designed for eye care professionals who seek to enhance their understanding and proficiency in managing presbyopia with contact lenses. Through detailed case histories, participants will explore the latest advancements, fitting techniques, and troubleshooting strategies for presbyopic patients. The course will cover various contact lens options, including multifocal lenses and monovision approaches, and will provide practical insights into optimizing patient outcomes. By examining real-world scenarios, attendees will gain valuable knowledge to confidently address the unique challenges presented by presbyopic patients and achieve successful contact lens fittings.

**03/20/2026**

**1:15PM – 2:05PM**

**Creating a Culture That Attracts and Retains Employees – 1 HR**

**Sharon Carter**

**COPE ID# 103019-PM**

This course is designed to bring awareness to the people interviewing and accepting our positions in our offices today. We have had a specific demographic of age groups that have and are working in our offices today and we have a pretty good understanding of what motivated the people we were hiring. That has all changed in the last few years and we seem to have a disconnect of what we can do to motivate people to want to work in our culture and be happy there. These are the things that creates longevity in staff. This course will discuss some of the things Millennials and GenZ's are looking for in a work environment that will allow them to thrive.

**03/20/2026**

**2:15PM – 3:05PM**

**Myopia Management Mastery - From Theory to Practice – 1 HR**

**Ashley Wallace-Tucker OD**

**COPE ID# 98393-GO**

This course will thoroughly discuss an evidence-based approach to managing myopia in clinical practice. We will also offer practical ideas on how to implement myopia management in a streamlined manner.

**03/20/2026**

**4:15PM – 5:05PM**

**Blueprint for Success - Clinical Pearls from a Hybrid Contact Lens Case Series – 1 HR**

**Ashley Wallace-Tucker OD**

**COPE ID# 98390-CL**

This course explores the latest hybrid contact lens designs and applications for a variety of refractive errors, corneal irregularities, and presbyopic needs. Participants will learn step-by-step fitting strategies, troubleshooting techniques, and complication management through real-world clinical cases. Emphasis will be placed on optimizing visual outcomes, ensuring patient handling comfort, and protecting long-term ocular health.

**03/21/2026**

**8:00AM – 8:55AM**

**Amniotic Membranes - Clinical Use for Anterior Segment – 1 HR**

**Ashley Wallace-Tucker OD**

**COPE ID# 100851-TD**

This course explores the clinical applications of amniotic membranes in anterior segment disease, highlighting mechanisms, delivery methods, and case-based outcomes to equip practitioners with practical strategies for enhancing ocular surface healing and patient care.

**03/21/2026**

**9:00AM – 9:55AM**

**Specialty Contact Lenses Demystified - A Guide for the Primary Care Optometrist – 1 HR**

**Ashley Wallace-Tucker OD**

**COPE ID# 103153-CL**

This course explores the clinical applications of amniotic membranes in anterior segment disease, highlighting mechanisms, delivery methods, and case-based outcomes to equip practitioners with practical strategies for enhancing ocular surface healing and patient care.

**03/21/2026**

**11:15AM – 12:05PM**

**The Scleral Edge - How Scleral Shape Can Guide Lens Design – 1 HR**

**Nicholas Gidosh, OD**

**COPE ID# 101168-CL**

The course will provide a comprehensive understanding of scleral shape. It will also discuss scleral lens design, particularly focused on achieving edge alignment. Scleral profilometry examples will be given and discussed.

**03/21/2026**

**1:30PM – 2:20PM**

**Technology Tools for Fitting Specialty Lenses – 1 HR**

**Nicholas Gidosh, OD**

**COPE ID# 98981-CL**

New advancements in technology have given specialty lens fitters more tools than ever to better care for their patients. This presentation will look at new equipment and software for the providers that are looking to take their contact lens fitting to the next level. Case examples will also be shared to show how some options can be used and the outcomes from them. Topics will include scleral profilometry, aberrometry, and topography-interfaced software.

**03/21/2026**

**2:30PM – 4:10PM**

**Myopia Control as the New Standard of Care – 2 HRS**

**Nicholas Gidosh, OD**

**COPE ID# 99003-GO**

Myopia is gaining emphasis as a global epidemic in eye care. There has been a lot of research already done to answer questions as to why it may occur, progress, and the implications of it on ocular health. This has led to an interest in finding ways to slow or halt progression in an effort to control it and prevent the risks it may pose later in life. This course will review key points of previous studies and introduce newer data as well as provide ways to apply this information to daily clinical practice. This is an effort to suggest a new standard of care in managing myopia.