

HEALTHY EYES HEALTHIER LIVES

# 2019 FALL CONGRESS

November 8 - 10 | The Westin | Charlotte, NC



## **GENERAL INFORMATION**

#### Fall Congress Mobile App

Download the Fall Congress mobile app to view the agenda, speaker bios, floor plan and maps, receive notifications, provide feedback and more!

Search "Crowd Compass Attendee Hub" on the Apple App Store or Google Play Store.

Search "NCOS 2019 Fall Congress" to get started.

#### **Course Handouts**

Handouts are available electronically at www.nceyes.org/handouts or in the mobile app under each session.

#### Complimentary WiFi

- 1. Connect to "Westin Meeting"
- 2. Open your web browser and you will see the Westin welcome page
- 3. Enter the personal code: NCOS19

#### Social Media

Follow us on social media and use #NCOSinCLT on your Fall Congress posts!









#### **NCOS Staff**

We are here to answer any questions and assist with any issues you have on site!



Adrianne Drollette Executive Director



Christy Santacana Meetings Coordinator



Paul Kranze
Associate Executive Director



Kristen Schmidt Membership Coordinator

#### **CONTINUING EDUCATION**

#### **CE Credit Approval**

OE Tracker will be used for fast and easy CE tracking for all attendees. Every optometrist in the U.S. has an OE TRACKER number, which you provided us upon registration.

You can obtain CE credit one of two ways:

- 1. Get your name badge scanned we will scan the personalized barcode on your name badge upon exiting each session to capture your attendance for each course, and the data collected will then be sent to the OE Tracker database which can be accessed via the ARBO website. A link (accessible for 14 days) to your printable course certificate will be emailed to you within the week.
- 2. Use the OE Tracker Mobile App we encourage you to download the free OE Tracker mobile app. This option will expedite the process by allowing you to scan the course-specific QR code posted on the screen at the conclusion of each session, which automatically uploads your CE to the database. A link (accessible for 14 days) to your printable course certificate will be emailed to you immediately.

Search "OE Tracker" on the Apple App Store or Google Play Store to download the app. After downloading, enter your OE Tracker username and password to login.

To find out what your OE Tracker number is or to set up a username and password, call ARBO at 704-970-2710 or 866-869-6852.

\*The NCOS will file CE for NC-licensed optometrists to the NC State Board of Examiners in Optometry, as well as for Florida-licensed optometrists to CE Broker. Anyone not licensed in NC or Florida will be responsible for reporting their credit to their applicable state board.

\*\*If you do NOT receive your emailed course certificates from ARBO/OE Tracker within one week of the course date, contact Christy at christy@nceyes.org.

## **CE Attendance Policy**

To ensure the integrity of the continuing education at any meeting held by the North Carolina Optometric Society (NCOS), attendance shall be monitored by NCOS volunteers and staff and CE credit shall only be provided to attendees who are present for the entirety of a session.

There may be certain situations that require an attendee to exit a session room. Attendees may exit for a total of 10 minutes per one hour of session. Any attendee who exits a session room must turn in their badge to those monitoring attendance. Badges will be given back upon their return, assuming their time outside of the session room was within the time permitted.

Any attendee believed to not be in compliance with this policy will be reported to the NCOS Education Trustee and/or Executive Director, who will handle the situation at their discretion.

#### **NCOS EVENTS**

## Medicaid Managed Care: Plan to Provider Connection

Friday, November 8, 8:00 AM - 4:00 PM

Independence Room

Meet one-on-one with representatives from all five Managed Medicaid plans. Get information directly from each plan so you can make choices that are right for your practice. Representatives will be available all day so stop by anytime. *Open to NCOS members and their staff.* 

## Young ODs Mixer Sponsored by VSP Friday, November 8, 8:00 PM - 10:00 PM Fahrenheit Charlotte

Join us for a night of networking and fun at Fahrenheit Charlotte, just a quick walk from the Westin! Open to all ODs that have been practicing 10 years or less and optometry students, along with spouses/significant others. Pre-registration required.

#### **Advocacy Training**

Saturday, November 9, 10:15 AM - 12:15 PM

Independence Room

Do you serve as an NCOS Keyperson? Are you interested in getting more involved with our legislative efforts but don't know where to start? Join us for a training session run by Dana Reason, Grassroots Coordinator for the American Optometric Association. New to advocacy? Dana will teach you how to build a strong relationship with your legislator from the ground up. Want to take your relationship with your legislator to the next level? Dana will give you tools to strengthen your bond. Join us to learn more about how you can help move optometry forward. Two Hours NC General Credit. Open to NCOS members.

## Keyperson Lunch w/ Special Guest U.S. Senator Thom Tillis Saturday, November 9, 12:15 PM - 1:45 PM Uptown Ballroom III

Hear a grassroots update from NCOS leaders. Special guest U.S. Senator Thom Tillis will also address the group. Open to NCOS Keypersons and those interested in being a Keyperson. Pre-registration required.

#### **NCOS PAC Event**

Saturday, November 9, 8:00 PM - 10:00 PM Grand Ballroom AB

Join us for the conclusion of the drawdown and find out who the \$5,000 winner is! This event will also feature fun, interactive games including a 6 car remote control race track, EA NASCAR racing simulators, arcade games like Ms. Pacman and Super Mario Bros., air hockey, and pop-a-shot basketball! Food and drinks will be provided. Open to any NCOS member who has purchased a drawdown ticket or donated to PAC in 2019, as well as 2019 NC New Licensees and students. Spouses/significant others are welcome to attend, but please no children. Pre-registration required.

#### **SPEAKERS**



Nate Lighthizer, OD, FAAO, is a graduate of Pacific University College of Optometry. Upon graduation, he completed a residency in Family Practice Optometry with an emphasis in Ocular Disease through Northeastern State University Oklahoma College of Optometry. Dr. Lighthizer has since joined the faculty at the Oklahoma College of Optometry and serves as the Chief of Specialty Care Clinics and the Chief of Electrodiagnostics Clinic. In 2014, he founded and now heads the Dry Eye Clinic at the College of Optometry. Also in 2014, he was named the Director of Continuing Education as well as the Assistant Dean for Clinical Care Services at the Oklahoma College of Optometry. He is a founding member, and currently serves as Vice President, of the Intrepid Eye Society which is a group of emerging thought leaders in optometry. He was named a member of PCON 250 – a list of the top 250 optometrists in the country who practice progressively, provide innovative patient care, conduct optometric research or excel in academia and share what they have learned with other optometrists to advance the profession. Dr. Lighthizer lectures nationally on numerous topics, most notably advanced ophthalmic procedures, electrodiagnostics, and ocular disease.



Jennifer Lyerly, OD, is the Director of Contact Lens Services at Triangle Visions Optometry in Cary, NC where she specializes in custom contact lenses and ocular aesthetics. In 2011 she founded Eyedolatry Blog, a website with over 100,000 page visits a month dedicated to ocular health and patient communication. She is a community leader and advocate for issues facing new grads and women in optometry, passionate about engaging the next generation of ODs with optometry's challenges as a founder and cohost of the industry focused Defocus podcast. In 2017 she was recognized as the Southern College of Optometry's Young Alumni of the Year, and in 2018 she was named Transitions Brand Ambassador of the Year. She currently serves as a Board of Trustees member at the Southern College of Optometry. She's passionate about using social media to help connect optometrists with patients and grow the scope and reach of the profession!



Ron Melton, OD, FAAO, has lectured nationally and internationally at over 800 continuing medical education meetings with a goal of educating optometrists around the world in ocular disease. He was honored as a co-recipient of the "Pioneer in Optometry" recognition by the Editorial Board of *Primary Care Optometry* News in April 2015 for contributions in optometry education. Dr. Melton was named co-recipient of the American Academy of Optometry 2014 Vincent Ellerbrock Clinician Educator Award for outstanding and sustained contributions to the Academy's Lectures and Workshops program. He sits on the editorial boards of Optometric Physician and *Primary Care Optometry News* and is a contributing editor to *Clinical and Refractive Optometry*. Dr. Melton has authored or co-authored over 100 papers on optometry and is the co-author of the popular annual "Clinical Guide to Ophthalmic Drugs" for *Review of Optometry*. Dr. Melton has acted as an investigator in more than 50 clinical research trials. Currently he is a member of the adjunct faculty at PCO and IUSO. He is certified as a Diplomate with the American Board of Optometry. He is in a group Practice in Charlotte, North Carolina, where he has staff privileges at Novant Health Presbyterian Medical Center.



Bruce Onofrey, OD, RPh, is a 1982 graduate of the Illinois College of Optometry and residency at the Albuquerque Veterans Administration Medical Center. He also has degrees in chemistry and Pharmacy. He retired from the Lovelace Medical Center Eye Dept after 25 years where he served as the Chief of Optometry and Vice-chairman of eye services. Most recently he retired from the University of Houston where he served for 10 years as a Clinical professor responsible for Pharmacology programs and the Exec. Director of continuing education programs. His special interests include lectures in general and ocular pharmacology and clinical drug research. Dr. Onofrey is a frequent contributor to ophthalmic literature. He is the current editor of "Clinical Optometric Pharmacology and Therapeutics," and the author of "The Ocular Therapeutics Handbook-A Clinical Manuali," both published by Lippincott. He also serves as a contributing editor to "Primary Care Optometry News." He is an internationally recognized lecturer on the management of ocular disease and the use of pharmaceutical agents.



Randall Thomas, OD, MPH, FAAO, is a 1981 graduate of the Pennsylvania College of Optometry, and a 1976 graduate of the School of Public Health at the University of North Carolina. He is in full-time clinical practice in Concord, North Carolina. He was presented the "Glaucoma Educator of the Year" award by the American Academy of Optometry in 1997. He and Dr. Ron Melton co-author Review of Optometry's annual "Clinical Guide to Ophthalmic Drugs," now in its sixteenth year. He is on the Professional Staff at Carolinas Medical Center-Northeast where he also serves on the teaching faculty of the Cabarrus Family Medicine Residency Program. Dr. Thomas has served as a consultant to the American Optometric Association on its Council on Clinical Optometric Care and Hospital Privileges Committees. He has served as an ophthalmic drug principal investigator for the FDA. Dr. Thomas has lectured world-wide with Dr. Melton on the diagnosis and treatment of eye diseases. He and his wife Cheryl have two daughters.

## **OD PROGRAM SCHEDULE**

Thursday, November	er 7 ———————————————————————————————————				
4:00 PM - 7:00 PM	Registration Open	Grande Promenade			
Friday, November 8					
7:30 AM - 8:30 AM	Continental Breakfast	Grand Promenade			
7:30 AM - 5:00 PM	Partner Exhibit Hall Open	Grand Promenade			
7:30 AM - 5:00 PM	Registration Open	Grand Promenade			
8:00 AM - 4:00 PM	Mediciaid Managed Care: Plan to Provider Connection Open to NCOS Members	Independence			
8:30 AM - 10:30 AM	My Doc Told me to Get an Eye Exam Because Bruce Onofrey, OD Two Hours Certified Credit - COPE 63429-I	Grand Ballroom CD			
10:30 AM - 10:45 AM	Break	Grand Promenade			
10:45 AM - 11:45 AM	Case Based Management of Pain Bruce Onofrey, OD One Hour Certified Credit - COPE 63430-P	Grand Ballroom CD			
12:00 PM - 1:00 PM	Alcon Partner Lunch Pre-registration required	Uptown Ballroom I/II			
12:00 PM - 1:00 PM	NCOS PAC Board Meeting	Sharon			
1:45 PM - 3:45 PM	Beauty and the Beastly Truth of Ocular Surface Disease Jennifer Lyerly, OD Two Hours Certified Credit - COPE 62882-	Grand Ballroom CD			
3:45 PM - 4:00 PM	Break	Grand Promenade			
4:00 PM - 5:00 PM	What's My Beef with Pharmacists? Bruce Onofrey, OD One Hour Certified Credit - COPE 60582-P	Grand Ballroom CD			
8:00 PM - 10:00 PM	Young ODs Mixer sponsored by VSP Pre-registration required	Fahrenheit Charlotte			

Saturday, November 9
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7:00 AM - 8:00 AM	Continental Breakfast	Grand Promenade
7:00 AM - 3:00 PM	Partner Exhibit Hall Open	Grand Promenade
7:00 AM - 6:15 PM	Registration Open	Grand Promenade
8:00 AM - 10:00 AM	AREDS II and U Bruce Onofrey, OD Two Hours Certified Credit - COPE 52138-P	Grand Ballroom CD
10:00 AM - 10:15 AM	Break	Grand Promenade
10:15 AM - 12: 15 PM	Laser Procedures for the Management of Glaucoma and More Nate Lighthizer, OD Two Hours Certified Credit - COPE 63833-LI	Grand Ballroom CD
10:15 AM - 12:15 PM	Advocacy Training Two Hours NC General Credit Open to NCOS Members	Independence
12: 15 PM - 1:45 PM	Keyperson Lunch Open to NCOS Keypersons and those interested in being a Keyperson Pre-registration required	Uptown Ballroom III
12:30 PM - 1:30 PM	Allergan Partner Lunch Pre-registration required	Uptown Ballroom I/II
1:45 PM - 2:45 PM	In-Office Electrodiagnostics for the Non-Glaucoma Patient Nate Lighthizer, OD One Hour Certified Credit - COPE 63288-PE	Grand Ballroom CD
2:45 PM - 3:00 PM	Break	Grand Promenade
3:00 PM - 5:00 PM	Lumps and Bumps - A Practical Guide to Evaluation and Removal Techniques Workshop Nate Lighthizer, OD Two Hours Certified Credit - COPE 62433-SI	Grand Ballroom CD
3:30 PM - 4:30 PM	Student Seminar	Independence
5:00 PM - 5:15 PM	Break	Grand Promenade
5:15 PM - 6:15 PM	Laser Therapy for the Open Angle Glaucomas - ALT & SLT Nate Lighthizer, OD One Hour Certified Credit - COPE 52188-GL	Grand Ballroom CD
8:00 PM - 10:00 PM	NCOS PAC Event Open to NCOS Members Pre-registration required	Grand Ballroom AB

## Sunday, November 10

7:00 AM - 8:00 AM	Continental Breakfast	Grand Promenade
7:00 AM - 10:15 AM	Registration Open	Grand Promenade
8:00 AM - 10:00 AM	Optometric Surgical Procedures for Every Optometrist Nate Lighthizer, OD Two Hours Certified Credit - COPE 62543-SP	Grand Ballroom CD
10:00 AM - 10:15 AM	Break	Grand Promenade
10:15 AM - 12: 15 PM	On Call with Melton & Thomas Ron Melton, OD & Randall Thomas, OD Two Hours Certified Credit - COPE 61070-GC	Grand Ballroom CD

## **NEW LICENSEE SEMINAR SCHEDULE**

## Saturday, November 9

11:15 AM - 12:15 PM	NCOS Overview and Discussion	Tryon
11.13 / 12.13   14	14CO3 OVERVIEW and Discussion	II you
12:30 PM - 1:30 PM	Allergan Partner Lunch	Uptown Ballroom I/II
3:00 PM - 3:15 PM	Formal Introduction to NC Optometrists	Grand Ballroom CD
3:15 PM - 4:00 PM	North Carolina State Board of Examiners in Optometry Orientation and Presentation	Tryon of Licenses



#### PARTNER EXHIBIT HALL

Friday, November 8, 7:30 AM - 5:00 PM Saturday, November 9, 7:00 AM - 3:00 PM Grand Promenade

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