

2018 POA

SPRING CONGRESS

MAY 17 - 20, 2018



FEATURING

28 CE hours for doctors

12 CE hours for paraoptometrics

Exhibit hall

What you need to know...

See the New Seven Springs

Oh, how it's changed

Seven Springs guests will enjoy the newly refurbished hotel rooms complete with flat screen TVs, new wall treatments, new lighting, pillow top mattresses, duvets, bedspread and linen packages, irons and ironing boards, high-speed internet, multimedia junction boxes, coffee makers, and work stations. All rooms are non-smoking. Located at the base of the mountain, the Main Lodge Hotel offers comfortable guest rooms and luxurious multi-room suites to accommodate you and your family.

New to Seven Springs is the Trillium Spa. Just as the graceful trillium is a rarity, Seven Springs' Trillium Spa is a sanctuary unlike any other. The elegantly restored mountain chalet has been completely renovated and redecorated to create the perfect place to escape the stress and commotion of everyday life. Inspired by the beauty, delicacy, and rarity of this exceptional flower, Trillium is the place to relax, unwind, and renew.

Amenities at Seven Springs include:

- 11 casual and fine dining restaurants
- Three bars and lounges
- Valet, bell, and concierge service
- Pet friendly rooms
- Fitness Room
- Heated indoor and outdoor pool
- Outdoor hot tubs with slopeside view
- Wi-Fi in the hotel lobby and rooms

Hotel Reservations

The POA's group room rate is \$159 for single occupancy; \$179 for double occupancy, \$199 for triple occupancy; and \$219 for quad occupancy, plus taxes. Breakfast each morning after check-in is included. Reservations can be made by calling Seven Springs at 800-452-2223 or 814-352-7777, ext. 7009. **Reservations must be made by midnight on April 17, 2018 to insure the group rate.**

Golf

On Thursday, May 17, enjoy the beautiful views from Seven Springs' majestic golf course and start your Spring Congress off with a bang (or shot, if you prefer). Our outing will begin at 8:00 a.m. and get you back in time for that evening's continuing education. Staff members, spouses, and guests are invited to join in the fun. Prizes and surprises will abound on the course. A continental breakfast and lunch at the clubhouse are included.

Annual Awards Program

The POA's annual awards program takes place on Friday evening. Join your colleagues and staff in honoring the dedicated and deserving awards recipients.

The Famous Seven Springs BBQ

On Friday evening, we will kick off the social part of our Congress with a crowd favorite – the BBQ at Seven Springs. It's a casual, fun dinner with lots of finger-licking-good food and great conversation. This is what being in the mountains is all about.

President's Reception

Following the BBQ, please join Dr. Rebecca Wincek-Bateson and her family for a casual reception. Catch up with friends and meet some new ones as we enjoy desserts, coffee and conversation. All attendees are welcome along with their guests.

Exciting Events in the Exhibit Hall

Our vendors are so important to the POA and we encourage you to mix business with pleasure during our lunch and reception in the exhibit hall on Saturday, May 19. Bring along your business cards for drawings sponsored by our exhibitors.

Casino Night & PPA 40th Anniversary Party

On Saturday evening, the POA will celebrate a great milestone with the Pennsylvania Paraoptometric Association – their 40th anniversary! Amid a casino-themed evening, we will honor the members of the PPA who have worked over the past 40 years to make this organization a shining light in the paraoptometric community. Prizes will abound so bring along Lady Luck and enjoy the gaming tables.

CE Certification Via ARBO Tracker

The POA uses the ARBO Tracker mobile application for attendees to quickly certify their course attendance. Optometrists can use the OE tracker mobile app to record attendance at continuing education courses and receive instant course credit. Not only is it easy, but the app is *free* and can be used by anyone with an OE tracker number. The OE tracker app is available for both iOS and Android. Go to the app store on your phones and search for 'OE tracker'. Follow the instructions to download the app. Please also make sure you open the app and have created a user ID and password prior to attending the first CE session. Alternate certification will be available to those who do not have access to a mobile device. **Courses are pending COPE approval.**

Handout Information

Handouts for the OD educational programming for this meeting will be available on our website at www.poaeyes.org for download after May 1st. Please print the handouts that pertain to your courses and bring them along to the meeting or download to your laptop.

Cancellation Policy

There will be a \$50 fee if cancellation is received by the POA by May 7, 2018. There is no refund available after that date. No refunds will be issued for no-shows. Cancellations must be received in writing by the POA via mail, fax, or email to ilene@poaeyes.

Doctor of Optometry Course Descriptions

Innovations in Eye Care-A Rapid Fire Presentation (TPA)

This course features innovations in eye care that will impact every optometrist. Technologies, pharmaceuticals, products, services, and processes advancing eye care will be discussed in a rapid-fire presentation by a union of esteemed optometrists.

Grand Rounds: Improving Eye Care and Outcomes for Patients (TPA)

The interactive Grand Rounds format, where cases are presented and audience participation drives discussion, has been a staple of continuing education for over five decades. We take advantage of 21st century technology to poll the attendees on their thoughts and answer questions in real time.

Top 15 Diagnoses You Should Never Miss

Review of the diagnoses you cannot afford to miss. These are the conditions that are critical to clinical care.

Brace For Impact – Managing Ocular and Orbital Trauma

Welcome to a crash course on evaluating ocular and orbital injuries and how to properly manage them.

Corneal Cross-Linking Technologies

This lecture focuses on current information from around the world on corneal shape, keratoconus, and CXL. Relevant evidence-based data and opinions from this conference will be highlighted by the panel. Particular focus will be placed on the optometric role in Keratoconus and CXL with emphasis on current and future diagnostic methods and corneal biomechanics. The extensive personal experience of the panel will be shared through a Q&A opportunity at the end.

All Things OCT

In past decades, ophthalmic imaging technologies have enhanced our ability to visualize anterior and posterior segment microstructure, as well as assess risk for and detect early signs of disease. Age-related macular degeneration, diabetes, glaucoma, and other conditions can now be analyzed and correlated in real time to the symptomatology and prognosis. This course provides the participant with clinically relevant information about the use of OCT in every day practice.

The Eye in Sleep Apnea

Sleep apnea syndrome (SAS) is a disease characterized by recurrent, complete, or partial upper airway obstructions during sleep. The majority of patients with SAS demonstrate this obstruction either at the nasopharynx or the oropharynx. Reported ophthalmic findings in patients with SAS include floppy eyelid syndrome, glaucoma, keratoconus, and non-arteritic anterior ischemic optic neuropathy NAION. This course provides clinically relevant information on sleep apnea syndrome and its ophthalmic implications.

Meet the Choroid

The choroid is both a pigmented and vascular tissue. Its main function is to nourish the outer

retina. Choroidal blood flow may also cool and warm the retina. This course discusses disorders of the choroid, from infection and inflammation to various malignancies.

My Doc Told Me to Get An Eye Exam Because (TPA)

Many non-ophthalmic medications can produce visual side-effects. Some of these drugs have the potential to produce devastating loss of vision or ocular side-effects that can lead to loss of visual function. This lecture will discuss the most important of these drugs and what the clinician needs to know to prevent these visually dangerous side-effects.

Diagnosing and Managing Ocular Disease: Clinical Challenges, Clinical Pearls

A Panel Discussion with Interactive Audience Participation (TPA)

Clinically challenging ocular pathologies in the areas of anterior segment disease, retinal disease, and glaucoma will be presented in a case-presentation format. A panel of outstanding clinicians will highlight the clinical “pearls” in diagnosis and management that make the case challenging and provocative and will discuss their approach to establishing the differential diagnosis, specifying the tests and procedures that should be performed, arriving at the specific diagnosis, and managing these difficult pathologies.

GLC, NOT Just IOP, Think DPP, OMG (TPA)

POAG is a major cause of blindness. Its proper management requires a thorough understanding of the pathophysiology of the disease and the pharmacology of the drugs used to treat this condition. It is imperative that the clinician be familiar with the most recent studies that are used to determine the risk of developing the disease and the risk of progression of the disease.

Clinical Applications of Ophthalmic Lasers

This course will cover ophthalmic lasers and their utilization in glaucoma treatment.

Neuro-Ophthalmic Disorder Grand Rounds

This course will use a case-based approach to familiarize eye care providers with a variety of clinical presentations that present signs of underlying systemic disease. The course will focus on helping practitioners identify the abnormal clinical presentations, create differential diagnoses, order or refer for the appropriate additional testing treatment and determine the urgency of the case.

Mandated CE for Optometrists - Pain Management, Identification of Addiction, and the Practices of Prescribing or Dispensing Opioids

This course will discuss the history of opioids both medically and recreationally, the use in medicine leading to the opioid crisis, identification of abuse, and state monitoring programs.

Mandated Act 31 Education

This mandatory course will cover recognizing signs of child abuse in patients and is required for license renewal.

Doctor of Optometry Schedule

Thursday, May 17

8:00 a.m.	Golf Outing
4:00-6:00 p.m.	Registration
6:00-10:00 p.m.	COURSE 101: Innovations in Eye Care (TPA)/ COURSE 102: Grand Rounds (TPA) – Drs. Greg Caldwell, Thomas Kislak, James Deom, Michael Cymbor

Friday, May 18

7:00 a.m.-5:00 p.m.	Registration
8:00 a.m.-Noon	POA Board of Directors Meeting
8:00-9:40 a.m.	COURSE 201: Top 15 Diagnosis You Should Never Miss – Dr. Andrew Morgenstern
10:00-11:40 a.m.	COURSE 202: Brace for Impact – Managing Ocular and Orbital Trauma/Corneal Cross-Linking Technologies – Dr. Andrew Morgenstern
12:45-1:15	Alcon Business Partner Presentation
1:00-5:00 p.m.	House of Delegates
1:30-3:10 p.m.	COURSE 203: All Things OCT – Dr. Joseph Pizzimenti
3:20-5:00 p.m.	COURSE 204: Meet the Choroid/The Eye in Sleep Apnea – Dr. Joseph Pizzimenti
4:30-5:30 p.m.	New Grad/Student Reception
5:30-7:00 p.m.	Welcome and Awards Program
7:00-9:00 p.m.	BBQ
9:00 p.m.	President's Reception

Saturday, May 19

6:30 a.m.-3:30 p.m.	Registration
7:00-8:40 a.m.	COURSE 301: My Doc Told Me to Get an Exam Because (TPA) – Dr. Bruce Onofrey
OR	COURSE 302: Diagnosing and Managing Ocular Disease: Clinical Challenges, Clinical Pearls A Panel Discussion with Interactive Audience Participation Moderator: Dr. Bernard Blaustein Panel: Drs. Layne Higa, Alissa Coyne, Erin Draper
9:00-9:30 a.m.	Bausch & Lomb Business Partner Presentation
10:00-11:40 a.m.	COURSE 303: GLC, NOT Just IOP, Think DPP, OMG (TPA) – Dr. Bruce Onofrey
OR	COURSE 304: Clinical Applications of Ophthalmic Lasers – Dr. Alissa Coyne
11:45 a.m.-2:00 p.m.	Exhibits
Noon-2:00 p.m.	Lunch in Exhibit Hall
2:00-3:40 p.m.	COURSE 305: Neuro-Ophthalmic Disorder Grand Rounds – Dr. Erin Draper
4:00-5:40 p.m.	COURSE 306: Poster Session
4:00-7:00 p.m.	Exhibits
5:30-7:00 p.m.	Reception in Exhibit Hall
7:00-11:00 p.m.	PPA 40th Birthday Celebration/Casino Night

Sunday, May 20

8:00-9:40 a.m.	COURSE 401: Mandated CE for Optometrists - Pain Management, Identification of Addiction, and the Practices of Prescribing or Dispensing Opioids – Dr. Luann Chubb
10:00 a.m.-Noon	COURSE 402: Mandated Act 31 Education – Pat Mowen

Paraoptometric Course Descriptions

Assisting Your Doctor With Eye Diseases and Other Ocular Disorders

(CPC Approved)(1 Hour/Basic)

One of the aspects of working with patients is that you never know what you will be faced with. Our patients can present with a variety of symptoms. We need to be familiar with these symptoms and how they should be managed to assist the practitioner in providing our patients with the best care. Symptoms will be discussed & possible causes. Techniques for triage & the role of the assistant in the assessment, treatment & management of the patient

Do You See What I See?

(ABO/CPC Approved) (2 Hour/Advanced)

Be prepared for a journey to another world. This class will introduce attendees to cataracts, glaucoma, macular degeneration, retinal detachment, retinal hemorrhage, corneal scarring, floaters, and PVD, and more. We'll discuss their causes and treatments. Most importantly, attendees will experience the visual restrictions a patient with the assorted conditions deal with daily. Come and gain a whole new appreciation of your eyes and vision and why our profession's vital to everyone's well-being.

CPO/CPOA Review Courses

This course is for those preparing to sit for the Certified Paraoptometric Exam(CPO) & Certified Paraoptometric Assistant Exam (CPOA). Attendees should be familiar with the topics in the exam outlines located in the candidate handbook. The course will be a review of that information, including lecture, handouts, problem solving, and mock examinations. These courses are designed to assist the candidate in the prep for the exam by reviewing the info that may be on the exam.

Everything You Wanted To Know About Contacts, But Didn't Know What To Ask.

(NCLE/ABO/CPC Approved)(2 Hours/Intermediate)

The largest specialty in Optometry is contact lenses. The more you know about them the more fun they become. Learn "the secrets" of what all goes through a doctor's mind when a patient present for contacts. Areas covered include patient evaluation, tear considerations, oxygen permeability, why use soft or GP lenses for the best fit, gas permeable lens techniques, fitting specialty cases, cleaning issues, and even trouble shooting problems. This course starts basic and ends advanced.

Communication: It's Not As Easy As It Sounds.

(ABO/CPC Approved) (1 Hour/Basic)

Everybody talks and talks, but we are communicating less and less. With all the email, IM, phones, texts, memos, twitter, face book, and chat rooms we are more isolated than ever. Rediscover personal interaction and how to communicate effectively in this hands-on "clinic". Building rapport, roadblocks to communication, age, sex, gender, and personality differences are explored. Apply insights immediately upon return to work.

You're Getting On My Nerves

(CPC Approved) (1 Hour/Advanced)

The human brain is our amazing processing center. The brain receives and sends information through 13 conduits or nerves. The spinal column is responsible for the skeletal system from the neck down. The other 12 cranial nerves control from the neck up and include survival and sensory systems. Attendees will learn the various nerves and their jobs. How they relate to the vision system will also be covered. Highlight will be learning how to do a complete neurological exam on the cranial nerves.

Optical B-I-N-G-O

(ABO/CPC Approved)(1 Hour/Basic)

Everyone is a player and anyone can be a winner in this fast paced interactive game of optical BINGO. Each class participant has a BINGO card. A series of optical questions is asked of the audience and discussed in the categories of Business, Insurance, New technology, Glasses, and Ocular anatomy. The first player to fill their card wins a FABULOUS prize and everyone goes home a winner with a better understanding of this incredible profession we spend our days in.

So You Think You Know Vision?

(ABO/CPC Approved) (1 Hour/Intermediate)

Maybe you HAVE been in the profession since Helmholtz created the first ophthalmoscope (1851) so you think you know EVERYTHING about vision. I BET NOT! Come and get your mind blown by some fundamental concepts of vision that will make you look at your job in a entirely different light. Great starting place for new staff.

Paraoptometric Course Schedule

Friday, May 18

Noon - 1:15 p.m.	Registration
1:30 - 2:30 p.m.	Communication: It's Not As Easy As It Sounds Dr. Robert Reed
2:30 - 3:30 p.m.	You're Getting On My Nerves – Dr. Robert Reed
3:30 - 4:30 p.m.	Optical B-I-N-G-O – Dr. Robert Reed
5:30 - 7:00 p.m.	Welcome and Awards Program
7:00 - 9:00 p.m.	BBQ
9:00 p.m.	President's Reception

Saturday, May 19

7:00 - 8:00 a.m.	Registration
8:00 - 9:00 a.m.	So You Think You Know Vision? – Dr. Robert Reed
OR	
8:00 - 9:00 a.m.	Assisting Your Doctor With Eye Diseases and Other Ocular Disorders – Mary Jameson, BHS, CPOT
9:00 - 11:00 a.m.	Do You See What I See? – Dr. Robert Reed
OR	
9:00 - 11:00 a.m.	CPO Review Course - Mary Jameson, BHS, CPOT
11:00 a.m. - 12:15 p.m.	General Business Meeting (All Paras Should Attend – Giveaways!)
12:15 - 1:45 p.m.	Lunch
2:00 - 4:00 p.m.	Everything You Wanted To Know About Contacts, But Didn't Know What To Ask – Dr. Robert Reed
OR	
2:00 - 4:00 p.m.	CPOA Review Course – Mary Jameson, BHS, CPOT
4:00 - 7:00 p.m.	Exhibits
5:30 - 7:00 p.m.	Reception in Exhibit Hall
7:00 - 11:00 p.m.	PPA 40th Birthday Celebration/Casino Night

Sunday, May 20

8:00-9:40 a.m.	Mandated CE for Optometrists - Pain Management, Identification of Addiction, and the Practices of Prescribing or Dispensing Opioids – Dr. Luann Chubb
10:00 a.m.-Noon	Mandated CE for Optometrists - Act 31 Education – Pat Mowen

Complete and send registration form to POA, 218 North Street, Harrisburg, PA 17101 or fax to 717-233-6833.

Doctor of Optometry/Guest/Student Registration

Name _____ ARBO Tracker Number _____

Address/City/State/Zip _____

Email address (for confirmation) _____

Guest(s) Name(s) _____

Golfer Names _____

Act 31 Only

Name as listed on your PA license _____

Birthdate _____ Last 4 digits of SSN _____

Optometric License # _____

Payment

Check # _____

Credit Card Visa MC Disc Amex

Card Number _____

Expiration Date _____

Name on Card _____

Signature _____

	Registration Fee Prior to 4/10/18	Registration Fee 4/11/18 - 5/10/18	Registration Fee After 5/10/18	Per Credit Hour Charge
AOA O.D.	\$100	\$150	\$250	\$25
Non-AOA O.D.	\$200	\$300	\$500	\$50
Students	\$75	\$75	\$75	N/A
Guests	\$75	\$75	\$75	N/A
Golf	\$100	\$100	\$100	\$100
Friday BBQ	\$55	\$55	\$55	\$55

Registration fees include group meals, breaks, exhibit hall admission, President's Reception, Awards Program, Casino Night, and PPA Anniversary Celebration. Registration **does not** include the Friday BBQ or per credit hour charge. **Registration fee must be paid to register for CE credits.**

CONTINUING EDUCATION COURSE REGISTRATION

Please circle below which courses you plan to attend.

Thursday	101 (1 credit)	102 (3 credits)		
Friday	201 (2 credits)	202 (2 credits)	203 (2 credits)	204 (2 credits)
Saturday	301 (2 credits) 305 (2 credits)	302 (2 credits) 306 (2 credits)	303 (2 credits)	304 (2 credits)
Sunday	401 (2 credits)	402 (2 credits)		

I will attend these optional programs at no charge:

- Friday Alcon Business Partner Presentation
- Friday Mix and Mingle Reception to welcome Recent Graduates
- Saturday Bausch & Lomb Business Partner Presentation

of credit hours _____ x per credit hour charge \$ _____

TOTAL DUE TO POA \$ _____

2018 POA Education Opportunities

Formazione Continua in Italia

October 6 - 13, 2018

Rome & Sorrento, Italy

- 12 hours of continuing education in Rome (October 7/8/9)
- 12 hours of continuing education in Sorrento (October 11/12/13)
- Education presented by Drs. Gregory Caldwell, Carlo Pelino, Tracy Sepich, Rodney Sepich
- Register for one or both locations
- 2 days of morning CE and 1 day of afternoon CE in each location to allow for time to explore the city and surrounding areas

More information, including the registration and hotel forms, is available at <https://pennsylvania.aoa.org/education-and-events/formazione-continua-in-italia>

Thursday, September 20 and Friday, September 21, 2018

Omni Bedford Springs Resort

- Thursday golf outing with 4 hours of continuing education sponsored by Southwestern Optometric Society
- 6 hours continuing education presented by Drs. Greg Caldwell and Luanne Chubb, along with Tracy Offherdahl, PharmD

Sunday, November 18, 2018

Lancaster Marriott at Penn Square

- 6 hours continuing education credits

2018 Business Partners

DIAMOND

BAUSCH + LOMB

PLATINUM



BUYING GROUP
YOUR BUYING GROUP OF **CHOICE** SM

GOLD


Alcon®

SILVER



Johnson + Johnson VISION

PRESORTED
FIRST-CLASS MAIL
U.S. POSTAGE
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HARRISBURG, PA
PERMIT NO. 400

The logo consists of the letters 'PA' in a bold, serif font. The 'P' is on the left and the 'A' is on the right. A large, white, stylized '0' is positioned between them, overlapping both letters. The '0' has a thick, black outline and a white fill.

Pennsylvania Optometric Association
218 North Street
Harrisburg, PA 17101
