

AMV - Federação VIET CHI member associations:



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CPAM - Centro Português de Artes Marciais

Colégio do Rosário

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4100-120 PORTO

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DAO - Associação Cultural e Desportiva

Rua Entre Avenidas, 125

4535 - 312 Paços Brandão

e-mail: dao@sapo.pt

Tel. 227 449 439



STCP

ADFA - Associação dos Deficientes das Forças Armadas

Rua Pedro Hispano, 1105

4200-368 PORTO

Fernando Gonçalves - Tel. 936 844 882

SPONSORING OF:



## SUMMER STAGE

VIET-VO-DAO AND VIET-TAI-CHI

MASTER BAO LAN

TECHNICAL DIRECTOR OF VIET-VO-DAO VENETO ITALY

TECHNICAL DIRECTOR OF VIET-TAI-CHI ITALY

MASTER TRAN VIET TUNG

TECHNICAL DIRECTOR OF VIET-VO-DAO GERMANY

AMV – FEDERAÇÃO VIET CHI

## SUMMER STAGE 19-21 SEPTEMBER

AXIS OFIR BEACH RESORT - OFIR - ESPOSENDE

PORTO - PORTUGAL

On one side, the extensive ocean with a beach of golden sand. On the other, the clear waters of the river Cávado. Between both, an enormous area of dunes, covered by a dense pinewood.

The green and the blue, everything in a perfect combination to free the body and the soul, the ideal place for a high quality stage taught by Master BAO LAN and Master TRAN VIET TUNG. Present others Masters from VIET-VO-DAO and VIET-TAI-CHI.

### PROGRAM

19 SEPTEMBER - Friday

19.00 21.00 Training session VIET-VO-DAO/VIET-TAI-CHI

21.30 Welcome dinner (optional)

20 SEPTEMBER - Saturday

09.30 11.30 Training session

10.30 13.00 Training session VIET-VO-DAO

16.00 18.00 Training session VIET-TAI-CHI

17.00 19.30 Training session VIET-VO-DAO

21.00 Dinner

21 SEPTEMBER - Sunday

9.30h 11.30 Training session VIET-TAI-CHI

10.30 12.50 Training session VIET-VO-DAO

13.00 Closing Ceremony / Certificate

Open to all styles and grades. Minimum age of 12 years.

### STAGE, ACCOMMODATION AND MEALS:

**PACK 1** - At Axis Hotel, in twin room, dinner and night accommodation for 20 September, 21 breakfast: 90€.

**PACK 2** - At Axis Hotel, in twin room, breakfast, dinner and night accommodation for 19 and 20, 21 breakfast: 150 €.

**PACK 3** - At Axis Hotel, in twin room, breakfast, dinner and night accommodation for 19, 20 and 21, 22 breakfast: 190 €.

All the PACK's includes the cost of one stage; presence on both stages (VVD and VTC) price increases € 15. Lunch not included. Single supplement per night: 25€.

Buffet Breakfast included. For dinner extra packs: 16,5 € - Saturday Dinner extra packs 30 €. Twin room extra pack 70 € by night and single 60€.

### OTHERS POSSIBILITIES:

Camping Park:

<http://www.roteiro-campista.pt./Braga/fao-moldura.htm>

Youth Hostel:

[http://juventude.gov.pt/Portal/Lazer/en/PFoz\\_Cavado.htm](http://juventude.gov.pt/Portal/Lazer/en/PFoz_Cavado.htm)



VIET CHI

ORGANIZED BY AMV - FEDERAÇÃO VIET CHI  
PORTUGAL

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## REGISTRATION FORM

(to be sent via email or fax before 15 of September)

Name: \_\_\_\_\_

Association/Country: \_\_\_\_\_

Grade: \_\_\_\_\_

Telephone: \_\_\_\_\_

E-mail: \_\_\_\_\_

### IMPORTANT NOTICE:

As usual, participants take full responsibility when attending this Stage, the organizer is free from any responsibility if an accident occur.

Training sessions will take place either in Hotel Axis Ofir luxurious room, or at the surrounding private green spaces, or at the beach.

### COST:

1 STAGE  35 € (registration form sent before 31 July 14)

2 STAGE  50 € (registration form sent before 31 July 14)

1 STAGE  50 € (registration form sent after 31 July)

2 STAGE  65 € (registration form sent after 31 July)

### STAY:

WITHOUT LODGING

PACK 1  PACK 2

PACK 3

### ADDITIONAL INFORMATION:

Just ensure the PACK by 31 July. From that date subject to availability, surcharge added subscription of 15 €. September is high season in Ofir and the demand is very strong, especially for the Youth Hostel (Pousada Foz do Cávado).

See us at: <http://www.vietchi.pt/> /  
<https://www.facebook.com/events/569765329803393/>

Low cost flights to Oporto (OPO)

<http://www.skyscanner.pt/>

<http://www.momondo.com/>

<http://www.edreams.com/>

<http://volareweb.com/>

<http://www.amadeus.net>

<http://www.ryanair.com/>

<http://www.airberlin.com/>

<http://www.easyjet.com/>

