

# You're Invited to a 'Happening' ACTheals Leadership and Board Retreat

Hosted by the Southeast Region

***"Come to the Living Water:  
A Deeper Experience of Prayer and Healing"***



**February 15-17, 2019**

Marywood Retreat and Conference Center

Jacksonville, Florida

Website: [www.marywoodcenter.org](http://www.marywoodcenter.org) Download [Marywood campus](#) 

*"The purposes of a  
man's*

*heart are deep waters,*

*but a man of*

*understanding*

*draws them out."*

**1 Prov 20:5 NIV**

**For information contact**

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***Early registration is recommended!***



- *When my inner confusion or inner silence is deafening, and I feel alone where/how do I begin to **pray**, primarily as a **minister/healthcare provider/disciple of Jesus**?*
- *I practice a different faith tradition than Catholic, could this type of prayer help my spiritual growth?*
- *As a **healthcare provider/minister/disciple of Jesus**, how do I spiritually discern and respond when faced with a **client/patient or family/friend that want to die**?*
- *How do I discover which type of prayer experience is best for me, and the **spiritual directee/companion, client/patient** that I serve?*
- *How do I discern between two good things that **bring Glory to God**?*

### **Welcome..... Fr. J. Michael Sparough, SJ**

Fr. J. Michael Sparough, SJ, is a retreat director, storyteller, itinerant preacher and spiritual director at the Bellarmine Jesuit Retreat House in Barrington. He holds an MFA from Yale School of Drama and a Doctor of Ministry from St Mary of the Lake in Mundelein, IL. A prolific writer and speaker, Fr. Michael has published extensively on prayer. His latest co-authored book is *What's Your Decision? An Ignatian Approach to Decision Making* and is published by Loyola Press. To view his on-line video reflections or to learn more about joining him on pilgrimage to the Holy Land in May, 2019, 2019 go to : [www.hearttoheart.org](http://www.hearttoheart.org).

**PS-FR. BOB SEARS, SJ WILL ALSO BE JOINING THE TRIP.**



**weekend coast includes 6 meals & 2 nights**

**\$260 per person**

**\$480 for Couple**

### **What's Your Decision? An Ignatian Approach to Spiritual Discernment & Decision**

*Exploration of scriptural, spiritual discernment and the 3 modes of decision-making according to St. Ignatius Loyola.*

### **The Examen & Guided Meditations**

The Examen is a prayer reflection tool taught by St. Ignatius, which he considered the most critical personal prayer that one can pray daily. This session includes scriptural guided meditations, breath and body prayer work.

*What are the benefits of a spiritual companion-director and how do I locate such a person?*