



# ACTheals Canadian Conference

working in the Healthcare Community since 1975

## Journeying with Pain

*Less of me – more of Him*

Emotional  
Physical  
Spiritual

### DATE:

**April 30 – May 3, 2026**

### LOCATION:

**Monastery of Mount  
Carmel Spiritual Retreat  
and Conference Centre  
7020 Stanley Ave.,  
Niagara Falls, Ontario**

### Speakers:

**Dr. Donna Ward M.D.**

**Fr. John Meehan PhD, SJ**

**Dr. Mary Chakkalackal M.D.**

**Dr. Lise Poirier-Groulx M.D.**

**Denise Dolff, MA Psychology**

**Fr. Terry McKenna (Family Tree)**

Jabez was honored more than his brothers; and his mother named him Jabez, saying, "Because I bore him in pain." Jabez called on the God of Israel, saying, "Oh that you would bless me and enlarge my border, and that your hand might be with me, and that you would keep me from hurt and harm!" And God granted what he asked. 1 Chronicles 4:9-10