



# Mindful Giving: Legacy Gifts and Estate Planning

For almost 70 years, the Colorado Psychiatric Society has been promoting excellence in psychiatric care through advocacy, education and research. In 2008, the Colorado Psychiatric Foundation was created to advance the understanding, prevention, and treatment of mental disorders through education, advocacy, and research.

Mindful Giving ensures the continuation of this important work by allowing individuals to make planned, future donations to the Colorado Psychiatric Society and the Colorado Psychiatric Foundation through a will or other formal designation.

## How to Give

As with any decision involving your estate plans, we urge you to seek the advice of professional counsel when considering a gift to CPS or the Foundation. It may be important to let your professional council know that the Foundation is a charitable 501(c)3 so all donations made to the Foundation are tax-deductible and CPS is a 501(c)6 so donations are not tax-deductible.

**Mindful Giving through legacy gifts and estate planning enables you to create a powerful legacy that lasts beyond a lifetime.**

Sample wording: "I, [name], of [city, state, zip], give and bequeath to [the Colorado Psychiatric Society Tax ID Number 84-6110915 or the Colorado Psychiatric Foundation Tx ID Number 23-2674229], 3700 Tennyson St #12297 Denver, CO 80212 [written dollar amount or percentage of the estate] for its unrestricted use and purpose."

Please let us know when you have named CPS or CPF in your will or trust so that we can thank you and include you in our Mindful Giving Society. Please use this **Mindful Giving Intention Form** to notify us of your intention. Your generosity is appreciated.

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"Albert Einstein is quoted as describing the power of compound interest as the eighth wonder of the world. Knowing this, consider leaving a bequest to the endowment of the Colorado Psychiatric Foundation. Even smaller gifts, given time, grow into an amount which can meaningfully support the mission of the Colorado Psychiatric Foundation."

-- Rex McGehee MD, Colorado Psychiatric Foundation Chair

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"I have recently had the pleasure and opportunity to bequeath a legacy gift to the Colorado Psychiatric Foundation, and was asked to write a note on why I had done so.

The answer is that the Colorado behavioral health community has been kind and loving towards me, from my classmates and teachers at the Colorado Psychiatric Hospital where I did my residency, to colleagues and administrators in private practice. I owe a special debt of gratitude to thousands of patients who have trusted their well-being to me over more than 40 years. While Colorado is not free of racism and discrimination, I genuinely believe to have seen less of that here than in most places around the globe. As psychiatry continues to evolve, with new opportunities to help patients with neuromodulation and psychedelic treatments, this gift is an expression of gratitude for all this community has given to me, with the hope that the next 40 years will have better treatments and outcomes for our patients, while the humanistic and empathetic outlook of our community is maintained. The Colorado Psychiatric Foundation is one of the very best organizations to support to try to meet these goals."

-- Ted Wirecki MD, Colorado Psychiatric Foundation Founding Chair