



KENTUCKY PODIATRIC MEDICAL ASSOCIATION

Presents

2023 ANNUAL SCIENTIFIC MEETING

20 Continuing Education Contact Hours

April 21-23, 2023

Hilton Lexington Downtown

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Mission Statement of the KPMA 2023 Annual Scientific Meeting

The KPMA's educational mission is to purposefully advance the art and science of podiatric medicine by providing the highest quality of didactic and clinical learning experiences to KPMA members & non-members and shall include a variety of instructional sessions aimed at significantly enhancing patient care, treatment protocols and practice efficiency. The program may include interactive educational adult learning methods and principles utilizing lectures, point-counterpoint, case studies, question and answer, handouts, audio visual materials (including media or narrations), and hands-on workshops.

Key goal

To achieve 20 Hours of Continuing Education Contact Hours (CECH) in evidenced-based podiatric medicine for professional development.

Objectives

Upon conclusion of the Annual Scientific Meeting podiatric physicians will be able to:

- be knowledgeably informed or remember information regarding podiatric conditions, maladies or circumstances relating to the practice of medicine and podiatry
- extrapolate by comprehension, understanding or perception the insight gained via lecture and discussion relating to the practice of medicine and podiatry
- formulate or infer by application case relevance relating to the practice of medicine and podiatry
- distinguish by analysis the appropriate modalities in the treatment, care and protocols of current trends, application and practices of medicine in podiatry
- generalize, synthesize, or deduce by classification ways to develop treatment protocols based on current literature and evidenced based medicine
- compare, contrast, and evaluate judgment values for those ideas presented between medical and surgical applications

Kentucky Podiatric Medical Association

5932 Timber Ridge Drive, Suite 101; Prospect, KY 40059

(502) 223-5322 * (800) 522-1321 * info@kypma.org * Fax: (502) 223-4937

Welcome to the KPMA 2023 Annual Scientific Meeting!

Dear Colleague:

Thank you for supporting our state association by attending our annual scientific meeting. The 2023 Scientific Meeting will feature a diverse program of lecture topics focused on podiatric medicine. They will be presented in a didactic lecture format and will feature presenters from across the country. The purpose of this seminar is to provide a broad overview of developments in the field of podiatric medicine. The lectures will be geared toward licensed podiatric physicians. Participants will receive continuing medical education credits that will satisfy the licensure requirements of the Commonwealth of Kentucky. If you have any ideas or suggestions for speakers or topics for future meetings, please send them to the association office. We appreciate your participation and support.

Christopher Baptist, DPM
Scientific Chair

Registration Information

Member	\$350 Early bird/\$400 late fee
Non-Member	\$650 Early bird/\$750 late fee

Doctor registration includes continental breakfasts, breaks, lunch, up to 20 hours of CE, and access to exhibits.

We suggest you bring a sweater or jacket to ensure your comfort during all events.

Exhibit Hall

Visit the exhibits **all day Friday**, and **Saturday until Noon**. Wear your KPMA name tag for admittance. Exhibitor participation supports the podiatric profession. Please let them know how much you value their presence and support.

Changes to Lectures & Schedules

KPMA reserves the right to adjust or change any lecture or schedule.

Disclosure

Each speaker is required to disclose the existence of any financial and/or other relationships (i.e., Employee, consultant, speaker's bureau, grant recipient, research support) he or she might have with a) manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity. Any such conflict will be announced by the individual introducing the speaker or by the speaker immediately preceding the lecture.

Cancellations for DPMs

Cancellations must be submitted in writing to the KPMA office with the reason clearly stated. The CECH Chair and KPMA staff will review each request individually. Refund denials can be appealed to the KPMA Executive Committee. A \$20 service charge will apply to all refunds issued.

Audience

The intended audience for the meeting is physicians, resident physicians, and students of podiatric medicine. Presentations are presented at a post-graduate physician level.

Nondiscrimination

No person shall be denied participation in any continuing education program provided by this Association for reasons of race, sex, religion, national origin, or physical ability. This program is ADA compliant. Please notify the KPMA staff if you require specific accommodations at 1-800-522-1321.

CECH Hours

The KY Podiatric Medical Association is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. KPMA has approved this activity for a maximum of 20 continuing education contact hours: Friday offers 7 total hours. Saturday offers 8.5 total hours. Sunday offers 4.5 total hours. **You will be required to sign-in two times per day for attendance verification!**

You must turn in your CECH signature sheet at the end of each day.

No commercial interest provided financial support for this continuing education activity.

Conference Attendance

Registration and payment do not automatically result in the issuance of any CECH credit. The CECH signature sheet attests that you have attended the program for the number of CECH hours awarded. A signed copy is required in order to receive the certificate of attendance.

2023 KPMA Conference Schedule at a Glance

Friday, April 21	Course Title	Presenter
7:00 – 8:00 AM	Registration & Continental Breakfast	
8:00 – 10:30 AM (2.5 CECH)	“Dermatology Update 2023”	Dr. Tracey C. Vlahovic
10:30 – 11:00 AM	Exhibit Break	
11:00 – 12:00 PM (1.0 CECH)	“Osteochondral Lesions of the Talus: Current Treatment Concepts”	Dr. Charlene M. Dennemeyer
	“Acute Achilles Tendon Rupture Repair: Percutaneous vs Open Repair”	Dr. Joseph J. Lynott
	“Ankle Fracture Malunion and Fibular Lengthening”	Dr. Russell B. Baker
	“Small Nerves, Big Problems: Entrapment Neuropathy in the Foot& Ankle”	Dr. Alden L. Simmons
12:00 – 1:30 PM	Lunch with Exhibitors	
1:30 – 3:30 PM (2.0 CECH)	"Achilles Tendon Pathology"; "Diabetic Neuropathic Wounds"; "Stump Neuromas"; "Nonunion: Who and When"	Dr. Thomas S. Roukis
3:30 – 4:00 PM	Exhibit Break	
4:00 – 5:30 PM (1.5 CECH)	“Foot and Ankle Arthroscopy and Endoscopy”; "1st Ray Hypermobility"; "Soft-Tissue Infection Management"; "Diabetic Partial Foot Amputation Tendon Balancing Techniques"	Dr. Thomas S. Roukis
Saturday, April 22	Course Title	Presenter
7:00 – 8:00 AM	Registration & Continental Breakfast with Exhibitors	
8:00 – 9:00 AM (1.0 CECH)	“HIPAA Right of Access Rule”	Dr. Michael L. Brody
9:00 – 10:00 AM (1.0 CECH)	“OSHA Update”	Dr. Michael L. Brody
10:00 – 10:30 AM	Exhibit Break	
10:30 – 12:30 PM (2.0 CECH)	“Deformity Correction in the Pediatric Patient”	Dr. Lucian M. Feraru
12:30 – 1:30 PM (1.0 CECH)	Lunch Lecture: “MRI Basic Principles for the Podiatrist and Case Review”	Dr. Theresa M. Corrigan
1:30 – 3:30 PM (2.0 CECH)	"Adult-Acquired Flatfoot Evolution"; "Autogenous Bone Grafting"; “Beaming Principle in Mid-Foot Charcot”; "Muscle Flaps in Lower Extremity Limb Salvage"; “Optimization Guidelines for Charcot Reconstruction"	Dr. Byron L. Hutchinson
3:30 – 3:45 PM	Break	
3:45 – 5:15 PM (1.5 CECH)	“Roundtable Case/Topic Discussion”	Drs. Roukis, Hutchinson, & Feraru
Sunday, April 23	Course Title	Presenter
7:30 – 8:00 AM	Registration	
8:00 – 10:30 AM (2.5 CECH)	“Osteomyelitis of the Foot and Ankle” & “Antibiotic Management for the Podiatrist”	Dr. Joel T. Fishbain
10:30 – 10:45 AM	Break	
10:45 – 11:30 AM	General Membership Meeting	
11:30 – 1:30 PM (2.0 CECH)	Lunch Lecture: “The 10 Principles of Opioid Prescribing in Foot & Ankle Surgery: With Special Considerations for the Diabetic Foot”	Dr. Brandon M. Brooks

Continuing Education Lectures

Friday April 21, 2023

7:00-8:00 AM Registration & Continental Breakfast

8:00-10:30 AM (2.5 CECH)

“Dermatology Update 2023”

Tracey C. Vlahovic, DPM

Objectives

- Discuss latest in topical therapy for skin conditions
- Discuss protocols for lower extremity skin disease
- Review differences between skin issues on the leg vs foot

10:30-11:00 AM Exhibit Break

11:00-12:00 PM (1.0 CECH)

“Osteochondral Lesions of the Talus: Current Treatment Concepts”

Charlene M. Dennemeyer, DPM

Objectives

- Understand the etiology of osteochondral lesions of the talus (OLT)
- Recognize clinical signs of OLT and classify based on imaging studies
- Develop a treatment strategy tailored to the patient based on current surgical advancements and literature

“Acute Achilles Tendon Rupture Repair: Percutaneous vs Open Repair”

Joseph J. Lynott, DPM

Objectives

- Conservative Management and Treatments
- Surgical Management: Percutaneous vs Open Repair

“Ankle Fracture Malunion and Fibular Lengthening”

Russell B. Baker, DPM

Objectives

- Be able to assess a shortening of the fibula via radiographic parameters.
- Be able to select appropriate procedures for correction of unstable malunited ankle fractures.

“Small Nerves, Big Problems: Entrapment Neuropathy in the Foot and Ankle”

Alden L. Simmons, DPM

Objectives

- Understand the anatomy and etiology of an entrapment neuropathy.
- Evaluate the literature around nerve entrapment.
- Analyze which interventions are best for your patients.

12:00-1:30 PM Lunch with the Sponsors

1:30-3:30 PM (2.0 CECH)

**“Achilles Tendon Pathology: Detachment-Reattachment and Rupture Repair”;
“Surgical Off-Loading of Diabetic Neuropathic Wounds”;
“Denervation/Implantation Techniques for Stump Neuromas”;
Nonunion: Who and When it Needs to be Fixed”**

Thomas S. Roukis, DPM, PhD

“Achilles Tendon Pathology”

Objectives

- Review the most common Achilles tendon pathology including insertional spur formation, mid-substance tendinopathy, retro-calcaneal bursitis, Haglund’s prominence and rupture, as well as the most rational surgical approaches for each.
- Management of complications encountered with surgical management of these Achilles tendon pathologies will be discussed in detail.
- This will involve case-based learning.

“Diabetic Neuropathic Wounds”

- Review the difficulties encountered when managing diabetic peripheral neuropathic wounds through conservative cares.
- Review the presenters preferred in-office surgical procedures that have been proven over the test of time to help minimize re-ulceration and amputation.

“Stump Neuromas”

- Review the cases peripheral nerve stump neuroma formation
- Review both historical and contemporary surgical methods of reducing the development of stump neuromas with primary and revision surgery lower extremity peripheral nerves.

“Nonunion”

- Review the most common causes of non-union.
- Review who and why surgical revision should be considered or avoided.
- This will involve case-based learning.

3:30-4:00 PM Exhibit Break

4:00-5:30 PM (1.5 CECH)

"Foot & Ankle Arthroscopy and Endoscopy: Miscellaneous Procedures"; "1st Ray Hypermobility is Fiction Not Fact"; "Limb Threatening Soft-Tissue Infection Management"; "Diabetic Partial Foot Amputation Tendon Balancing Techniques"

Thomas S. Roukis, DPM, PhD

“Foot & Ankle Arthroscopy & Endoscopy”

Objectives

- Review a variety of useful but infrequently performed arthroscopic and endoscopic procedures
- Review specific methods to minimize complications.

“1st Ray Hypermobility”

- Review 1st ray hypermobility in detail including its definition, assessment techniques and influence of surgical procedures
- Compare 1st ray hypermobility to the cryptozoology phenomenon associated with “Bigfoot”
- Intended to be entertaining and educational.

“Soft Tissue Infection Management”

- Review the evaluation and management of limb threatening soft-tissue foot and ankle infections.
- This presentation will set the stage for discussion about the most functional diabetic partial foot amputations.

“Diabetic Partial Foot Amputation”

- Review partial foot amputation techniques useful for diabetic neuropathic wounds that are not otherwise salvageable
- Discuss effective tendon balancing procedures
- Review methods to limit ulceration of the residual foot.

Saturday April 22, 2023

7:00-8:00 AM Registration & Continental Breakfast

8:00-9:00 AM(1.0 CECH)

"HIPAA Right to Access Rule"

Michael L. Brody, DPM

Objectives

- Understand Patients’ rights as it relates to their medical records
- Understand your responsibilities to respond to patient requests for records
- Understand when you may not or should not provide a patient with their records

9:00-10:00 AM (1.0 CECH)

"OSHA Update"

Michael L. Brody, DPM

Objectives

- The Blood Borne Pathogen Rule
- The Ionizing Radiation Standard
- The Hazard Communication Standard

10:00-10:30 AM **Exhibit Break**

10:30-12:30 PM (2.0 CECH)

"Deformity Correction in the Pediatric Patient"

Lucian M. Feraru, DPM

Objectives

- This lecture will focus on diagnosis and treatment of a variety of pediatric pathologies with a focus on pediatric reconstruction using gradual correction with external fixation.

12:30-1:30 PM Lunch Lecture (1.0 CECH)

"MRI Basic Principles for the Podiatrist and Case Review"

Theresa M. Corrigan, MD

Objectives

- Understand basic MRI physics, scanner components, and pulse sequences.
- Learn how to optimize orders for MRI including knowledge of protocol options and when contrast is indicated.
- Understand basic contraindications to MRI and imaging alternatives.

1:30-3:30 PM (2.0 CECH)

"Adult Acquired Flatfoot Evolution: Surgical Technique Evolution"; "Autogenous Bone Grafting: When, Where, and How";

"Beaming Principle in Mid-Foot Charcot: What is it and Why do we do it"; "Muscle Flaps in Lower Extremity Limb Salvage: Go to Flaps and Why"; "Optimization Guidelines for Charcot Reconstruction: Taking a Closer Look at Specific Parameters for Charcot Reconstruction"

Byron L. Hutchinson, DPM

"Flatfoot Evolution"

Objectives

- Attendee will gain an appreciation for current trends in flatfoot surgery
- Attendee will become familiar with the importance of locking the mid tarsal joint for stability
- Attendee will become familiar joint preservation vs fusion surgery

"Autogenous Bone Grafting"

- Attendee will become familiar with when to use autogenous bone
- Attendee will gain an appreciation for the importance of a metabolic bone profile
- Attendee will become familiar with the anatomic locations for obtaining autogenous bone graft and the volume in that anatomical region

"Beaming Principles"

- Attendee will become familiar with bone metabolism
- Attendee will gain understanding of super constructs
- Attendee will become knowledgeable regarding beaming techniques

“Muscle Flaps”

- Attendee will become aware of the importance of this topic
- Attendee will understand which flaps are best in certain clinical situations
- Attendee will become familiar with muscle flap techniques

“Optimization Guidelines”

- Attendee will gain an understanding of the complexity of factors that can affect overall outcomes in Charcot reconstructions
- Attendee will understand how to balance optimization vs. need for surgery

3:30-3:45 PM Break

3:45-5:15 PM (1.5 CECH)

"Roundtable Case / Topic Discussion"

Lucian M. Feraru, DPM; Byron L. Hutchinson, DPM; Thomas S. Roukis, DPM

Objectives

- Discuss treatment options for a variety of cases as well as actual treatment and outcomes
- Question and answer over a variety of topics

Sunday April 23, 2023

7:30-8:00 AM Registration

8:00-10:30 AM Breakfast Lectures (2.5 CECH)

"Osteomyelitis of the Foot and Ankle" &
"Antibiotic Management for the Podiatrist"

Joel T. Fishbain, MD

Objectives

- Review terminology because THAT is probably causing the most confusion
- Discuss the diagnostics and truly evaluate whether they help, hurt or just cost money
- Convince you that the paradigms of antibiotics are NOT dogma and need adjustment
- Endeavor (likely poorly) to make an exceedingly complex and multifactorial process simple...ha!
- Instigate a lively and impassionate discussion

“Antibiotic Management”

- Review commonly used antibiotics for outpatient infections
- Discuss antibiotic spectrum of activity
- Review common side effects of commonly used oral antibiotics

10:30-10:45 AM Break

10:45-11:30 AM Annual Membership Meeting

11:30-1:30 PM Lunch Lecture (2.0 CECH)

"The 10 Principles of Opioid Prescribing in Foot and Ankle Surgery: With Special Considerations for the Diabetic Foot"

Brandon M. Brooks, DPM, MPH

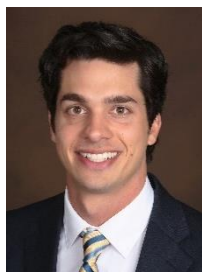
Objectives

- Identify the root causes of the US Opioid Epidemic.
- Understand the 10 principles of opioid prescribing in foot and ankle surgery.
- Recognize the underlying causal mechanism between the diabetic foot, pain, and depression.

This session fulfills the KY State Board of Podiatry requirement 4)(a) Beginning on July 1, 2012, and annually thereafter, each podiatrist licensed by the board shall complete at least one and one-half (1.5) hours of continuing education related to the use of the Kentucky All- Schedule Prescription Electronic Reporting System (KASPER), pain management, or addiction disorders.

SPEAKER BIOS

Dr. Russell Baker is originally from Chapin, South Carolina, completed undergraduate degree at Wofford College and competed 4 years in Division 1 Cross Country / Track, followed by graduation from Barry University, then University of Louisville Hospital for Residency and Fellowship. He enjoys playing banjo, running, and trying local doughnut shops.



With more than 30 years of experience in the field of medicine, **Dr. Michael Brody** currently operates a private practice in Southold, NY. He served as a staff podiatrist and clinical instructor at the Veterans Administration Medical Center for 26 years, where he founded the podiatry residency program. An expert in his field, Dr. Brody has traveled across the nation educating many businesses and healthcare organizations in the field of Health Information Technology (HIT) and Meaningful Use. He has been board certified with the ABPM since 1996.

Dr. Brandon Brooks is the acting-Chief of Podiatry at the Wm. Jennings Bryan Dorn VA Medical Center in Columbia, SC. Dr. Brooks is a graduate of Saint Leo University, the Barry University School of Podiatric Medicine, and the Geisel School of Medicine at Dartmouth. Of note, he was the first clinician to demonstrate that clinically meaningful variation in postoperative opioid prescribing exists on a national scale among podiatric physicians and surgeons. He and his brother, Bradley M Brooks, DO, DABPN, were also the first to demonstrate that cognitive bias can impact opioid prescribing practice.





Dr. Theresa Corrigan is a native Louisvillian, graduate of Bellarmine University and the University of Louisville School of Medicine. She did her radiology residency at the University of Louisville as

well. Dr. Corrigan subsequently did a fellowship with Dr. Stephen Pomeranz in the early days of Proscan in the early 1990s. She has practiced in the Louisville area since 1992 with a focus on musculoskeletal imaging with a particular interest in the ankle and foot.

She practiced at Jewish Hospital from 2000-2018 and taught musculoskeletal imaging to U of L radiology residents as well as to the podiatry residency program under Dr. Tim Ford. Currently, Dr. Corrigan has an independent practice and provides imaging interpretation for several facilities in Kentucky and Southern Indiana, including Heartland Imaging.

Dr. Charlene Dennemeyer

received her undergraduate Bachelor of Science degree in Neuroscience from the University of Nevada Reno and went on to complete her medical education at the New York College of Podiatric Medicine. She then completed a 36-month PMSR/RRA surgical residency at North Colorado Medical Center, where she served as chief resident. She is currently completing a 12-month reconstructive foot and ankle fellowship program with Kentucky/Indiana Foot and Ankle Specialists.



Dr. Lucian Feraru is Foot and Ankle trained surgeon practicing in Los Angeles, California as part of the AltaMed multispecialty clinic system. He works in an outpatient clinic setting in multiple locations including

Children's Hospital Los Angeles. He performs surgery at Adventist Health White Memorial hospital and is involved in education with their residency program. Dr. Feraru has extensive training in Charcot Reconstruction under Dr. Michael Subik at St Mary's General Hospital in Passaic, NJ, as well as extensive fellowship training in pediatric reconstructive surgery at the Pediatric Orthopedic Center in Cedar Knolls, NJ, with Dr. Mark Solomon as director.

Dr. Joel Fishbain is currently an Infectious Disease Provider at Corewell Health Beaumont Grosse Pointe hospital. He also serves at the Medical Director for Infection Prevention and Hospital Epidemiology. He has over 26 years of experience as an Infectious Disease provider.





Dr. Byron Hutchinson is a past board member and Fellow of the American College of Foot & Ankle Surgeons, and past President and Board-Certified, Foot & Ankle Surgery by the American

Board of Foot & Ankle Surgery. He is a national and international lecturer and author of several chapters in medical textbooks and articles in peer reviewed scientific journals. He has volunteered as a surgeon for the Yucatan Crippled Children's Project in Merida, Mexico. He serves on the board of directors of the International Foot & Ankle Foundation for Education & Research and is the current Medical Director of CHI/Franciscan Advanced Foot & Ankle Fellowship.

Dr. Joseph Lynott was born in Escondido, CA and raised in Virginia Beach, VA. He is a Navy Veteran (Hospital Corpsman) with five years of military service including a tour in Iraq. After



graduating from medical school, his family moved to Northern Kentucky for his residency. Prior to moving inland, he was an avid surfer, waterman, and an oceanfront lifeguard. During the fall, Dr. Lynott enjoys watching his favorite NFL team, the San Diego Chargers. He especially enjoys being a devoted father and husband, spending most of his time with his wife and two children.



Dr. Thomas Roukis is a Clinical Professor, University of Florida College of Medicine- Jacksonville in the Department of Orthopaedic Surgery & Rehabilitation's Division of Foot & Ankle

Surgery in Jacksonville, FL. He completed his residency in La Crosse, WI, followed by an AO International Trauma Fellowship in Mainz, Germany, and a Reconstructive Foot & Ankle Research & Surgery Fellowship in Des Plaines, Illinois. Dr. Roukis is Past President of the American College of Foot & Ankle Surgeons and is Editor-in-Chief of Foot & Ankle Surgery: Techniques, Reports & Cases (FASTRAC).

Dr. Alden Simmons hails from the great potato state of Idaho. At the age of four, he announced he would someday be a leg doctor. Alden is living his dream as a podiatry fellow with the University of Louisville. He is also a devoted husband and father to three sons.



Dr. Tracey Vlahovic is a Clinical Professor and J. Stanley and Pearl Landau Faculty Fellow at the Temple University School of Podiatric Medicine (TUSPM) in Philadelphia. She is board certified in foot surgery by

the American Board of Podiatric Surgery. Dr. Vlahovic currently teaches the Fundamentals of Dermatology course at TUSPM and has received numerous teaching awards. She has authored several articles in peer-reviewed journals and is involved in multiple clinical research trials for various dermatological therapies and devices.



Registration Form

2023 KPMA Annual Scientific Meeting

Doctor registration includes
admission to lectures and exhibit hall, &
breakfast and lunch each day.

Please print

Dr. Name _____ Practice Name _____

Email _____ Address _____

Phone _____ City, State, Zip _____

I am a member of the _____ (state abbr.) Podiatric Medical Association.

☐

I am a first-time attendee.

☐

I have special diet/accommodations requests: _____

Registrant Type	Badge Name (First and Last)	Thru 3/24 Regis Fee	After 3/24 Regis Fee	SUBTOTAL
KPMA/APMA Doctor		\$350	\$400	
Resident/Student		\$75	\$100	
Non-Member Doctor		\$650	\$750	

☐ Check # _____ enclosed (payable to KY Podiatric Medical Association)

☐ Charge my (circle one) Visa MC AMEX Discover

TOTAL: \$ _____

Credit Card # _____ Exp _____ Sec Code _____

Name on card _____ Email for receipt _____

Billing Add _____

City _____ State _____ Zip _____

HOTEL INFO: The conference and exhibits will take place in the Hilton Lexington Downtown. **Reserve your room online ASAP by using the link on kypma.org or the QR code at the right takes you directly to the booking site.**



Return this completed form *with payment*

by mail (KPMA, 5932 Timber Ridge Drive, Ste 101, Prospect, KY 40059),
fax (502-223-4937) or email (info@kypma.org)

Questions? info@kypma.org or 502-223-5322



2023 KPMA Conference

LEXINGTON,
KENTUCKY



HILTON
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**APRIL
21 - 23**