

KSHHP NEWS

Kentucky Society of Health-System Pharmacists

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President's Message

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Hello, KSHP Members!

This marks my first newsletter article as your President, and my first order of business is to take a moment to again say THANK YOU for trusting me to lead our Society this year. I am truly honored to serve you all in this role.

During her tenure as President, Leslie Kenney challenged all of us with a "call to the post" to increase our involvement in and support of KSHP. In keeping with this racetrack-based metaphor, I am hoping that this will be the year of "and they're off". Our leaders and members have worked hard over the past few years to ensure that we are locked and loaded in the gate; we have diligently practiced our skills as professional leaders and advocates, and we have proven our worth with continued successful meetings. We have invested in relationships with key external stakeholders and we have overcome obstacles, including fear of the unknown, as we've transitioned to a volunteer-led organization. We are primed to hit the ground running; and in fact, we already have.

Our Fall meeting in September was another huge success; please refer to the meeting highlights featured later in this edition of the newsletter for details. Our Spring meeting

promises to be just as exciting as we will be partnering with the Kentucky Hospital Association for a day of excellent programming and unique networking opportunities focused on the opioid crisis in Kentucky. The meeting will be held on Friday, May 10th in Lexington; details to follow.

In case you missed our original announcement in the "Bluegrass Buzz" a few weeks ago, I am absolutely thrilled to again announce that KSHP has been awarded an ASHP/ASHP Foundation Practice Advancement Initiative (PAI) State Affiliate Workshop grant. As part of this grant, ASHP will provide a facilitator to help us host a PAI leadership workshop this spring; following the workshop, we will receive \$2000 to support practice advancement initiatives throughout our state. **Amanda Castle** has been appointed to lead a PAI Task Force that will be responsible for planning workshop details, leading the implementation of PAI initiatives, and submitting grant requirements over the course of the grant period. We hope to gather a diverse group of pharmacy leaders from across the Commonwealth to participate in the PAI workshop; please keep an eye on your email inbox regarding these details, which will be communicated as soon as they have been finalized.

As we begin to settle in to the 2018-2019 organizational year, KSHP leadership is working hard to ensure our committee membership and structure is sound, and we will be working to develop and update committee-specific policies and procedures this coming year. Additionally, our Public Policy committee has been working hard to identify focused issues to include as part of our legislative agenda as we prepare for the start of the 2019 legislative session this winter.

Once again returning to our horse racing metaphor, I invite you to join us on the track however you are able to; by renewing your membership, volunteering for a committee, submitting a newsletter article, volunteering to participate in our next Reverse Expo, sponsoring a student or technician to attend one of our meetings, listening to a upreceptor development webinar, “liking” us on Facebook, presenting a poster or CE program, donating to the Martha Lou King Foundation, or anything in between. Please feel free to reach out to me directly should you have any questions about how you personally may best contribute to our Society. I am looking forward to another great year for KSHP!

Board Actions

September & October
2018

Kortney Osborne Brown, Pharm.D.
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The full KSHP Board met on Wednesday, September 19th during the KSHP Fall Meeting & Tuesday, October 16th via conference call and a meeting locations at

Sullivan College of Pharmacy and Lexington.

The following decisions were made at that time:

- The Board approved to hold the KSHP 2019 Spring Meeting in conjunction with the Kentucky Hospital Association Convention in May 2019.
- A Board Oversight of Committees policy was presented and approved by the Board.
- The strategic plan areas of focus for Quarter 4 were approved by the Board.
- KSHP has been awarded the Pharmacy Advancement Initiative grant by ASHP. The Board approved to officially accept the grant and will be creating a PAI task force to execute the workshop and corresponding grant.
- Lexington has been approved for the location of the KSHP 2019 Fall meeting.
- The Board approved that KSHP will continue to sponsor a \$250 student scholarship at each College of Pharmacy and a establish a new \$500 student graduation award at each College of Pharmacy.
- Committee volunteer placements were approved by the Board.
- The 2019 budget was presented and approved unanimously by Board.
- The Membership and Marketing Committee created a “Meet Your Member” article for the newsletter. The Board decided to make this a regular feature in the newsletter.

KSHP Fall Meeting Highlights

Emily Frederick, PharmD, BCPS
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KSHP recently held its annual Fall Conference from September 20th-September 21st at the Holiday Inn Louisville East in Louisville, Kentucky. Thank you to the Programming and Practitioner Education Committee and its volunteers for their work in planning and executing a successful meeting, and thank you to the attendees

and exhibitors for the wonderful energy, enthusiasm, and participation. We had another year of outstanding attendance, 348 total attendees! The meeting was packed with great educational opportunities and a total of 14 hours of continuing education offered via multiple programming tracks.



Program Co-Chairs Emily Frederick (I) and Kristan Higgs prepare to get the CE sessions started

The meeting opened with updates, greetings, and a discussion of opportunity from Amey Hugg, the Director of the ASHP Section of Pharmacy Informatics and Technology. Shortly after learning about going “All In” with ASHP, programming quickly transitioned to clinical topics including a dynamic case-based presentation from Demetra Antimisiarius on geriatric pharmacotherapy. Members continued down a clinical track with Hot Topics in Neurology, hepatitis C updates, and clinical pearls covering a few critical care topics and controversies. Given some of the exciting changes and news from the Kentucky Board of Pharmacy, attendees alternatively had the opportunity to attend a legislative update followed by a focused session on the new Board-Authorized Protocols, including health system implementation of smoking cessation and diabetic testing supplies protocols.

The momentum and energy continued into the second day of the meeting with the option to attend the main clinical track or the education/learner programming track. Topics ranged from population health to HIV. Preceptors could focus on development in the session on layered learning and with the residency development pearls. Awards were

presented during a delicious lunch and new officers and members of the board of directors were installed by ASHP representative, Amey Hugg. The KSHP Educational Foundation reception directly followed lunch and happily awarded six student scholarships. To continue to fundraise and support future scholarships, the Martha Lou King Foundation held a raffle to win a variety of themed gift baskets, raising approximately \$1500 over only a day and a half.

Students also had dedicated programming with the opportunity to ask questions to residents and RPDs in a panel discussion format as well as learn the ins and outs of writing a great letter of intent. The meeting closed with the 3rd Annual Kentucky Residency Showcase. Students brought energy and enthusiasm as they interacted with and learned about up to 26 unique residency program opportunities.

KSHP thanks everyone for attending the Fall Meeting, and we can't wait to see you in the Spring!

Foundation "Doubles Down" at Fall Meeting

Chris Holtman, PharmD,
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KSHP's Martha Lou King Foundation has a strong "dual presence" each year at the Fall Meeting - awarding scholarships and holding a "festive" fundraiser. At this year's meeting, the Foundation announced the names of six students from UK and Sullivan Colleges of Pharmacy who were awarded scholarships for their academic success, involvement in student chapters of professional organizations, and post-graduate intent to participate in furthering the goals of KSHP.

The scholarship winners for 2018 are Madeline Fuller (UK), Alex Nilges (UK), Stuart Pope (UK), Spencer Tungate (UK), Ali Wiegand (UK), and Derrick Yeagle (SUCOP). Students who apply for these awards submit an application, CV, and 300-word essay describing their career aspirations and plans for future involvement with KSHP. It is inspiring to the Foundation Board to review these applications and see

the energy these students are already bringing to the profession.

Due to class and rotation conflicts, all but one student were unable to attend the meeting to receive their awards in person. Derrick Yeagle from Sullivan was able to join us and is pictured with Foundation Chairperson Chris Holtman receiving his check at the Friday event.

The fundraising event was another big success for the Foundation. Continuing the "basket raffle" theme from the Spring Meeting, there were eight very creative baskets donated by various KSHP board members and fellow staff. The raffle netted almost \$1500 in proceeds which all goes to help fund the scholarships and grants that



are the mission of the Foundation. A "RESIDENT SURVIVAL BASKET" donated by Tina Claypool (UofL Healthcare Pharmacy Dept) was a popular ticket - it was won by Brittany Wyatt, PGY-2 resident at Norton Healthcare - and she is pictured here with fellow residents at the Friday event.

Other baskets included "MARGARITA NIGHT" donated by Amanda Castle of Norton Healthcare, "UK's TOP DOG" (UK-themed "canine" treats) donated by Rachel Swope (Norton), "TECH GEAR" and "HAVE A DRINK" donated by Chris Holtman, and three beautiful baskets donated by Lindsay Villalobos and colleagues from UK - "VERA



Brittany Wyatt, PGY-2, Norton Healthcare Pharmacy wins the Resident Survival Basket

and VINO" (with Bob Kuhn); "KENDRA SCOTT jewelry" (with Stephanie Sutphin); "PUMPKIN SPICE/EVERYTHING NICE" (with her husband).

The basket raffles have been so well-received (and well-patronized) by attendees at both meetings in 2018 that, going forward, the Foundation Board has decided to continue with this fundraising format instead of the silent auction format of past years. We are grateful for the enthusiastic support from our members, students, vendors and all meeting attendees, and look forward to continued success at future meetings. For more information on the KSHP Foundation, please visit www.ksnp.org



Derrick Yeagle, Sullivan University College of Pharmacy student, receives a Scholarship check from Foundation President Chris Holtman



Newly installed President Villalobos gives her address



Old and New Board Members and Committee Chairs: Front (l-r) Tina Claypool, Chris Holtman, Amanda Castle, Martha Short, Maria Shin, Stacy Miller, Emma Palmer, and Brooke Herndon. Back (l-r) Nick Vaccaro, Kortney Brown, Megan May, Kristan Higgs, Leslie Kenney, Lindsay Villalobos, Kimber Boothe, Ashley Cambron, Russ Judd, and Scott Hayes holding Scarlett Miller



President Kenney gives Past President Herald an award for his three years of service.



New Board installation: (l-r) Russ Judd, Brooke Herndon, Scott Hayes, Emma Palmer, Kimber Boothe, Kortney Brown, Josh Elder, and Lindsay Villalobos



Outgoing President Kenney receives the ASHP President's Award from Amey Hugg



(l-r) Board members completing their terms are Josh Elder, T.J. Emmons, Amanda Castle, and Emma Palmer



Residency Showcase

Residency

Showcase Recap

Stacy Miller, Pharm.D., MBA,
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KSHP House of Delegates Report

Emma Palmer, Pharm.D., BCPS,
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The Kentucky Pharmacy Residency Network (KPRN) held the 2018 Commonwealth Residency Showcase in conjunction with the KSHP Fall Meeting on September 22, 2018 at the Holiday Inn in Louisville, Kentucky. This new venue offered a wonderful space for the showcase. The 99 student attendees had ample room to network and learn about the 26 programs in attendance. The KPRN and KSHP have received positive feedback from both residency programs and attendees. If you have feedback about the event, please email Stacy Miller at smiller@sullivan.edu. We hope this event continues to attract programs and candidates in the future.

I have been so fortunate to have the opportunity to serve KSHP as the Chair of the House of Delegates. All things, however, must come to an end. Over the last 3 years, the House of Delegates has experienced a revitalization that I hope has established a trajectory in the years to come. Delegates of KSHP have worked hard to become thoughtful representatives of their regions and practice areas. I am so grateful and impressed with some of the hard work this group has contributed to the organization and profession. With their input, we have been able to work to enhance membership via collaboration with the Membership Committee, assist in revision of the Bylaws, achieve meaningful progress in the organization's Strategic Plan, and provide support for the Practice Advancement Initiative (PAI) grant proposal.

It is with pleasure that I am able to hand over the roles and responsibilities of this office to a hardworking and capable

healthcare professional, Dr. Kimber Boothe. She is an excellent pharmacy leader with over 15 years of experience in Health Systems and 10 years of experience in the pharmaceutical industry.

Kimber is the System Director Pharmacy Services for St. Elizabeth Healthcare in the Northern Kentucky/Greater Cincinnati area. She is a graduate of the University of Connecticut School of Pharmacy and Medical University of South Carolina College of Pharmacy, University of Phoenix Masters in Health Administration program, and completed residency training at Virginia Commonwealth University Medical College of Virginia Hospitals.

Kimber leads the pharmacy services for a 5 hospital health system where she is driving innovative strategy for the pharmacy enterprise. She was previously the Associate Director of Clinical Pharmacy Services at Yale New Haven Health where she justified clinical pharmacy service growth through acute care and ambulatory care business plans. She was recognized with the Connecticut Society of Health System Pharmacists Meritorious Achievement Award.

She has been involved with multiple state PAI committees and boards. She currently serves on the KSHP Committee on Pharmacy Practice (PAI) and Committee on Public Policy. She is passionate about



Kimber Boothe

spending time on the right things to deliver strategic, focused results. She is a connector and believes in the power of connecting people, knowledge, and technology. Dr. Boothe was sworn in at the Fall KSHP meeting, and is already working tirelessly as a servant for the needs of Kentucky's pharmacy professionals.

Recognizing the 2018 KSHP Award Winners

Margo Ashby, PharmD, MHA,
BCPS

Member, Awards and Nomination
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The 2018 KSHP award recipients were recognized during the KSHP Fall Meeting Awards Luncheon. This year, three organizations and two of our members were presented with awards for their outstanding work and accomplishments. By recognizing the excellence of active KSHP members, our organization works to improve KSHP visibility, increase member engagement, and advance pharmacy practice across our state. Stayed tuned as each awardees accomplishments will be highlighted in future newsletters. Congratulations to the following 2018 KSHP award recipients.

KSHP Innovative Health-System Pharmacy Practice Award – Small or Rural Hospital

St. Claire Regional Medical Center of Morehead, KY was awarded the Innovative Health-System Pharmacy Practice Award for Small or Rural Hospital. This award acknowledges the institution that develops and implements state of the art processes to improve patient care and contribute to the practice of pharmacy.

St. Claire Regional Medical Center formed a lean team to review current medication reconciliation processes and workflow barriers. The work and recommendations of the multidisciplinary team resulted in the expansion of a pharmacy led medication reconciliation program. Congratulations to St. Claire Regional Medical Center's Pharmacy Team.

KSHP Innovative Health-System Pharmacy Practice Award

St. Joseph Hospital in Lexington, KY was recognized with the Innovative Health-System Pharmacy Practice Award. This award acknowledges the institution that develops and implements state of the art processes to improve patient care and contribute to the practice of pharmacy.

St. Joseph's implementation of an Emergency Department Sepsis Response

Team has led to a sustainable impact on SEP-1 bundle compliance and sepsis-related mortality over time. Congratulations to the pharmacy team of St. Joseph Hospital.

KSHP Special Pharmacy Achievement Award

The University of Kentucky Specialty Pharmacy Program was the recipient of the Special Pharmacy Achievement Award. This award provides special recognition of a specific achievement in the profession of pharmacy.

The UK Specialty Pharmacy Program is achieving record high compliance rates and outcome measures, meeting the rigorous standards required by specialty pharmacy accrediting bodies, URAC and ACHC. Congratulations to the University of Kentucky Specialty Pharmacy Program and its pharmacy team.

KSHP New Practitioner Award

Dr. Elizabeth Autry was recognized as the New Practitioner of the Year. This award recognizes an innovative new practitioner who has made significant contributions to pharmacy practice in their first 1-5 years as a practitioner.

Dr. Autry practices as a Pediatric Pulmonary Specialty Pharmacist in the UK Healthcare Cystic Fibrosis Clinic. Congratulations to Dr. Elizabeth Autry as the 2018 KSHP New Practitioner of the Year.

KSHP Resident of the Year Award

Dr. Matthew McKenzie was this year's recipient of the Resident of the Year. This award recognizes an individual pharmacy resident for their contribution to the practice of pharmacy through contributions and improvements at their institution and throughout the state.

Dr. McKenzie, a graduate of the St. Louis College of Pharmacy, completed his PGY1 at UK Healthcare and has stayed to complete his PGY2 Pharmacy Residency in Critical Care where he is actively involved in precepting students, presenting, and completing research. Congratulations to Dr. Matthew McKenzie.

Hats off to all the 2018 KSHP award recipients and thank you for all of your contributions to pharmacy practice throughout Kentucky.



Dr. Kaitlyn Bartley and Dr. Katie Craycraft, St. Claire Regional Medical Center pharmacy residents, accept the 2018 KSHP Innovative Health-System Pharmacy Practice Award for Small or Rural Hospitals



Dr. Russ Judd accepts the 2018 KSHP Innovative Health-System Pharmacy Practice Award on behalf of St. Joseph Hospital.



Dr. Rushabh Shah and Dr. Debbie Duckworth from the UK Specialty Pharmacy Program accepting the 2018 KSHP Special Pharmacy Achievement Award



Dr. Elizabeth Autry accepting the 2018 New Practitioner of the Year Award.



Outgoing President Kenney receives the KSHP Award from Kortney Brown who serves as Board Secretary



Dr. Melissa Nestor accepting the 2018 Resident of the Year Award on behalf of Dr. Matthew McKenzie.



Amanda Castle receives the President's Award from President Leslie Kenney

Advocating for Our: ASHP Legislative Day

Sophia Brown,
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Policy Week, which began at American Society of Health-System Pharmacists (ASHP) headquarters on September 24th, was an experience that broadened my student perspective of the pharmacist's role. The opportunity to relay my own clinical experiences from rotations to illustrate ASHP's messages on healthcare issues helped emphasize the importance of pharmacy advocacy. By speaking to state representatives and other congressional

staff members on the Hill with my colleagues, we were able to address issues directly linked to pharmacists' role in patient care, as patient advocates.

One issue discussed with Rep. Andy Barr of Kentucky's 6th District was the increasing drug shortages in hospitals across the country. We described how these shortages affect patients' daily lives, may increase medication errors due to alternative drug concentrations, and how shortages may be a National Security threat in the event of a national emergency. The discussion was well-received, as Rep. Barr previously signed onto a letter to the FDA Commissioner addressing the drug shortage crisis and its potential health ramifications on our patients.

Pharmacists also advocated for improving transparency in drug pricing, and our role in the opioid epidemic. Pharmacists and pharmacy students see the impact of rising drug prices on patients, an increasing barrier to effective treatment and medical care. We explained our growing concern for patients in these situations, and our support of legislation that would further encourage competition in the generic drug market, such as the Creating and Restoring Equal Access to Equivalent Samples (CREATES) Act and the Preserve Access to Affordable Generics Act.

As action plans are being implemented to fight the opioid crisis, we expressed appreciation for the opioid bill package, agreed upon by Congress and recently passed by the Senate, now on its way to the President. This bill encompasses many smaller proposals, with the main outcomes of expanding and reauthorizing many federal agency programs and addressing prevention, treatment, and recovery from opioid addiction. In discussing our role as pharmacists being certified to dispense Naloxone, congressional staffers were able to better understand how we truly are at the forefront of this issue. Specifically, in Kentucky, we explained our ability to do so without a prescription, with certification and under a collaborative care agreement, and our efforts to educate patients and their families.

ASHP's Legislative Day highlighted the importance of pharmacy advocacy in continually moving the profession forward. We must continue to work together as a profession to illustrate how our training and role as medication experts is an indispensable part of patient care.

ASHP council members and students visit state legislators in D.C. during Policy Week to discuss current healthcare issues and advocating for the importance of the pharmacists' role.



(L-R): Stuart Pope (UK PY4 Pharmacy Student on ASHP Council on Pharmacy Management), U.S. Representative Andy Barr, and Sophia Brown (UK PY4 student on ASHP APPE Rotation)

members from across the Commonwealth!

Megan is a fourth year student at the University of Kentucky College of Pharmacy. She is actively involved in KSHP and the Student Society of Consultant Pharmacists. She plans to pursue a residency in order to further her clinical skills as a pharmacist.

Kourtney Shewmaker, PharmD, MBA, BCPS is a 2009 graduate of the University of Kentucky College of Pharmacy and Gatton College of Business. She is currently the In-Patient Pharmacy Manager at Ephraim McDowell Regional Medical Center, a member of the KSHP

Awards and Nominations Committee, and a newly elected KSHP Board of Directors member.

Describe your pharmacy journey to where you are now in one word and why?

Kourtney: Growth – It is a core value in both my personal and professional life. I'm not comfortable unless I'm pushing towards goals that I have set.

Megan: Enlightening – Pharmacy school has taught me a lot about myself like my strengths and weakness as well as solidified my interests and my "big-picture" goals.

What moment(s) made you realize that the field of pharmacy is where you are meant to be?

Kourtney: I started at an independent pharmacy where the pharmacists took me under their wing and showed me what it truly meant to be an actual pharmacist. I watched them take blood pressures, sit and counsel with patients, and be the first call for patients.

Megan: My first pharmacy experience was also at an independent pharmacy. Seeing the pharmacist take care of the patient holistically and whole-heartedly drove my passion for pharmacy.

What is your favorite part of being a KSHP member?

Kourtney: The interactions that I'm able to have with other members. It allows me to get other perspectives, see what other pharmacies are doing across Kentucky, and then evaluate to see if it is something that may fit our model.

Megan: Being able to see collaboration between pharmacists across the state to improve healthcare for all of the Commonwealth.



Kourtney Shewmaker

Meet Your Members

Megan Hull

PharmD Candidate 2019

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This article features a pharmacy student who has generated professional and personal questions to help both students and pharmacists get to know KSHP

If you could be in any other profession besides pharmacy, what would it be?

Kourtney: Anything within Health and Wellness.

Megan: Microbiologist or Clinical Pathologist.

If you could have dinner with anyone famous, dead or alive, who would it be and why?

Kourtney: Brené Brown, my favorite author.

Megan: Nancy Reagan.

Spin on a classic question: if you were stranded on a deserted island, what 2-3 drugs would you take with you?

Kourtney: Zosyn and Lorazepam.

Megan: Meropenem, Zoloft, and Lisinopril.

If your life had a theme song, what would it be?

Kourtney: Leaving on a Jet Plane. I love to travel!

Megan: Life's a Dance by John Michael Montgomery.

50th Anniversary UK Residency Program

October 12-14, 2018

More than 150 former University of Kentucky Residents returned to Lexington to celebrate the longstanding Residency Program. The fun weekend included the annual Foster Lecture at the College of Pharmacy, a very special reception, visits to Keeneland, horse farms and the traditional Pig Roast. Congratulations to Aaron Cook, Pharm.D., Director of the Residency Program for planning an outstanding reunion.

The amazing fact is that the program has prepared more than 500 Residents who are having a major leadership impact on the practice of pharmacy throughout the nation.



Pictured above is the very first University of Kentucky Residency graduate, Patricia Moynahan Mullins (R1), and the current UK Resident, with the highest R-Number, Charolette Wagner (R506).