



# Recumbent Linear Cross Trainer

## New 2020 PhysioStep LXT

WATTS

METS

2:1  
Motion

32  
Levels



### 32 Levels

Wide range of resistance from a low starting resistance to a challenging workout.



### Telescopic Display

Keep your goals in sight, with the PhysioStep LXT Telescopic Tilt Display.

### Linear Motion

Natural 2 to 1 Arm and Leg  
Linear Low Impact Stepping Motion.

### 20" Wide Memory Foam 360° Swivel Seat

Accessible design provides added  
comfort and support.

### Transition Platform

Allows users to smoothly transition  
their feet onto the pedals.



### Ergo Hand Grip

Target different muscle groups  
by changing the angle of the  
handles.



### Heart Rate Programs

Built-in contact heart  
rate and heart rate  
control programs.

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