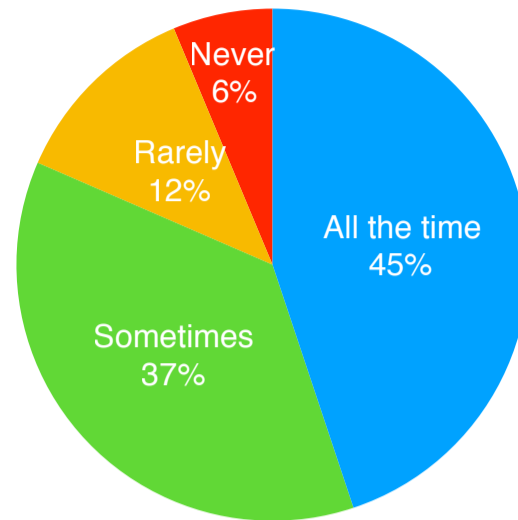
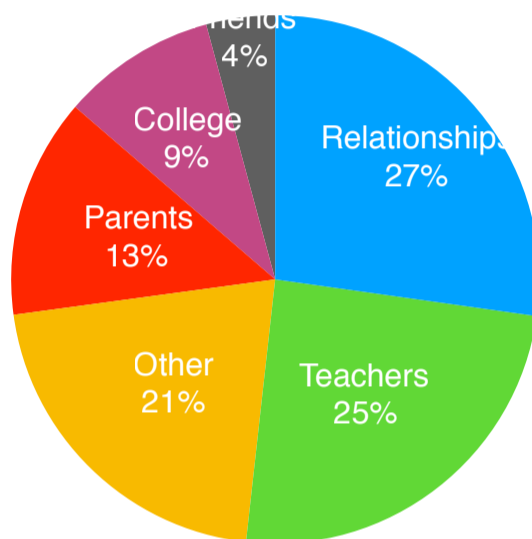


TOTAL RESPONDENTS	
35,878	

How often are you stressed?		
Response	Total	Percentage
All the time	16,101	44.88%
Sometimes	13,146	36.64%
Rarely	4,370	12.18%
Never	2,261	6.30%



What stresses you out the most?		
Response	Total	Percentage
Relationships	9,494	27.22%
Teachers	8,562	24.55%
Other	7,358	21.09%
Parents	4,695	13.46%
College	3,302	9.47%
Friends	1,470	4.21%



What are you most likely to do when you're stressed?		
Response	Total	Percentage
Talk to Friends	7,469	22.43%
Eat	6,545	19.65%
Nothing Q3	5,618	16.87%
Other Q3	5,273	15.83%
Work-out	4,806	14.43%
Drugs/Drinking	3,595	10.79%



What resources do you use to help?		
Response	Total	Percentage
Apps/Online	14,135	44.04%
Nothing Q4	11,082	34.53%
Other Q4	4,399	13.71%
Therapist	1,663	5.18%
School resources	816	2.54%

