

JANUARY

CURE

31 DAYS TO A CLEANER + HEALTHIER LIVING SPACE

S M T W T F S

2019

		1	2	3	4	5
			Declutter a Drawer	Make a List of Projects	Clean the Bedroom + Treat Yourself to Flowers	
6	7	8	9	10	11	12
	Set Up an Outbox	Take a Mini-Meditation	Do a 30-Minute Closet Cleanout	Refresh Your Living Room	Clean the Kitchen + Treat Yourself to Flowers	
13	14	15	16	17	18	19
	Do a Bathroom Cabinet Cleanout	Plan a Get-Together	Find + Frame Artwork	Work on Your Project	Clean the Bathroom + Treat Yourself to Flowers	
20	21	22	23	24	25	26
	Get Rid of Paper Clutter	Take Care of Your Sofa	Do a 3-Minute Surface Sweep	Take a Catch-Up Day	Clean the Floors + Treat Yourself to Flowers	
27	28	29	30	31		
	Do a Pantry Cleanout	Set Up a 'Landing Strip' by the Door	Empty the Outbox + Reset the Living Room	We're Done! ENJOY YOUR NEW SPACE!		