



Dr. Stephanie Moulton Sarkis, PhD, NCC, LMHC is the author of four books on adult ADD: *10 Simple Solutions to Adult ADD: How to Overcome Chronic Distraction & Accomplish Your Goals* (2006); *Making the Grade with ADD: A Student's Guide to Succeeding in College with Attention Deficit Disorder* (2008); *ADD and Your Money: A Guide to Personal Finance for Adults with Attention Deficit Disorder* (2009); and *Adult ADD: A Guide for the Newly Diagnosed* (2011). Dr. Sarkis is an Adjunct Assistant Professor and a Clinical Trials subinvestigator at Florida

Atlantic University in Boca Raton, Florida. She is also a National Certified Counselor (NCC) and Licensed Mental Health Counselor (LMHC) based in Boca Raton, Florida. Her website is www.stephaniesarkis.com. Dr. Sarkis presents national and international lectures on ADD/ADHD, including how AD/HD affects money management skills and college success. She has been published in the *Journal of Attention Disorders*, *Smart Money Magazine*, and *The Huffington Post*, and she has a blog on PsychologyToday.com. Dr. Sarkis has made several national and regional media appearances, including CNN, ABC, Fox, Sirius, Women's Day magazine and First Business. Dr. Sarkis is featured in the book *The Gift of Adult ADD* by Lara Honos-Webb Ph.D.

To learn more about Dr. Sarkis and her work, visit <http://stephaniesarkis.com>.