



Pavilion Skating Club
of Cleveland Heights

Pavilion Skating Club of Cleveland Heights, Ohio
Membership Contract for Ice Time
10-Week 2012 Summer Session June 11 thru August 17, 2012
 www.pavilionfsc.com

PLEASE PRINT

Today's Date: _____

Skater's Name: _____ Parent's Name(s): _____

Address: _____ City: _____

Home No.:(____) _____ Work No.:(____) _____ State: _____ Zip: _____

Cell No:(____) _____ Email: _____

Home Club: _____ Coach's Name(s): _____

Skater's Age: _____ Birthdate: _____ USFSA No.: _____

Tests Passed: Moves: _____ Freeskate: _____ Dance: _____

HOME CLUB MEMBERS: for priority of chosen sessions, applications and payments are due by May 14, 2012.

Priority for contracts: Home Club, Associate, then Out-of-Club skaters. Contracts may be turned in at any time, but will be placed in line as follows: Home club members only will be placed in requested sessions through May 14. Between May 15 and May 22, Associate contracts will be placed in requested sessions in the order they were received, and after May 22, all contracts will be placed in requested sessions as they are received. Please note that contracts are placed in line according to priority placement at the time they are received; postmarks will not be considered.

- ▶ **10% Discount** applies to all on-ice sessions for contracts submitted by May 22nd. Skater must contract a minimum of three days per week for a minimum of six weeks. Applications must be in club office by May 22nd. NO EXCEPTIONS. Contracts may be placed under the club office door or mailed to the address below.
- ▶ Make up coupons will be issued, one coupon for every 15 contracted ice hours. See ice contract for details.
- ▶ The test level designations for each session refer to freestyle level passed.
- ▶ Please be sure that we have a current email address as this is our primary method of communication.
- ▶ Cash, check, Visa and MasterCard accepted.

There will be no RETROACTIVE refunds for contracted sessions. Requests for refunds will be considered as of the date the Board receives the written request. All requests for session changes must be submitted on the Change of Session Form and will not be granted on a retroactive basis.

MAIL TO: Pavilion Skating Club of Cleveland Heights
 1 Monticello Blvd.
 Cleveland Heights, OH 44118

I agree to abide by the Pavilion Skating Club Constitution and By-Laws which govern all Club activities. I recognize my financial liability for the full season, and, hereby agree to pay all balances due for all the ice time contracted and reserved in my name, or in the name(s) of members of my family, or in the names of those for whom I am named guardian. I understand that accounts not paid up-to-date may result in test and/or competition privileges being revoked.

Signed: _____ (Skater) _____ (Parent or Guardian if skater is under age 18)

Clinics and Program Features

Please refer to skater level; clinics limits of 15-30 skaters per clinic.

► **On-Ice Power and Edge clinic with Molly German, Sherry Marvin, Jackie Miles, and Chip Rossbach**

The focus of this class will be on Power, Edge Quality, Continuous Flow, Steps and Turns. The coaches will be discussing and teaching skating exercises with emphasis on power, edge pressure, and lean, proper body alignment. The curriculum for this clinic has been thoughtfully designed by our team of coaches. Skaters are encouraged to sign up for as many consecutive sessions as possible.

Skater Level: Monday and Friday on ice clinics are open to skaters who have passed at least their Juvenile Moves-in-the-Field test; Wednesday's on-ice clinic is open to skaters who have passed at least their Pre-juvenile Moves-in-the-Field test.

► **Off-ice Power Yoga with Amy Cronin**

Power yoga is an invigorating class based on the style of Baptiste Power Vinyasa Yoga. Students move from pose to pose while incorporating the principles of pose alignment, the practice of personal awareness, and the breath. This challenging and flowing form of yoga will tone, strengthen, and transform your body. Be prepared to sweat!

► **Off-ice Strength and Conditioning with Shane Mahoney, Health and Fitness Specialist**

The aim of this clinic is to improve strength, enhance speed and power to make the skaters more explosive, better balanced, more flexible and functionally strong. Class size is limited to 10 skaters. 4 Classes per week will be offered. Sign up for any session.

► **Off-ice Ballet with the Cleveland School of Dance**

Focusing on posture, body awareness, balance, and flexibility, skaters will work at the barre, train his body to maintain correct posture while moving isolated body parts and develop the ability to apply core strength by engaging the abdominal muscles, and learn to connect the upper and lower body for strong, powerful movements. Ballet teaches the skater how to move the pelvis without losing balance or disconnecting the center in footwork sequences, including pirouette turns, jumps and leaps across the floor.

► **Off-ice Pilates/Therapeutic Stretch with Daria Classen**

Daria Classen, certified Yoga therapist and Pilates Instructor, will offer a one hour class that will focus on strength and length. The first half of class will focus on strengthening the skater's core through a series of Mat Pilates exercises. The second half of class will be dedicated to deep stretching and relieving stress. The combination is the perfect way to end a week of hard training! Skaters are asked to bring a yoga mat and beach towel or blanket.



Important Information

Three additional quarterly payments will be due on 6/4, 7/2, and 8/1. Final payment must be made by August 1, 2012.

Skaters whose contract has not been paid in full will not be permitted to take the ice. Reminders will be sent by email, but it is the responsibility of the contractee to be aware of the due dates.

Please submit all changes to contracted ice in writing to the PSC. Changes in contracts are subject to a \$15 administration fee. No changes in contracted ice time after July 2, 2012.

PSC has the right to sell ice if the skater is absent or more than ten minutes late for their session. Skaters are to call the rink desk at 216-691-7373 to inform the monitor they will be late.

In no event will refunds be issued for temporary illness or injury for which a skater is prohibited from skating by doctor's written excuse for less than 10 days.

The board should be advised of injuries that may result in medically mandated time off as soon as the injury occurs. Requests for refunds will be considered as of the date the board receives the written request.

A \$25.00 fee will be charged for returned checks.

Ice time will be limited on Tuesday July 10 and August 14 due to PSC test sessions. Walk-on rates apply.

If less than 12 skaters are contracted for a session, PSC reserves the right to cancel a session, change levels or disciplines as needed.

Skater Name: _____

10 Week 2012 Summer On-ice and Off-ice Schedule



		6/11	6/18	6/25	7/2	7/9	7/16	7/23	7/30	8/6	8/13	No. of sessions	Total
MONDAY													
8:00 - 9:00 am	Pre-juvenile and up FS											x \$11 =	_____
9:00 - 10:00 am	Pre-juvenile and up FS											x \$11 =	_____
10:00 - 10:30 am	Power and Edge Clinic											x \$7 =	_____
10:45 - 11:45 am	Open (No dance teams)											x \$11 =	_____
10:45 - 11:45 am	Ballet - off ice											x \$11 =	_____
11:45 - 12:45 pm	Open (No dance teams)						*	*				x \$11 =	_____
12:45 - 1:45 pm	Open											x \$11 =	_____
2:00 - 3:00 pm	Open											x \$11 =	_____

*Dance teams permitted

		6/12	6/19	6/26	7/3	7/10	7/17	7/24	7/31	8/7	8/14	No. of sessions	Total
TUESDAY													
8:00 - 9:00 am	Pre-juvenile and up FS											x \$11 =	_____
9:00 - 10:00 am	Pre-juvenile and up FS											x \$11 =	_____
10:00 - 10:45 am	Open (No dance teams)											x \$8.50 =	_____
11:00 - 12:00 pm	Conditioning - off ice											x \$11 =	_____
12:00 - 1:00 pm	Conditioning - off ice											x \$11 =	_____
11:00 - 12:00 pm	Open											x \$11 =	_____
12:00 - 1:00 pm	Open											x \$11 =	_____
1:15 - 2:15 pm	Open											x \$11 =	_____

		6/13	6/20	6/27	7/4	7/11	7/18	7/25	8/1	8/8	8/15	No. of sessions	Total
WEDNESDAY													
8:00 - 9:00 am	Pre-juvenile and up FS											x \$11 =	_____
9:00 - 10:00 am	Pre-juvenile and up FS											x \$11 =	_____
10:00 - 10:30 am	Power and Edge Clinic											x \$7 =	_____
10:45 - 11:45 am	Open (No dance teams)											x \$11 =	_____
10:45 - 11:45 am	Yoga - off-ice											x \$11 =	_____
11:45 - 12:45 pm	Open (No dance teams)						*					x \$11 =	_____
12:45 - 1:45 pm	Open											x \$11 =	_____
2:00 - 3:00 pm	Open											x \$11 =	_____

*Dance teams permitted

Questions? Please contact cluboffice@pavilionfsc.com. Please call the rink desk at 216-691-7373 if you are going to be late or need to cancel.

Total page 1

Skater Name: _____

10 Week 2012 Summer On-ice and Off-ice Schedule



THURSDAY

		6/14	6/21	6/28	7/5	7/12	7/19	7/26	8/2	8/9	8/16		
8:00 - 9:00 am	Pre-juvenile and up FS											x \$11 =	_____
9:00 - 10:00 am	Pre-juvenile and up FS											x \$11 =	_____
10:00 - 10:45 am	Open (No dance teams)											x \$8.50 =	_____
11:00 - 12:00 pm	Conditioning - off ice											x \$11 =	_____
12:00 - 1:00 pm	Conditioning - off ice											x \$11 =	_____
11:00 - 12:00 pm	Open											x \$11 =	_____
12:00 - 1:00 pm	Open											x \$11 =	_____
1:15 - 2:15 pm	Open											x \$11 =	_____

FRIDAY

		6/15	6/22	6/29	7/6	7/13	7/20	7/27	8/3	8/10	8/17		
8:00 - 9:00 am	Open											x \$11 =	_____
9:00 - 10:00 am	Open											x \$11 =	_____
10:15 - 11:15 am	Open											x \$11 =	_____
11:15 - 11:45 am	Power and Edge Clinic											x \$7 =	_____
11:50 - 12:50 pm	Pilates/Therapeutic Stretch - off ice											x \$11 =	_____
12:00 - 1:00 pm	Open											x \$11 =	_____
1:00 -2:00 pm	Open											x \$11 =	_____

Total page 2 _____

► 10% Discount applies to all on-ice sessions for contracts submitted by May 21st. Skater must contract a minimum of three days per week for a minimum of six weeks. Applications must be in club office by May 21st. NO EXCEPTIONS.

► If less than 12 skaters are contracted for a session, PSC reserves the right to cancel sessions, change levels or disciplines as needed.

► *If you are not currently a home club or associate member, there is a \$35 summer associate fee required to contract.

If you decide to contract in the fall, this will be deducted from the full-year fee.

► Summer contract pricing effective until June 11, 2012. Regular walk on rates apply to all sessions after June 11th.

► PSC maintains its policy not to prorate sessions. There will be no retroactive refunds.

► Make-up coupons: One make-up coupon will be issued for every 15 hours of contracted ice time. Off and on ice clinics excluded. Coupons will be distributed after each of the 3 quarterly payments are made, June 4, July 2, and August 1.

Total page 1 _____

Total page 2 _____

Total pages 1 & 2 _____

Less 10% by May 22nd: _____

Subtotal _____

Summer Associate fee * _____

GRAND TOTAL _____

1/4 of total due with contract _____

IMPORTANT DATES:	
May 14, 2012:	Last day for priority registration for PSC Home Club members
June 4, 2012:	1st Payment due
July 2, 2012:	2nd Payment due
July 4, 2012:	Independence Day – RINK CLOSED
July, 10, 2012:	Test session (walk on ice may be available)
August 1, 2012	3rd and final payment due
August 14, 2012:	Test session (walk on ice may be available)



Photo Release

The Pavilion Skating Club of Cleveland Heights is in the process of updating our website and Facebook page. In doing so, we will be accumulating and using many photographs of our members and associate members for self-promotion of the club.

I/we authorize and hold harmless the Pavilion Skating Club of Cleveland Heights, its successors and/or assigns from any and all liability which may occur from the use of any Pavilion Skating Club member or Associate member photo in self-promotion for the Pavilion Skating Club of Cleveland Heights. This would be in the form of wall pictures, print media and/or the club web site and Facebook page.

Date: _____

Name of Skater/Member:

Signature of Member or Parent/Guardian if member is under 18 years of age:

Printed Name of Parent/Guardian:

Pavilion Skating Club of Cleveland Heights

1 Monticello Boulevard, Cleveland Heights, OH 44118 www.pavilionfsc.com

Pavilion Figure Skating Club is a non-profit 501 C3 organization