

Initial Interviewing

Course Goals and Objectives



As outlined by the Addiction Professionals Certification Board, Inc., at the end of this course the student will be able to:

1. Create a therapeutic alliance with the client by incorporating the following three categories of skills:
 - a. Listening
 - b. Processing
 - c. Providing feedback
2. Demonstrate through role-playing the following eight skills:
 - a. Attending
 - b. Paraphrasing
 - c. Reflection of feeling
 - d. Summarizing
 - e. Probing
 - f. Interpreting
 - g. Providing information and feedback (as per Motivational Interviewing)
 - h. Appropriate use of self-disclosure.
3. **Competency 25:** Gather data systematically from the client and other available collateral sources, using screening instruments and other methods that are sensitive to age, developmental level, culture, and gender. At a minimum, data should include current and historic substance use; health, mental health, and substance-related treatment histories; mental and functional statuses; and current social, environmental, and/or economic constraints.
4. **Competency 28:** Determine the client's readiness for treatment and change as well as the needs of others involved in the current situation.